## Fashion's Fancies.

The soft pile yellows combine elegantly with grays.

The felt sailor hat will be worn with fall costumes.

The woolens for fall wear are of a charming softness and coloring.

Velvet will be generally used for skirts and trimmings the coming season.

Pink is a favorite color in evening fabrics and bids fair to rival the new greens.

There is a fancy to have all the fall fabrics of firmer wear than they were last season.

Watered silk still is used as a decoration on stuff dresses, and is always effective.

The double gown of two colors India silk with a full frilling of lace is a pretty matinee.

Cashmere des Indes, or chudder cloth, is one of the softest and most attractive of fabrics.

The polka dotted woolens in light shades make pretty house dresses and matinees.

All sorts of fruits and berries are used as a fashionable hat trimming for early autumn.

A soft wool brocade with figures in silk is one of the pretty fabrics for housewear which is new.

Yellows of all shades are stylish for indoor wear and some delicate new shades are attractive.

Green is combined this season with all sorts of colors and is without doubt the color for fall wear.

The Terry corsage, which is a sort of Swiss waist, is a favorite model for young girls' costumes.

The English models are the favorite this season in out of door wear and the tailor-made costume.

Olive and white is a very effective combination, and one which has the merit of being refined and elegant.

Yellow and certain shades of olive are most attractive in combination, and are seen in some stylish costumes.

The wide stripes are stylish in twilled cheviots and have a lightness and durability at once attractive and desirable.

The soft and beautiful mohair fabrics, which are growing in favor every day, are attractive and also durable.

Bars of velvet ribbon will still be in good style on light woollens for indoor costumes for the autumn.

Among the new shades of gray are the smoke and fog shades; one has some yellow tint, the other a suggestion of purple.

There are many beautiful new blues this season which are becoming, and will be particularly liked by young people.

The English fashion of wearing felt and velvet hats in summer has now reached this country and it is generally accepted.

A French mixture of color is green and purple, but it is not such as would please the taste uneducated in such combinations.

There are many pretty ways of making matinees, among them the Cossack style with open sleeves and wide rolling collar.

Purple will continue to be worn in its darker shades for out of door wear but for house wear it is no longer stylish in the half tints.

There are many pretty designs in the beautiful Florentine velvets, which will make most attractive basque waists for skirts of plain fabric.

The beautiful materials for outside jackets are for the most part of simple wear with a fine smooth surface and of soft texture.

There are some cheviots of Scotch weave which are particularly pretty and wear most remarkably; in truth they cannot wear out.

There are wide brim Mother Hubbard hats for the fall which will look very dainty and picturesque above little quaint, childish faces.

The large buttons seen on all outside garments for fall are of costly workmanship and invariably have the finish of delicate work.

The Challi costumes are trimmed with velvet ribbon generally but a sash of wide watered ribbon is quite enough finish for such a costume.

The antique shades of pink are the most becoming to delicate complexions, and where it is not used in masses it is certainly a most attractive color.

The yoke waist plaited is one of the most convenient of corsages, as it takes the place of the jersey, which, it must be confessed, is rather passe.

The little ruffles which take the place of the plaitings so long fashionable, will be seen on all the stylish costumes for autumn, if the fabric allows.

Coon brown is one of those difficult shades to describe, but which is effective in combination with any sort of neutral tint. It is to be stylish for fall wear.

There are few if any among the new hat shapes prettier than the sailor shape, abused as it is and commonly as it is worn by all sorts and conditions of people.

The fine straw braids called the "homespun" are attractive for children's wear, and so durable that they wear many seasons, needing only to be whitened.

A pretty Russian pattern for a reception dress is in soft white chudder cloth, on which has been embroidered a border of Russian cross stitch in brown and gold.

The prettiest of the new fabrics for autumn is the soft silk cashmere which is of beautiful and fine weave, as silky to the touch as if it were the product of the cocoon.

A simple and attractive gown for five o'clock is of velvet with pina silk. Some English models for this combination are attractive both in coloring and in style.

The Virginia creeper is one of the favorite designs of the Royal Kensington School this season, and its graceful foliage is seen on many ornamental articles made.

There are not many more attractive styles than the long Redingote which is an essentially graceful garment for a tall person. This may be in any woollen or silk fabric.

Fine and artistic colorings are seen in new serges of English weaves, and the quality is a great improvement on the ordinary wiry fabric under the name of English serges.

The new pompadour silks are in beautiful designs, and will be used in combination with plain silks the coming season, both for dinner costumes and for evening dresses.

There are many fine and exquisitely delicate things in the newly imported lingerie which will be welcome to those who delight in the daintiness of white soft finish to the corsage.

The antique designs for brocades in colors are most beautiful, and these will be popularly worn next season for the court trains of dinner costumes, to be worn over satin petticoats.

The Challi is to be used extensively for house wear. As it lends to picturesque effect in costume for young ladies it would seem that it has the chance of being generally worn for this purpose.

Cream white has so long been a favorite shade that it at last must go the way of all styles, and becoming as it is to many people it is now passe except for wedding gowns and bridesmaids' costumes.

—Her Jubilee.—Milly (aged six; breathlessly).—"Oh ma, there wis a great big bleeze an' fleein' staurs, an'—an'—I had aicht cups o' tea. an' lots o' cookies, an' I could hae had my full if I'd liket!"

—The young ladies of a place which shall be nameless, as a protest against chattering women, recently organized a "Thought Club," which has proved so successful that at the very first meeting they talked for five whole hours on "the advantages of silent meditation."

### September.

This month is one of the most fickle in the whole year, and it is wise for the housekeeper and mother to be provided against the sudden changes and especially against the dampness of the morning air. An open wood fire kindled on the hearth during the morning will ward off any lurking malaria. Let in every atom of sunlight that you can, when the days are not too hot. Every sleeping room and living-room in the house should be kept fresh and pure with fresh air and sunlight. Little children and invalids should wear light flannel stockings during this month. This sounds like over care, but such a precaution as this may save them from any of the many forms of disease of the stomach, which appear about this time. Most systems are a little exhausted with the intense heat of August, and it is especially wise now to furnish the table with nourishing broths, meats and other substantial food. Scotch mutton broth with barley is an excellent dish. This is not, strictly speaking, a soup, as the meat and vegetables are cooked in it and it forms a meat course at dinner for plain families. Remove all the fat and bones from a neck and breast of mutton. Cut the meat in small pieces and dredge it with flour. Put a large tablespoonful of butter in the soup kettle; when it melts throw in the meat and stir it up till it browns, then cover it with one quart of cold water. Set it back on the fire, where it will just simmer. Put the bones over the fire in another kettle with about a pint of cold water and let them boil. Put the fat away for soap grease. When the broth has cooked half an hour add a large slice of turnip and two slices of carrot, two small onions, a stalk of celery and half a cup of barley. Let the broth cook two hours longer, then strain the liquor from the bones over it and set it forward where it will cook more rapidly. Beat a tablespoonful of butter into a tablespoonful of flour, and stir gradually into the broth. Add a heaping tablespoonful of salt and a teaspoonful of pepper and let the whole boil up once, then serve.

Do not forget that the school children are small brain-workers. While it has been clearly shown that manual laborers can live on a vegetarian diet, brain-workers require animal food. The long fast on bread, butter, cake and dainties imposed on school-children who "carry their dinner" is too great a risk to their health. All children should come home to a hot, hearty dinner in the middle of the day. Even if they trudge a long distance through the snow in winter they will be better for it. A nondescript meat picked up after school will not take the place of a hot dinner. September weather requires more nourishing breakfast than summer. Cereals are always welcome if they are varied in kind. Oatmeal becomes distasteful to a great many if served every morning, while it is delicious once or twice a week. Fine hominy is excellent if properly cooked. It should be cooked in abundance of water slowly for nearly an hour. It should be thin enough to pour out when put on the table. It will be thicker a moment after. Pearl wheat is a delicious cereal, better than cracked wheat. It requires to be cooked in a steamer the day before, but it may be left in a porcelain steamer and heated up for breakfast. It is better this way than when served the day it is steamed. Oatmeal is better cooked in the same way. Corn meal mush and cracked corn should be cooked the day before for breakfast. Wise mothers do not give their children tea and coffee, but milk. Do not let the child drink this cold, but heat it as hot as coffee for his breakfast. It is best to rest as much as possible during the depressing weather of September, which is colder but less healthful generally than August. In careless households much of this unhealthiness comes from the refuse of summer left lying about and creating miasma. When one lives in close proximity to neighbors of this kind the innocent suffer with the guilty and there is no remedy but disinfectants to purify the atmosphere. It is best to put off all cleaning for winter till the bright, clear, invigorating weather of October.

### Canadian Climate.

The Canadian climate is particularly productive of Cold in the Head and Catarrh. In fact Catarrh today is more prevalent than anyother disease. The discovery of Nasal Balm places within the reach of all a certain means of cure.

### And That Reminds Me.

When the burners of kerosene lamps become clogged, put them in a basin of hot water containing washing soda, and let them boil for a few minutes. This will make them perfectly clean, and almost as bright as new.

Coarse brown paper slaked in vinegar and placed on the forehead is good for a sick headache. If the eyelids are gently bathed in cool water the pain in the head is generally allayed.

When there is a rat hole through plastering, or between the stones of a cellar wall, the most effectual way to stop it is to fill it with plaster of Paris mixed with broken glass. Holes in wood are best stopped by nailing tin over them.

The cleanest and most perfectly polished floors have no water used on them. They are simply rubbed off every morning with a large flannel cloth, which is kerosene oiled once in two or three weeks. Take the cloth, and with a rubbing brush or stubby broom go rapidly up and down the (not across them). After a few rubbings the floor will assume a polished appearance that is not easily defaced.

If you want a pleasing and interesting object on your mantle shelf, try growing an oak tree in a bulb glass. Suspend an acorn by a thread within half an inch of some rain water contained in a hyacinth glass, and permit it to remain undisturbed a few months, when it will burst and throw down a root into the water and shoot upwards its straight and tapering stem with beautiful green leaves. These miniature trees live but a few months, but during that time afford considerable interest.

A little ammonia or borax in the water you wash your hands with, and that water just luke-warm (will keep the skin clean and soft. A little oatmeal mixed with the water will whiten the hands. Many people use glycerine on their hands when they go to bed, wearing gloves to keep the bedding clean; but glycerine makes some skin harsh and red. These people should rub their hands with dry oatmeal and wear gloves in bed. The best preparation for the hands is the white of an egg, with a grain of alum dissolved in it. "Roman toilet paste" is merely the white of an egg, barley flour and honey. They say it was used by the Romans in olden times; any way it is a firstrate thing, but it is a mean sticky stuff to use, and does not do the work any better than oatmeal. The roughest and hardest hands can be made soft and white in a month's time by doctoring them a little at bedtime; all the tools you need are a nail brush, a bottle of ammonia, a box of powdered borax and a little fine white sand to rub the stain off, or a cut of lemon, which will do even better, for the acid of the lemon will clean anything. Manicures use acids in the shop, but the lemon is quite as good and isn't poisonous, while the acids are.

### Railroads and Whiskey.

Of all the people in the world those connected in any way with the working of railways ought to leave intoxicating liquors severely alone. The "Railway Age" puts the whole case very neatly and very clearly in the following terms:

It is time to go farther than mere "Temperance." That, to many, means "drinking in moderation"—a dangerous compromise, especially for railwaymen. If an engineer or conductor or dispatcher, or any other worker, feels that he must drink occasionally when he is off duty he is the victim of a powerful habit which may seize him when he is most in need of a clear head, and at any rate his officers cannot feel the implicit confidence that they would have if they knew he was a total abstainer. Moderate drinking is a compromise with dangerous appetite. And where shall the line be drawn between moderate and immoderate drinking? And by whom, the driuker or his employer? How shall the latter know that the invisible line has not been crossed some day, when the engineer or conductor comes out to take his train? How can the former be trusted to decide when he is feeding an appetite in himself which may be daily growing stronger while his self-restraint and power of discernment are daily growing weaker.

The gist of the argumebt seems to us about this: Drinking is a useless habit, it does no good, it wastes money needed for useful purposes, it often produces crime, disaster and misery. Railway men cannot afford to take the risk which the habit involves, and if they think they can their masters cannot afford to allow it. Hence the safe and satisfactory course for both sides, without a single counterbalancing disadvantage, is total abstinence. Why should not railway officers supplement voluntary abstinence on the part of some by coercive abstinence on the part of the rest, by establishing the inflexible rule that they will not employ any man known to be a habitual user of intoxicating drinks?

We are aware that some will pronounce this intolerance; but we fully believe that the time is rapidly coming when such a rule will be generally enforced on our railways, and that those who are the subjects of its requirements will be its most cordial and grateful supporters.

A single glass may just give the necessary excitement to cause an accident and destroy any amount of life and property. It is a risky business for any one to employ a very moderate tippler, but for any manager of a railway to have any such persons around, as engineers, conductors, pointsmen, or what not, is simply downright madness.

### A Severe Trial.

Frances S Smith, of Emsdale, Muskoka, writes, "I was troubled with vomiting for two years, and I have vomited as often a five times a day. One bottle of Burdock Blood Bitters cured me." 2

When the police took their usual seats in Aylesboro Chapel, near Mitchellstown on Sunday, all the other people present left the building.

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