

A VETERAN BENEFACTOR.

His Past Life, Present Plans, and What He Has to Say Upon a Subject That Astonished Him.

(New York Times)

Nearly forty years ago a young man, of unusual endowments, began to mould public opinion upon a subject of vital importance. Like all pioneers, his early efforts were unsuccessful, but his ability and the value of his work soon won public confidence, and to-day there is not a village or hamlet in the country that has not been influenced by Dr. Dio Lewis. When, therefore, it was learned yesterday that he contemplated the establishment of a large magazine in this city, the fact was deemed so important that a representative of this paper was commissioned to see him and ascertain the truth of the rumour.

Dr. Dio Lewis is a gentleman of sixty years, and two hundred pounds, with snow-white hair and beard, but probably the most perfect picture of health and vigour in the metropolis. He is a living exponent of his teachings, and notwithstanding the amount of work he has already done, promises still greater activity for years to come. He received the interviewer most courteously, and in reply to a question said:

"It is true I have come to New York to establish a monthly magazine. I have come here for the same reason that I went to Boston 25 years ago. Then Boston was the best platform in the country from which to speak of education. New York has now become most hospitable to progressive thoughts, and especially so to movements on behalf of physical training.

"I have reason to know the great abiding interest of the American people in this subject. They have come to realize that the future of our country pivots upon our physical vitality, and especially upon the vigour of our women. My new magazine will bear the title 'Dio Lewis' Monthly,' and be devoted to Sanitary and Social Science. I hope through its pages to inaugurate a new departure in hygiene."

"Have you not written several books on the subject?"

"Yes, nine volumes, and some of them like 'Our Girls,' published by the Harpers, have had an enormous circulation, but the best part of my life I shall give the world in the new magazine. Forty years of skirmishing ought to conclude with ten years of organized warfare."

"Doctor, what is the reason of this new interest in health questions?"

"It has come through suffering, which seems the only road to self-knowledge. The stomach, heart, kidneys or liver fall into trouble, happiness is gone, and then people give attention to their health."

"Which of these organs is most frequently the victim of our errors?" asked the reporter.

"Within the last few years diseases of the kidneys have greatly multiplied. When I was engaged in practice, thirty-five and forty years ago, serious disease of the kidneys was rare; but now distressingly frequent and fatal."

"To what do you attribute this great increase of kidney troubles?"

"To the use of stimulating drinks, adulterated food and irregular habits of life."

"Doctor, have you any confidence in the remedy of which we hear so much now-a-days, 'Warner's Safe Cure'?"

"I believe in the ounce of prevention, rather than in a ton of cure."

"But have you noticed the remarkable testimonials of Warner's remedy?"

"I have, and confess that they have puzzled and astonished me. The recommendations of proprietary medicines usually come from unknown persons residing in back counties. But I see in our most reputable newspapers the warmest praise of Warner's Safe Cure from College Professors, respectable physicians, and other persons of high intelligence and character. To trust such testimony aside may be professional but it is unmanly. No physician can forget that valuable additions to our Materia Medica have sprung from just such sources. I was so impressed with this cloud of witnesses that I purchased some bottles of Warner's Safe Cure at a neighbouring drug store, and analysed one of them to see if it contained anything poisonous. Then I took three of the prescribed doses at once, and found there was nothing injurious in it. I do not hesitate to say that if I found my kidneys in serious trouble, I should use this remedy, because of the hopelessness of all ordinary treatment, and because when a hundred intelligent and reputable persons unite in the statement that a certain remedy has cured them of a grave malady, I choose to believe that they speak the truth."

"But as you may know, my great interest in life lies in prevention. For forty years I have laboured in this field. One of the phases of my work in New England was the establishment of the Ladies' Seminary at Lexington, Mass. My aim was to illustrate the possibilities in the physical training of girls during their school life. This institution became before I left it, the largest and most successful seminary for young women owned and managed by one person in our country. I sat down to dinner every day with a family of two hundred persons. The remarkable results of this muscle training among girls, were given in my paper published in the 'North American Review' of December, 1882."

"Besides, I established the Normal Institute for Physical Training in Boston, and for ten years was its President and Manager. Dr. Walter Channing, Dr. Thomas Hoskins, Professor Leonard, and others were among its teachers, and more than four hundred persons took its diploma and went out into all parts of the land to teach the new school of gymnastics. And now the years left to me I propose to devote to the magazine which I have come here to establish. It will be the largest periodical ever devoted to this field of literature, and will present the hundred and one questions of hygiene with the simplicity of a child's talk. To this end all so-called learning will be subordinated. The magazine will be more or less illustrated, and will strive to reach a high place in the confidence and hearts of the people. In a few weeks our first number will appear, and we shall fondly hope for it a hearty welcome."

"The facts above narrated are indeed most important. It is gratifying to know that the life long experiences of a gentleman who stands without a peer in successfully demonstrating the principles of hygiene; whose heart has always been in sympathy with the afflicted, and whose brain has ever been active in planning for their relief, are to be given to the public through the pages of a magazine. And it is especially significant and proof positive of rare merit that a proprietary medicine, even with such high standing as Warner's Safe Cure is known to have, should be endorsed and recommended by a man so able, so reputable and of such national renown as Dr. Dio Lewis."



FOR THE KIDNEYS, LIVER AND URINARY ORGANS THE BEST BLOOD PURIFIER.

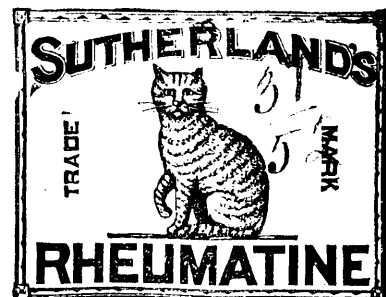
There is only one way by which any disease can be cured, and that is by removing the cause—whatever it may be. The great medical authorities of the day declare that nearly every disease is caused by deranged kidneys of liver. To restore these therefore is the only way by which health can be secured. Here is where WARNER'S SAFE CURE has achieved its great reputation. It acts directly upon the kidneys and liver, and by placing them in a healthy condition drives disease and pain from the system. For all Kidney, Liver and Urinary troubles; for the distressing disorders of women; for Malaria, and physical troubles generally, this great remedy has no equal. Beware of impostors, imitations and concoctions said to be just as good.

For Diabetes ask for WARNER'S SAFE DIABETES CURE. For sale by all dealers.

H. H. WARNER & CO., Toronto, Ont., Rochester, N.Y., London, Eng.

RHEUMATINE

An Internal Remedy and a SURE CURE for all kinds of Rheumatic Complaints.



If you are suffering from KIDNEY COMPLAINTS Give RHEUMATINE a fair trial. You will never regret having done so.

From MR. R. F. CARTER, late Mayor of Niagara Falls.

Niagara Falls, Ont., Feb. 12, 1883. J. N. SUTHERLAND, Esq.: Dear Sir:—It is with great pleasure I am able to inform you that your 'Rheumatine' has completely cured me of the Rheumatic pains I have been troubled with for some time past, and has also improved my general health, giving a more healthy tone to my system. R. F. CARTER.

See our Change of Testimonials every week in Daily Papers.

—SOLD BY ALL DRUGGISTS—

PILES IMMEDIATELY RELIEVED

AND THE WORST CASES EVENTUALLY CURED BY THE USE OF

THE MEDICAL PILE REMEDY.

Sent by post, with complete instructions, on receipt of \$1. HUGH MILLER & CO., 167 King Street East, Toronto.

AGENTS WANTED for our new Religious Book, the greatest success of the year. Send for illustrated circular if you want to MAKE MONEY. FORSHEE & McMAKER, CINCINNATI, OHIO.

THOS. SABIN, of Eglington, says: "I have removed ten corns from my feet with Holloway's Corn Cure."

Jewellery & Fancy Goods.

KENT BROS., Indian Clock, 168 YONGE ST., TORONTO.

The Leading Jewellery Establishment of Canada.

Come and see our immense stock of Watches Diamonds Clocks, Jewellery, Silverware, etc., etc.

The Cheapest House in the Dominion. WHOLESALE AND RETAIL. SEND FOR PRICE LIST.

W. WHARIN & CO., Established 1854.



Watches, Clocks, JEWELRY And Silverware.

Every description of English, Swiss, and American Watches and Clocks cleaned, repaired and regulated.

Jewelry and Silverware manufactured, and repairs neatly executed.

47 King Street West, Toronto.

Boots and Shoes.

MOFFAT & MARETT. (Late of E. Dick & Son.) Fine ordered boots and shoes. A good fit guaranteed. Prices moderate. Situated first-class. 195 1/2 Yonge Street, third door North of Albert Hall, Toronto.



We offer our Customers GREAT VARIETY To Select From. Our Own Manufacture. Free from Shoddy.

Numerous widths and half-sizes, and attractive prices. Please try them.

J. D. KING & CO., 79 King St. East.

K. MERRYFIELD, PRACTICAL BOOT & SHOE MAKER, THE OLD STAND 374 YONGE STREET.

Order Work a Specialty.

Hardware, &c.

WESTMAN & BAKER, 119 Bay Street, Toronto, MACHINISTS, &c.

Manufacturers of the latest IMPROVED GORDON PRESSES. Printing Presses repaired and adjusted with dispatch.

ADDIS' GENUINE CARVING TOOLS, Machinists' Tools and Supplies.

BUILDERS' HARDWARE, American Rubber & Leather Belting.

IRON, STEEL, FILES, NAILS, Canvas, Oakum, Tents, Life Buoys, etc.

AIKENHEAD & CROMBIE.

PIC IRON. —The undersigned agents for the Dominion of Scotland brand "CARRON" invite correspondence by buyers; are also Agents for ordinary English Pig and Hematite.

A. C. LESLIE & CO., MONTREAL.

W. H. FERGUSON, CARPENTER, 81 Bay Street, corner Melinda, Toronto.

all kinds promptly attended to. Printers and Engravers' jobbing a specialty.

MOTHER GRAVE'S WORM EXTERMINATOR has no equal for destroying worms in children and adults.

ESTABLISHED 1856. ESTABLISHED 1856.

P. BURNS. Coal and Wood.

GREAT REDUCTION IN PRICES.

Best Hardwood, Beech and Maple delivered to any part of the city (per cord) \$5 50 2nd Quality, Beech and Maple, delivered to any part of city (per cord) \$4 00 Beech and Maple, by car-loads, in T. G. & B. R. yards (per cord) \$4 50

All Descriptions of Hard & Soft Coal BEST QUALITIES, LOWEST RATES.

Orders left at offices, cor. Bathurst and Front Sts., 51 King Street East, Yonge Street Wharf, and 532 Queen Street West, will receive prompt attention.

STURGEON POINT SUMMER RESORT.

The Best Place to Spend Your Summer Holidays.

HEALTH, RECREATION, COMFORT.

Beautifully situated on Sturgeon Lake, twelve miles north of Lindsay, over 450 feet above Lake Ontario. Air delightfully cool and pure. Fine fishing, safe boating, bathing, etc. Special rates to ministers and families, and families for the season. Daily mail and telegraph office in connection with the Hotel. Route via Midland Railway to Lindsay, thence by steamer "Eva" to Sturgeon Point, making good connections with all trains. Through tickets on sale at all principal points. Write for full particulars to

FRANKLIN CRANDELL, Sturgeon Point P. O., Ont.

Advertisement for N. H. DOWNS' VEGETABLE BALSAMIC ELIXIR. Has stood the test for FIFTY YEARS, and has proved itself the best remedy known for the cure of Consumption, Coughs, Colds, Whooping Cough and all Lung Diseases in young or old. Sold EVERYWHERE. Price 25c. and \$1.00 per Bottle.

Advertisement for ESTERBROOK STEEL PENS. Leading Numbers: 14, 048, 130, 333, 161. For Sale by all Stationers. THE ESTERBROOK STEEL PEN CO., Works, Camden, N. J. 26 John Street, New York.

Advertisement for McSHANE'S BELL FOUNDRY. Manufacture those celebrated CHIMES and BELLS for Churches, &c. Price list and circular sent free. Address Henry McShane & Co., BALTIMORE, Md., U.S.A.

Advertisement for MENEELY BELL FOUNDRY. Favorably known to the public since 1836. Church, Chapel, School, Fire, and other bells, also Chimes and Gongs. MENEELY & CO., WEST TROY, N.Y.

Advertisement for THE TROY MENEELY BELL FOUNDRY. CLINTON H. MENEELY BELL COMPANY, TROY, N.Y. Manufacture a superior quality of Bells of all sizes, workmen, Greatest experience. Largest trade. Special attention given to CHURCH BELLS. Illustrated Catalogue mailed free.

Advertisement for BUCKEYE BELL FOUNDRY. Bells of Pure Copper and Tin for Churches, Schools, Fire Alarms, Farms, etc. First WARRANTEED. Catalogue sent free. VANUZEN & TIFT, Cincinnati, O.

Advertisement for BLYMYER MFG CO. BELLS. Church, School, Fire, and other bells, also Chimes and Gongs. Blymyer Manufacturing Co., Leipsic, O. ON PATENT ON CHURCH BELLS.

The people of this country have spoken. They declare by their purchase of Dr. Thomas' Electric Oil that they believe it to be an article of genuine merit, adapted to the cure of rheumatism, as well as relieves the pains of fractures and dislocations, external injuries, corns, bunions, piles and other maladies.