

clearly we make the distinction between the actual and the seeming, the more effective will be our efforts in healing.

#### HEALING A CORRECTING PROCESS.

It should be clearly seen that although Christian Science denies matter by revealing its unreality, it does not destroy the sense of existence. The denial of matter does not produce a blank, for matter cannot be effectually denied until the substance of Spirit has been clearly apprehended. The metaphysical process involves a realization of Truth and a corresponding denial of error, a recognition of what is real and actual, and a resulting perception of the illusion of material appearance. This brings about a change in the human consciousness, and this improved quality of thought produces a more harmonious sense of existence.

Evil habits, depraved appetites, lustful passions, all forms of sinful desire, activity, and wrong living, are no part of the real man, God's idea, and they must be clearly separated from Him. Sin cannot be removed by fastening it upon the sinner. It must be seen as the mortal mind lie about man. Knowing that sin is not real and that God's man has no sinful appetites, is not the slave of passion, nor the victim of vice, but that man is the idea of God, reflecting divine Love and governed by divine Principle—this heals the sick. St. Paul puts it, "the word of God (Truth) is quick, and powerful." (Heb. 4:12).

#### HOW TRUTH HEALS.

It is often asked how and why Truth heals, why healing follows when we think Truth, but especially how it heals others to whom it is declared and about whom it is known, since in Christian Science healing there is no transfer of mortal thought through mental suggestion or hypotism.

Christian Scientists know from experience that the declaration and realization of Truth will establish harmony in thought and heal all aches and pains. They also know that this takes place because discord is error which the knowing of Truth corrects. This action in the metaphysical realm is paralleled in the mathematical realm.

By its very nature Truth is individual, since it has its own distinctive, complete, indivisible character which identifies it. Therefore it can express only itself, its own nature and character, namely, that which is true and truthful. Truth being infinite Principle, it is power and expresses itself with power, and since there is no power in error, error cannot resist the power of Truth. A mathematical truth corrects a mathematical error to which the truth is applied, because of this essential quality and property of Truth, by which it always expresses itself and identifies itself, manifesting its own being in truthfulness.