

Combined Analysis of Twelve Case-Control Studies of Diet and Breast Cancer 1989

Fat components

Postmenopausal women

Component	RR ^a	95% confidence interval
Saturated fat	1.46	1.23, 1.72
Monounsaturated fat	1.41	1.19, 1.67
Polyunsaturated fat	1.25	0.91, 1.71

^a per 45g/day

NBSS Diet Cohort Study (1990)

Relative risks by quartile

Daily intake of total fat
Adjusted for other sources of calories

	Quartile				p-trend
	1	2	3	4	
	1.22	1.00	1.18	1.69	0.036