

The Upward Look

Joy in Tribulation

It is a cold, dreary, cheerless morning and yet outside the windows, as if there were no rain, no winds, no clouds, the song sparrow is singing clearly, and the robin chirping cheerily, while every little while comes the blackbird's strident note. As these joy-messengers seem to brighten the whole atmosphere without, so they seem to make easier the day's cares and perplexities within, and with them, one wanted to raise also a song of joy.

Paul's message to the Philippians, 4:4, "Rejoice in the Lord always: and again I say rejoice," seems best to express this gladness. Yet they were written by him in probably the saddest days of his life, the days of his imprisonment. But above all the privations of his position, the disappointments in his plans, his faith in his Lord was so strong that he could write thus to his beloved friends so far away, whose own trials and discouragements he knew full well.

He had no realization that his very imprisonment was to bring far-reaching results in his work, which he must often have felt was being interrupted. During all those prison days he was never released from the galling annoyance of being constantly chained to a soldier. Now these soldiers were regularly changed, and many no doubt would be sent at some time in his life to distant posts. Any-one better so constantly with such a

whole-souled, impetuous, inspired man as Paul, could not but be impressed and thus spread his message throughout the length and breadth of the vast Roman Empire, the very thing which he so longed to do.

Then he was never deprived of the privilege of pouring out his love and anxiety in those precious letters to the distant churches. So if he could have looked into the years ahead, he would have realized just what cause there was for the glad triumphant message, which he sent in faith and confidence.—I.H.N.

A Fruit Record

IT IS wise to form "habits" in our housekeeping duties; that is, if the keepers keep scrapbooks, entering or clipping and pasting into it useful ideas that will help them to reduce or simplify their work. Here is an idea that might well find a place in such a book. It is the habit of keeping a record of important data relating to the fruit preserved during the year.

Beginning with the marmalade season, we might keep an account of the amount of fruit purchased, the total amount in pints or quarts, amount of sugar used, amount of paraffin and the total cost. This system, if followed up closely, would tell one at a glance next year just how much fruit would be required, how many jars, how much sugar, how prices of fruit compare with the previous season and so forth.

It is not well to trust to one's memory for such information, and by keeping such a record it will be accurate in every detail.

OUR HOME CLUB

The Gathering of the Clan

WE never did have a great deal of use for small families, particularly Home Club families. The larger the Home Club Circle the brighter and more interesting will it be for each and every one of our folks. In recent weeks we have had a regular gathering of the clan. The old veterans are coming back. And the new recruits are coming in at a delightful rate. Our Folks welcome you too at this meeting.

Uncle Ted, who on the side, we may tell you, hails from one of the far eastern counties of Ontario, has a just protest to make about "Patriotism and Production." Wildwood touches on one of our old big, little, home problems, and speaks of the joys of country life in a way that will appeal to all, these lovely spring days.

More About the Farmer's Patriotism

I HAVE been much interested in the letters from the members of the Home Club of late, especially that one from "The Doctor's Wife." One would almost be led to believe that she is a farmer's wife and she certainly has some very fine ideas, if I may be permitted to judge.

To begin at the end of her letter, she asks, "Is farming easy and can any person farm successfully?" I would say most assuredly no, especial-

ly to the latter part of the question. Many, however, our city friends particularly, think farming a joke, and also think that farmers are earning money, or, in other words, are responsible for what they call the "high cost of living."

As for farmers and farmers' sons enlisting, I would say that in general, farmers are as patriotic and enlist as readily as any other class of people, unless it be the unemployed.

The cry of "Patriotism and Production" is heard on every side, and yet the government wants to cut down the grants to fall fairs; certainly a fitting reward for the farmer's efforts! They seem to expect the farmers only, to increase production. Why do they not get after the manufacturer and entreat him to assist the farmer in every way, for instance, by imposing duties on imported articles so as to protect the farmer and enable him to keep up his price.

The government says, buy at home, help Canadian merchants, and yet according to newspaper reports, when it came to the purchasing of binoculars for military purposes, the Canadian price was considered too high and the purchases were made across the line. This privilege is not allowed the farmer. He must patronize home markets.

As far as increasing production is concerned, if the farmer was to do so, he would be cutting his own throat. If he doubled his yield he would have twice the amount for market and with every other farmer doing likewise, supply would exceed demand and the price would probably drop so low that the farmer could scarcely make enough



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