- 27. It is to set the affections on things above, and have a treasure in heaven, to mortify and overcome, to keep our bodies under, to put off anger, wrath, malice, envy, etc.; to put on bowels of mercies, kindness, humbleness of mind, meekness, long-suffering, to put on charity, which is the bond of perfectness.
- 28. It is to endure hardness as good soldiers of Jesus Christ, to consider Him who endured, lest we be weary and faint in our minds; to have the mind which was also in Christ.
- 29. It is to do all things in the name of the Lord Jesus, to go where He would have us go, to do what He would have us do, to seek the blessing of God on all we undertake, and whether we eat or drink, do all to the glory of God.

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- 30. It is to walk worthy of God in all lowliness and meekness, to be diligent in all we undertake, to be fervent and spiritual in all acts of worship, and watching thereunte with all long-suffering and godliness.
- 31. It is to follow peace with all men, to know that in every case it takes two to make a fight;