

**HEALTH AND PLEASURE RESORTS.**

**Bannf.**—On the C.P.R. main line. Celebrated for its hot springs, splendid mountain scenery and superior hotel accommodation. A favorite stopping place for tourists on their way to the Pacific coast.

**Burrard Inlet.**—This resort near Vancouver is popular in winter and summer, owing to its superior hotel accommodation and attractions for visitors.

**Duncan's.**—Is recommended by the leading medical faculty in Victoria as a fine health resort, and during the summer many families from Victoria reside here.

**Field.**—At the base of Mount Stephen, the monarch of the Rockies, a favorite place for tourists, mountain climbers, artists and sportsmen. One of the C.P.R. chalet hotels here furnishes excellent accommodation.

**Glacier.**—In the heart of the Selkirks, within a few minutes' walk of the Great Glacier, which is larger than all the glaciers in Switzerland combined. There is excellent sport in the vicinity, but the chief attraction is the huge cataract of ice. The Glacier House, one of the C.P.R. chalet hotels, is located here.

**Goldstream.**—A pleasant pleasure resort, with good hunting and fishing, and a comfortable hotel.

**Harrison Hot Springs.**—About five miles from Agassiz station with regular stage meeting each train. These springs are celebrated for their curative powers, especially for rheumatism, sciatica, etc. There is an excellent hotel (The St. Alice). Good boating and fishing on the lake. Splendid scenery and hunting. This resort is becoming more popular each season.

**Hope.**—A most desirable spot for all wishing to spend a quiet and restful holiday, or those fond of hunting.

**Laggan.**—The station for the famed Lakes in the Clouds, two miles distant. There is no regular hotel at Lake Louise, but visitors can procure meals and lodgings at the chalet erected on the mar, in of the lake.

**North Bend.**—Amidst the grandest scenery of the canons of the Fraser is the Fraser Canon House, at North Bend, one of the C.P. R. chalet hotels, which is a comfortable base from which to explore.

**Oak Bay.**—On the outskirts of Victoria, is a most charming spot, where the Mount Baker Hotel, a splendid house, is now open for guests. It is a lovely spot, where tourists and others may visit with much pleasure to themselves.

**Pilot Bay.**—This whole district with its pure air and water, lying some 2000 feet above sea level, is most healthful and invigorating. No more striking or enjoyable trips can be taken through the whole length of this section of country.

**Shawnigan Lake.**—On the E. & N. R. R. A delightful spot for camping, fishing and hunting, with excellent hotel accommodation and pleasure boats on the lake.

**Westham Island.**—There is good accommodation at the beach—a pleasant place to visit in the summer.

**EXPRESS OFFICES.****VICTORIA.**

**DOMINION EXPRESS.**—Agent, F. Oliver. Office, 38½ Yates street. Office hours 9 a.m. to 6 p.m. Closes 6 p.m. Arrives 7 p.m.

**NORTH PACIFIC EXPRESS.**—Office, corner Government street and Yates street. Agent, E. E. Blackwood. Office hours, 8 a.m. to 6 p.m. Closes 6 p.m. Arrives 4.30 p.m.

**WELLS FARGO EXPRESS.**—Corner Government st. and Trounce ave. Office hours, 9 a.m. to 6 p.m. Agent, F. H. Worlock.