A Yard of flannel is still a

yard after washed

Surprise

Soap

Its pure hard Soapthats why.

in the wrong, which is but saying in other words that he is wiser to-day than he

A Word in Passing.

Fill the lives of your friends with westress. Do not keep your love Fill the lives of your friends with sweetzess. Do not keep your love and tenderness sealed up until your friends are dead. Speak approvingly, cheering words while their ears can hear them, and while their hearts can be thrilled and made happier by them; the kind things you mean to say when they are gone, say before they go. The flowers you mean to send for their coffins, send to brighter and sweeten their

you mean to send for their coffins, send to brighter and sweeten their homes before they leave them.

If my friends have alabaster boxes laid away, full of fragrant perfumes of sympathy and affection, which they intend to break over my dead body, I would rather they would bring them out in my weary and troubled hours and open them that troubled hours and open them, that I may be refreshed and cheered by them while I need them. I would d by them while I need them. I would rather have a plain coffin without a flower, a funeral without a eulogy, than a life without the sweetness of love and sympathy. Postmorten kindness does not cheer the troubled spirit. Flowers on the coffin cast no fragrance backward over .ife's no fragramweary way.

The Medicine in an Apple.

and fruiterers advocate

Doctors and fruiterers advocate apples this season as light medicine. This is not a fad, but the truth.

In other days children were made to eat apples every day, and even those of moderate means insisted upon this one fruit not only as nourishment but as medicine.

It is again claimed that if this fruit is put on the daily bill of fare the liver will be kept in good working order, the skin will be clean and the circulation less sluggish.

An apple eaten in the afternoon between, the usual hurried luncheon and the late heavy dinner gives the stomach just enough to do and does good work with the blood.

Another should be eaten just before going to bed at night. Even stomachs that can not digest a glass of rich milk at night take kindly to an apple. It has no ill effects.

The mealy, soft apple should be kept for cooking. It is not the kind to eat. One wants the hard, firm, juicy winter apple, which feels as though it had been chilled. This is the kind that is palatable and does the most good. Fastidious persons peel it, but it is claimed

and does the most good. Fastidious persons peel it, but it is claimed that to do its best work it should be eaten entire, as the peeling has medicinal values as well as the in-

side.

If one is anmoyed by a sluggish liver this seems a simple treatment. It would not do any harm to try, as apples are not expensive and are palatable to the majority.

To Extract Marking lnk.

Take the piece of marked linen and immerse it in a solution of chloride of lime. In a few moments the characters will be seen to pass from black to white, owing to a new preparation of silver having from black to white, owing to a new preparation of silver having been formed. This white chloride of silver becomes soluble in liquid ammonia. The linen should be removed quickly from the chloride of lime solution straight into one of the latter only a few moments. The article should then be well rinsed in clean water. + + +

Things to Forget.

If you would increase your happiness and prolong your life, forget your neighbor's faults. Forget all the slander you have ever heard. Forget the temptations. Forget the fault-firding and give a little thought to the cause which provokes it.

Forget the peculiarities of your friends, and only remember the good points which make you ford of them. Forget all the personal quarrels and histories you may have heard by accident, which, if repeated, would seem a thousand times worse than they are. Blot out as far as possible all the disagreeables of life; they will come but they will grow larger when you remember then and constant thought of the acts of meanuess makes you more familiar with them. Obliterate everything disagreeable from yesterday, start out anew with a clean heart to-day, so that you may write upon a clean sheat for sweet memory's sake only those things which are pure and lovely.

When Cold, Breathe Deeply. Forget the peculiarities of your

A simple way to get warm after exposure to cold is to take a long breath with the mouth firmly shut.

Repeat this several times, until you begin to feel the heat returning. It requires a very short time to do this. The long breath quickens the pulse, and thus causes the blood to circulate faster. The blood flows circulate faster. The blood flows into all parts of the veins and arteries, and gives out a great deal of heat. It is stated that this method of deep breathing prevents colds and a great many other ailments if begun ir. time.—Family Doctor.

To Change Feathers.

When you change the feathers from one pillow case to another, have pillow ticks, needle, thread and scissors all in the kitchen, with doors closed to prevent drafts, and have a good fire going with a large open kettle of boiling water on the stove to create steam. This preserve to create steam. stove to create steam. This points the feathers from blowing the seams in the tick are if the seams in the tick are ed and sewed together before tempting to shake from one to other, and then are pinned, I and whipped, you can do the tire operation without losing losing more than ten or twelve feathers. + + +

Doing Up Linen Collars.

To "do up" white linen collars with a laundry finish: For one-half dozen dollars blend well in cold water two large tablespoonfuls of water two large tablespoonfuls of lump starch, over this pour nearly a quart of boiling water, stirring con-stantly; place over the fire and boil for five minutes. When this starch is cool enough, to put the hands in take each col-lar, which has been well washed and died and rub the starch is well.

or both sides; go over the surface of each thoroughly and rub the collars between your hands several times, putting on plenty of the warm starch. The secret lies in getting the starch well into the dry collars.

Boil up and leave over right. With an old soft piece of cloth rub the surplus starch off each collar before

you iron it.

Before placing the iron on vet collar lay collar lay over it, first on one and then on the other, an old handkerchief; just run the iron over quickly once or twice; then re-move the handkerchief. This keeps the iron from sticking to the

Now iron the collar until it is perfectly dry, turn it over by hand, and button the ends together to have it shape nicely.

Don't Brood Over Mistakes.

are many people who sit down and brood over mistakes of the past. They do not realize that in doing so they are making the big-gest mistake of all. Besides losing valuable time that could be devoted to something profitable, they are unfitting themselves for the duties which lie before them, says Spare

oments. Brooding over past mistakes never Brooding over past mistakes never helped anyone. It is possible that we have, through a mistake, lost a good opportunity or jeopardized our chances of success in life, but brooding over it won't bring back the lost opportunity or facilitate our future success. But it will tend to make us less capable and more timid, in the future and whatever effects conthe future, and whatever affects con

fidence in our own strength and creates doubt of our own ability will be a serious obstacle to success.

Don't brood over mistakes you have made. They are of the past, and no human being can recall and rectify the errors he has made. We sometimes think that, if we only sometimes thank that if we only could live our lives over, beginning with childhood days, we could accomplish enormous things. Perhaps we could, and perhaps we couldn't. We might avoid the mistakes we have made, but in doing so, fall into others far more serious in their effect upon our lives.

fect upon our lives.

Everybody makes mistakes. There Everybody makes mistakes. There never was, and never will be a human being who lived without making mistakes. We do what we think is beat and it turns out worse, therefore it is called a mistake, and the whole world censures us because we have been so stupid. If it had turned out the other way, the world

have been so stupid. If it had turned out the other way, the world would have praised us.

Mistakes sometimes lead to success. At all events, don't brood over them. Let them lie buried, with only a sign to warn you lest you should be tempted to commit the same mistake again.

+ + + *

Busy Children Happy.

A busy child, like an older person, is a happy one. Observations will show that the youngster who whines and is miserable either really has nothing to do or having a task, pleasant or otherwise, is not obliged to do, it. There will be not the least difficulty in getting a child to provide its own amusement if she or he is given disciplinary games when "don't know what to do" is said. When the small child first spoken of says this she is given an axtra hard spelling lesson or some

thing of the kind that requires real work on her part.

Besides the good that is actually done to the child by teaching her to be resourceful in amusing herself, the mother is left more freedom to attack the matters and the type. tend to other matters, and the two meet after a little time, each fresher for the hour or more they have been apart, each busy in her own way.

Tasty Tomato Dishes.

Baked Tomatoes with Shrimps. Baked Tomatoes with Shrimps.—
For one can or its equivalent of shrimps broken into small pieces prepare six round, medium sized tomatoes by cutting off a good slice at the top, removing the pulp, and inverting on a sieve to drain. Melt two tablespoonfuls of butter and cook in this slowly three slices of two tablespoonfuls of butter cook in this slowly three slices onion until slightly browned. onion until signful browned, then remove and add tomato pulp. Cook this for a few minutes, then add about one and a quarter cupfuls of bread crumbs and enough cream to make a soft paste—nearly one-third of cupful. When blended, put the pass in slow over for about fortices. of cupful. When blended, pupans in slow oven for about minutes.

Cheese-Tomato Stew.—Peel Cheese-Tomato Stew.—Peel six medium sized tomatoes (canned to-matoes may be used), cut in pieces, and boil until thoroughly cooked. When tomatoes are well done add one-half pound grated American cheese, salt and pepper to taste. Let mixture cook until it is right thickness to o spread on toast. After

cheese is added stir constantly prevent sticking to pan. Stuffed Tomatoes—Take large smooth tomatoes, one spoonful salt, little pepper, tablespoonful butter, one table sugar, one cupful of bread one teaspoonful of onion crumbs. crumbs, one teaspoonin of onton juice, cut a thin slice from the smooth end of each, with a small spoon scoop out as much of the pulp and juice as possible without injuring its shape. Mix pulp with the other ingredients and fill tomatoes with this pulp with the other ingredients and fill tomatoes with this mixture. Put on tops, arrange in a baking par that has been buttered and bake slowly threebuttered and bake slowly three-quarters of an hour. Lift with cake turner to platter, garnish with parsley, and serve hot. Cold Tomato Catsup.—One peck of

ripe tomatoes chopped fine, one tea-cupful of salt, one teacupful of white mustard seed, one teacupful of chopmustard seed, one teacupful of chopped onions, one teacupful of brown sugar, three tablespoonfuls of celery seed, two tablespoonfuls of mixed cinnamon, one teaspoonful of mixed cloves, three pints of cold strong vinegar, horse radish to taste. This is easily made, requires no cooking, and keeps indefinitely if corked tight.

What is Worn in London

The Tea Gown in All Its Grace and Fascination Reigns Supreme--Trailing Garments in Wonderful Coloring.

With the advent of autumn the tea-gown comes to its own again. This most picturesque type of dress, which gives a woman a greater which gives a woman a greater chance of showing ner individuality of taste than arry other, suffers eclipse during the season and the long daylight hours of summer. No one wants to come indoors at five o'clock while the sun is still shining, and the lovely shadows are beginning to cross stores. ning to creep across the grass, it is the most perfect time of day Sep-and a to enjoy one's garden. But tember brings shortened days. tember brings shortened days, and a chilly feeling in the air as the afternoon wears on, and the blaze of logs makes its welcome re-appearance on the hearth, and the delicious scent of burning wood is a pleasant and more attractive perfume than the acrid smell of decaying vegetation out of doors. This is the hour when the tea-gown reigns supreme; for never does it appear to such advantage as when lit by the leaping flames of a fire of logs. It should be the wearer's hour of trishould be the wearer's hour of tri-umph also; for the contrast afforded by a woman who has been all day in short skirts and a plain linen shirt, tramping through coverts and tur-nip-fields with the guns or playing nip-fields with the guns or playing lawn tennis, when she re-appears at tea-time in long, trailing clinging garments of wonderfully blended colors and diaphanous material through which scintillate the sparkle of hidden gems and embroideries, makes a direct appeal to the masculine imagination by its renewal of the sense of sex, which had lain absolutely dormant during the pleasant camaraderies of the day's occupations.

defeat. One of these fascinating robes seen recently had its foundation a fourreau of mandarin Liberty satin, which was veiled by a semifitting robe of two thicknesses of chiffon, the underneath one of coral color and the outer one chestnut brown. Folds of the double chiffon brown. Folds of the double chiffon formed a fichu over the shoulders, crossing back and front and finished similarly with a big button of Chinese enamel, the only difference being that in front the chiffon robe crossed and then fell away at each side at the knee-line, disclosing the brilliant setin under-dress. The chiffon robe was bordered all round with a Greek key pattern in silver which had a particularly lovely effect on the chestnut brown and coral with the background of mandarin yellow; and this silver border ran up the fronts to where they were up the fronts to where they were crossed under the enamelled button.
A narrow border of sable edged the A narrow border of sable edged the décolletage, the point being filled up back and front with a piece of Eastern embroidery in shades of dull blue, and the long chiffon angel sleeves were bordered with the silver key pattern. One can imagine the lovely effects of soft glowing color in this mingling of golden velocity. lor in this mingling of golden yellow, coral, brown and silver, illumined by the light of a wood fire, with the little touch of cold dull blue to intensify the warm color and add whiteness to the neck of the wearer. It is in these combinations of color that the effect of a that the effect of a complications of detail.

The tea-gown, properly understood and interpreted, is a garment of insidious witchery, whose seduction slips into the soul of the beholder through an eye untroubled and unarrested by tiresome detail. Long flowing lines, semi-fitting and giving in every way an idea of ease and enin every way an idea of ease and en viable comfort, colours glorious but viable comfort, colours grorious out indefinite, changeable and elusive, and over all a suggestion of personality—such is the tea-gown as it should be. The model mentioned above was intended for a woman with glorious red-gold hair, and nothing is more becoming to red or colden haired women them such as golden haired women than such combination of brilliant yellow, cocombination of brilliant yellow, co-ral and brown; but just as success-ful an effect could be obtained by a dark-haired beauty with a four-reau of purple satin veiled in sapphire-blue and emerald-green chiffon, borblue and emerald-green chiffon, bordered with the key pattern, or, better still, a design of laurel leaves carried out in dull gold and copper. The intermediate type of delicate loveliness possessing light-brown hair and bright blue eyes, to whom delicate color effects are the most becoming, could work out a deliciously misty effect in an under-dress of silver-grey satin gleaming through the mauve chiffon that covers them, the mauve chiffon that covers them, and the bordering (which is necessary to give weight to the over-dress and make it hang properly) taking the form of irregular rays of silver spreading in from the edge all the

Chiffon can also be used with de-lightful effect for a tea-gown when braided all over in the same color. An all-white or cream-colored tea-gown, with a fourreau of satin un-der an over-robe of chiffon, braided all over in fine white or ivory silk soutache, and bordered with a hand soutache, and bordered with a band of ermine, skunk or sable, is a of beauty, for the braiding gives an idea of a delicate carving in ivory. Fur always looks well on a teagown, giving a reeling of richness and warmth as well as a most effective note of picturesqueness; and fective note of picturesqueness; and the wonderful materials that we are promised this winter, such as soft, thick damasks and brocades, motre velvets and tissues of gold and silver, will make marvellous tea-gowns of a sumptuous description, on which the rarest furs and jewel-led passementeries will not look out. led passementeries will not look out led passementeries will not look out of place. But such things are for the winter, not for autumn, with its pleasantly fresh air which makes dallying with a log fire an amusement and not the necessity which a blazing coal fire becomes when December has us in its chilly grasp. For these first tea-growns of the autumn these first tea-gowns of the autumn nothing is prettier than chiffon is its many possibilities. Given the Princess fourreau of satin (which may well be a survival from some evening dress that did yeoman ser autumn Given the evening dress that dry yestimate service through the season) as a foundation, all kinds of wonderful effects can be produced with chiffon which will result in a "dream" tea-gown. The chiffon can be draped on the lines of a Tange be colors can be braided and it can be braided and cut in the shape of a cut in the cut in the shape of a cut in the cut in th

it can be braided all over and cut in the shape of a long redingote, or it can follow the lines of the fourreau and flow free. Any woman with artistic taste, with the help of a mannequin, on which to study the effects of draperies, can to study the effects of draperies, can evolve an exquisite tea-gown with a minimum of trouble, especially if she is blessed with a clever maid who can carry out her ideas and instructions; and a tea-gown thus created, if its creator is a woman of artistic taste and inventiveness, will have a fascinating individuality of its own which the bought article

Hope for the Chronic Dyspeptic.—
Through lack of consideration of the body's needs many persons allow disorders of the digestive apparatus to endure until they become chronic, filling days and nights with suffering. To these a course of Parmelee's Vegetable Pills is recommended as a sure and speedy way to regain health. These pills are specially compounded to combat dyspepsis and the many ills that follow in its train, and they are successful always.



The Lord. I can see Him in the sunlight,
In His Beauty and His Splendor,
And the garments of His Glory
On the morning float and flow,
I can hear Him in the whisper
Of the willows young and tender,
I can hear Him in the murmur
Of the river singing low. And the trees their banners flutter

Every violescent aster, Every shell beside the ocean, Every breeze that like a robin Whistles on its silver flute,

the summer is a casket O. the summer is a casket
Rich with every jewel splendid,
Gladly offered to the Glory
Of the Lord of Love and Light,
And the night, a silver basket
Full of brilliants gaily tendered
To the Lord, whose Golden Beauty
Makes the brow of morning bright!

In the music of the rills

The

I live;
D lighten not the burthen! only give
Thyself to me; and bless

joy come upon me here may it not

But make it wreathe for me a sunny face,
Whilst, bending down, I run my
willing race
Thou layest out for me!
Enough #t were for me, the winner's

days,
To crown my running then!
I want no laughing glee to slack
my speed,
Or hold my hand away from plead-

O Father, Father! if the voice of

my name
From honor's shining roll!
Then fit my brow with meekness'
modest crown,
And send me questing manhood further down,

Don't forget Surprise

can see His Footsteps shining In the glory of the flowers, In the purple of the poppy And the crimson of the rose I can feel His Sunny Presence Filling all the golden hours, Making music or the mountain Where the morning bugle blows.

In the beauty of His Splendor, And the river offers incense In its smoke of silver mist And the birds with rapture singing, Hail the Maker, kind and tender, Like a thousand bells a-ringing In God's dome of amethyst.

Sweetly murmurs of the Master In the music of devotion Till my heart is like the singing Of a silver-ringing lute.

O, it's sweet to know that Heaven Is beside, and not above us;
That the Lord of life and glory
Makes His tent upon the hills
That in all the summer sunchis

us, Hear the rustle of His garments

As of old He spake to Moses As of old He spake to Moses
In the bush upon the mourtain,
So He speaks to every spirit
In the balsam-laden breeze.
In the blooming of the roses,
In the flashing of the fountain—
For His Rubrics are the flowers
And the stars His Litanies.
—Rev. Julian Johnston, in Ti
Pilot.

A Praver.

O Father, Father! hear my whisper'd plaint
And plea for strength that so I do not faint

not faint Beneath the strain and stress Thou sendest me to bear whilst here

Thou wantest me to go!
And whilst, with halting steps, I
trudge alorg,
Give me sometimes the lilt of com-

ing song, en weary feet are slow! When O Father, Father!-if some mite of LITTLE ILLS OF CHILDHOOD

cloy By little zest for Thee!

bays, Await the closing in of life's gray

ing need
Of lowly fellow men!

Fame Shall reach my fellow's ears and call

With lowliness of soul! With lowliness of soul!

It were not meet that such as I should stand,
And drink the plaudits of the shouting land,
Whilst others welter there!
O let Thou not!—the welling over-tones.

tones, Of man's acclaim, shut from mire ears the moans

Of fellows who despair!

—Baylus Cade, in Biblical Record,

Life's Mirror

There are loyal hearts, there are spirits brave,
There are souls that are pure and true;
Then give to the world the best

you have
And the best will come back to Give love and love to your life will flow,
A strength in your utmost need;
Have faith and a score of hearts will

Their faith in your word and

Give truth and your gift will be found in kind, And honor will honor meet; And a smile that is sweet will sure-ly find A smile that is just as sweet.

Your life is the mirror of King and

slave;
"Tis just what we are and do: Then give to the world the best you have, And the best will come back to you.
—Madeline S. Bridges.

The Priestly Robe.

(By Rev. Clarence Walworth.) (By Rev. Clarence Walworth.)
Touch it lightly or not at all.
Let it not fall!
Let into fall!
Let not a fabric so august
Trail in the dust!
'Tis a costly thing,
Woven by love in suffering.
'Twas Jesus' parting gift to men.
When the Lord rose to heaven agait
His latest breathing fell on it,
And left a sacred spell on it.
A mystery hides within its folds.
Quickened by sacramental breath,
It holds
The power of life and death.

University of the property of the power of life and death.
Would you sully it? Would you rend it?
Is there a Christian would not defend it—
A robe so costly and so rare,
So wonderfully rare?
Woe to the hand profane,
Woe to the heart ungracious,
Woe to the tongue unheeding,
Would dare to cast a stain
On a vestment made so precious
By such costly bleeding!

I know this robe and its history, And what strange virtue goeth forth From its hem to bless the earth; And I adore the mystery That gives it grace, In Jesus' name, to sqothe and heal-with more than human tenderness I prize the priestly order; And, while with reverent knee I

Thyself to me; and bless

Me with a shoulder wider than my load,
A patient courage longer than the Some gracious thread which convey

convey
To my sore spirit healing.
Vicars of Christ, deem me not rude
If rearer than is wont I press me.
But turn and bless me
Amid the kneeling multitude.

HOW TO CURE THEM

On the word of mothers all over Canada there is no other medicine can equal Beby's Own Tablets for the cure of such ills as indigestion, colic, diarrhoea, constipation, simple fever, worms and teething troubles. This medicine is good for the new born baby or the well grown child. Absolutely safe—you have the guarantee of a government analyst that this is true. Mrs. G. S. Ward, Rivington, Que., says: "I cannot praise Baby's Own Tablets warmly enough. Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Little Mary went into the coun on a visit to her grandmoth Walking in the garden she chan to spy a peacock, a bird she is never seen. She ran quickly it the house and cried out: "Crandma, come out and see. Ther an old chicken in full bloom."

HORRISON & oor, Banque di 97 ST. JAME Hon. Sar Alexandr

DAY, OCTO

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Synopsis of Cana HOMESTEAD

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should be given the Dominion Lands



and I have also be while trying to pe duties. I had doost out a wail and tried I but nothing seemed I was about to give my husband induce Kidney Pills, and i I am now well and I am positive Dosan that you elaim to atvise all kidney as fair trial."