

CHATS WITH YOUNG MEN

To young men the coming of Christ is a call to self-control.

The Catholic young man should have certain principles, or established rules of conduct, by which his behavior should be regulated.

1. Continence is not only possible but obligatory. God often punishes with sudden death those who have been notorious for wasting their strength.

2. Abstinence from alcohol, excessive long drives, cold baths, a ration of the hours of sleep, and the avoidance of the occasions of sin.

3. All women should be respected for the sake of our own mother. They should be safeguarded by Christian gentlemen with respect akin to that which they would give to the Virgin Mother of Christ.

4. The occasions of sin should be avoided. The persons, the places, the thoughts, the acts, the books, the pictures, etc., that lead to impurity, should be taboo.

5. In time of temptation turn the mind off to some other subject—the weather, the picture on the wall, the clouds, the birds, the trees, anything that will divert the thought and fill up the attention.

6. With these principles, a young man can guard his innocence, supplemented, of course with prayer, attendance at Mass, visits to the Blessed Sacrament and the frequent reception of the sacraments.

7. Let him, too, sanely consider the subject of marriage—that it is probably his vocation and then prepare for it. It is God's ordinance and therefore to be respected.

8. With such sentiments, and such conduct, and such principles, the infant Jesus, born in a stable and destined to die nailed to a cross, will welcome him into the legion of human beings who are marked with the sign of suffering, as St. John saw in the Apocalypse, and who are those who are to be saved.—Catholic Columbian.

BOYS, READ THIS

Have you ever noticed that the fellows that run most of the big concerns of the country are the ones who always return courteous answers?

Don't be a stranger at the church.

Don't speak of an old gentleman or an old woman, when referring to father or mother. They have spoken respectfully of you when outsiders could not see anything on which they could hang a compliment.—Echo.

OUR BOYS AND GIRLS

JOE'S REWARD—A CHRISTMAS STORY

Joe was a strong, rugged boy, well equipped for the struggles of life, but his few companions did not think that his path was lined with roses.

Joe worked at the great crusher at the mine and earned \$5 a week, which he spent on his little family with the actual necessities of life.

It was Christmas Eve, and Joe was in the woods near by to get the wood containing his earnings, which he had buried beneath a large oak tree.

"My dear boy," she said, "I must leave to you the care of the little ones; they are all I have to give you. Never abandon them; and don't give up if matters now how dark life may seem, for the sun will shine for you again."

"No, I won't give up," said Joe aloud, as he sprang up, "but I don't see how the kids are to have any Christmas this year."

Joe walked slowly to the house and went to his own room and knelt before the statue of St. Joseph his mother had given him the Christmas before she died.

"O blessed St. Joseph how great was the one chosen shadow of God upon earth. The father of Jesus—ah then will I thank you for ridding your life for us."

Mr. Gilbert was a wealthy farmer and had much work to be done, so cheerfully gave Joe a job for the day. At noon he kindly took the lad to dinner and encouraged him by relating his own experience, having come to that locality twenty years previous.

Joe feeling more cheerful went back to work and was calculating what he could purchase with the dollar promised him when he heard the fearful cry of fire.

Don't invest your 5 cents in a glass of beer and then criticize the other fellow who invested his in the savings bank. Don't extend the money of your tailor or laundress in dollar opera seats and theatre tickets.



Bread is the cheapest food known. Home bread baking reduces the high cost of living by lessening the amount of expensive meats required to supply the necessary nourishment to the body.

Mr. Gilbert was the only one capable of making an effort to reach the room in which the children were locked.

"Joe, tell me something about your self. Is your father living?" "No, sir, my father and my mother are both dead."

"I have set that, mother," interrupted Mr. Gilbert, "Joe wants to go home and I was about to tell him that I would not let a dog with a broken leg go out in this storm."

With his hands raw and bleeding, Joe's nerve gave way for a moment but he rallied and leaped into the tree, but fell, and striking a stump, he fractured his leg and was picked up and carried to the house.

"I know it is, sir, but I will get a stick and manage to get back, then am sure to meet a car or wagon and get a lift."

"I hope she won't think I was too rough in getting the kids out of the house. I did the best I could and had to let them down in the snow."

"Why, sir, I never thought that I did anything worth talking about. I only did what any other boy would have done."

Joe felt more cheerful went back to work and was calculating what he could purchase with the dollar promised him when he heard the fearful cry of fire.

Don't try to "get rich quick." Smarter men than you have tried it and lost all they had.

THE CHRIST

"Much worship comes out of a few thoughts, where God is concerned. His magnitude is beyond our conception."

Finally, our Saviour is the great High Priest, the priest whom David recognized and proclaimed as the true and perfect High Priest.

Jesus, then, is the Christ, the anointed to the full extent of His glorious title. He is the Saviour of all because He is the Prophet, the Priest, and the King.

Since that far-off December night, when the shepherds were invited, the first outside the family circle, so to speak, to pay homage to the Lord's anointed, the work of the Saviour has been marked by an ever increasing manifestation throughout the world.

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