

# CONFERRING ON THE PROBLEMS OF RECONSTRUCTION

Business Men Meet Under Auspices of C. M. A.

Sessions In Amherst

Able Speakers Deal With Matters of Interest to the Maritime Provinces—New Light on Water Transportation Possibilities

Amherst, N. S., Dec. 11.—One hundred or more representative business men from all parts of the maritime provinces gathered in Amherst this afternoon to attend the maritime conference, held under the auspices of the Canadian Manufacturers' Association. Delegates from the boards of trade, Canadian Clubs, municipalities, industries, business houses and other important associations are ably represented—add to this the large number of local men interested in the various problems that will be presented by the different speakers, and it will be seen that the parish hall is well filled.

Shortly after 2 o'clock, W. S. Fisher, of St. John, president, took the chair, and Mayor T. L. Milner delivered an address of welcome to the assembly. His words referred to the objects of the meeting, and the important results that will occur from the conference.

Mr. Fisher, president of the maritime branch of the Canadian Manufacturers' Association, replied to the address of welcome and then briefly outlined the programme of the meeting and its objects in the immediate future. Mr. Fisher spoke of the men present, who were "big business" in plain letters, and he characterized the meeting as the best held in the history of the association. The advantages and opportunities of the maritime provinces for export trade, were quoted by Mr. Fisher, and he concluded with a few words upon the resources of the three provinces of eastern Canada.

K. H. Smith, district engineer, Dominion water-power branch, who was to speak on the progress of the survey of marine water-powers, was unable to be present. Fortunately he forwarded a short paper which was read by H. R. Thompson, secretary of the M. B. C. M. A. This address was of decided importance and was followed with attention.

"White coal" spells conservation of coal and forests. Mr. Smith's paper gave statements relative to the necessity of hydro-electric development. The other speakers are Professor E. H. Sexton, director of technical education, Nova Scotia; J. Grove Smith, commission of conservation, Ottawa; Watson Griffin, of the commercial intelligence department, Ottawa, and Sir John Willison, president of the Canadian Industrial Reconstruction Association, Toronto. Representative members of the boards of trade in these provinces are present. Between ninety and one hundred visitors are in town for the conference.

Watson Griffin's Address.

Following is the address in part of

## Pain subsides—aching ceases

When Thermogene is applied. This wonderful medicated wool generates instant heat—and soothes and cures pain—racked nerves and tissues. Takes the place of poultice or plaster.



## No Luck for Him

This child won't play or smile. He is real sick. His tongue is white, breath feverish, stomach sour. He fears he is in for a dose of awful castor oil, calomel or pills. How he hates them. He would rather remain sick. No! He won't tell mother! If his mother would only learn the value of candy "Cascarets." How children love this candy cathartic—how surely it acts on liver and bowels.



TO MOTHERS! Each ten cent box of Cascarets contains full directions for dose for children aged one year old and upwards. Nothing else "works" the nasty bile, sour fermentations and constipation poison from the tender little bowels so gently, yet so thoroughly. Even cross, feverish, bilious children gladly take Cascarets without being coaxed. Cascarets taste just like candy. Cascarets never gripe, never sicken, never injure, but above all, they never disappoint the worried mother.



## "How I Do Hate This Everlasting Dishwashing"

"T IS the same old thing every day, and three times a day at that."

"Just look at the pile of dishes and pots and pans I have to clean up. Is it any wonder that I get tired and discouraged sometimes?"

"I do not mind the cooking and baking and getting meals ready, but I certainly do detest this dish-washing drudgery. It is enough to make one tired of life. It is not so bad for a change, but it is this monotonous, every day repeating the same work that kills."

"They say that it is monotonous that causes a person to lose her mind. And I think I can understand how it is. I suppose I should be thankful that I am not at this job all day long, for that would be still worse. Just think of the girls working at machines in the big factories where they do the same thing day after day, year in and year out."

Next to mental worry and anxiety, there is nothing to be compared to monotony as a means of wearing out the nervous system.

When you begin to find your day's work monotonous and distasteful it is time to take stock of the condition of your

nerves. Ask yourself some such questions as these:

Do you sleep well? Does your head ache? Is your digestion good? Do little things worry and annoy you? Are you easily irritated? Are you startled at trifling noises? Are you easily tired out and discouraged?

Your answer to these questions will give you some idea if you are in need of Dr. Chase's Nerve Food to build up the exhausted nerve cells. The regular use of this food cure for a few weeks will enable you to take an entirely different view of life and work.

It is only when the system gets run down that one gets in the way of looking on the dark side of things. With nervous energy restored to the system, you will feel again the joy of living and be anxious to accomplish the task before you, whatever it may be.

Dr. Chase's Nerve Food is proving a blessing to many thousands of women—and men, too—in this broad Dominion. It will be the same to you if you will but give it a chance. 50c a box, 6 for \$2.75, all dealers, or Edmanston, Bates & Co., Ltd., Toronto.

American countries have also a friendly attitude toward Canada. I have received letters from the secretaries of several of these chambers offering their co-operation. I have recently had correspondence with the director-general of the commercial intelligence service of India, and it has been agreed that we shall co-operate in an effort to develop trade between India and Canada.

The Maritime Provinces.

Few Canadians as yet realize the great natural resources of the maritime provinces and the wonderful geographical advantages they possess for world-wide commerce. These provinces have the same geographical relation to the continent of North America that the British Isles have to the continent of Europe. They jut out into the Atlantic far to the east of North America, just as the British Isles lie out in the Atlantic to the west of Europe. The area is nearly as great as that of England and Wales, and if Newfoundland be included the area is a little greater than that of England, Wales and Scotland.

Nova Scotia is almost as large as Belgium and Holland combined which together had over twelve million people when the war began. New Brunswick is almost as large as Scotland. Prince Edward Island might have a population of over three millions and yet be less densely populated than the Channel Islands of Jersey and Guernsey.

The advantageous geographical situation of the maritime provinces of Canada for commercial purposes will be understood when Halifax and St. John, the leading seaports, are compared with Liverpool as regards distances from the leading markets of the world by water routes for full-powered steamships. I shall hand to each of you a copy of a table I have prepared showing the distances. You will note that these ports are nearer to Central America, South America, the West Indies, Australia, New Zealand, Japan and Siberia than Liverpool is.

As regards raw materials for manufacture that must be imported, Halifax and St. John are nearer the raw cotton of the southern States, the cane sugar of the West Indies, the rubber of Brazil and British Guiana, the wool of Australia and New Zealand, and the hides of the Argentine Republic, than Liverpool is. Of course, Liverpool has the advantage of first class steamship connections with all the leading ports of the world, which St. John and Halifax have not yet secured, and shore routes for steamships are of little advantage unless there are steamships running on the routes, but the conditions in regard to the shipping of goods to and from Halifax and St. John in the future.

You will agree with me that the geographical position of these provinces is

remarkably favorable for reaching the markets of the world. Now what is the situation as regards home trade? For seven months of the year large ocean vessels can go from the ports of these provinces to Montreal, the heart of Canada. Do you realize what this should mean to the industries of these provinces? Are you making the most of this advantage? It is a well known fact that water transportation is much cheaper than land transportation, and the bigger the ship the cheaper it is. Why should there not be many big freight ships carrying the goods of these provinces to the greatest distributing centre of Canada? The enlargement of the canal connecting our great lakes and the St. Lawrence river and the construction of the Ottawa and Georgian Bay canal will enable you to send your manufactured goods into the heart of Ontario and even lay them down at the docks of Port William and Port Arthur for transportation to western Canada.

Suggestions.

My first suggestion is that Halifax, St. John and Sydney should get together and decide upon a shipping policy and when they have arrived at an agreement for co-operation they should approach the port of Montreal. At the present stage of Canada's development when it is so difficult to get ships that have no bitterness of rivalry between our ports. The trade of South America offers great opportunities, but your wonderful geographical situation is of no value unless you can shipping facilities throughout the year. I suggest to you a way to get what you need. Let St. John, Halifax, Sydney and Montreal co-operate in asking the government of Canada for a great steamship line to Brazil and the Argentine Republic. From the 15th of May to the 15th of November the ships should run from Montreal calling at Sydney, Cape Breton, and the government should establish a regular steamship service running between St. John, Halifax and Sydney, making connections with the Montreal line. Adequate terminal facilities could be provided at Sydney to accommodate the trade of the maritime provinces with South America. From the 15th of November to the 15th of May the steamships should be transferred from the St. Lawrence route to St. John and Halifax leaving St. John and calling at Halifax and Sydney.

I would suggest also that a certain number of freight ships running from Montreal to England and the continent of Europe should call at Sydney harbor throughout the season of St. Lawrence navigation and that produce and manufactures of the maritime provinces should be loaded on steamers at St. John and Halifax and carried to Sydney for transfer to the ships for Montreal. In some cases where full cargoes are available at smaller ports of the maritime provinces, it may be more economical to send the cargoes direct to Sydney instead of concentrating at St. John and Halifax.

**\$1,000 REWARD!!**

FOR A CASE OF INCURABLE CONSTIPATION

To any person who cannot be cured by Constipation by the use of the Pills, the above reward will be paid.

No medicine gives such lasting satisfaction or effects such marvelous cures as Dr. Hamilton's Pills. Relief instantly follows their use. That blinding headache goes forever, that feverish feeling in the skin is soothed away, bilious fits and stomach disorders are stopped.

Don't be nervous about using Dr. Hamilton's Pills; they are mild enough for a child to use, yet certain and effective in action in the most chronic cases. Get a 25c box today; they bring and keep robust good health.

**HALIFAX WHARF OWNERS MAKING BIG MONEY ON SALE OF CITY'S WATER**

Halifax, N. S., Dec. 11.—City Engineer F. W. Doane, who was asked by the board of control, some time ago, to investigate the water by wharf owners including the Dominion government railways, concerning wharfage, today reported that he was in possession of convincing evidence that some wharf owners had been selling water at from \$1.50 to \$4 per thousand gallons, for which they had been paying the city fourteen cents per thousand gallons.

With regard to the government railways he reports that he has received no acknowledgment of his letter asking for information. He recommends that a

## A LIFETIME OF SUFFERING

Prevented by "Fruit-a-Lives," the Wonderful Fruit Medicine

55 Malcomson St., Hall, Que. "In my opinion, no other medicine is so good as 'Fruit-a-Lives' for indigestion and constipation."

"For years I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable. 'Fruit-a-Lives' To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again."

50c a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-Lives Limited, Ottawa.

rate be fixed at twenty-five cents per thousand gallons, the water to be sold at the city's rate to cover wharf owners' cost of maintenance overhead charges.

**RHEUMATISM IS PAIN ONLY, RUB IT AWAY**

Instant relief from pain, soreness, stiffness follows a rubbing with "St. Jacobs Liniment."

Stop "dozing" rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacobs Liniment" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain and distress. "St. Jacobs Liniment" conquers pain! It is a harmless rheumatism liniment which never disappoints and doesn't burn the skin. It takes pain, soreness and stiffness from aching joints, muscles and bones; stops sciatica, lumbago, backache, neuralgia and reduces swelling.

Limpers up! Get a small trial bottle of old-time, honest "St. Jacobs Liniment" from any drug store, and in a moment you'll be free from pains, aches and stiffness. Don't suffer! Rub rheumatism away.

**CHARLES PIEZ NEW HEAD OF U. S. EMERGENCY FLEET.**

Washington, Dec. 11.—Charles Piez, vice-president and general manager of the Emergency Fleet Corporation, is to succeed Charles M. Schwab as director general of the corporation. It was said today at headquarters here of the shipping board.

**WOMAN'S DANGER PERIOD**

The period between forty-five and fifty-five years of age is a time of crisis or danger period in a woman's life which tests her for her fitness to continue in the race. It is then that she suffers from such annoying symptoms as heat-flashes, nervousness, headaches, "the blues," or dread of impending evil, or some dormant disease of the system becomes active. When a woman is passing through this crisis there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound, which after forty years of success is now considered the standard remedy for women's ailments.

**STEEL PRICE FIXING ENDS DECEMBER 31.**

Washington, Dec. 11.—Government supervision over the steel industry and steel price fixing will end December 31. The war industries board so announced today after a conference with spokesmen of the industry.

**SICK HEADACHE AND CONSTIPATION CURED BY MILBURN'S LAXA-LIVER PILLS**

When your liver becomes sluggish and inactive, the tongue becomes coated, the breath bad, and the stomach all out of order. Then comes those terrible sick headaches, the tongue coated, every bit of life and ambition, joy, and energy, and often end in complete mental and physical prostration.

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## NOT TO GO TO PORTLAND, SAYS HON. MR. CARVELL

Hon. F. B. Carvell, minister of public works, telegraphed Stanley E. Elkin, M. P., yesterday afternoon assuring him that the hospital ships with Canadian wounded aboard will not go to Portland (Me.), as was intimated in a recent report from Montreal. The minister of public works asked Mr. Elkin to secure a survey of the accommodations here for handling hospital ships and Mr. Elkin was engaged for some time yesterday on this work. Hon. Mr. Carvell said he would be in the city on Saturday.

In reply to a query from Mr. Elkin on Tuesday, Hon. Mr. Carvell gave definite assurance that the ships would not go to Portland (Me.). He had informed the militia department that it would be useless to consider such a proposition. He had secured also from the president of the C. P. R. assurance that they could handle the ships at this port.

On receipt of the telegram Mr. Elkin got in touch with the military authorities and found that there were 175 beds available. These, it was considered, would be sufficient to utilize St. John as a clearing station for the province as all other passengers are taken immediately on hospital trains to their destination, only acute cases developed on board ship, or contagious cases, being kept in hospital here. Word to this effect is being forwarded to Hon. Mr. Carvell and the latter is urging strongly that the ships be brought here.

Commissioner Fisher, acting mayor, yesterday mailed all information in connection with the matter to Mayor Hayes so that his worship may be able to take up the question in Ottawa.

**An Ottawa Report.**

Ottawa, Dec. 11.—Surgeon-General G. Carleton Jones, who left yesterday to look over the terminal facilities at Portland (Me.), with a view to having Canadian hospital ships disembark there instead of at Halifax, will probably return tomorrow and report to militia headquarters on the matter.

When shown a news item from Halifax stating that the president of the Halifax board of trade refused to admit that there was any ground for complaint as to the terminal facilities at that port, a high official of the militia department stated that the question was not one of facilities at all. The object in having hospital ships land at their cases at Portland instead of Halifax, he said, was to get the men from the point of disembarkation to the hospital as quickly as possible. Portland, he said, was just a twelve hour run from Montreal, while Halifax was about twice as long. In the case of invalid soldiers, a difference of twelve hours in time was important. The impression prevailing at militia headquarters appears to be that Halifax will have all it can do to handle the transports carrying Canadian troops.

**MEAT INJURIOUS TO THE KIDNEYS**

Take a Tablespoonful of Sals If Back Hurts or Bad-der Bothers

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish, the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder discomfort.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.

**For Your Piles**

A Free Trial of Pyramid Pile Treatment Will Mail You a Warm Friend for Life.

Just think of it! Pyramid Pile Treatment is so well known and so extensively called for as to be found in every drug store and every grocery store throughout the United States and Canada.

Pyramid Pile Treatment gives quick relief, stops itching, bleeding or protruding piles, hemorrhoids and such rectal troubles, in the privacy of your own home. Cost a box at all druggists. Take no substitutes. Free sample, for no mailing, booklet mailed free in plain wrapper, if you send us coupon below.

**FREE SAMPLE COUPON**

Pyramid Drug Company, 500 Pyramid Bldg., Marshall, Mich. Kindly send me a Free sample of Pyramid Pile Treatment in plain wrapper.

Name..... State.....

City..... State.....

**Pyramid**

**PUT CREAM IN NOSE AND STOP CATARRH**

Tells How To Open Clogged Nostrils and End Head-Colds.

At a few moments, your nostrils will be open. Your clogged nostrils will open. The air passages of your head will clear and you can breathe freely. No more dullness, headache, no yawning, snuffling, mucous discharges or dryness or struggling for breath at night.

Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head, soothe and heal the swollen, inflamed mucous membrane, and relief comes instantly. It is just what every cold and catarrh sufferer needs. Don't stay stuffed-up and miserable.

**Marlatt's-Specific**

POSITIVELY REMOVES GALL STONES

IN 24 HOURS

A powerful remedy for GALL STONES and Appendicitis. It is a bowel cleanser, which thoroughly purifies the system and is unexcelled for intestinal, stomach and liver disorders, Peritonitis, Kidney Stones and Chronic Indigestion.

Call and see us and we will explain. It contains no poisonous drugs whatever. IT NEVER FAILS.

**J. BENSON MAHONY**

2-4 Dock Street

**Nuxatedroned**

To Help Make Strong, Keen Red Blooded Americans

Now

Being used by over three million people annually. It will increase the strength of weak, nervous, run-down folks in two weeks' time in many instances. Ask your Doctor or druggist about it.

## Influenza!

should be carefully guarded against. A mild spray and gargle mixture of water and

**JOHNSON'S Anodyne LINIMENT**

for the nose and throat with an occasional dose taken internally may safeguard you from serious results and halt the evil in its first stage. This famous old physician's prescription is an

**Enemy to Germs**

without worrying about hospital ships. When demobilization once gets fairly started, the movement of troops from England to Canada may be much heavier than at present.

**NEW CHURCH.**

Rev. H. E. Thomas, pastor of the Methodist church in Sackville, is in the city en route to Tainmouth, York Co., where on Sunday he will assist in the dedication of a new Methodist church, of which Rev. P. H. Holmes is to be the pastor. Rev. Mr. Thomas was formerly stationed in St. John.

**Took Severe Cold ON HIS LUNGS**

COUGHED PHLEGM and BLOOD

On the first appearance of a cough or cold, do not neglect it, but get rid of it at once before it has a chance to grow worse, and gets settled on the lungs, causing bronchitis, pneumonia and other serious lung troubles.

I had the cough for over two months, and took a great deal of different medicines, but found no relief from them. At last a friend advised me to take Dr. Wood's Norway Pine Syrup, which I did, and it gave me great relief.

The marvelous results that Dr. Wood's Norway Pine Syrup has achieved in its cures of coughs, and colds, has caused many so-called "cure" preparations to be put on the market, which do not contain any pine whatever. See that you get the genuine when you ask for it.

Put up in a yellow wrapper, three pine trees the trade mark, price 25c and 50c. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

**There was never a time when the sacrifices and the help of women were more appreciated than at the present time. Women should learn war-nursing and nursing at home. There is no better way than to study the new edition of "Common Sense Medical Advice" with chapters on First Aid, Bandaging, Anatomy, Hygiene, care of the Sick, Diseases of Women, Mother and Baby. Marriage—to be had at some drug-store or send 50c to Dr. Pierce, Courtwright St., Bridgeport, Ontario.**

If a woman suffers from weak back, nervousness or dizziness—if pains afflict her, the best tonic and corrective is one made up of native herbs, and made without alcohol, which makes weak women strong and sick women well. It is the prescription of Doctor Pierce, used by him in active practice many years and now sold by almost every druggist in the land, in liquid or in tablets. Send Dr. Pierce, Buffalo, N. Y., for trial pkg. "Dr. Pierce's Pleasant Pellets are also best for liver and bowel trouble."

**Stearns' Favorite Prescription** was a great help to me. During an expectant period I became all run-down, weak and nervous and could not eat—was nauseated. I also suffered from "Painful Time" and a complete week of rest was down to a "scripture." I soon recovered and it finally restored me.

strength. I could do all my work and feel fine. I had practically no suffering and my baby was strong and healthy.—Mrs. Thomas, Bridgeport, 306 Ave. St.

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A powerful remedy for GALL STONES and Appendicitis. It is a bowel cleanser, which thoroughly purifies the system and is unexcelled for intestinal, stomach and liver disorders, Peritonitis, Kidney Stones and Chronic Indigestion.

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