

SHOOTING PAINS IN SIDE, ARMS, BACK

Prove the Presence of Rheumatic Virus, Which Is Cured Quickest by Nerviline—Rub It In.

Pains in the muscles, in the sides, the back, the neck, or the chest—they always carry with them great discomfort. If the inflammation is severe the pain will be intense. If allowed to continue they are dangerous. Nothing so quickly cures local inflammation and drives away pain as Nerviline. Nerviline does this because it penetrates so deeply. Nerviline is not only powerful, but soothing. By relieving congestion it cures pain. It does this always. It cannot fall because it is a true antidote for pain. You can scarcely find anybody that will not tell you wonderful things about the pain-curing power of Nerviline. Remember, that there is not an ache or pain that Nerviline will not cure immediately. Nerviline is an anchor of health in every household. Refuse anything that may be offered you instead of Nerviline, which is guaranteed for rheumatism, neuralgia, sciatica, lumbago, and all muscular aches and pains. Large bottles, 50c; trial size, 25c. at all dealers, or The Catarrhone Company, Kingston, Ont.

NERVILINE CURES ALL PAIN

FOR SALE OR RENT.

LOT 247, Ontario street, south, will be sold on reasonable terms, and possession given by June 1st next. With the house will be sold a range with hot water tank, bath tub, furnace, electric lights with meter. There is also a good stable with drive and so. Inspection by intending purchasers invited. If not sold may be rented. W. G. WILLOUGHBY.

FARM FOR SALE

THE UNDERSIGNED offers for sale that desirably situated farm known as the east half lot 25, con. 4, Plympton, consisting of 100 acres. On the premises are a large frame house, large barn with basement stables, cement floors, water inside, situated on a good gravel road half mile from Watford, convenient to both church and school. For further particulars apply to proprietor. W. G. PEACOCK, High River, Alta. or R. A. RAMSAY, Watford, Ont.

FARM FOR SALE

THE UNDERSIGNED OFFERS FOR SALE THAT desirably situated farm known as the east half of Lot 19, Con. 4, S. E. R., Watford, consisting of 100 acres. On the premises are a large and comfortable frame house, good barn and stable and outbuildings in good shape. Well fenced and watered, and situated just outside the corporation of Watford. If not sold will be rented on reasonable terms. A considerable portion of the property is freshly seeded down. For further particulars apply to the proprietor. WM. THOMPSON, Watford, Ont.

INSURANCE

J. H. HUME.

AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES. REPRESENTING Five Old and Reliable Fire Insurance Companies.

If you want your property insured please call on J. H. HUME and get his rates.

ALSO AGENT FOR C. P. R. Telegraph and Canada Permanent Loan and Saving Co.

Ticket Agent For C. P. R.—Tickets sold to all points in Manitoba, Northwest and British Columbia.

THE LAMPTON Farmers' Mutual Fire Insurance Company.

J. W. KINGSTON, President.
THOS. STEADMAN, Vice-Pres.
JAMES ARMSTRONG, DIRECTOR.
A. G. MINIELLY, DIRECTOR.
D. SUTHERLAND, DIRECTOR.
JAMES SMITH, DIRECTOR.
W. G. WILLOUGHBY, (MANAGER AND SEC. TREAS.)
J. F. ELLIOT, FIRE INSPECTOR.
D. S. ROBERTSON, AUDITOR.
ALEX. JAMIESON, AUDITOR.
PETER MOPHEDRAN, Watford, P.O. Agent, for Watford and Plympton.

London merchants should ask the city council to build a great wall around the city, with gate keepers to let people in and out at their discretion. One day they will send a deputation to ask the railway company to discontinue running excursions out of the city; the next day they will send a deputation asking the railway company to run excursions into the city.

CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Wm. D. Galt*

A Word to Housekeepers.

Housekeepers should guard the well during the spring season. When the break up comes and the snow melts, care should be taken that none of this surface water containing the winter accumulation of dirt and filth gets into the well. If the top of the well is higher than the surrounding ground, and the water runs away from the well and not towards it there will be little contamination from this source. But if the well is not properly guarded in this respect and the surface water flows toward the well it will find its way into it and to pollute the well to the extent it is polluted. Then there is also the danger of having the well polluted by filth that may have accumulated on the surface, and as the frost goes out percolates through the soil to the well. To guard against this, all filth and dirt in reaching distance of the well should be moved ere the frost goes out. One cannot be too careful about these little things. Impure water is a menace to the health of the family, and anything that endangers health is of sufficient importance to merit first attention.

Bearing Down Pains.

What woman at some time or other does not experience these dreaded bearing down pains. Mrs. E. Griffith, of Main St., Hespworth, Ont., says: "A heavy bearing-down pain had settled across my back and sides. I was often unable to stoop or straighten myself up. Many times each night I would have to leave my bed with the irregular and frequent secretions of the kidneys and just as done out in the morning as on retiring. I was languid and would have to let my housework stand. Nothing I had tried would benefit me. I learned of Booth's Kidney Pills and concluded I would try them, which I did, and soon found the long sought relief. My back strengthened and I began to feel better and stronger. I now enjoy sleep without being disturbed and feel grateful to Booth's Kidney Pills for what they did for me."

BOOTH'S KIDNEY PILLS

Booth's Kidney Pills are a boon to women. She would know less of backaches if she took more of these wonderful Pills. They are nature's greatest specific for all diseases of the kidneys and bladder. All druggists, 50c. a box, or postpaid from The R. T. Booth Co., Ltd., Fort Erie, Ont. Sold and guaranteed by T. B. Taylor & Sons.

PLYMPTON COUNCIL.

Council met April 1st, all the members present. Minutes of last meeting read and adopted.

The complaint of J. Tierney re flooding from Montgomery drain, referred to Councillor Bryson with power to act.

The reeve and councillor of each ward were empowered to secure gravel for township use.

Accounts passed:—Levi King, damage to buggy in McAndrew drain, \$14.25; Thos. Burnley, hay, cleaning well and sundries, \$7; McKenzie, Milne & Co., handcuffs, \$5.00; Reeve, telephoning and express, \$1; Sawyer & Massey, grader blade, \$9.25; J. Brison, express on blade, 75c; Sarnia Bridge Co., 12 road levellers, \$141.50; the Clerk, quarter salary, postage, stationery, etc., \$57.75.

Council will meet again May 6th, at 10 a. m., for general business.

SOMETHING THAT SHOULD BE RUBBED IN.—Whenever pain is felt in the limbs or back, take Dr. Thomas' Electric Oil; pour a little in the hand, and applying it to the surface beneath which the pain lies, rub briskly. If the first application does not afford relief, which is not usually the case, keep rubbing. The Oil will gradually penetrate to the affected part and relief will come.

May Day Strikes.

Agitations in the labor world usually head up and become ripe on the first of May of each year, and this year will be no exception. May Day is one great hurrah for the laboring men with socialistic tendencies and a real or imaginary grievance. He waves the red flag, listens to red hot oratory and retires to rest with a pair of red eyes and a burning throat. The next morning he is on the job with a clear conscience, feeling that he has done his duty by society and relieved his system of a year's pent up bile. The coal miners' strike in the west is of course the great topic of conversation in labor circles now, other predicted strikes being merely local.

Shiloh's Cure quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

A Free Start on the Road to Health

A five-story pressed-brick building, fitted with costly apparatus, equipped with electrical machinery and apparatus—

A splendid building in every respect, situated on Spadina Avenue, Toronto, its eloquent testimonial to Psychine.

For Psychine in a third of a century's extraordinarily successful use built that building—

And it did more—

It cured hundreds of thousands of people suffering from disease—

And made the most remarkable record for efficient curing power of any preparation known to medical science.

Psychine is a tonic—

It builds up the body—by strengthening the white corpuscles of the blood, or phagocytes, which by devouring the germs of disease keep the body in condition to cure or resist sickness.

Below is a list of diseases that Psychine will cure.

If you are troubled with or fear any, please fill in and send the coupon to us to-day—you'll never regret your decision:

- La Grippe
- Bronchitis
- Hemorrhages
- Sore Throat
- Anaemia
- Female Weakness
- Indigestion
- Poor Appetite
- Chills and Fevers
- Sleeplessness and Nervous Troubles
- After-effects of Pleurisy, Pneumonia and La Grippe.
- Bronchial Coughs
- Weak Lungs
- Weak Voice
- Spring Weakness
- Early Decline
- Catarrhal Affections
- Catarrh of Stomach
- Night Sweats
- Obstinate Coughs
- Laryngitis and Dyspepsia
- After-effects of Pleurisy, Pneumonia and La Grippe.

Now, we don't ask you to take our word for the tremendously beneficial effect of Psychine. Fill out the coupon below, mail it to us and we'll give you a druggist an order (for which we pay him the regular retail price) for a 50-cent bottle of Psychine to be given you free of cost.

We will undoubtedly buy and distribute in this manner hundreds of thousands of these 50-cent bottles of Psychine.

And we do that to show our entire confidence in this wonderful preparation.

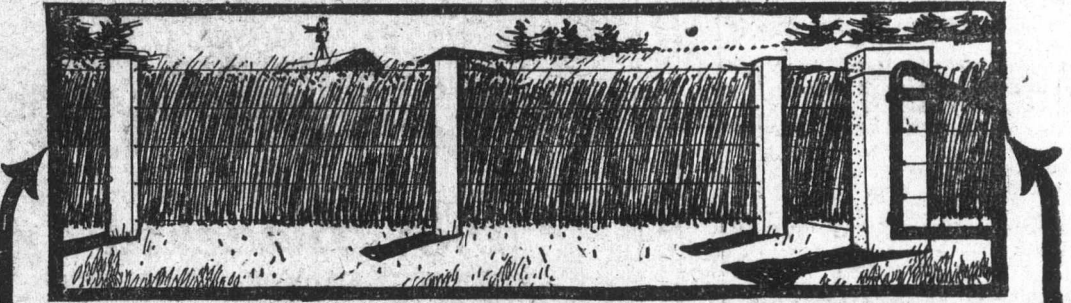
A confidence that has been based on our thirty years' experience with this splendid preparation, with a full knowledge of the hundreds of thousands of cures it has made.

COUPON No. 122
To the Dr. T. A. SLOCUM, Ltd.
193-195 Spadina Ave., Toronto

I accept your offer to try a 50c. bottle of Psychine (pronounced Si-koon) at your expense. I have not had a 50c. bottle of Psychine under this plan. Kindly advise my druggist to deliver this bottle to me.

My Name.....
Town.....
Street and Number.....
My Druggist's Name.....
Street and Number.....

This coupon is not good for a 50c. bottle of Psychine if presented to the druggist at your expense. I have not had a 50c. bottle of Psychine from your druggist and direct him to deliver it to you. This offer may be withdrawn at any time without notice. Send coupon to-day.



Concrete Fence Posts Like These

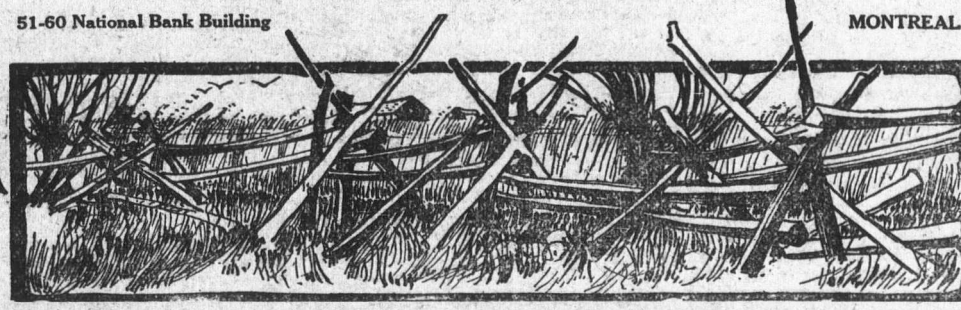
are slightly, strong, permanent. Concrete is, in many localities, cheaper than wood, for fence posts, and more durable than stone, brick or iron. Our book, "What The Farmer Can Do With Concrete" is sent FREE. It tells how to make, not only fence posts, but walks, curbs, horse blocks, barn foundations, feeding floors, well curbs, drinking troughs, silos, dairies, and many other farm utilities where cleanliness, strength and durability are required. Many of these things are simple and inexpensive to make, and may easily be put together in

your spare time. The book carefully and simply tells all. The regular price of the book is 50c. We are distributing free, a limited number, however, and charging up the cost to advertising. That's why you get your copy free, if you sign the coupon and send it to-day. Do it now.

You may send me a copy of "What the Farmer Can Do With Concrete."

Name.....
Address.....

CANADA CEMENT CO., Limited



Shiloh's Cure

quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

NATURE'S PAINT BRUSH.

Colors, Shades and Tints That Cannot Be Reproduced by Man.

Nature paints in the most striking colors and shades and tints with a delicacy never achieved by the brush in the hands of the artist. The highest ambition of the manufacturer of paints is to produce colors which look like nature's. The yhave never succeeded. Grass has a green of its own. So has the leaf and so has the distant ocean. None of these has ever been reproduced and put in cans with a price label on them.

Winter apples now repose on the shelves of the paint chemists. Honor awaits the man who can combine colors to produce the tints of red of the Baldwin and Northern Spy. They come pretty near it, that is all. The same is true of the colors with which October first touches the maple leaf.

If all the paint grinding works in the world were multiplied ten thousand times they couldn't turn out pigment enough in a year to do what nature does in a change from season to season.

Nature's brush is busy everywhere all the time. In the life of a leaf it applies the brush day by day, following with its tints from budding time until it sutters from the branch. It touches the valleys and the hills, the growing grains, the flowering plants. Never is it idle.—New York World.

ROUGH AND DRESSED LUMBER, Lap and Matched Siding, Doors, Sash, Lath, Mouldings, Shingles, Posts &c.

GEORGE CHAMBERS, WATFORD.

Custom Matching, Dressing and Turning done on Short Notice.

Electric Light Plant in Connection Order Your Coal Now.

A. D. HONE PAINTER and DECORATOR

Specialist in Hand Painted Decorations. The Best Work at Reasonable Prices. Estimates Furnished. A COMPLETE LINE OF Samples of WALL PAPER on Hand. When you have work in his line let him figure on it.