

WOMAN WORKS 15 HOURS A DAY

Marvelous Story of Woman's Change from Weakness to Strength by Taking Druggist's Advice.

Peru, Ind.—"I suffered from a displacement with backache and dragging down pains so badly that at times I could not be on my feet and it did not seem as though I could stand it. I tried different medicines without any benefit and several doctors told me nothing but an operation would do me any good. My druggist told me of Lydia E. Pinkham's Vegetable Compound. I took it with the result that I am now well and strong. I get up in the morning at four o'clock, do my housework, then go to a factory and work all day, come home and get supper and feel good. I don't know how many of my friends I have told what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. ANNA METEERIANO, 38 West 10th St., Peru, Ind.

Women who suffer from any such ailments should not fail to try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY Subscription \$1.50 per annum in advance. \$2.00 in advance to the United States.

ADVERTISING RATES.

YEARLY CONTRACT
1500 inches 3 cents per inch.
1000 inches 5 cents per inch.
500 inches 9 cents per inch.
Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

LOCAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Advertisements 14 lines to the inch.

ADVERTISERS' CARDS—50.00 a year. Local—10c per line each insertion. Minimum Charge 25 cents.

Advertisements without specific directions will be inserted in full and charged accordingly.

HARRIS & CO. PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS

WATFORD, APRIL 19, 1918

British Food Controller Says Food Supply Is Up To Canada

The following message addressed to the Organization of Resources Committee has just been received:

London, April 5th, 1918.

"In these stern days it is inspiring to learn that Ontario is tackling the food problem with redoubled energy. The terrific pressure on our military front makes it all the more imperative that those behind the lines shall strain every nerve to defeat the enemy's avowed object of destroying the British Empire. Germany hoped first to starve the old country by the submarine campaign and then to smash her land forces. She has failed to starve us and she will fail to smash us, but we cannot achieve victory without food. There never was a time when it was more needed. The Canadian farmer and Canadian farmhand now have the opportunity to make an effective reply to the enemy's present onslaught by bending their undivided energies to the increased production of those food supplies for which we depend to such vital extent upon your great Dominion."

(Sgd.) RHONDDA

There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies, and by constantly talking to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy, is taken internally and acts thru the blood on the mucous surfaces of the system. One Hundred Dollar reward is offered for any case that Hall's Catarrh Cure fails to cure. Send for circulars and testimonials. F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills for constipation.

What They Have Been Through

The other day a number of the "Firsts" arrived home from the Front. A strange feeling comes over one as he looks at these men and thinks of what they have come through between the time when they sailed away and the time when they once more set their feet on Canadian soil. A fearful experience, and one that should make every one of Canada's sons and daughters dedicate himself and herself to the "great task" still lying ahead. These are some of the men who made St. Julien, Langemarck, Festubert, Givinchy, St. Eloi, Courcellette, Vimy Ridge, Messines Ridge and Passendale undying names in Canadian and World history. Some are over there where "the poppies grow," and they are here. They all did their immortal bit to raise an impregnable rampart against that unholy thing symbolized and made hideously concrete by modern Germany. And how nobly and modestly they carry their great honor! One young lad when asked if he was wounded, quietly said: "I was only gassed." Only gassed! Quite enough one would think! There has been many "privates of Buffs" in this awful war, and the glory of a country can never die so long as it has lads like them. "When can their glory fade," the glory of those ordinary boys who went out from among us a few years ago? The only way Canada can ever repay those who sleep beneath "the crosses, row on row" and those who are spared to come back, is to become a nation truly great, a nation of consecrated men and women.

The German Colonies

The Spectator: Finally comes the case of the German colonies, places where, when the veil is ultimately lifted, it will be found that the horrors of German rule show as ghastly a face as even in Belgium itself. Mr. Lloyd George fully realizes that to hand back the natives to the tender mercies of their former German governors would be an outrage on civilization. But here we must interpose a caveat. We are perfectly willing that the future of the German colonies shall be considered in a conference with our Allies. If, however, the conference at which Mr. Lloyd George tells us that the future of the colonies will be decided is to be a peace conference at which Germany will be represented, the venue is radically bad. The notion of inviting the wolf to join in a friendly discussion as to whether the mangled lamb is to be handed over to him to be finished, or whether it is to be taken up, cared for, and restored to life, is more than we can stomach, and more, we believe, than the nation as a whole will stomach.

Greater Production Plans

Ontario will plant 1,000,000 acres more in cereals and cultivated crops this spring; Quebec, 600,000 and the Maritime Provinces, 400,000 acres extra. The farmers in Eastern Canada are called upon to plant five acres per farm extra. 400,000 farmers in Eastern Canada can save the situation.

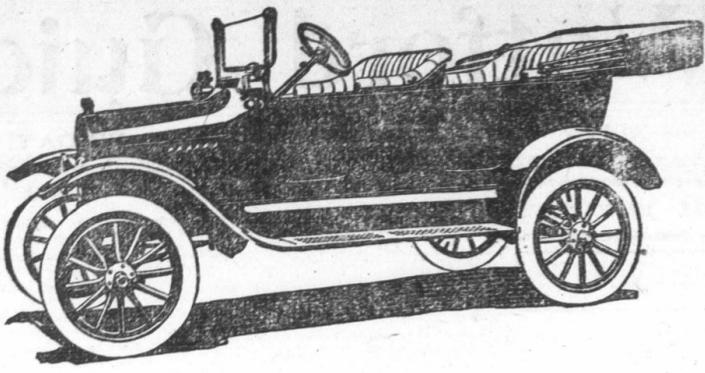
Figures Worth Knowing

An Army Corps is 60,000 men.
An Infantry Division is 19,000 men.
An Infantry Brigade is 7,000 men.
A Battalion is 1,000 men.
A Company is 250 men.
A Platoon is 60 men.
A Corporal's Squad is 11 men.
A Field Battery has 195 men.
A Firing Squad is 20 men.
A Supply Train has 283 men.
A Machine Gun Battalion has 296.
An Engineers Regiment has 1098.
An Ambulance Company has 66.
A Field Hospital has 55 men.
A Medicine Attachment has 13 men.
A Major-General heads the field army, also each Army Camp Corps.
A Brigadier-General heads each infantry brigade.
A Colonel heads each regiment.
A Lieutenant-Colonel is next in rank below a Colonel.
A Major heads a battalion.
A Captain heads a company.
A Lieutenant heads a platoon.
A Sergeant is next below a Lieutenant.
A Corporal is a squad officer.

Warts on the hands is a disfigurement that troubles many ladies. Holloway's Corn Cure will remove and blemish without pain.

As an improvement on the old style sling seat used by painters and steep-jacks a New York electrician has patented a form fitting pressed steel affair suspended from four points by chains to assure balance.

The servant question in England has become very acute, owing to the fact that over 300,000 female domestics turned their attention to munitions work.

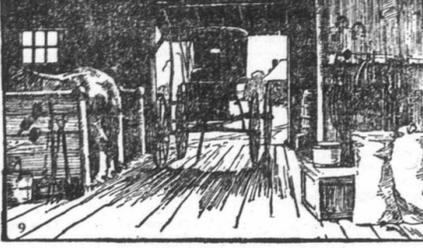


A Ford Car Takes the Place of all These Things

WHEN you own a Ford you can do away with many articles that are a source of continuous expense to the man who still drives a horse. For instance, not only your driving-horse and buggy, but the single harness, blankets, whips, currycombs, brushes, horse-shoes, pitch-forks, feed-bins, etc.

In their place you have a speedy, dependable, dignified, roomy Ford Car—complete in itself. It is vastly superior to the narrow, cramped buggy that travels so slowly. And when a Ford is standing idle it does not eat three meals a day, and it requires no "looking after."

A Ford will save you time, trouble, and money. It is the utility car for the busy farmer and his family.



THE UNIVERSAL CAR

- Touring - - \$595
- Runabout - - \$575
- Coupe - - - \$770
- Sedan - - - \$970
- Chassis - - \$535
- One-ton Truck \$750

F. O. B. FORD, ONT.

RAY MORNINGSTAR - Dealer - Watford.

Canadian Flax For Aeroplane

Word has been received at Ottawa that Colonel Wayland of the Canadian Expeditionary Forces has been requested by the War Office to immediately proceed to Canada to supervise the distribution of fibre flax seed which it is anticipated will be urgently required in order to supply the manufacturing needs for aeroplanes in the near future.

As the importance of these supplies cannot be exaggerated it is exceedingly desirable that there shall be cordial co-operation between the farmers who will sow this special flax seed and Colonel Wayland who will distribute the seed to be sown. Colonel Wayland has been empowered to offer suitable terms to farmers sowing this seed. He is proceeding to Canada at an early date and in the meantime enquiries may be addressed to him care of Grain Exchange, Winnipeg.

Bulgarian Hymn of Hate

A Bulgarian hymn of hate, said to have been written by Ivan Arnautoff, described as the Bulgarian Pindar, has been published in Washington. It teems with incitements to unspeakable excesses, rapine, and murder. Some of its lines read: "Let not one stone rest upon another. Let not one child rejoice on its mother's breast, not one old man lean upon his grandson's shoulder. Throw their skulls to the dogs, let there remain on the ruins your hand has sown only skeletons and ghosts. See a decrepit old man dragging his miserable years in an effort to cheat death and your zeal. Fell him under your boot, tear out his troubled eyes with a fork."

Other lines contain unprintable incitements to revolting crimes. It costs Uncle Sam approximately \$5,000 to put a soldier in England, as against \$3,700 to place a Canadian soldier in the same place, according to the recent figures given by the War Department.

FREE!

Address a postcard to us now and receive by return mail a copy of our new illustrated 80-page catalogue of Garden, Flower and Field Seeds, Root Seeds, Grains, Bulbs, Small Fruits, Garden Tools, Etc.

SPECIAL—We will also send you free a package (value 15c) of our choice

Butterfly Flower

This is one of the airiest and daintiest flowers imaginable, especially adapted to bordering beds of taller flowers and those of a heavier growth. The seeds germinate quickly and come into bloom in a few weeks from sowing. The florescence is such as to completely obscure the foliage, making the plant a veritable pyramid of the most delicate and charming bloom. The Butterfly Flower make admirable pot plants for the house in late winter and early spring. For this purpose sow in the autumn.

Send for Catalogue and learn of other valuable premiums.

DOMINION SEEDS LIMITED, LONDON. PARSONS DARCH & HUNTER SEED CO. LIMITED, CANADA.

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Grapping and Rolling Done While You Wait

PHONE 39

WHICH S...

Account in the ELLIOTT BU...
You to accept and hold a...
stant by This College places...
positions each year. The ins...
ly first-class. Open all year...
Write for large catalogue...
W. J. H.

Spring Term from

CENTRAL Business

WATFORD, O

Commercial life offers the...
ties. Recent lady graduate...
are earning as high as \$100...
last application we receive...
man with some experien...
salary of \$1000 per annum...
enter our classes at any...
placed in positions.

Commercial Short...
Telegraphy I...
Get our Free Cat...

W. J. Elliott, D. A. President.

MEN WHO ENLIST

149 BATT. AT

- Lieut. W. H. Smyth Ottawa.
- Lieut. R. D. Swift, S
- Sergt. W. D. Lamb
- Sergt. M. W. Davies
- Sergt. S. H. Hawkit
- Sergt. E. A. Dodds
- Sergt. W. C. McKim
- Sergt. Geo. Gibbs
- Sergt. H. Murphy
- Sergt. C. F. Roche
- Corp. W. M. Bruce
- Corp. J. C. Anderson
- Corp. J. Menzies
- Corp. S. E. Dodds
- Corp. H. Cooper
- Corp. C. Skillen
- Corp. C. E. Sisson.
- L. Corp. A. I. Small
- B. Q. S.—B. C. Culley
- C. Q. S.—C. McCorm
- Pte. Frank Wiley.
- Pte. A. Banks
- Pte. F. Collins
- Pte. A. Dempsey
- Pte. J. R. Garrett
- Pte. H. Jamieson
- Pte. G. Lawrence
- Pte. R. J. Lawrence
- Pte. C. F. Lang
- Pte. W. C. Pearce
- Pte. T. E. Stilwell
- Pte. A. H. Lewis, Ban
- Pte. G. A. Parker
- Pte. A. W. Stilwell
- Pte. W. J. Saunders
- Pte. Bert Sanders
- Pte. A. Armond
- Pte. W. C. Aylesworth
- Pte. R. Clark, Bugler
- Pte. S. L. McClung
- Pte. J. McClung
- Pte. C. Atchison
- Pte. H. J. McFeley
- Pte. H. B. Hubbard
- Pte. G. Young
- Pte. D. Bennett
- Pte. F. J. Russell
- Pte. E. Mayes
- Pte. C. Haskett
- Pte. S. Graham
- Pte. W. Palmer
- Pte. H. Thomas
- Pte. F. Thomas
- Pte. B. Trenouth
- Pte. E. A. Shaunessy
- Pte. W. Zavitz
- Pte. W. J. Sayers
- Pte. Lot Nicholls
- Pte. John Lamb
- Pte. Eston Fowler
- Pte. E. Cooper.
- Pte. F. A. Conne ly.
- Pte. F. Whitman.
- Pte. Edgar Oke.
- Pte. White.
- Pte. McGarrity.
- Pte. Wilson.
- Pte. Richard Watson
- Pte. L. H. Aylesworth

HIS is no time practising Economy. Don't because you have on that it is che bake your own B Cakes. Remem must have extra h you know the wood and coal the So Save your F Buy your Brea Cakes fro

LOVE