in a wounded man, to keep yourself flat on the ground, and move only by crawling bn your stomach. After reaching your man, stop any bleeding as quickly as you can and drag-Collecting him into a shell-hole for further "first Wounded aid" treatment that may have to be Under Fire done on the spot. Do this, even if it is only to tie his legs together or his arm to his body in the event of fractures. You can then place him on your back and crawl in with him, using all the shell-holes possible. Also you can place his hips on a spade, and, grasping the handle, steadily pull him to safety. Again, you can attach puttees to his belt at the back, fastening them to your own belt, or to your shoulders, and drag him in that way. Again, you can unfasten the collar and the first two buttons of the tunic and grip the collar at the back and pull. If a comrade can assist you, get him to hold fast to your ankles, especially when you draw the patient to you, thus easing the strain very considerably. By this method much quicker progress can be made. Again, you can lie on your back, place your feet under his armpits, and work yourself along on your back.