

EXHIBITS—Heavy and Light Horses; Heavy Draught, Delivery and Roadster Teams; Beef Cattle, Sheep and Swine. FEATURES—Live Stock Judging, Riding by Royal North-West Mounted Police, Sheep Dog Trials, Auction Sales of Pure-bred Horses and Cattle; Orchestra Music and Chorus Singing by Regina Male Chorus Club.

# The Western Home Monthly

at that time told the delegates that I would be pleased to have them write to this page, and would be glad to give them any help in my power. Let me now repeat that invitation. The page is open to the women Grain Growers as it has always been open to any other women in the Canadian West who felt that they could be helped in any way by writing to it.

In addition to Mrs. McNaughton, as president, Miss Irma Stocking was elected secretary-treasure. Owing to the fact that the representation was not very well distributed over the province, it was impossible for the convention to appoint directors for all the districts, but the election of directors, so far as it has gone, stands as follows:

District 1-Mrs. S. V. Haight, Keeler. District 3-Mrs. Grant, Redvers. District 4-Mrs. Hilton, Colfax. District 6-Mrs. Hawkes, Percival. District 7-Mrs. Flatt, Tantallon. District 8-Mrs. Ames, Hanley.

District 9-Mrs. Anderson, Sutherland. District 13-Mrs. Irene Thompson, Netherhill.

District 15-Mrs. McNeil, Expanse.

The Department of Agriculture of Manitoba has had printed for the Home Economics Society a very fine course of lessons on Nursing, Personal Hygiene, Cookery, Foods, Laundry and

Home Sewing. There are six or Economics eight lessons in each subject,

form that it is possible to follow them with the greatest ease. They may be used either as regular lessons in connec-tion with the meeting of a home economics society, or they may be taken up personally and studied at home. They can be obtained by writing to the Department of Agriculture, or to the Home Economics Section of the Manitoba

Agricultural College. The one on nursing will be especially timely, following as it does the short course on nursing which has proven ex-tremely popular. The cost and adultera-tion of foods and the theory of foods tion of foods and the theory of foods will be found of very general interest, while, I am sure, when a woman finds herself confronted with the task of doing herown washing for the first time she will derive much help and benefit from the lessons of the laundry. The personal hygiene, which takes up the human body as a machine, should serve to impress on every woman who studies it the common sense of keeping her body in a wholesome and healthy condition. The whole course should help to make the Home Economics Society very interesting and at the same time serve to draw many women into this society who otherwise may not be attracted to it.

There is a great significance in the prominence which is given at the present time by governments, educational institutions and the press to all questions affecting women. I am The Woman sure it is no exaggeration Question to say that to-day there are twenty columns in the newspapers devoted to women's work and problems compared to one five years ago, and while women who strive for definite reforms are often discouraged at the little progress they seem to make, the world is moving slowly but surely into the light, and women are coming to our own. The appointment of Mrs. amieson as a judge of the Juvenile Court in Calgary is an immense step in advance. Five years ago this would have been an utter impossibility. During the month Lethbridge has appointed a woman as City Clerk, another innovation, as she is the only woman in Canada to eccupy that position. The assistant City Treasurer of Winnipeg has for many years been a woman, and nothing but prejudice prevented her being made City Treasurer when a vacancy occurred a few years ago. Probably by the time Winnipeg wants another City Treasurer, women will have come into their own in this respect. Everywhere the dawn of a better day is breaking.

Winnipeg, March, 1914.

## The Lament of the Old Buccaneer

(First Prize Poem)

Said the shade of Henry Morgan to the shade of Captain Kidd:

Oh, we lived about three hundred years too soon;

Though we pirated with pleasure, Just to get a little treasure,

Now they beat us to a very different tune.

"There are modern buccaneers who make their money out of ships,

Though not just the same as we did on the main;

I'or their method isn't gory,

Yet it's quite as full of glory, And it doesn't bring the fear of ball and

chain! "Once we lived upon the water in a restless, reckless way,

Daring knives, and guns, and winds, and waves, and rocks; Now landlubbers get the treasure,

In a more extensive measure,

While they calmly live on water-in the stocks.

"When we raked the Spanish galleons in the Caribbean Sea,

Little thought we, as we stowed our wealth galore,

Men would work a little take-off

By another sort of rake-off,

And make larger coffers cough up all the more!

for war, and fire, and pillage, when we sacked the Spanish towns,

We admit it was a rather wanton way; But the town-boss, without sacking, Has a more substantial backing,

For he owns the town, and makes the people pay.

"True, we never cared for method when the money was in sight, we never let the trusty cutlass

And rust;

And we never, never wrangled

When a foe was to be strangled; Now they do it more genteelly, with a trust!

"Now they talk a lot of margins-well, we had some narrow calls, the dangers paid for all the treas-And

ures borne; But the margin's not so risky

When the "lambs" so gay and frisky Answer to the call, and come up to be shorn.

"Talk of captains of industry! We can put them all to rout,

For in history-making we have had our share;

But for lucky speculation,

And for great accumulation, We weren't in it with the modern millionaire!"

W. E. Gilrov.

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> Nothing ought to lessen the satisfaction we have in ourselves so much as seeing that we disapprove at one time what we approved at another .-- George Bernard Shaw.

The Pursuit of Pleasure

Much is said, and justly said, against the pursuit of Pleasure. It is because pleasure is followed too often and almost universally as an end in itself and not as a means of contributing to the higher good. Moreover, what is named Pleasure is called so falsely, and Pleasure must bear the reproach which fastens to any pleasurable excess which becomes confirmed as a vice. Real pleasure, lasting pleasure, pure pleasure, has its springs not in the senses, but in the emotions. Anything which feeds upon physical senses must eventually decay and nauseate. That which feeds upon the emotions waxes fat and strong and young by exercise and by being fed. Neither music, oratory, pictures, nor any form of art falls upon the taste, but rather delights the more it is seen and heard and appreciated and admired. And yet these are only aesthetic emotions which art awakens, but if we pass to the higher level of morals and religion it is still more apparent that real pleasure springs from the emotions and not the senses. What pleasure is more sweet than that which springs from the memory of an act of love, especially when it has been accomplished against inclination or self-interest .--- R. H.