

sole Giver of these?—Are they not worth asking, and giving Thanks for?—This shews plainly, that this Sin, being against the very natural Notions of Sense and Gratitude, is of the Devil, who makes the Tables of too many to become a Snare and a Curse to them, by Intemperance, Gluttony, and Drunkenness.

All Christians who have any Regard to the Example of their Saviour, who always glorified God; and gave Him public Thanks for his Blessings;—or to the Example of St. *Paul*, who would not omit this Duty, tho' in Bonds, and in the Presence of a numerous Company of Heathens;—All Christians, seeing the Reasonableness of this Duty, and the Sin of omitting it, or of not performing it after a serious Manner, will be inexcusable before God, if they neglect to glorify Him at their Daily Meals.

Now, that the most unlearned may not want Words to express their Thanks, and beg God's Blessing upon themselves, and their daily Food, these following may be made use of.

GRACE before our Meals.

O GOD who giveth Food unto all Flesh, grant that we may receive these thy Gifts with thy Blessing, and use them with Sobriety and thankful Hearts, through Jesus Christ our Lord. *Amen.*

GRACE