

276 PRECAUTIONS OBSERVED BY NURSES

3. Keep the latrine thoroughly well ventilated at all times and in all weathers.

4. Linen, when soiled, must be at once placed in the receptacle provided for it and removed from the ward. Keep the patient's skin and his bed-linen scrupulously clear of any contamination by fæces or urine.

5. Never omit to wash your hands after handling soiled linen, however often you have to do it, and *always do this without fail* before going to your meals, taking care, at the same time, to brush your nails.