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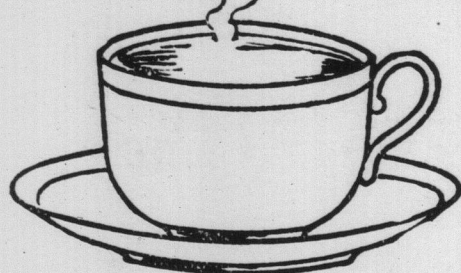
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This Guarantee Gives You Better Rubber Footwear

The strongest guarantee under which rubber footwear has ever been sold is fastened to each pair of Ames Holden Rubber Footwear. Here's what it says:

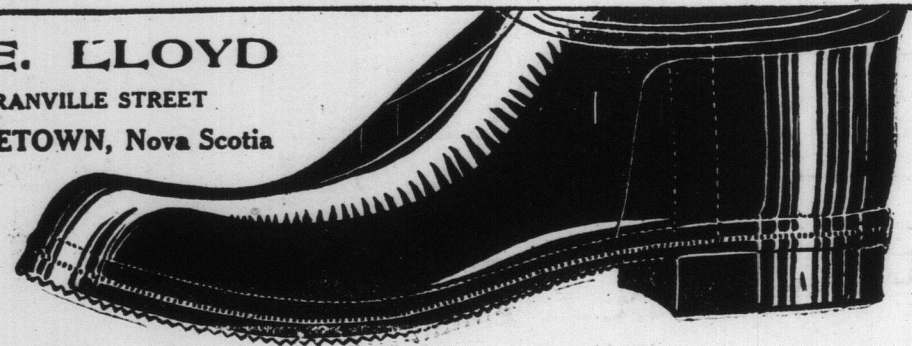
"Every pair of Ames Holden Rubber Footwear is guaranteed to outwear any pair of similar shoes of any other make, sold at the same price and worn under the same conditions."

It protects you against inferior workmanship and materials, and assures the greatest possible value for the price you pay. If every pair wasn't made right—with the right materials—pure rubber and stout strong fabric and linings—this guarantee wouldn't be possible. No matter what you need in rubber footwear, we want you to try a pair and satisfy yourself that the best is

Look for the Ames Holden mark on every pair.

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J. I. FOSTER

WHOOPIING COUGH

(Issued by the Department of the Public Health, Nova Scotia, 1921.)

Whooping Cough is one of the most prevalent of the infectious diseases in Nova Scotia, and during the period for which we have statistics has been accountable for more than half as many deaths as diphtheria, and for nearly three times as many deaths as were caused by scarlet fever.

While the disease is not greatly influenced by seasonal changes, in our province, the winter and spring months are those in which the largest number of deaths attributable to whooping cough are reported.

A very small germ is the cause of this disease. Usually a week or more elapses after exposure to infection before the first symptom is noticed. This symptom is cough, which at first is not characteristic, and which may not become spasmodic for ten days or more. The "whoop" may be still later in developing, but the disease should be suspected whenever a cough which cannot be otherwise explained develops in a susceptible person during a time that whooping cough is prevalent in a community.

It is most important that a patient suffering from this disease be isolated promptly, as whooping cough is most infectious during the earlier part of its course. After the paroxysmal (whooping) stage has lasted for a week, the period of greatest infectivity has passed.

The infection is spread chiefly in the minute particles of mucus which are sprayed out during attacks of coughing or sneezing. A piece of gauze or old linen should, therefore, be held over the mouth and nose of the patient during the act of sneezing or coughing, and should be immediately destroyed by burning. One is most apt to become infected by fairly close contact with a patient, as in a room, tram car or other conveyance. A third person is unlikely to convey the disease unless the discharges from throat or nostrils of a patient are carried on the clothing or exposed parts of the body.

The disease is especially fatal to young children. Nearly 60 per cent. of the deaths from this disease in Nova Scotia occur in children under one year of age, and nearly 80 per cent. in children under two years of age. Only six per cent. of the deaths are in these more than five years of age. It is, therefore, especially important to protect young children against the infection.

Second attacks are much more frequent than is commonly supposed. The immunity conferred by an attack commonly lasts for only a few years.

The control of the disease is rendered difficult because it so frequently escapes recognition until the "whoop" develops, by which time it is usually less infectious than earlier in its course. Unfortunately, too, many cases never come under a physician's observation. This is doubly regrettable, because a physician would not only take measures to prevent its spread, but might also be able to ward off the complicating conditions which are responsible for a large proportion of the fatalities attributable to this disease.

Patients who are suffering from the disease should be strictly isolated until at least a week has passed after the development of the "whoop." They may then be allowed to go out of doors but not to mingle with other children or to use books and toys belonging to others. They should be excluded from school until the "whoop" has quite ceased to occur. Other children of the family, unless they are brought into intimate contact with the sufferer, are unlikely to transmit the infection and need not be excluded from school.

The attention of parents and others is called to the fact that the Public Health Act requires that "when any householder knows that any person in his family or household has any infectious or contagious disease, he shall, within twenty-four hours, give notice thereof to the local Board of Health for his district and to the Medical Health Officer." Neglect to comply with this requirement renders one liable to a penalty of twenty dollars.

IMPROVEMENT OF NOVA SCOTIA SHEEP

A sheep expert from Ottawa has completed a visit to most of the pure bred sheep flocks in the Province of Nova Scotia and has graded the males offered for sale into first class XXX, second class XX and third class X. The complete report of this grader may be secured on application to the Agricultural College. Parties wishing to improve their flocks can, by securing this report from the College at Truro, have a reliable report which will guide them in buying sires with which to improve their flocks. In this connection it may be mentioned that the Live Stock Branch of the Federal Department of Agriculture are still offering a bonus of \$10 to sheep breeders using pure bred males in their flocks for the first time.

Sheep breeders all over Nova Scotia should write to Truro for full information.

A MOOSE HUNT IN NOVA SCOTIA

(P. W. Longmire, in September Rod and Rod)

After looking forward to the opening day of the season for months, at last the time draws near. My companions, Mr. B. and his son "OLD TRUSTY" (as he called himself) wrote me to make arrangements to go in the day before the season opened, but this was not necessary as I had been ready for a week.

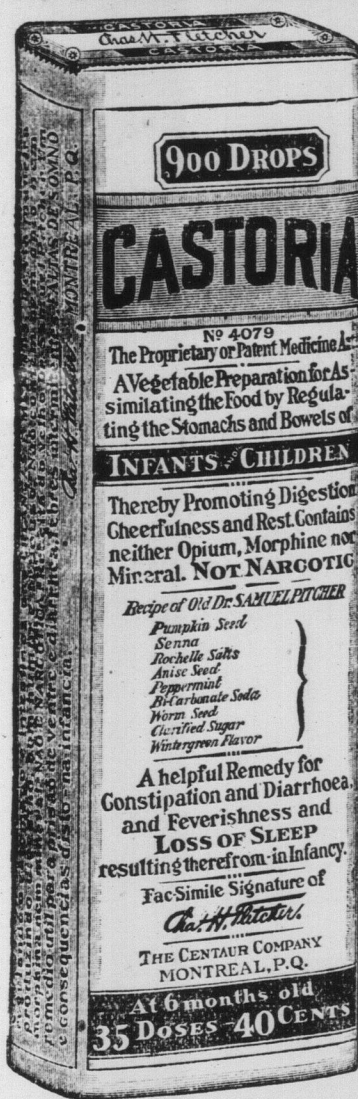
However, the day before the season opened, we left for the woods at 6 a.m. with plenty of grub; each pouring forth smoke like a volcano, and wearing a real smile. Arriving at camp at 11 a.m., we soon got the fire going and had something to eat, which is one thing that is fully enjoyed in the woods. Afterwards we sent the team back, and taking our leanto and grub for two meals, we started for a place to "call" in the morning. That night it was as warm as a night in summer, but in the morning, the wind was blowing so hard it was of little use to try calling so we returned to camp and after resting a couple of hours, we filled our packs with grub, and started for new grounds, to spend a couple of days. That night "Old Trusty" our official caller, tried a few times but without results, and in the morning he again called without receiving any answer. After that, we decided to try still hunting for the day, but the leaves were still on the trees, and the moose were in the swamps, we did not see anything. That night we tried calling again. This time a cow answered and walked out past Mr. B. After this we returned to camp as we had seen no signs of bulls, and spent the rest of the day in camp.

The next morning we left camp at 5 a.m. and "Old Trusty" said, "I will call one out this morning or give up." We all had great hopes as the ground was white with frost, and everything was most favorable for calling. Arriving at the calling rock, which was on a hill over-looking small swamps and barrens, Mr. B. started to the west, to take up his position, and I was to go north a few hundred yards. Before we got very far "Old Trusty" gave the challenge. Stopping and looking back he gave me the sign to keep down, and at the same time I heard the answer, and the sticks breaking, so knew that the circus had opened. I don't believe that I will ever have an opportunity to witness a sight that can equal it as not two minutes elapsed that we could not hear him barking, and he sure knew how to break kindling wood. Twice he stopped but "Old Trusty" had his goat, and had no trouble to start him again.

Mr. B. by this time was back to the calling rock, as the moose was coming from the north-east. Being on low ground I could not see the moose, but saw Mr. B. put up his rifle, and the rifle move. I found out afterwards that he had not pushed the safety off, not being used to a hammerless rifle, however, after a few seconds he got straightened out, and fired, shot a little too high. He then pulled the slide back, and put up again to shoot, but had to have some assistance in order to get in to action, as he did not know what was the trouble. However, he placed the shot when he did fire, back of the shoulder. This of course did not take very long. While Mr. B. was jumping around and stating what he thought of the rifle, "Old Trusty" reached over and patting his father on the head said "Steady down, don't act like a school boy." While this was going on, I was on my way around a small swamp, and deposited a .33 soft nose in his hind quarters staggering him, as he went out of sight. When Mr. B. and I came up to him he was laying down, but jumped up. We each fired a shot at his neck which started him out of a clear spot. "Old Trusty" ended ed him. After extending my hand to "Trusty", I went back to the calling rock and got the ax and rope, with which we built a tripod and lifted him up. We left him there to cool until the following morning, when we quartered him and covered the meat with bags. When we arrived out of the woods the meat was as clean as beet. "Old Trusty" stated that although he could not do much shooting owing to having injured his right eye, and losing the sight, he never had a better time out hunting in his life; and said that should he live he would go out again next fall and he thought he would be able to do the trick again. We are all hoping that he can. I am having the horns placed on a shield as I will take a great pleasure in looking at them and recalling this trip.

Nova Scotia is sorely in need of wider roads because of the press of traffic and the vast and continued increase among motor vehicles—particularly in trucks.

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