

Radway's Ready Relief

Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or mucous membranes.

RADWAY'S READY RELIEF

CURES AND PREVENTS

Colds, Coughs, Sore Throat, Influenza, Bronchitis, Pneumonia, Rheumatism, Neuralgia, Headache, Toothache, Asthma, Difficult Breathing

CURES THE WORST PAINS in from one to twenty minutes. Not one hour after reading this advertisement need any one SUFFER WITH PAIN.

ACHES AND PAINS.

For headache (whether sick or nervous) toothache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

TAKEN INWARDLY—A half to a teaspoonful in half a tumbler of water for stomach troubles, Colic, Wind in the bowels, Colds, Chills, Fever and Ague, Diarrhoea, Sick Headache, and all internal pains.

Price 25c. per bottle. Sold by all druggists.

RADWAY & CO.,

No. 7 St. Helen St. Montreal, Canada.



GRENVILLE CANAL ENLARGEMENT

Sections A and B.

NOTICE TO CONTRACTORS.

THE time for receiving Tenders for Grenville Canal Enlargement has been extended until noon on Saturday, 23rd May, 1896.

By order,

JNO. H. BALDERSON, Secretary.

Department of Railways and Canals, Ottawa, 5th May, 1896.

MEN & WOMEN

Taught to make Crayon Portraits in spare hours at their homes by a new copyrighted method. Those learning my method will be furnished work by me, by which they can EARN \$8 TO \$16 A WEEK. Particulars H. A. GRIPP, German Artist, Tyrone, Pa.

51 KING E. | 51 KING W.
152 YONGE. | 68 JARVIS.



HOT MEALS ALSO AT
51 KING E. & 28 1/2 COLBORNE.

The Parisian Steam Laundry Company,

of Ontario, Limited
67 ADELAIDE ST. W.
Phone 1127.

Good work and prompt delivery.
Mending done free.
E. M. MOFFATT, Manager.
Established 1878.

UNDERTAKERS.

J. YOUNG

(Alex. Millard)

The Leading Undertaker and Embalmer,
359 Yonge Street.

Telephone 679.

H. STONE & SON, UNDERTAKERS

Corner Yonge and Ann Sts.

Telephone 931.

Consumptive

People are directed to the wonderful virtues of JO-HE for affording great relief and possible cure. This oil, found oozing from magnetic rocks in Texas, is, by nature, highly charged with Magnetism and Electricity, and is very penetrating, soothing, and healing. JO-HE is the King of all remedies, and will speedily bring about recovery in many cases—benefit is experienced from first treatment. Oil 75c. per can, mailed to any address.

Testimonial book sent on request.

ONTARIO SUPPLY CO.,

Agents for Canada. 77 Victoria Street, Toronto.



Catalogue Free.
100 STYLES OF SCALES.

Prices reduced for this month.

C. Wilson & Son,

127 Esplanade Street East, Toronto, Ont.



Mustard - THAT'S - Mustard

Dunn's Mustard

MADE ABSOLUTELY PURE
FROM RICH FLAVOURED ENGLISH SEED
SOLD IN 8c. and 10c. TINS.

Ask for Dunn's Pure Mustard



NO DUTY ON CHURCH BELLS.
Please mention this paper.

Freehold Loan & Savings Co.

DIVIDEND NO. 73.

Notice is hereby given that a dividend of 3 per cent. on the Capital Stock of the Company has been declared for the current half-year, payable on and after the first day of June next, at the office of the Company, corner of Victoria and Adelaide Streets, Toronto.

The Transfer Books will be closed from the 31st May, inclusive.

Notice is hereby given that the General Annual Meeting of the Company will be held at 2 p.m., Tuesday, June 2nd, at the office of the Company, for the purpose of receiving the annual report, the election of Directors, etc.

By order of the Board,

S. C. WOOD,
Managing Director.

Toronto, 22nd April, 1896.

Notice to Presbytery Clerks.

PRESBYTERY Clerks and others, having communications to make regarding the business of the General Assembly, are asked to forward their correspondence to the undersigned, at 68 St. Famille Street, Montreal.

ROBERT CAMPBELL,
Clerk of Assembly.

Splitting Headache

CURED BY

One Minute Headache Cure

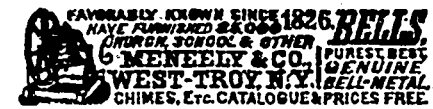
10c.

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SEND us your address and we will show you how to make \$3 a day absolutely sure; we furnish the work and teach you free; you work in the locality where you live. Send us your address and we will explain the business fully; remember we guarantee a clear profit of \$3 for every day's work absolutely sure; write at once. Address: IMPERIAL SILVERWARE CO., BOX 16, WINDSOR, ONT.



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E. W. Vanduzen Co., Cincinnati, Ohio.
Best Pure Copper and Tin Church Bells & Chimes.
Highest Award at World's Fair. Gold Medal at Mid-winter Exp'n. Price, terms, etc., supplied free.

HEALTH AND HOUSEHOLD HINTS.

BENEFICIAL FOODS

Lettuce is useful to those suffering from insomnia.

Cranberries are used externally as well as internally for erysipelas.

Honey is wholesome, strengthening, cleansing, healing and nourishing.

Fresh ripe fruits are excellent for purifying the blood and toning up the system.

Lemons afford relief to feverish thirst in sickness, for billiousness, low fevers, rheumatism, colds, coughs, liver complaint, etc.

Celery is invaluable as a food for those suffering from any form of rheumatism; for disease of the nerves and for nervous dyspepsia.

Tomatoes are a powerful aperient for the liver, and are invaluable in all conditions of the system in which the use of calomel is indicated.

Onions are useful in cases of nervous prostration, and will quickly relieve and tone up a worn-out system. Onions are also useful in all cases of coughs, colds, and influenza.

Apples are nutritious, medicinal, and vitalizing, they aid digestion, clear the voice and correct the acidity of the stomach. An apple contains as much nourishment as a potato in a pleasanter and more wholesome form.

Raw beef proves a great benefit to persons of frail constitution, and to those suffering from consumption. It is chopped fine, seasoned with salt and heated by placing it in a dish in hot water. It assimilates rapidly and furnishes the best of nourishment.

Eggs contain a large amount of nutriment in a compact, quickly available form. Beaten up raw with sugar, they are used to clear and strengthen the voice. With sugar and lemon juice the beaten white of egg is used to relieve hoarseness.

Breakfast Fruit Cake.—One pound cold boiled potatoes mashed smooth; add one pound flour; half pound finely chopped suet, a little less than half pound of currants and two ounces moist sugar. A teaspoonful of baking powder should be mixed with the flour in its dry state. Roll out the dough to half-inch thickness and bake in a moderate oven. Cut into squares and serve hot.

Leek Soup.—Cut half-dozen leeks in shreds of about three-fourths of an inch, put into a saucepan with four tablespoonfuls of butter, fry for five minutes; add two quarts of boiling milk, three raw potatoes cut in small, thin squares; boil one-half hour; add one tablespoonful flour, rubbed in one of butter, two small teaspoonfuls of salt, one teaspoonful of parsley, chopped fine; boil two minutes and serve.

Poached Eggs, Spanish Style.—Heat an earthen dish slowly and melt in it a tablespoonful of butter, add a scant teaspoonful of salt, a smaller quantity of pepper and a small onion, minced very fine; or, instead of onion, use parsley and sweet herbs, or a combination of all together. Drop in six eggs, one at a time; do not stir, but let them brown a little; turn carefully and brown on the other side. Serve in the same dish as hot as possible.

Lunch Rolls.—One quart flour, one-half cake compressed yeast, one tablespoonful sugar, one tablespoonful butter (softened), one teaspoonful salt. First place one pint of sifted flour in bread pan, and pour over about one pint of boiling water; stir in the butter, salt and sugar. When cool add the yeast, dissolve in one-half cup lukewarm water, and the remaining flour. Set to rise overnight. In the morning knead and roll out about one and one-half inches thick; cut with round or oblong cutter; let get light, then bake twenty-five minutes in moderate oven. Enough for two meals. These are always successful if boiling water is used, and are always sweet, light and delicious.

CONSUMPTION CURED.

An old physician, retired from practice, had placed in his hands by an East India missionary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Catarrh, Asthma, and all Throat and Lung Affections, also a positive and radical cure for Nervous Debility and all Nervous Complaints. Having tested its wonderful curative powers in thousands of cases, and desiring to relieve human suffering, I will send free of charge to all who wish it, this recipe, in German, French or English, with full directions for preparing and using. Sent by mail, by addressing with stamp, naming this paper. W. A. NOYES 820 Powers' Block, Rochester, N. Y.

ANNUAL MEETING.

Pursuant to the Act of Incorporation, notice is hereby given that the 26th annual meeting of the

Ontario Mutual Life Assurance Co.

will be held in the

Town Hall, Waterloo, Ont.,

on

Thursday, May 23th, 1896,

at one of the clock, p.m.

WM HENDRY,

April 20 h, 1896.

Manager

ICE CREAM

Wholesale and Retail

SPECIAL RATES FOR PICNICS

Also a large assortment of CAKE & CONFECTIONERY.

BREAD DELIVERED TO ALL PARTS

C. J. FROGLEY

850 YONGE ST. (Cor. Yorkville Ave.)

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(LIMITED.)

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THE UNIVERSITY OF TORONTO.

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The advantages are unsurpassed for a Modern Musical Education in all branches from Preparatory to Graduation.

Send for Calendar 1896 Free.

School of Elocution: Grenville P. Elmer, Principal; Miss Annie Richardson, Associate Teacher; Miss Mary E. Matthews, teacher of Physical Culture, Artistic Posing and Elocution.

F. H. TORRINGTON, GEORGE HOODERHAM, Musical Director.

REV. JOHN G. PATTON, D.D., IN THE NEW HEBRIDES.

Seventy-five beautifully coloured stereoscopic slides, illustrating the thrilling experiences of the famous missionary, will be loaned to congregations, etc. Descriptive lecture accompanies. Conditions—Payment of express—safe return—some contribution to Dayspring Fund.

MISS M. G. MITCHELL,
102 Bellevue Ave., Toronto

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76 KING STREET WEST

TORONTO.

DYSPEPSIA FLOUR.

Also Special Diets for Barley Cakes and Patent Biscuits, Pastry Flour. Unrivalled in America & Europe. Pamphlets and Baking Samples Free. Write Farwell & Childs, Westport, N. Y., U.S.A.

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