

was a man of sorrows and acquainted with grief. Do heavy burdens bear you down? fear not to carry them all to Jesus, None are too heavy for Him to bear, none so small as to be beneath His notice. Are we poor? He is rich. Are we weak? He is strong. Are we sinful and unworthy? He is righteous and infinitely worthy. If we are Christ's then He is ours, and in him we are complete.



SIBERIAN RAPIDS.

In sailing down some of the rivers of Siberia, you come to a sudden fall, where the water rushes over the steep rocks with great rapidity, and makes a roaring noise that can be heard for miles. These falls, or rapids as they are called, are very dangerous, and it requires great skill and caution to pass them safely. Here is an account of the way in which it is managed, written by a traveller in Siberia, M. Hansteen:—

“ We sailed down the river in a strange, cumbrous kind of boat, and I was not a little uneasy at first at its extraordinary dimensions, but four days of quiet sailing allowed me time to become accustomed to it before reaching the first fall. At length we felt the first wave—the oars were drawn in, the boat began to be tossed about, the rapidity of its course increased every moment, the noise of the waters was deafening—all our nerves were on the rack.—we were rush-