## Home and Health Hints.

Keep the cake in a closely fitting box, and an apple in with it. This will prevent the former becoming dry.

Parisenne potatoes.-With a cutter cut large potatoes into balls, like marbles. Cook slowly in boiling salted water about ten minutes, or until you can pierce them easily with a fine skewer without breaking them. Drain and shake caretully until dry. Pour over them one tablespoon of butter, melted, and roll about until all are buttered; sprinkle with salt, pepper, and minced parsley.

Generally, canned peas should be carefully drained from their liquor before they are put over to cook. It is aiso better to wash them in cold water and then put them in freshly boiling water sufficient to cover them. Add a teaspoouful of brown sugar but no salt, since salt has a tendency toward hardening them. Twentr minutes' cooking is enough. The peas shou'd then be drained and served with a dressing of melted butter, pepper and salt.

Tomato timbles are made by stewing down some strained tomatoes until quite thick, seasoning with salt, pepper and onion juice and putting away until cold. To one cupful of this add three well--seaten esgs, mix thoroughly, then fill well-buttered timbale moulds. Stand them in a pan of hot water in the oven or put into a steamer and cook slowly until firm in the centre as a baked custard would be. This is a delightful luncheon dish.
Boiled frosting, with chocolate. -Boil one cup of fine granulated sugar with one-third cup of hot water without stirring, until it spins a thread when you dip a fork into it. Have ready the white of one egg beaten till stiff with one-eighth teaspoon of cream of farter. Pour the boiling syrup slowly into the egg, beating steadily until it is thick enough to spread. Add two teaspoons of poud red chocolate while the syrup is still hut Spread it on the cakes while warm.
Recipe for a Birthday Cake for a five year old child. -Such a cake, to be satisfactory to the tiny recipient, involves liberality in cutting and helping, consequently the simpler the mixing the better. Nothing in the cake line is as harmless as a sponge cake. The second recipe given you for a layer cake may be used in loaf form as also the follow-ing:-Beat togeth. $r$ for twenty minutes the yolks of six eggs and three quarters of a cupful of powdered sugar. When thick and very light cut in the whites whipped to a stiff froth and one cupful and a half of well-sifted pastry flour. Sprinkle in the grated rind and the juice of one lemon and turn into a round loaf pan. Bake in a moderate oven. For the icing boil together one cupful of sugar and one-half of a cupful of water (being careful not to stir after the sugar is dissolved) until a little, dropped into ice water can be rolled into a soft ball between the thumb and fingers. Take from the fire and let stand for a moment then pour slowly over the stifflywhipped whites of two eggs. Add one teaspoonful of vanilla and any coloring desired to tint and beat steadily until quite thick then spread at once over the cake. While still soft arrange five tiny candles on the top. Or, a little extra icing may be made by beating into liquid white of egg sufficient confectioners' sugar to thicken; with this plain or of a different color from the first icing decorate the cake with the child's name and age ard fasten the candles in a group in the centre. -Table Talk.

## World of Missions.

"O King of all the Ages!
We praise thee for our Time
When every sign presages
A future more sublime.
We own with shame and sadness,
How little we have done.
We celebrate with gladness
The triumphs thou hast won."

## Mexico Needs the Gospel.

Mexico needs the Gospel to-day no less than China. She must have it to save her from superstition and vice, from ignorance, and priestcratt. While the hold of the Romish Church has been loosened upon the property of Mexico, of which fully one third was at one time in papal ha ds, and the laws of reform forbid the offensive religious processions on the sireets, when anyone who failed to bow the knee was invariab.y assaulted by the fanatical crowd; yet there has come no sufficient sub,titute for this corrupt faith to profoundly impress the great numbers who are drifting to infidelity. The complete separation of Church and Slate has led the officials to absent them elves from all religous services, and the exam le set by the rulers has become contagtous. Distrust of all religious teachers is the result of the abuses to which the people were long accustomed, and confidence in missionaries comes only with intimate contact and acquaintance long enough to test their disinterestedness.

## Chinese Women Martyrs

Every missionary magazine gives us fresh stories relating to the noble army of martyrs in China. A missionary in Manchuria writes: "One fine-spirited woman named Hsiao, who was the soul of a part of the work in Kuangnine, was seized. She was wealthy, and earnest in spreading the Gospel. When the trouble broke out she was a marked woman. The rascals had an eye on her property, and demanded it. The deacon Wang, her manager, made his escape, but she manfully stood her ground, and said she was prepared to bear witness for the Lord who bought her. She was offered her life if she would recant. She refused and only asked that they would kill her quickly. She suffered death in the most cruel manner, but up to the last kept praying. A young woman named Yin was captured. As she was young and good looking, her captor offered her her life if she would renounce Christ and become his wife. She replied that she had a hope of heaven, and that whether she died or lived was of little moment 'What is heaven ? If I kill you, what then ?' 'Then I shall go to heaven at one step.' As she was praying for her enemies she was cut short with the assassin's sword. Her conduct made a great impress. sword
ion.

Michael Angelo made one of his best statues out of a piece of marble that another sculptor had thrown away. Some of the best preachers were rejected when they began. It was so with David W. Bartine, John A. Wood, and others we might name. Those who were supposed to be competent csitics summariiy disposed of their cases with the verdict: "Oh, he will never make a preacher!" But they did make preachers, upon whose ministry the people delighted to wait.

Over $£ 10,000,000$ sterling is spent every year in charity in the United Kingdom.

## Permanently Cured

## AFTER SEVEN YEARS OF GREAT SUFFERING.

mr. hamilton watters, of ridgeville, tells of his relief from neuralgia, rheumatism and stomach trouble through the agency of dr. Williams' pink pilles
For years Mr. Hamilton Watters, the wellknown cattle buyer of Ridgeville, Ont., was an acute sufferer from neuralgia, which was later complicated with rheumatism and stomach trouble. But now, thanks to Dr, Williams' Pink Pills, he is enjoying the best of health. Speaking of his illness and subsequent cure, Mr. Watters said - "For seven years I suffered great agony from neuralgia, the pains were of a darting, excruciating nature, and for days at a time would be so gre it that I feared I would lose my reason. To increase my miscry, I was attacked with rheumatism, and this was closely followed by stom ch trouble. My joints and limbs became swollen and I was almost helpless. I suffered from nausea and a decided loathing for food I became very thin, and was constantly troubled with cold sweats. At different times I was treated by three physicians without receiving anything in the way of permanent benefit. I grew despondent and began to think that I would always be a sufferer, when one day my druggist advised $\mathbf{m}$ to try Dr. Williams' Pink Pills. He said that within his knowle lge there was not a cas where the, ills had been used but what betefit had followed, and he added: "That is suy ng a lot in their favor, for 1 have sold over five thousand boxes, and have not had a complaint from anyone." Following his advice, I procured a supply of the pills, and atter a few weeks I could note an improvement in my condition. By the time I had taken eight boxes of the pills the neuralgia and rheumatism had entirely disappeared, and my stomich was once more in a healthy condition. My appetite improved, and I gained in weight and strength daily. It is now over two years since I discontinued the use of the pills, and all that time I have enjoyed the best of health and haven't felt an ache or pain, so that I think that I am safe in saying that my cure is perminent. In fact, eight boxes of Dr. Williams' Pirk Pills accomplished what three doctors had tailed to do, and I feel I am justified in warmly recommending them to others."
A very h gh medical authority has said that "neuralgia is a cry of the nerves for better blood." Rheumatism is also recognized as a disease of the blood, and it is because Dr. Willian's Pink Pills are above all things a blood-making and blood enriching medicine, that they so speedily cure these troubles. But you must get the genuine, with the full name Dr. Williams' Pink Pills for Pale People printed on the wrapper around the box. If in doubt, send direct to the Dr. Williams Medicine Co., Brockville, Ont., and the pills will be sent postpaid at 50 cents a box or six boxes for $\mathbf{\$ 2 . 5 0}$.
Never awake a person who is ill even to give him medicine unless by definite in. struction from the physician.

Dr. Anderson, the Edinburgh amateur astronomer, who discovered the new star in Perseus, has discovered over thirty variable stars in nine years.

