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About Tomatoes.

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THE common notions about the healthfulness of tomatoes are, I believe, partly erroneous. I am confident that the tomato produces a diseased action of the mucous lining of the alimentary canal. I know personally some scores of healthy people who upon beginning to use tomatoes have soreness of the mouth and easy bleeding of the gums. I have known many persons to suffer from piles, which were immediately relieved, and soon disappeared altogether, by the abandonment of tomatoes. Our idea some years ago about these 'love apples,' to wit, that they were very poisonous, was not correct, but I think nearer right than the present notion that the tomato is the healthiest of all vegetables, and that we cannot eat too many of them.

Nearly thirty years ago, while making my daily round in Central New York where I was then practising my profession, I was accosted when passing a woollen mill by its proprietor, and upon riding up to the window of his office, he said there was a young lady up stairs who wished to see me. Well, being then an unmarried man, I was not surprised, and hitching my horse I went in and waited. Soon she came in and said,

"Oh! Ah! yes, I will come back in a moment."

Soon she appeared, and holding out a paper containing about twenty teeth she said, "What do you think of that?"

"Well, I should say there were about a score of teeth."

"Yes, yes, but what should you say if I told you that they all came out of my mouth?"

"I should say that you had lost most of your teeth."

"O yes, to be sure, but what do you think is the cause of it?"