Influence of Character **Exerted Unconsciously**

By Rev. J. O. Davis, Pastor of the Church of St. Joseph of Arimathea, Elmsford, N. Y.]

They brought forth the sick into really influences a child's life. the streets . . . that at least the parents are selfish, fault-finding, shadow of Peter passing by might quarrelsome, the most faithful inovershadow some of them-Acts, v.,

words that those upon whom the sha- powerful than any conscious effort. dow of Peter fell were healed, the context implies that those who had faith to be healed received the gift of health. The apostle would have almost as potent an agent of health been the first to disclaim that the healing was due to any power or virhealing was due tue inherent in himself; it was an unconscious pouring forth of power that Jesus" and learned of him.

* * * Marvelous as this unconscious arouses all that is evil in us. pouring forth of power seems, it is a fact that each one of us is constantly exercising an analogous power, not over the bodies of men, but over the depends, to a certain extent, upon is this influence, unconsciously wield- which they live.

It is the atmosphere of the home that

struction in unselfishness and love close to the curb that one could step The will make little impression. While we are not told in so many shadow unconsciously cast is more

> One occasionally meets a physician whose presence in the sickroom is on the stomach, which colored his nice

ninds and souls of those with whom treatment, but mostly upon characwe come into contact. One passes ter. If parents have cultivated in shadow falls, for good or ill, upon and of love their children will unsomeone. An influence, like some consciously breathe in the same spirit

ed, that really counts, for it depends If we cultivate a spirit of contentupon what we are and we show our ment and of cheerfulness we will untrue selves when we are off our consciously exhale the same spirit. If gentleman should be when away from peace, others will feel better because in reality he is a cad or a blackguard. that we, too, have been "with Jesus." REV. J. O. DAVIS.

English as a World Language

A QUARTER OF THE PEOPLE OF ganized

Literary Digest: From the statement that English now leads all other English 136 languages in the number of its read- German 82 ers, and that its geographical dis- Chinese tribution corresponds to a remarkable extent with the area of the world's Arabic 25 greatest literacy, Mr. E. H. Babbitt Italian 18 goes on to predict that within the Spanish 12 century "English will be the vernacu- Scandinavian 11 lar of a quarter instead of a tenth of the Dutch and Flemish . . . 9 people of the world, and be read by a Minor European 34 half instead of a quarter of the peo- Minor Asiatic 16 ple who can read." If its supremacy Minor African and is frankly recognized, he adds, "it can Polynesian 2be made the universal reading lan-guage in even less time." Even now, he asserts (writing in The World's in English, and more than half of the man, the languages next in import- tie

per reading is done in English." explains Mr. Babbit, that any reliable territory, "are not established as culfacts are known or predictions pos- ture-languages, as English is." Morein the tropics is problematical, and French or German, has a vernacular in the tropics is problematical, and French of Germany and well-established, and the lands north of the isotherm of so uniform and well-established, and Small torpedoes, powder and serpenthe freezing-point can never sustain with so few variations from the literany large permanent population." To ary language. English is spoken in timas are thrown instead of water, and

nized literary standard, and all the that no foreigner would ever notice citement of the afternoon.-New York people in its territory must learn to them. No other language whatever Sun. use it as such before its influence can show more than a fraction of this goes far abroad. English, French, and number of persons who speak so German, and they alone, have reached nearly alike." this point. French and German have no new country, and practically the whole of their population is now literate: their relative share in the world's reading can only increase as their population increases. Spanish and Russian on the other hand, have both new country and room for a much higher percentage of literacy.

"It is probable that all the countries in temperate zones will have universal literacy by the end of the century. In this case, even if no one read English outside its vernacular countries, it would still hold its own as the leading literary language. German and French are bound to fall off relatively as vernaculars, and this im- in Lima, Peru. The three days plies a falling off of their importance before Ash Wednesday are given ance of English in this respect is Monday Tuesday, are bank holidays, bound to grow. The first place among though a little business is done in the foreign languages has been given to mornings of Monday and Tuesday, it in the schools of many European Sunday being as much a day of rest and South American countries; Mexico and Japan make it compulsory in all schools of upper grades; and China is to follow Japan in this re-

If We Could Look at the Heart of a Pale-Faced Person!

Few people ever stop to consider what pallor to the countenance means. In the first place it indicates an absence from the blood of the rich, red, life-giving elemente so requisite to health; and in the second place it indicates a weakened heart action. These two things act and re-act. If wa could look at the heart of one of these pale-faced people, we would see it flabby, weak and palid. No wonder they are easily tired, get out of breath quickly, have palpitation, are nervous and down-Their muscles are poor, their stomach disordered, and their lives are seldom free from misery.

Let them take Milburn's Heart and Merve Pills; there is no remedy to equal them for making pale faces rosy, weak hearts and shaky nerves strong, flabby muscles firm, and infusing new hope and embition into life.

Mr. W. J. Churchill, Lombardy, Ont., writes: "I was troubled for three years with a weak heart and nervousness. could not sleep and ever so little food would distress me. I also had faint and dizzy spells, and doctored with three doctors but was growing worse. After taking three boxes of Milburn's Heart and Nerve Pills I feel as well as ever I did. They are the best pills on earth."

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WILL BE THE VERNACULAR OF spect as soon as the work can be or-

the world, appears to be as follows:

Number in Per Language. Millions. French 28 Russian

three-fourths of the world's newspa- perate zone, and they have none." It is only for the temperate zone, which dominate the rest of the new mother to get the daughter, the great "The future of the lands with- over. "No other language, not even "A language must have a recog- million people with so slight variations city is quiet as compared with the ex-

INTERESTING AND PECULIAR FEATURES OF THE PERUVIAN CARNIVAL.

[From a Private Letter.] It is about this season of the year that the carnival is held there as it is in New York during the guetes, serpentinas and water. The playing is between the different sexes

-men contest with women but not many a man has received one of these watery missiles in the neck or between he eyes, very much to his discomfiture and to the damage of his clothes. The powder is of many different colors and ter cannot destroy.-Harper's Weekly. is used indoors, being rubbed on the face or in the hair, the confetti is the same as used in the United States: the chisquete is a metal tube similar to a tube for oil paint and is filled with cologne; the serpentinas are

width of ticker tape. The writer has had several experinces in carnival play at Lima, as hed believes that being in Rome one should do as the Romans do. He started out one carnival day with two friendsyoung American electrical engineers failing and permanent cure. It is an who occupied important positions in honest medicine and will do all claimthe electric lighting and railway companies in and near Lima. He did not intend to participate, but simply went cheapest liver corrector known. (9) out to see what was happening, and for

simply strips of colored paper the

-in fact looking rather dandified. As they went down the main street of the city the party were suddenly startled by the bursting of a globo close to them. After that they walked along very circumspectly, many times having to dodge well aimed globos from the hands of senoritas with beautiful dark eyes and long eyelashes. Ay, the Lim-

linen trousers, white shoes, white negligee shirt, no vest, and a black coat

enas are good looking! After the writer and his companions had called on some Peruvian friends they boarded an open tramcar-drawn by horses at that time-which ran so from the sidewalk into the car. They turned a corner, went half a block, when suddenly a globo hit the writer white shirt and linen trousers a pretty tint of pink. He looked up and found that his two friends had disappeared;

voice of the slanderer is stopped. The turned around, only to receive a pall is a mystery not explained. It is inwas his before he had been "with whole community is better because of water in his pocket—this from a they are living in it. On the other small girl on the walk. That was Nihilist could have passed all the traits that robbed the mother of peace going to wet somebody else. He went back and found his friends throwing The sort of shadow we are casting globos at some senoritas and he joined explanation, rather than accept the in. There were boys all around selling other and more awful theory, that in the new world, cost an enormous dozen, filled. The players don't break menaces the life of her beloved boy. down the street; all unconsciously his themselves a spirit of unselfishness globo goes astray and a glass is broken. typical of what the royal mothers of happier days. windows intentionally, but sometimes a There was one balcony in which thirtynine panes of glass had to be replaced. subtle perfume, has been exhaled. It -it is the atmosphere of the home in The three friends then took a walk around town, throwing at all women or girls who were playing. In one place and devotion of mothers of the poor, the writer had the bad luck to fall and their heroism is justly praised, but just as a girl appeared with a wash- the least fortunate of them is no more we cultivate within ourselves the bowl filled with water. Fortunately, torn by dread, anguish, fright and mis-A man may seem everything that a spirit of love and of meekness and of for him, however, his friend came to ery than half a dozen of Europe on the rescue in time to save him from whose heads are set crowns and whose home. His home life may show that we have passed by—they will perceive a drenching. In another place he heard shoulders are wrapped in the purple a laugh and then something hit him of kinghood. which felt like a brick-it was a bag The fright of the Czarina over the of flour tied to a string. Here again newest threat on the life of her son luck was with him, for had the flour and her husband are but the renewal scattered over him in his soaked con- of scares that have increased in vio-

The Americans were passing through THE WORLD IN THIS CENTURY. actually read, or will learn if now too one street when they noticed some riage blew the Grand Duke Sergius to more distressing from the fact that her young, for the various languages of young ladies whom they knew by sight, fragments the unhappy Czarina saw icans went. They were shown into the line. Her husband, her son, herself 16.4 dining-room - a strange proceeding, and even her poor little daughters are 14.0 they thought-when two of the young in the glare of this hatred. One in-9.6 ladies appeared with squirt guns which stant's relaxing of vigilance on part of and his wife, Draga, were thrown into 6.0 sent a good stream across the room. the guarding soldiers, treachery in her 5.0 The only things the young men had to own household or carelessness on part royal palace in Belgrade in order to 4.6 protect themselves with were chis- of herself or her children may mean a 2.6 guetes, which sent but a feeble stream new tragedy in unhappy Russia, and 2.2 a few yards. They used these the best more blood of royalty is spilled in the 1.9 they could, but were dripping with wa- inever-ending battle with Nihilism. 6.8 ter in a very short time. Not satisfied, These are the thoughts the Czarina 3.2 with this the girls brought little pieces carries with her day and night. These of paper about the size of pinheads- added to the normal burden of every 0.5 they were afraid to use powder or flour mother, the ills of the children, their -which they proceeded to rub into the education, their tendencies, make a the fear that her son, the present king, 100 hair of the young men. The latter ob- weight under which the truest Spar-In this table Chinese is considered tained some of this paper, and as they tan might bend. Work for February), "three-fourths of not as a spoken language, but as a could not rub it in the girls' hair, the With every attack on royalty, sucworld's newspapers are printed in ance to English, "can not maintain heads, they stuffed it in their mouths. must feel that the chain is tightening, English." Moreover, as those news- their relative positions," asserts Mr. When one realizes that these same that the regicides are coming closer. mother must always be with her when palace of the Czar, and it was only

> relaxation of their rules of propriety which takes place at carnival time is better understood. the United States by more than fifty many masquerades are held, but the

DELIGHTS OF BOURNEMOUTH.

Bournemouth stands on the south coast, close by the Isle of Wight, and a little over a hundred miles from London. It is the creation of the last seventy years. MAKE MERRY is the creation of the last seventy years.
When Queen Victoria came to the throne the land on which is stands was scrub, heath and pine wood. Even as late as the fifties Bournemouth, which is now a town of over 60,000, was a mere village of 2,000. But it had in its mild climate and pine woods the assurance of future fame, and it has been the great merit of the aldermen and councilors of the but my friends all tell me that I am and even novels undertaken, worked at robust and joyous literature with as culture-languages; but the import- up to it. These three days, Sunday, preserved the pines. They sanctioned one of a family of engineers and was success. But all this time Thomas of-doors, and his men are men of hotels, they have built innumerable roads, they have presided over the growth of a town and have equipped it with all the latest conveniences, but they have done summer. The carnival in Lima is celesummer. The carnival in Lima is celesummer. This is a very great achieve. ment. The crime of crimes in Bournemouth must, I should imagine, be the The majority of the houses in Lima its results are exceedingly agreeable. have balconies and the women and Even the shopping streets are tree-lined girls stand on these balconies and use avenues, while the residential roads make to the eye an appeal as of veritable forest cups, pitchers, pails, in fact anything glades. Wherever you turn, the fresh alone as he so obviously desired. That "Jekyll and Hyde" made Louis a poputhat will contain water, to throw on the green of the pines meets your sight and he might have another profession be- lar author, he was not financially inde- dertaken largely that he might write men passing through the streets. The thir pungent, health-giving aroma is side that of "failed author" he got him pendent; and this did not come until about them. The former would cerchief thing used for holding and con- wafted in your face. The corporation veying water is what they call a set the example of preserving them; pri-"globe." A globe is made of a rubber vate builders and residents have followcomposition similar to that use in toy ed it. There is not a garden but has been reclaimed from the forest or the heath, balloons, and will hold about two cupand keeps the characteristics of both. had to understand that he would be a fession, who wandered far from his Sea Islands for over three years in culiar ills, more potent and effica-The drives up to the private houses are the second story of a house, and breaks fringed with pines; the public squares, upon contact with anything. The girls the public gardens, intersected by faultin Lima can throw pretty well, and less pathways, are otherwise remnants ef the forest primeval; and the careful planting of the arbutus tree, holly, laurel, rhododendron, arbor-vitae and other evergreens gives to the whole place a warm and cheerful appearance that vin-

HEART MIRACLES

Suffocation, Fluttering, Palpitation, Acute Pains-Certain Signs of the Heart's Sickness-Dr. Agnew's Heart Cure Relieves in 30 Minutes.

In cases of heart trouble Dr. Agnew's Cure for the Heart has proved itself the quickest acting remedy in existence. It has stepped in when the victim of heart disease seemed beyond in the last gasp—has stayed ed for it.

this reason he attired himself in white McCallum.

RUYAL MOTHERS IN TERRORI

MYSTERIOUS DEATH THREATS instance of the woes that beset royal AGAINST INFANT HEIRS OF motherhood. EUROPEAN MONARCHS.

Pinned to the pillow where sleeps the child who, if his life be prolonged, will some day succeed to the throne of Forced to stifle her tears Amelia had Russia, the Czarina, it has been report- to carry herself before the public with ed, recently found a note.

In brief, terrible words it informed the unhappy lady that it was useless ple. on one leg, soaked it pretty well, and to attempt to protect the life of her Portugal's nearest neighbor and anbefore he had time to recover from his son, that both the boy and his father cient rival, Spain, has another case of astonishment he received a pink globo were certain to be sticken within the twelve-month.

How came it in this place, protected as it is by thousands of soldiers, fering. The boy's health was bad to this frightful threat, every word of start with. The jealousy of ministers which was a stab to the mother's heart, made her task harder, her country was comprehensible that the most daring guards and stolen his way into this night and day. most private of chambers. Yet the Czarina has preferred to believe this with the United States, which took treachery in her own royal household Europe are now suffering.

It is the custom to laud the courage

dition he would have looked like an lence in the last two years. A score his bride. Even now, in time of comanimated pot of photographic paste. of Russian generals and men high in parative peace for Spain, the woes of Fortunately it only left a mark on his power have fallen by the mob, the pistol and the dagger of the fanatic.

When the bomb thrown into his carbut with whom they were not ac- the assassins' hand penetrate into her command. quainted. They beckoned them to come own family. She knows that the land in, and after some hesitation the Amer- is honeycombed with hatred of her

the Czarina must be augmented. She

numbered with the slain. UNABLE EVEN TO MOURN.

life his people thirst.

idolized son, forms another touching break.

Not even was she permitted the

scant consolation of grief. When Carlos and Luiz were stricken and her young son, Manuel, brought to the throne, a strong hand was demanded to shape his course properly, lest the threat of a republic be carried out. brave face and take a resolute position back of her son in the demand for subjection on the part of her peo-

unhappy royal motherhood. Queen Christina's long 'period of regency, during the minority of Alfonso, was one unbroken succession of sufengulfed in debt, and as Alfonso grew

Then came the disastrous conflict away the colonial possessions of Spain sum of money, and resulted only in humiliation and the death of many of The horror of this incident is but the leaders and friends of the queen's

> On several occasions the Queen was horrified by narrow escapes of her son. While riding in a carriage with former President Loubet of France, in Paris, he was made the target for an anarchist's bomb, which just missed him. Agani in London it was known that a plot was directed against him, and finally on the memorable occasion of his marriage, which should have been a great day for the queen, since it represented the completion of her plan to marry him into one of the great families of Europe, a bomb just missed taking the lives of the young ruler and the mother continue. She has been pushed into the background and divested of all her power, a condition the

EFFECTS OF DEADLY WORK.

Queen Natalie, once the ruler of Servia, drank the cup of woe to its dregs when the murdered bodies of her son the garden from the windows of the make way for King Peter.

Similar was the experience of Queen Margaretta of Italy, whose husband, the much-regretted Humbert gave up his life to the assassin Brescia. She has never recovered from the shock of the violent death of her spouse, and may share the same fate.

The Dowager Queen of Holland has ferent kind from that which beset her sister queens.

papers have a larger circulation than Babbitt, "because English has more young ladies would not walk on the Thirty people were killed a couple of daughter's unhappy marriage. Holland was estranged for the time from his debutants drank 36 bottles of chamthose in other languages, "probably than half the new land in the tem- street alone with a young man, that years ago when soldiers fired into a has no revolutions, nor threats of reg- parents and was without money. He pagne, and 15 of them smoked seven icide, but the sturdy burghers deeply sent his manuscripts to his friends dozen cigarettes. Spanish and Russian, the languages he calls, that he must almost woo the chance that saved Nicholas from being resent the lack of an heir to the throne, in London and urged them to sell at As Dr. Quackenbos makes most of and cordially hate the Prince Consort any price. He even got one of them his statements from first hand obser-Henry, who at times has been charged to sell his books and furniture there. vation, they are not to be disregarded. with abusing his wife, Wilhelmina. He lived in a cheap lodging, ate at And if so many New York women are Now in the killing of the ruler of The gentle Alexandra of Britain has small restaurants, and "lived on 70 intemperate it need not be surprising

Portugal and his son, the crown had her share of woes of royal mother-cents a day." Then he helped his to find intemperance among women of prince, is carried to the Czarina the hood. In fact, no queen of Europe has landlady nurse a sick child and broke other cities.—Sprigfield Union. terrible proof that no precautions can been exempt, and to add to the pain down utterly. But the marriage soon assure safety to that ruler for whose of it is the law of court life that ex- followed; and his ever-watchful acts of king, prince or queen that in father heard of his plight and cam Queen Amelia, in the prime of her the face of the people a smile must to the rescue. life robbed of her loved husband and ever be there, even though the heart

Robert Louis Stevenson His Work and Fight for Life

I have been reading a biography of guinea a page, so that until 1878 he that charming master of English prose, probably from all sources had never afterwards used in the Dynamiter. Robert Louis Stevenson-I had nearly made fifty pounds in any one year." The marvel is that he could produce written that most charming master, We read constantly of essays and tales any literature at all, let alone the Bournemouth corporation that they have Stevenson-mad—and one fact which for a long time and then abandoned. which he has enriched the human developed the place without destroying struck me with the force of novelty Some of the manuscripts he did send race. He was always a cheery spirit. a single one of its rural beauties. They was what a thorough "brick" he had out were rejected. Even "Treasure His courage was high. Through his have encouraged the villas, but they have for a father. Thomas Stevenson was Island" ran as a serial and was not a stories blow the wild winds of the outhimself a splendid exponent of the Stevenson kept his "failed author" of action and adventure. One would fancy profession. His ambition for Louis, a son in funds; though in 1878 he was a soldier of fortune, rough and his only son, was that he, too, should 28 years of age. be an engineer; and he did his level him to Tweed-side and endeavor to long a tale to go into details. He imitable style, that was the prize won cutting down of a pine tree. Here is a get him interested in the kindergarten gave them an allowance of two hunconservatism of natural resources such as problems of engineering which that dred and fifty pounds a year, and subwould satisfy even Mr. Roosevelt. And lovely stream presented, Louis could sequently bought Mrs. Stevenson a the best results.

nomad, more or less, till his days teaching religiously, who lived a life search of "copy" and health, and he cious than any combination of drugs. artist colonies near Fontainebleau, and have made the name of Stevenson one trae was written there to get money other French towns. One day would of the most highly honored in Eng- to buy a ship of his own to go in for find him writing philosophy to his lish literature. There is now a monu- South Sea trading—an idea he never father from the wine-stained table of ment to him in San Francisco and an- carried out. His Scottish stories liked him to be. Yet through it all; who made his career possible. Thomas Stevenson stood by him. Louis always had his allowance, not only as

only see its beauty. So the father house at Bournemouth when they degave over the attempt; but could not cided to try a couple of winters at quite let his lad go in for literature that resort. The fact is that until experience. His Inland Voyage and diseases that baffle the most skilled to read law in Edinburgh; but Louis about the time of Thomas Stevenson's tainly have been abandoned midway had as little aptitude for the law as death of 1887. If it had not been for because of the rainy weather if it had for the building of lighthouses. As he the devotion of a father to a son who rot been for the literary intent. He wrote his mother long afterwards, they disappointed him in his choice of pro- journeyed about through the South of the world a remedy for their pewith which his father had little sym- found both. He never was so well And a nomad he was. He lived be- marvelous series of tales and the ex- cruising about amongst those romantween Edinburgh, London, Paris, the quisite English of the essays which the islands. The Master of Ballana cafe in the Latin Quarter, and other on the walls on old St. Giles, in were, curiously enough, written out of again he would be idling at Barbizon Edinburgh; and I think that it would Scotiand as a rule, and we read with with a company of young artists as far be nothing mote than fitting if beside regret that he worked away on many as possible removed from the sur- the latter should stand one of his a story which was never published, roundings where his father would have father, Thomas Stevenson, the man keeping just as the pencil sketches of * * *

Poor Stevenson always fought a they worked out their ideas.-Mona boy and student; but as a man of terrible battle against weakness and treal Star. 25 and 30 who was trying with disease. He could not live in Scotall his might to learn how to write. land because of the climate. He And sorely did he need it. For years was always taking cold; and when he was utterly unable to approach he finally went to London to study with a frankness that disregards the making a living out of literature. His law. Dr. (now Sir Andrew) Clark, or stricter construction of professional biographer says, some five or six years dered him to the Riviera to check a ethics, declares that he had treatedafter he had given himself fairly to dangerous state of tuberculosis. From not in convival sense take note—withliterature, "his income from writing this he never recovered. When he in a year many women whose weekly was as yet extremely small, the pay- journeyed hastily to California to see bill for champagne alone was \$100 and ment for his essays amounting to a the lady who was to be his wife, hav- who filled up the intervals between it will do for other suffering women

After his return to Scotland he ha to spend two winters in Switzerland for the high altitude, and a couple winters more at Hyeres. Then he tried Bournemouth in the south of England, and here he lived the life of a secluded invalid. We get a picture of him sitting in bed in the dark because of ophthalmia, silence imposed, and his right arm in a sling be-

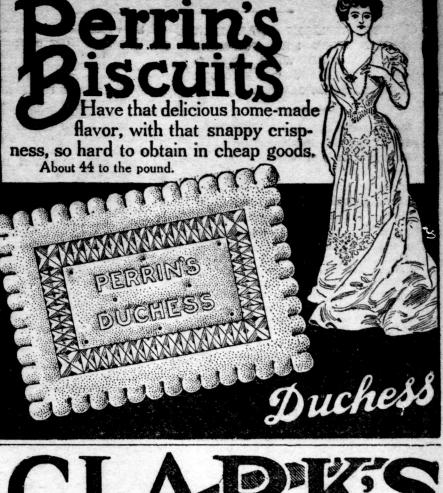
cause of a recent hemorrhage, writing, down the verses of his Child's Garden with his left hand, or making up with his wife the tales which were

ruddy, writing such things; but they were the work of a frail invalid, the After Louis was married, his father's victim of a mortal disease to whom by patient work. He set deliberately to the task of learning to write; and He did many things for the literary

pathy, we should never have had the as when on board a sailing ship great artists are now kept under glass that future generations may see how

GIRLS AND CHAMPAGNE.

When Prof. John D. Quackenhos



This is the very best Lunch Tongue you can possible lonoue It is delightfully juicy, tender and appetizing. It is put up in germ-broof tins; and its purity and quality are guaranteed by the name of Wm. Clark. Clark's Meats in Tins are sold to you at "less-the-import duty" of the American Canned Meats. They are reliable, economical and very tasty. Purity guaranteed by the stamp"Canada Approved Establishment 24," and by the name WM. CLARK. Mtr.

lives a life that is ever tormented by ing learned that she was sick, he ar- their drafts of wine and highballs rived there almost in a dying condi- and cocktails, he depicts the drinking tion, and lay for two days and nights habit in somewhat worse colors than in a stupor under a tree in the moun- any of the so-called reformers have had more than her share of trouble, tains, where he was rescued by a essayed to do. the world's mail matter is addressed system of writing. French and Ger- girls having taken the precaution to cessful or unsuccessful, the fears of though it has been of a somewhat difgoat ranch, who took nursed him. For a long time he knew school and college girls. He refers to Her woes have grown out of her the struggles of deep poverty. He a luncheon in New York at which 24

AND A WOMAN'S WORK



Nature and a woman's work combined have produced the grandest remedy for woman's ills that the world has ever known.

In the good old-fashioned days of our grandmothers they relied upon the roots and herbs of the field to cure disease and mitigate suffering. The Indians on our Western

Plains to-day can produce roots and herbs for every ailment, and cure physicians who have spent years in the study of drugs. From the roots and herbs of the

field Lydia E. Pinkham more than thirty years ago gave to the women Lydia E. Pinkham's Vegetable

Compound is new recognized as the standard remedy for woman's ills. Mrs. J. M. Tweedale, 12 Napanee Street, Toronto, Canada, writes to

Mrs. Pinkham: "I was a great sufferer from female

troubles, had those dreadful bearing down pains, and during my monthly periods I suffered so I had to go to bed. doctored for a long time but the doctor's treatment failed to help me. My husband saw Lydia E. Pinkham's Vegetable Compound advertised and got a bottle for me. I commenced its use and soon felt better. I kept on taking it until I was well and an entirely different woman. I also found that Lydia E. Pinkham's Vegetable Compound made childbirth much easier for me. I would recommend your Vegetable Compound to every woman who is afflicted with female troubles."

What Lydia E. Pinkham's Vegeta ble Compound did for Mrs. Tweedala