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include the latest draped effects, Balkan and Russian styles, etc.



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To make home attractive there is no better way than to get some of our large and carefully selected stock of

Curtain Nets and Muslins.

Prices range from 10c. to 55c. a yard. "Every day is bargain day."

WILLIAM FREW.

### On Hurting Oneself.

BY RUTH CAMERON.



A young travelling man whose firm had broken faith with him on a promise to raise his salary was telling how he evened things up by padding his expense account.

When someone criticized the ethics of this, he answered at once that he would never do it if he felt he were being fairly treated, but he considered he was only taking what rightly belonged to him; his employers had not treated him honorably in breaking faith with him, and therefore he felt quite justified in not treating them honorably.

I think he made a mistake as old as time itself. Two wrongs do not make a right. Dishonesty never justifies dishonesty. Meanness never justifies meanness. Selfishness never justifies selfishness.

And so on down the whole line. The firm which broke faith with this young man was doing him a wrong. But not half so great as the wrong he did himself. What they did affected the conditions of his outward life; what he did affected his character—himself.

No one can really hurt you except yourself. There is a certain verse in the Bible which almost inspires in me the wish that I might be a minister for a day in order that I might preach upon it. It is this:

"There is nothing from without a man, that entering into him can defile him; but the things which come out of him, these are they that defile the man."

Doesn't that mean that the slights you receive, the dishonesty that is displayed towards you, the meanness you suffer from—all these are really outside of you and cannot do you any lasting hurt? It is only the unkindness which you show to others, the dishonesty in your own heart, the meanness to which you stoop, "The things that come out of you," that can really hurt you.

In other words, no one can really hurt you but yourself. Somehow that is a very big thought to me.

"I am the master of my fate, I am the captain of my soul." I cannot prevent other people from treating me dishonorably, but I can keep my own hands clean as a white flame. I cannot prevent other people from being rude and mean and deceitful and unkind to me, but within my own heart where I may enjoy it, I can keep a fair garden in which the flowers of kindness and courtesy and honor grow, unchoked by weeds of any kind.

And no one can possibly rob or deface that garden.

Ruth Cameron

### Housework Drudgery!

Housework is drudgery for the weak woman. She brushes, dusts and scrubs, or is on her feet all day attending to the many details of the household, her back aching, her temples throbbing, nerves quivering under the stress of pain, possibly dizzy feelings. Sometimes rest in bed is not refreshing, because the poor tired nerves do not permit of refreshing sleep. The real need of weak, nervous women is satisfied by Dr. Pierce's Favorite Prescription, and as Mrs. Briggs and others testify:

**It Makes Weak Women Strong and Sick Women Well.**

This "Prescription" removes the cause of women's weaknesses, holds inflammation and ulceration. It tranquilizes the nerves, encourages the appetite and induces restful sleep.

Dr. Pierce is perfectly willing to let every one know what his "Favorite Prescription" contains, a complete list of ingredients on the bottle-wrapper. Do not let any druggist persuade you that his unknown composition is "just as good" in order that he may make a bigger profit.

Mrs. BRAZILL Briggs, of 529 N. Washington St., Delphos, Ohio, writes: "Having taken your 'Favorite Prescription' for a bad case of menstrual disease and constipation with woman's ills for which I was almost unable to do anything, I think I am safe in saying that there are no remedies in the world like Dr. Pierce's Favorite Prescription and 'Purifying Lotion Tablets.' I am now enjoying the best of health, and thank Dr. Pierce for his wonderful medicines which have done me a world of good."

Dr. Pierce's Pleasant Pellets regulate liver and bowels.

### Household Notes.

Homemade cakes will be nicer if the flour is put in last. Wood ashes mixed with kerosene will remove rust from iron. String beans seasoned with mint are delicious served with roast lamb. Whole peppers are better for seasoning soups and sauces than ground pepper.

Jelly cake should have the edges pared off carefully to make it roll easily. Instead of using barley and rice for thickening soup try oatmeal occasionally. A few minced nasturtium leaves sprinkled over an omelet give a snappy flavor.

A teaspoonful of vinegar put into homemade candy keeps it from being sickly sweet. Witch hazel and rosewater, half and half, is good for wind-tortured complexions. Baked stuffed tomatoes or peppers will be much improved if brushed over with olive oil.

Faded plush may be brightened by brushing it lightly with a clean sponge dipped in chloroform. Fresh mint may be always at hand for cooking purposes by growing it at home in a glass of water. Old, loose kid gloves worn while ironing will keep the hands in good condition and free from callouses. Chopped preserved ginger added to the sauce served with cottage pudding is a delicious accompaniment. Butter will keep sweet much longer in a crock jar with a tight-fitting cover than in any other way. There is nothing in a drug store that will relieve the pain of a bee sting quicker than a handful of mud.

Cork may be kept in bottles when travelling by sticking them in with adhesive plaster, such as surgeons use. The small end of a potato should be pricked before it is put into the oven to bake to keep it from bursting. Lard is much better to grease cake pans than butter. Butter will burn and cause the cakes to stick and char. Gold-edged glassware should not be washed in strong soapsuds. The soap will in time make inroads upon the gilt. A clean cloth dipped into hot water and then into a saucer of bran will speedily clean white paint without injury. Bananas that are not quite ripe may be baked in their skins for from twenty to thirty minutes and served hot with cream. When bleaching linen or lace keep it in the bright sunshine. To keep dust out of the bowl place a piece of glass over it. Green tomatoes may be fried the same as green peppers. Slice them, dip them in oil, then in crumbs, and fry in fat or butter. When cooking tomatoes to strain and use for tomato jelly, the flavor will be improved by a bay leaf and a piece of mace added. Never keep paraffine in an uncovered receptacle. It gathers dust. A tin box with a tight-fitting cover is best for the purpose. When milk soup or other foods boil over on the stove, cover the spot quickly with salt. It will do away with any unpleasant odor. Black chip hats that have a gray appearance may be made to look almost new by wiping with a rag that is sprinkled with a few drops of sweet oil.

### Seeking a Cure for Pneumonia

New York, April 19.—A new method aimed to cure pneumonia is under experiment at the Rockefeller Institute. It was announced to-day by Dr. Clarence A. McWilliams, a physician who has worked in collaboration with the medical investigators at the institution. The announcement of a positive cure is not yet warranted. Dr. McWilliams said, but improvement in pneumonia cases under the new treatment has been noted. Patients, who have been inoculated with a serum, based on a theory that

### Millinery Hats!

Just Opened Our Fall Showing of Spring and Summer Millinery HATS.

Soper & Moore.

The bacillus that causes the disease is in two strains, both of which might not be found in the same patient and that a specific cure for each must be found, two sets of horses were inoculated with the strains and two serums obtained. With these serums two sets of mice were inoculated, while at the same time sputum from the patient was also injected into the mice. Through this method the physicians, according to Dr. McWilliams' description of the investigator's efforts, were in a position to determine which strain of the bacillus had affected the patient, who was then inoculated with the serum affecting that particular strain.

### Wall Paper.

BY H. L. RANN.



Wall paper is a highly decorative form of art which people buy in the spring and would be glad to sell at high price in the fall. It is the only form of mural art which can be bought by the roll and slipped on in one day by a bitulous artisan with a talkative disposition.

Wall paper is bought for two purposes only—first, to cover up the coarse and unrestrained freehand drawing of the last paper hanger, and second, to match the lace curtains. Sensitive people object to pink wall paper shading off into a new rug with red roses in the center and green peas in the border, and prefer the natural plaster, adorned with some familiar rural scene, like grandpa milking at sunset. Other people buy their wall paper in some solid color, which will fade about half way up and look like a blonde switch picked out by mail.

Wall paper is usually bought at the drug store, where several thousand patterns are hung to the breeze by a languid clerk, who doesn't care what you buy so long as you buy it quick. After a woman has sat in a drug store for two hours and watched a procession of nimble wall patterns pass by, the chances are she will become so color-blind that her selection for the front parlor won't harmonize with anything she has in the house except the kitchen stairway. If more people would close both eyes, take a full breath and order the first pattern thrown on the screen, there would be fewer fat fights between the wall paper and the carpets.

Wall paper is always hung by a frenzied mechanic who is in a hurry to get some place where he can work by the day. Paper hangers do not have to use a straight edge, as they can train the left eye on the wall and not miss the border by over four inches. When a good grade of flour paste is used, wall paper will stay in one place for several weeks without opening up several bump-backed gaps.

Wall paper would last longer if the children were not allowed to play upon it with their feet, but most people would rather have the children than the wall paper.

### More Light.

Our new 40 candle power lamp can supply more light at less cost than any other system of Artificial Lighting. This lamp is especially designed for use with our new ten-cent Slot Meter. Drop ten cents in the slot, and the lamp will run for 32 hours, giving a light of 40 candle power.

Call and get full particulars of our "Special Fitting" Slot Meter proposition, or phone 97. ST. JOHN'S GAS LIGHT COMPANY, 2075, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100, 102, 104, 106, 108, 110, 112, 114, 116, 118, 120, 122, 124, 126, 128, 130, 132, 134, 136, 138, 140, 142, 144, 146, 148, 150, 152, 154, 156, 158, 160, 162, 164, 166, 168, 170, 172, 174, 176, 178, 180, 182, 184, 186, 188, 190, 192, 194, 196, 198, 200.

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### A. E. CANNING

### FLOWER STORE BULLETIN.

All the following will be ready May 1st: PLANTS—Daisies, 25c. a doz.; Pansies, Sweet Williams, Everlasting Peas, Perennial Phlox, each 50c. a dozen; Carnations, Perennial Poppies, Holly Hock, Canterbury Bells, Dianthus, Polyanthus, each \$1 a dozen; Flowering Roses.

FLOWERING ROOTS—Lily of the Valley Clumps, 20c. each; Peonies, 20c. each. CABBAGE PLANTS, 80c. a hundred. Cauliflower, Brussels Sprouts, Kale, and Celery Plants, each \$1 a hundred. Cash must accompany order. We pay the carriage on all orders of \$1 and over.

For quotations on larger lots of Cabbage Plants, apply at GROVE HILL, Phone 247.

### J. McNEIL,

RAWLINS' CROSS.

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### Thistle,

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