For Your Hair

Hard on Both Physical

he went on with his spiel.

"You know," said Knockemall,

three miles walking a day for each of us. But now, since Willie B. has a car

-and he has had it now about two

the morning he goes out in his garage,

"So you think it is killing him?

"Yes, I am sure of it." responded Knockemall. "He doesn't realize it,

greatest menaces to the health of the

average owner, of anything I know:

for I don't care who the man is, if he

has a fair appetite and 'indulges in

meats and sweets, he must have some

tion. Of course there are other kinds

ning expenses. Think of the gasoline

parison between the per capita num-

ing and the cost of living on this con-

tinent as measured by the motor car,

might not be the thing that in the

course of another generation would

put all the gold there is in America back in Europe once more.

Knockemall's criticism of the motor

car on the score of physical health

was a pertinent one, but the banker's

criticism on the score of financia

health was equally pertinent.—"Ob-

server" in the Maritime Merchant.

not able to bear.

physical exercise as an aid to diges-

queried Observer.

business man."

together at night. That meant about ed in review.

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China and Glass Department

Great Bargains in

XMAS GIFTS

Teddy Bear" Cups and Saucers
Baby Plates
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21 Pieces 11.50

adies' "Cup.

Toy Tea Sets 14c., 20c., 40c., 75c. Fancy Jap Cups and Saucers for Children ... 20c. ToyWater Sets 25c.

Crystal and Ruby Wine Glasses 25c. Crystal and Ruby Jugs 35c Fancy Jap Salt and Pepper Shakers10c.

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DINNER SETS 26 Pieces, in Blue and Green, floral and border Princess, Gold Spray, The design

A Snap for 9.90. 42 Piece Sets 36.50 and 39.50

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Special 1.95 Also a few Sample lines

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RUBIGOLD FRUIT POWLS Four different patterns to select from All One Price 48c.

Crystal and Plain Nappies Oval Dishes ..17c., 20c. Round Fruit Bowls .. 27c. Crystal Nut Bowls .. 55c. Extra Heavy Fruit Bowls 85c. Extra Large Fruit Bowls

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In Crystal with Tray 2.10 Rubigold Wine Sets 1.95 Rose &Gold Wine Sets 2.95

WINE SETS

NEW VASES

Just opened a splendid variety, in Red Rose on Pink, Blue and Green ground, Gold traced. A veritable "Rainbow."

35c., 40c., 65c., 70c.

Decanters, Wines, Champagnes and Liqueur **GLASSES**

.. 1.30

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Heavy Optic Soda Tumblers .. 1.95 doz. Plain Tumblers (medium size) .. 1.00 doz. Plain Thin Pony Tumblers 1.90 doz. Plain Thin 1/4 Pint Tumblers 1.20 doz. Plain Thin Bell Shape Tumblers, 1.80 doz. Plain Thin Tumblers (large size) 1.40 doz. Plain Wine Glasses 2.10 doz. Plain Custards 75c. and 1.00 doz.

Toilet Set Bargains---\$9.25, \$9.75, \$10.75, \$13.50

BEST WHITE CUPS AND SAUCERS

Hard as Nails.

RED BAND DINNER SETS

32 Pieces, including Soup Plates.

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Seconds, but would pass for 35c., 39c., 40c.

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36 Piece Set, including Soup Plates.

FERN POTS

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Tea Plates9c., 12c.

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The biggest variety in the city. Prices range from 50c., 55c., 65c., 90c. to 2.00

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Cook and Serve in the Same Dish. "FRY" OVEN GLASS Transparent and Fireproof. See our Casseroles, Bakers and Custards, Etc.

MOTHER'S GIFT.

Blue or Green Fireproof Ware Teapots Jugs, Casseroles, Custards, Coffee Jugs, Coffee Filters, Flower Tubes.

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HOUSEHOLD OINTHENT

Russia Reiterates

and is prepared at any time to reduce And Financial Health. Observer was walking down town and day by day we are showing greatwith his friend Knockemall, the other er strength in Communism, greater morning, when a man went by in a constructive ability in re-organization motor car, who waved a "Good Morn- of the country and in re-establishing ing" as he passed. The sight of the ourselves." A review of the Red Army man in the motor car proved to be the | followed these speeches. The troops cause of a sudden turn in the conver- defiled past a large reviewing stand. sation, for Knockemall said: "There The Moscow garrison headed the pargoes a chap who is committing mur- ade and included cavalry, heavy and der." "Murder!" exclaimed Observer. light artillery, machine gun outfits, "Is it as bad as that? Who is he mur- tanks, armored cars and anti-aircraft dering?" "He is murdering himself- guns; then there followed droves of with too much motor car." And then "I ists, and many children. The parade remember when this man Willie B. has been described as the greatest and I used to walk into town together | military turnout ever attempted by nearly every morning and almost as the Soviet Government. It is estimated

GREAT years—he does no walking at all. In REDUCTION IN PRICES

frequently we would walk homeward that over half a million persons pass-

backs out his car, and rides to his office; at noon, he drives home, and then SOAPS, TALCUMS, PERFUMES and Goods generally sold in a firstback to his office again; and so on. I class Drug Store at don't believe he has walked an average STAFFORD'S, Duckworth Street. of half a mile a day in the last twelve

months; for as a result of his motor For two weeks only, commencing car riding he has become so lazy that saturday, December 9th, we are on days when he leaves the car in the clearing out a large quantity of goods at a very small margin of profit, some garage he rides down town in the

> Our goods are practically all new stock and a visit will convince you of some of the bargains we have. As most of the popular lines will

but that is what is happening. I con-sell very quickly, come early and not sider that the motor car is one of the be disappointed. STAFFORD'S. 134 Duckworth Street.

Ribbon in The Home.

of exercise besides walking, but none Ribbon, which of late years has been so easy and none so, natural to the so much used for embroidering millinery dresses, is now employed as These remarks of Knockemall serve well for house decoration. One womto remind Observer of a conversation an, for instance, has run Wedgwoodhe had recently with a prominent blue ribbon through the hem at the banker. Observer had remarked that bottom of her beige-colored filet net one of the greatest difficulties of the window curtains to tone with her day in merchandising was to cut Wedgewood-blue carpet. Another down the overhead. The banker replied: "Yes, that is true, but do not of covers for her dressing-table and woman made a most delightful set bureau out of black taffetas finished chandising. It is everyone's trouble at the ends with overlapping rows of these days." And then he went on colored silk petersham ribbon in rainto say that the thing in his mind bow tints, jade, blue, and rose, chooswhich was most accountable for eating the colors in the cretonne hanging up the surplus earnings of the

ings. people was the motor car-not so In a diversity of ways ribbon is almuch the actual money invested in so used for making cushions, which the purchase of a car, but in the waste can be ornamented with a basketof depreciation, and repairs and runwork of interlaced narrow satin ribbons in two contrasting colors, or that is burned for the purpose of made entirely of lengths of ribbon in nothing but joyriding. It is nothing innumerable happily harmonizing less than a frightful tax which the tones jointed together at the edges majority of people who pay it are and forming ever-enlarging circles.

The decorating of a back of a piano Observer couldn't help wondering which stands away from the wall is the other day when he saw a coma difficult problem, but can be solved ber of motor cars owned in the Unit. by using ribbon. Two strips of very wide black and gold brocaded ribed States and Canada and the per capita number owned in Europe (the bon can hang straight down from whole of Europe was not given, but rod with a full curtain of thin black roughly it is not too much to say Japanese silk between and on each that over there they have only one to side of the strips. These wide ribtwenty or twenty-five that are on this bons, with gay floral or tinsel patterns side of the water) if perhaps the dif- also look very well for dressing-table ference between Europe's cost of liv- runners under plate-glass

Household Notes.

Sliced apples and seeded raisins make a nutritious salad. Serve with Boil ribboned lettuce quickly and garnish with powdered egg yolk and slices of white. When roasting poultry, don't forget

to put butter into the bird as well as on the outside. Grated pineapple is delicious in waf-

fies. Use one cupful of pineapple to two cupfuls of flour. Stalks of celery filled with cream and chives make simple but at

Readiness to Disarm.

and Leo Kamenoff, president of the Moscow Soviet, in recent public addresses in this city, repeated previous assurances as to Russia's readiness to reduce her army providing other states would do the same thing. The ccasion was a gathering of delegates to the Third Internationale. Trotzky announced that the Soviet government "is ready and eager to cut its armed forces in half, or even to one tenth of the present strength, provided other countries would agree to similar reductions." The war minister expressed the hope that the outcome of the disarmament conference to be held in Moscow within a month would result in a reduction of the armies of the Balkan states. Kamenoff said he had a message to the world. "Russia," he declared, "is indeed eager for peace her fighting forces, if given guarantees by other countries. But in making these proposals, he continued, it must be understood that because of our strength we would refuse any proposals which might tend to humiliate Soviet Russia." "This is no idle boast factory and railroad workers armed with rifles, thousands of trade union-

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