LAST SLEEP WILL BE RESTFUL

Sermon For Poor Sleepers—Insomnia No Sign of Divine

Displeasure—Overwork in Any Direction

Will Produce Wakefulness.

Wakington report: In the discourse dupon and unfolds with must be a consolation to many people; text, Palms of disorder not much discoursed upon and unfolds with must be a consolation to many people; text, Palms of disorder not much discoursed upon and unfolds with must be a consolation to many people; text, Palms Sleep in the vacation of the soul. It of draums, it is the relation of the soul. It of draums, it is the relation of the soul. It of draums, it is the relation of the soul. It of draums, it is the relation of the soul. It of draums, it is the relation of the soul. It of draums, it is the relation of the soul and the soul of draums, it is the relation of the soul. It is the hush of activities it is a face than a state of the pulses; it is a breathing much of the pulses; it is a breathing the pulses with the pulses with

midest that his eyes are wide open of the push and speed of all styles of activities, as in no other land. Where there is one man or woman with equipoise of nerves there are a dozen with overwrought and tangled ganglion. At some time in life almost everyone has had a touch of it, attempt there is one man or woman with overwrought and tangled ganglion. At some time in life almost everyone has had a touch of it, attempt there is one has head a touch of it, attempt the push of the text are appropriate under the push of the text are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have at least one luxury which many of the faffluent of the earth are denied many of the luxuries, they have a comparison of the earth are denied many of the luxuries, they have a comparison of the earth are denied many of the luxuries, they have a comparison of the earth are denied many of the luxuries, they have a comparison of the luxuries, they have a comparison of

consciousness. In two minutes atterd are as far of from the will they were pounding, or the ditch they were diging. Or the artification of the street of the same and the street of the same and the sam

getting up a ladder or standing on a scaffolding, saying, "They shall be afraid of that which is high," and speaks of the whiteness of the hair by comparing it to a tree that has white blossoms, saying, "The almond tree blossoms, saying, "The almond tree blossoms, saying," and speaks of the

cause there will be no need of its quieting influences.
So, my hearer, my reader, "Good night!" May God give you such sleep to-night as is best for you, and if you wake too soon may He fill your soul with reminiscences and expectations that will be better than slumber. Good night! Having in prayer, kneeling at the bedside, committed yourself and all yours to the keeping of the slumberless God, fear nothing. The pestilence that walketh in darken ess will not cross your doorsill, and you need not be afraid of evil tidings. Good night! May you have no such experience as Job had when he said, "Thou scarest me with dreams and terrifiest me through visions." If you dream at all, may it be a vision of reunions and congratulations, and, waking, may you find some of them true. Good night! And when you do come to the best sleep, the bilssful sleep, the last sleep, may you be and pangs of a lifetime, 'Good night!'

The new walking boot for feminine feet this winter is a stout, heavy affair, with water-tight soles, broad heels and considerably higher tops than those seen on the shoes of last year. In fact, the tops of the new shoes closely resemble the shorter bicycle boots worn so much in the earlier years of the wheeling craze. They are designed to be used altogether with the double-faced short skirts that everyone will wear this winter and are as sensible a fashion as the abbreviated skirts themselves. This is to be a winter of sensible fashions for street wear and short-skirted. and almost at will." But I think in most cases we feel that sleep is not an ox nor an eagle because it was the result of a resolution, but a direct gift from God. You cannot purchase it. A great French financier cried out: "Alas! Why is there no sleep to be sold?"

Do not take this divine gift as a matter of course. Your seven or eight hours of healthful uncensciousness is a blessing worthy of continuous and emphatic recognition. Praise the Lord for 365 resurrections in a year! Artificial slumber can be made up by the apothecaries, but natural sleep is a support of the aged when he says, "The ficial slumber can be made up by the apothecaries, but natural sleep is a support of the aged when he says, "The prinders cease because they are few," and of the octogenarian's caution in the story of mud.

Solomon, who in knowledge was in his wondrous description of old age recognises this fact. He not only speaks in his wondrous description on the part of the aged when he says, "The ficial slumber can be made up by the apothecaries, but natural sleep is a support of the cotogenarian's caution in the shorter shores closely resemble the shorter shores closely resemble the shorter of sale with the double-faced shorts of the wheeling craze. They are designed to be used altogether with the double-faced short swirts that everyone will wear this winter and are as sensible a fashion as the abbreviated skirts themselves. This is to be a winter of sensible fashions for street wear and short-skirted, story of mud. SUNDAY SCHOOL

INTERNATIONAL LESSON NO. IV. JAN. 28, 1900.

The Baptism and Temptation of Jesus .- Mat 3 ;13 to 4: 11.

Supt.-What is the Golden Text? Supt.—What is the Golden Text? School.—This is my beloved Son, in whom I am well preased. Matt. iii. 17. Commentary.—13. From Galilee — This was the first public act sines He was twelve years of age. To be baptized—Any confession of sin was of course out of the question.

14. Forbade—Earnesily and pressingly opposed Him.—Clarke. I have need, etc.—Although John was filled with the Holy Ghost from his birth (Luke i. 15), yet he needed the baptism of the Holy Ghost and fire. "He needed to receive a larger measure of the gifts and graces of the Holy Spirit."—Benson.

ed to receive a larger measure of the gifts and graces of the Holy Spirit."—Benson.

15. Suffer it to be so now—These were the first words of Christ's public ministry. In this Jesus humbled himself at the very outset. Fulfil all righteousness—To leave nothing undone which would be honoring to the ordinances of God.—Morson. He suffered him—The same modesty which led him at first to decline the honor Christ offered him now caused him to perform the service Christ enjoined upon him.—Henry.

16. The heavens were opened—Luke says that Jesus prayed as soon as He was baptized. Luke iil. 21. "Here is the first recorded prayer of Christ and its answer. It was when He was praying that the Spirit was sent down upon Him, and in all probability it was this that He was praying for."—Stalker. A threefold sign was given:

1. The heavens opened: 2. The dove descended. 3. The Father spoke. He saw it (Mark i. 10), and John saw it (John i. 33, 34), and it is probable that all who were present saw it; for this was intended to be His public inauguration.—Henry. Like a dove—There has been a difference of opinion as to whether this was a real, literal dove. Luke says it was in a bodily shape like a dove (Luke iii. 22), and that ought to end all discussion. "A symbol this—of perfect gentleness, purity, fulness of life, and of the power of communicating it."—Lange.

17. My beloved son—Jesus Christ is the Ser of God from eternity.

-Lange.
17. My beloved son-Jesus Christ is 17. My beloved son—Jesus Christ is the Son of God from eternity.

1. Then—Immediately after Hz baptism. "Such are the violent alternations of human experience; baptized and tempted; approved of God and handed over to the devil." Into the wilderness—Tradition has fixed upon a high ridge called Quarantania, near Jericho. Mark says He was with the wild beasts. To be tempted—Christ begins Hz work with a personal encounter with Satan. "To tempt is, literally, to stretch out, to try the strength of. But the word is generally used in a bad sense, meaning to entice, solicit, or provoke to sin."

2. Forty days—Moses, Elljah and our Lord could fast forty days because entice, solicit, or provoke to sin."

2. Forty days—Moses, Elijah and our Lord could fast forty days because they were in communion with god and living a heavenly life.—Clarke. Luke says He was tempted during the whole forty days. "The struggle was powerful, personal and intensely real. Christ for our sakes met and conquered the tempter's utmost strength."—Farrar, Afterward an hungered—After the forty days were ended.

3. If Thou be—Beware of the temptation that comes with an if in its

ation that comes with an if mouth.-Parker. Stones, ...bread-"It was an appeal to His immediate necessity." "The meaning of this temptation is, distrust the divine providence and support, and make use of illicit

means to supply Thy necessity."—Clarke.
4. It is written—Deut. viii. 3. Jesus answered the devil by using the sword of the Spirit. Not live by bread alone— Human support depends not on bread, but upon "God's unfailing word of promise and pledge of all needful pro-vidential care."

5. Pinnacle of the temple—The scene changes from the wilderness to Jerusalem. "Some well known pinnacle must have been intended probably the oyal porch, on the southern side of the temple, which looked down into the temple, which looked down into the valley of the Kidron below it, from a height so dizzy that, according to Josephus, if anyone ventured to look down his head would swim at the im-measurable depth."—Farrar. 6. Cast thyself down—In His first

reply to the devil Jesus had shown His unbounded confidence in God. Now Satan takes Him at that very point. If Thou be the Son of God cast Thyself from the pinnacle. This cast Thysell from the pinnacie. This was a temptation to presumption, or as Farrar says, to spiritual pride, For it is written—The devil has a Bible, but he misquotes and misapplies. Give His angela charge — A mutilated quotation of Psa. xcl. 11.

"Satan would have Christ needless." "Satan would have Christ needless ly thrust Himself into danger, pre

ly thrust Himself into danger, presuming on safety."

7. Written ... tempt—Deut. vi. 16.

"To tempt God is to put Him to the proof—to demand evidence of His power and of His will to fulfil His promises, instead of waiting patiently and trusting in Him."

8. Exceedingly high mountain — Some high mountain in Judea where a general view could be had of the country. Showeth him—The idea of

country. Showeth him—The idea of any magical influence of Satan upon the vision of Jesus seems inappropriate. The prospect from a high mountain was sufficient as a basis for a rhetorical description of the world. its kingdoms and their glory.—Lange. Luke adds, "in a moment of time." The kingdoms of the world.—The root of the third temptation lay in the supposition that the kingdoms of the world were the devil's kingdoms, and that he could dispose of them.

9. Worship, me—Here the devil appears in his true character. The mask is thrown off. Jesus parleys with him no longer, but speaks with authority. country. Showeth him-The idea of

authority.

authority.

10. Get thee hence — Jesus commanded the tempter to return to manded the tempter to return to his own place.

11. The devil leaveth Him—The devil had made the strongest effort of which he was capable and had been baffled at every point. Angels came and ministered—"Brought that food that was necessary to support nature." They came to strengthen Him, for Satan had only departed "for a season." Luke iv. 13.

Teachings.—To a sinless nature no

the chief object of this life." The devil comes in our weakest moments, when we are weary and hungry. He comes as an angel of light, as though he would help us. "He would try to get us to perform acts to develop our faith—to show us how to be more religious. Was there ever such a devil!" "Man is exposed in two ways to the power of evil. He may be drawn to actual sin by enticements, or he may be turned aside from good by threatened or by inflicted suffering."

PRACTICAL SURVEY. PRACTICAL SURVEY.

"To fulfil all righteousness," discloses at once the purpose, method and result of the incarnation and sacrifice of Jesus Christ. He came "not to destroy" either the ceremonial or the moral law, "but to fulfil" both. The same holy purpose possesses His true followers. Upon this principle Jesus bases their spiritual relationship. "Whosoever shall do the will of my Father which is in heaven, the same is my brother, and sister, and mother." This implies, first, entire submission to the will of God. It was written prophetically of Jesus, ages before His coming, "Lo, I come to do thy will, O God!" while concerning Himself He declares, "I came down from heaven not to do mine own will, but the will of Him that sent me." The gospel provides happiness, but requires righteousness. Confidence apart from obedience is not fath, but presumption. Abraham's faith wrought with his works, and by works was his faith made perfect.

The temptation of Christ was as esential a feature of His mission as the "To fulfil all righteousness,

The temptation of Christ was as essential a feature of His mission as the more delightful experiences of baptism and blessing. He was "led up of the Spirit into the wilderness" for the purpose that, "having suffered being tempted," He might be able "also to succor them that are tempted." rempted, He might be able "also to succor them that are tempted."
Temptation forms one of the important means of building up and confirming Christian experience and character; and the endurance of the same is as much a "fulfilment of righteous-ness" as the more delivities. ness" as the more delightful seasons which form a part of every Christian

which form a part of every Christian life.

The temptations of Christ include in principle all those which are incident to a Christian life. They are: 1, Distrust. "If Thou be the Son of God"—A choice of present good rather than harmony with the divine will—"command these stones that they be made bread." 2, Presumption, "Cast Thyself down." 3, Compromise to gain a right end. "All shall be Thine if Thou wilt fall down."

fall down."

Temptation overcome. The first great battle of redemption was won amid the solitudes of the Judean wilderness, when Christ overcame, first for Himself, and representatively for

for Himself, and representatively for His people.

The means. "It is written." Temptation is often too subtle, too sudden, and too powerful to be overcome by our own reasonings. Then we can have recourse to the Scripture given by inspiration of God, and be "thoroughly furnished." "It is written" is the safe anchorage of the storm-tossed soul; and the sufficient reply to the most subtle suggestion of Satan. most subtle suggestion of Satan. Hence the necessity, also too little ap-preciated, of having the mind stored with the Word of God.

> Market Reports -0F-The Week.

LEADING WHEAT MARKETS. Following are the closing prices a mportant wheat centres to-day:

Cirieago ... ... \$--\$0 62 1 

SEEDS.

In Chicago to-day timothy closed 5c higher at \$2.55 nominal for February and nominal at \$2.60 asked for March. Clover closed unchanged at \$8.25 nominal for March, all per 100 lbs. In Toledo old prime clover closed 5c higher at \$4.90, January 3c higher at \$5.75 and March 3c higher at \$5.80, all per bushel. SEEDS. all per bushel.

TORONTO FARMERS' MARKET. Wheat-150 bushels of goose sold at

Barley easy, at 41c to 45c for 500 Oats firmer, at 29c to 311-2c for Hay—Five loads sold at \$10.00 to \$11.50 per ton.
Straw—One load sold at \$7.50 per

Red Clover Seed-Prices firmer, at \$4.75 to \$5.50 per bushel.

Jan. 18.—Receipts of grain on the street market here to day were about 3,705 bushels. Prices were steady. Wheat—Two hundred bushels of red and white fall wheat sold at 68 to 68 1-2c., and 300 bushels of goose at

Cats-S'x hundred bushels rold at 29 Barley-Two thousand five hundred ushels sold at 41 to 45

Peassone load sold at 60 1-2c. Rye—One load sold at 51c. Hay and Straw—Ten loads of hay old at \$11 to \$12 and \$9.50 to \$40.50 sold at \$11 to \$12 and \$9.50 to \$10.50 for mixed hay and clover. Two loads of straw sold at \$7 to \$8.

Dressed Hogs—Steady, at \$5.25 to \$5.50 per cwt.

Butter—Small receipts and moderate

demand rule; prices steady at 20 to 21c. for pound rolls.

Eggst-Steady, with moderate demand at prices quoted in table.

Poultry-Moderate offerings met a somewhat slow demand at unchanged prices as quoted. prices as quoted.

MANITOBA -WHEAT MARKETS.

The value of No. 1 hard at the end of the week is 63 1-2c in store Fort William spot, as compared with 64c at the end of the week. In connection with the current prices for Manitoba wheat at Fort William it may be stated that although Manitoba No. 1 hard and Duluth No. 1 hard are quoted at the same value afloat in New York the cash price of Duluth No. 1 hard at Duluth is 3c per bushel higher than the cash price of Manitoba No. 1 hard at Fort William. This is probably the effect of the stringent MANITOBA WHEAT MARKETS. for Satan had only departed "for a season." Luke iv. 13.

Teachings.—To a sinless nature no temptation can arise from within, but must be presented from without. No man, however holy, is exempted from temptation. To be tempted is not sin. There is no temptation that cannot be resisted. "No pretense of humility must cause us to decline our duty."
"He who thinks that we live by bread alone will make the securing of bread in Rojected 1-1 hard, 60c; rejected 2-1 hard, 58c; rejected 1-2 hard, 57c; rejected 2-2 hard, 55c; all gross outturn in store Port Arthur. No. 1 hard closed on Saturday at 63 1-2c in store Fort William. Trading is very light.

DRESSED HOGS. DRESSED HOGS.

Toronto, Jan. 16.—Dressed hogs are being freely offered from all outsidg points. The market is fairly steady. Fork products move steadily at unchanged prices. Select weights, dressed hogs, car lots, on track, delivered, sell at \$5.15; and at \$4.90 to \$5 for heavy, and mixed lots. Sows are 50c to \$1 off these prices. On the street in farmers' loads choice bring from \$5.30 to \$5.40, according to quality.

THE CHEESE MARKET.

Firm. Sales are being made in the

Firm. Sales are being made in the ordinary way at 12 to 12%c. THE APPLE TRADE.

"5,200 bbls. selling. The market is easy and difficult of sale. Reds, 12s to 20s 6d, chiefly 14s to 17s."

Bradstreet's on Trade. Spring trade at Montreal is fairly well under way now. Orders are com-ing forward in fair numbers and for large parcels of gools. The demand from the Northwest has been large so far. Country remittances are bet-

er. London wholesale business this London wholesale business this week has been a little more active. Large sales are being made. There appears to be plenty of money among the working classes. Values in all staple lines are very firm.

Business at the Coast has been quiet since the turn of the year, but has since the turn of the year, but has begun to improve this week. Retail trade at both Victoria and Vancouver trade at both Vectors and Vancouver is picking up nicely. Large purchases are being made by British Columbia houses in the east for the coming season. Payments are fair. Prices

season. Fayments are fair. Prices continue very firm.

There has been a fair volume of trade passing at Hamilton, and merchants are encouraged to think that this month trade will be large. chants are encouraged to think that this month trade will be large. Stocks are being got in for the spring in many lines, and purchases are being made with the tellef that sales the next three months will be large so that liberal quantities are considered necessary in most departments. Remittances are very satisfactory.

factory.

The wholesale trade at Toronto reports a fair number of orders coming forward. The prospects for the spring are very bright. Values contained the very firm. Retailers seem to be well supplied with eash. Remittances are fairly good.

tances are fairly good.

Trade at Winnipeg has revived some since the holidays. Travellers out with samples for the spring are meeting with a good demand. The absence of snow early in the winter interfered with sales of vehicles which have been disappointing. Parent have been disappointing. Payments are fairly good.

NOTES OF TRADE. NOTES OF TRADE.

Snow coming after a long spell with bare ground always has a tendency to improve business conditions, and the snowfall this week has created a more cneerful feeling among both wholesale and retail business men.

The conditions of trade are all sound and healthy. There have been but few failures in the past six weeks, and payments are being well met, the large holiday trade contributing in no small degree to that end.

large holiday trade contributing in no small degree to that end.
(What few lines of next season's woollen goods have been opened are at advances ranging from 25 to 35 per cent., and much interest attaches to the reception that will be given these increased quotations.

to the reception that will be given these increased quotations.

Some hesitancy in the upward movement of prices was noticed during December, notably in metals and miscellaneous products, but the general level of walues was still further advanced, and the year closed with Bradstreet's approximate index number at 89.971, a fractional gain for the month, a gain of 17 per cent, for the year, of 22 per cent, as compared with Jan. 1st, 1898, or 31 per cent, over Jan. 1st, 1897, and the high-set index number reported since July, 1st, 1891, eight and one half years ago. During December 44 articles advanced in price and 39 remained unchanged, while 25, less than onechanged, while 25, less than one-fourth, declared in price a.—Bradstreets.

Wheat, including flour, shipments for the week aggregate 4,248,926 bushels, against 2,509,682 bushels last week, 5,647,071 in the corresponding week of 1899, 5,299,517 bushels in 1898, 3,-943,154 bushels in 1897, and 3,202,124 in 1896. Corn exports for the week aggregate 3,314,576 bushels, against 4,019,036 bushels last week, 3,297,072 bushels in the week aggregate 3,314,576 bushels, against 4,019,036 bushels last week, 3,297,072 bushels in the week aggregate 3,314,576 bushels in the week a year ago, 4,-641,759 bushels in 1898, 3,757,281 bushels in 1897 and 3,336,017 bushels in 1896.—Bradstreets.

1896.—Bradstreets A Medical Tune.

A Medical Tune.

I think that the majority of church choirs in Brooklyn are helps to churches. But some of them have got a bad habit of late—the quartette habit. They sing without the accompaniment of an organ and thus exhibit all the blemishes of their voices. Only well-trained and highly cultivated singers may safely venture to sing without musical accompaniment. When the amateurs try the experiment they inflict needless pain upon their hearers. And the modern anthem! I recall an occasion on which which the atthem ran in this way: Soprano—"On, take this pill—" Contraito—"O-o-h, take this pill—" Basso—"O-o-h, take this pill—"

Basso-"O-o-o-h, take this pill-"
All together-"Oh, take this pillrim
ome."-Brooklyn Eagle.

Tests of the new segmental gun at Sahdy. Hook are to be made shortly under the direction of experts of the Ordnance Department of the War Office. This weapon is made up of a core of tempered steel segments, around which is rolled about seventy-five miles of steel wire, with a thin steel jacket outside. Upon this basis will be furnished a 10-inch gun, with which the beaviest armor now supplied to war-ships may be pierced. The competion of this piece of heavy ordnance renews the long standing controversy between impregnable armor and irresistible means of attack. If the Brown segmental gun should prove capable of piercing the thickest armorplate capable of flotation, it would be necessary to reform all existing theories of naval attack and defence.—Philadelphia Record.

There are supposed to be nearly fifty thousand dentists practising upon people's testh in the world. A dentist's case of instruments nowadays contains between three hundred and four hundred instruments. Lake carriers are gathering in Chicago for the greatest convention they have ever held.

POOR CONDITION