### Delicate and Feeble Ladies.

Those anguid, tiresome sensations, causing Those anguld, tiresome sensations, causing you to feel scarcely able to be on your feet; that constant drain that is taking from your system all its former elasticity; driving the bloom from your cheeks; that continual strain upon your vital forces, rendering you irritable and fretful, can easily be removed by the use of that marvellous remedy, Hop Bitters. Irregularities and obstructions of your system are relieved at once, while the special cause of periodical pain are permanently removed. More receive so much benefit, and none are so profoundly grateful and show such an interest in recommending Hop Bitters as women.

Hop Bitters as women.

"My mother was afflicted a long time with Neutalgia and a dull, heavy, inactive condition of the whole system; headache, nervous prostration, and was almost helpless. No physicians or medicines did her any good. Three months ago she began to use Hop Bitters with such good effect that she seems and feels young again, although over 70 years old. We think there is no other medicinee fit to use in the family." hdy, in Providence.

RRADFOUR PA., May 182

It has curel mer is several diseases, such as nerviciness lickness at the sonach, monthly trubbe, cl. I have not seen a sick day his year, since I took Hop Bitters. All my not fibours use them.

MRS. FANNIE GREEN.

\$3,000 LOST.—"A tour of Europe that

\$3,000 LOST .- "A tour of Europe that "cost me \$3,000 done me less good than "one bottle of Hop Bitters; they also cured my wife of fifteen years' nervous weakness, "sleeplessness, and dyspepsia."

R. M., Auburn, N.Y.

# HIGH AUTHORITY.

Hop Bitters is not, in any sense, an alcoholic beverage or liquor, and could not be sold for use, except to persons desirous of obtaining a medicinal bitters.

GREEN B. RAUM, U. S. Com. Inter'l Rev.

So. Bloomingville, O., May 1, '79.
Sirs,—I have been suffering ten years and I tried your Hop Bitters, and it done me more good than all the doctors.

Miss S. S. Boone.

BABY SAVED! We are so thankful to say that our nursing baby war permanently cured of a dangerous and protracted constipation and irregularity of the bowels by the use of Hop Bitters by its mother, which at the same time restored her to perfect health and strength.—The Parents, Rochester, N.Y.

SKINNY I "Wells' Health Renewer to and vigotr, that a spense, bility, \$1 refores health , Cap ral De-

and vigotr, that Desperse, Ceptral Debility, \$1.

\*We are persuaded that the incient Hermes with all the subtle art and natural resources of the Alchemists, was a very the doctor compared with Mrs. Lydia E Implian of Lynn, plass. Armies may have been after all only a clever tractitioner of the Phot Art; but we three the first no humbug at the pharmace ticklementary of Mrs Pinkham's Vegetable compound.

"HOTHER SWAM'S WORM BYRDE.

Infullible lasteles, harmless of hattor, for feversines, restreeness, wents, constipation 23.

Dn. Former's Extract of Wild Straw-

DR. FORTER'S Extract of Wild Strawberry will nevertiall you when taken to the Dysentery, Colic Sick Stomach, out of from of Summer Complaint. Relief is almost instantaneous; a few doses cure when other remedies fail.

### LOOK OUT FOR FRAUDS!

The genine "Rayled on Corne is made only by E. S. Well (Proprietor bit Arough on Rais"), and his a woung face of triangulabels (C. A. S. Bottles.

The most miserable mortal in extence is raphably the confused debraration that does not be a superior of the confused debraration.

THE most miserable mortal in excitence is probably the confirmed dyspeptic. Hydock Blood Bitters cure Dyspepsia and at the second the Stomach, Blood, Liver and confly Do not trust our word simply but address the proprietors for proof.

DON'T DIE IN THE HUSE Rough of the base of the confirmed by the confirmed by the base of the proprietors. In the base of the base

W. J. GUPPY, druggist of Newbury, writes: "Dr. Fowler's Wild Stray Darry is just the thing for Summer Sickness II old out my stock three, times last benner. There was a good demand for the Dr. Fowler's Extraction Vild Strawberry infallible ion Dreentery, Colic, Sick Stemach and Bowell Completit.

Fires to beges, ints, bed bugs rate mice, gophers chapmans, chared out to like at on Rule. my stock three, times last

## Scientitic and Aseful.

IMPROMPTU MUFFINS.—Put the rings on the griddle to get hot. Mix one cup of wheat flour with one of Graham flour, a little salt, one egg beaten very light and milk enough to make a thin batter. Bake as soon as mixed.

on make a thin batter. Bake as soon as mixed. '
One trial of in ther Graves' View Exterminator will convince for that the no equal as a worm medicine.

Canning Oranges. —Canning oranges is growing to be one of the industries of Florida. The fruit is peeled and broken into its natural sections before canning, which is done by a process similar to that used for preserving other fruits, and when taken out is ready for other fruits, and when taken out is ready for use.

HARD and soft cone cannot this and Holloway's Corn Care; it is effectively time.

-To make vinegar from cide VINEGAR VINEGAR.—To make vinegar from cide, put a pound of sugar into a gallon jar, filling it up with cider. It must be well shaken, and then left for three or four months to ferment, when it will be ready for use. It must not be tightly corked, but should be covered over with a piece of writing paper pricked.

PLEASANT TO THE TASTE.—Children and persons with weak constitutions have always found great difficulty in taking Cod Liver Oil, and from this fact it has not been universally used, but with Northrop & Lyman's Emulsion of Cod Liver Oil and Typophosphites of Lime and Soda, this prejudice is removed. It is so thoroughly digital d that you cannot detect the Cod Liver Oil One physician writes us that it is used alnost as a beverage in his family; another berson a beverage in his family; another berson informs us that he had to hide the bottle from his children. For Coughs and Colds, broken down constitutions, and all Lung Diseases, it has no equal.

APPLE MARMALADE.—Pare and core two pounds of sour apples; put them in an enamelled saucepan with one pint of cider and one pound crushed sugar. Cook with gentle heat for three hours, or until the fruit is quite soft; then squeeze it first through a colander, then through a sieve. Sweeten to taste and put away in jars. APPLE MARMALADE.—Pare and core two

put away in jars.

M. A. ST. MARS, St. Boniface, Manitoba, writes: Dr. Thomas' Eclectric Oil is a public benefit. It has done wonders here and has cured myself of a bad cold in one day. Can be relied upon to remove pain, how seeks of various kinds, and benefit any inflamed portion of the body to which it is applied.

New potatoes should be laid in cold water for an hour before cooking. Then scrape off the skin and steam them. They should never be boiled. If you have a quantity to cook, a quick way to peel them is to throw them into a bucket with a good handful of pebbles. Shake vigorously for a few moments, and the skins will all come off.

AMONG the warmest advocates of the use of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure are ladies for herly in delicate health, whose vigour and book bequality have been restored by it. Carest Adebility of long standing, chronic biliousness, weakness of the back and kidneys, femiline ailments, and obstinate types of nervous indigestion, are overcome by it.

SAUCE FOR MEAT.-Mince an onion; fry it a yellow colour with butter in a stew-pan; pour on a gill of vinegar; let it remain on the fire until a third of it is boiled away, then add a pint of gravy or stock, a bunch of parsley, two or three cloves, pepper and salt; let it boil a minute; thicken it with a little flour and butter; strain it and remove any particles

C. A. Livingstone, Plattsville, Opt. C. A. Livingstone, Plattsvine, Ont., says: I have much pleasure in recommending Dr. Thomas' Eclectric Oil, from having used it myself and having sold it for the time. In my own case I will by 10 it that it is the best preparation I have ever tried for rheumatism.

How to Cook POTATOES .- Old potatoes How to Cook Potatoes.—Old potatoes should never be pared before cooking. The most nutritious portion of the potato lies immediately underneath the skin, and this is generally all pared away through genorance, leaving the watery part. A small slice should be first cut from each epd, as this lets the water out, and the potatoes then put into cold water and allowed to heat slowly. They should boil as slowly as possible until done. Then throw off the water, lift the lid for a few moments and serve.

MR. HENRY MARSHALL, Ree e of Dunn, MR. HENRY MARSHALL, Ree e of Dunn, writes: "Some time ago I got a bottle of Northrop & Lyman's Vegetable recovery from Mr. Marrison, and I consider the cry best medicine extant for Dyspeper. This medicine is making marvellous curs of liver Complaint, Dyspepsia, etc., in purifying the blood and restoring manhood to full vig ur.

### Words of the Wise.

PURITY should keep the door of all our thoughts.

As we are not allowed to use idle in this world and to do nothing, so we are not allowed to be wilful and to do what we please.

IT was Fuller who said: "He that spends all his life in sport is like one who wears nothing but fringes and eats nothing but sauces."

THE interview is getting to be a synonym for the rack, or the thumscrew, or whatever indicates nice cruelty or severe infliction.
—Standard.

LONGFELLOW tells us that "Love keeps the cold out better than a cloak." In that case there are some married people whose teeth are chattering.

He that has a good God, a good heart, and a good wife to converse with, and yet complains he wants conversation, would not have been easy and content in paradise.

PEOPLE s " sadly that they are weary of living, but the auth is not in them. In their heart of hearts they are constantly quoting Shakspeare: "O, excellent! I love long life better than figs!"

life better than figs!"

THE Christ whom we preach must be the full Christ of the Gospel—not the ideal, but he historic Christ; nota Christ of one's own invention and handiwork, but the Christ whom the believing Church of all ages confesses and adores as her own.—Van Oosterzee.

Be reserved, but not sour; grave, but not formal; bold, but not rash; humble, but not servile; palient, but not insensible; constant, but not obtinate; cheerful, but not light; rather be sweet-tempered than familiar; familiar rather than intimate; and intimate with very few, and upon good grounds.

No man's spirits were ever hurt by doing his duty. On the contrary, one good action,

No man's spirits were ever hurt by doing his duty. On the contrary, one good action, one temptation resisted and overcome, one sacrifice of desire of intrest, purely for conscience sake, will prove a cordial for weak and low spirits beyond what either indulgence or diversion can do for them.

"I HAVE had six children, and I bless God for His free grace that they are all with Christ or in Christ, and my mind is not at rest concerning them. My desire was that they should have served Christ on earth, but if God will choose to have them rather serve Him in heaven, I have nothing to murmur at; His will be done."

There is no life which in the past has

THERE is no life which in the past has testified to the power and beauty of the Gospel, but what lives to day and shall continue in our future, unfolding life. There has been no shrinking from duty or sluggishness but what has left its impress on us; and on the other hand, no gift, no act of self-denial, which does not still work in us as a beneficient power.—R. S. Storrs.

Remember the good old activity

REMEMBER the good old rabbi who was rakened by one of his twelve sons saying:
Behold my eleven brothers he sleeping, and I am the only one who wakens to praise and pray." "Son," said the wise father, "you had better be asleep, too, than wake to censure your brothers." No fault can be as bad as the feeling which is quick to seek and speak of other people's wrongs.

Dyes have been sold without a stage com-plaint. Everywhere they are the facturite

The equine "Rough on Corns sonly by E.S. Wells Proprietor of on Rate"), at 11th a Lughing face of on late is. 15c 25c. Bottles.



Dasi Dyss Ever Made.

TOR SILE, WOOD, OR COTTON. TO

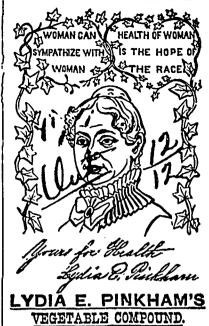
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Bronze Paint. Artists' Black.
For gliding Yency Beakets, Frames, Lampa,
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A Sure Care for all FEMALE WEAK-NESSES, Including Loucorrhon, Irregular and Painful Monstruction, Inflammation and Ulcoration of

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TO FOR ALL WRITENESS of the generative organs of oither sex, it is second to no remedy that has ever been before the public, and for all diseases of the ELEMETS it is the Greatest Genedy in the World, TO HIDNEY COMPLAINTS of Either Sex

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LYDIA E. PINKHAM'S BLOOD PURIFIER will cradicate every vestige of Humors from the Blood, at the same time will give tone and strength to thosystem. As marvellous in results as the Compound.

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CATARRH OF THE BLADDER. STINGING irritation, inflammation, all Kidney and Urinary Complaints, cured by "Buchupaiba." \$1.



cents, or \$1 per dozen. M iled stage prepaid on receipt of price. C. BLACKETT ROBINS