

## Counselling offers Career Workshop

Choosing a career is an important, yet difficult decision. Many people today are not satisfied by their work. They're simply putting in time. The real career choice is this: do you want to put in your time, or do you want to use as many of your skills as possible and be satisfied with your career?

**WHAT WOULD THE WORKSHOP INVOLVE?**

Once a week you would meet in a group with 10 - 12 people. You would learn methods to help you identify your transferable skills such as the ability to organize, or to work with numbers, which can be used in many different fields. You would also learn methods to help you identify your interests and to generate a list of job alternatives which fit you.

You would learn how to research careers. This includes using the Career Information Library and interviewing people in relevant occupations. You would learn procedures for identifying what stops you from making or following through on career plans. Some of these blocks include your doubts about yourself, loss of direction in life, fears or conflicts with family. The workshop will also help you work on these issues, and would involve sharing some of these feelings with others in the group.

### WHO IS THE WORKSHOP FOR?

Are you wondering, "What can I do with an Arts Degree"? or are you in a technical program because you thought it would lead to a job, and now find that your heart's just not in it? Do you feel discouraged about not having any direction in life? Are you looking around, thinking that

everyone knows what they want to do, and asking "What about me"? Then this workshop is for you. The workshop is offered free of charge to all UNB-STU students.

### HOW MUCH TIME IS INVOLVED?

The workshop would last 9 weeks. Three hours each week would be spent in group meetings and one hour in homework. Over the 9 weeks it would take four hours a week

of your time.

### WHAT COULD YOU GET OUT OF IT?

From the workshop you can gain a greater sense of purpose or direction in line, formulate meaningful career and educational goals, and build up your confidence.

**HOW DO YOU FIND OUT MORE ABOUT THIS?** Building, Room 19. If you have any questions, call Counselling Services at 453-4820.

**WORKSHOP WILL TAKE PLACE MONDAY EVENING, January 21, from 7:30 to 10:30 in the Alumni Memorial Building, Room 19. JANUARY 21.**

## Fredericton kicks off its Bicentennial

On Tuesday, January 1, 1985, the City of Fredericton kicked off its Bicentennial with a special ceremony at the Aitken Centre, just prior to the Fredericton Express/New Haven Nighthawks hockey game. The pagentry began at 1:15 p.m., with Mayor Elbridge Wilkins proclaiming 1985, Fredericton's Bicentennial as Capital of New Brunswick, and then presenting Aitken Centre officials with a "Catch The Spirit" flag, which was raised high above centre ice. Mayor Wilkins then dropped the puck to officially start the Bicentennial year on its way, and began the first Express game for the New Year. Birthday cake was served during the first and second periods.



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### 'Peace through Education'

WORLD DISARMAMENT

WORD meeting Jan. 16  
7:00 pm Room 103 SUB

All those who are concerned with the nuclear threat are asked to come out. This term's agenda to be discussed.

WORD

## UNB awards scholarships

UNB has awarded 1984-1985 Lord Beaverbrook Scholarships in Law valued at \$4,500 to six students representing three eastern provinces—New Brunswick, Nova Scotia and Quebec.

George J. Byrne of Saint John, N.B., son of J. George and Mary T. Byrne, is a graduate of UNB. Mr. Byrne received a Sir George E. Fosters Scholarship which in the honours English program at the University.

Grant K. Dunn, of Oromocto, N.B., son of Mrs. Ruth Dunn, Winnipeg, Manitoba, is a former Canadian Armed Forces Captain, most recently employed by the Department of National Defence.

Charles P. Smith, of Fredericton, N.B. son of Rev. Cannon T. A. and Mrs. Smith, is also a graduate of UNB. During his undergraduate years as a science student, Mr.

Smith was the recipient of a number of scholarships, including NSERC summer research scholarships.

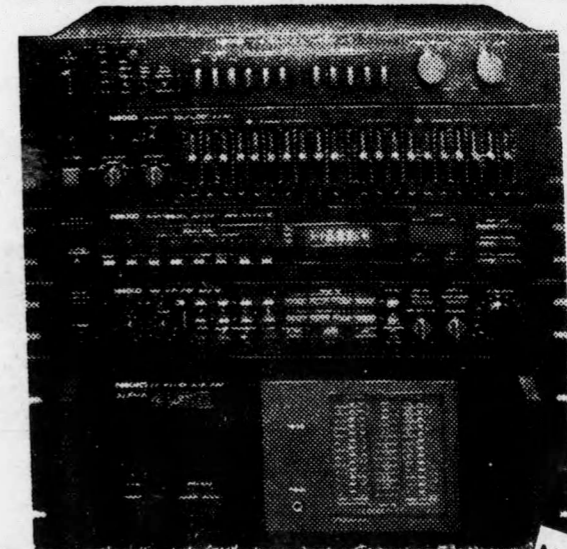
Kathleen P. Ryan, of Saint John, N.B. daughter of F. William and Patricia Ryan, is a graduate of the business administration at UNB. Ms. Ryan received a Sir George E. Foster Scholarship during her undergraduate program.

Wayne B. Warren, of Hudson, Quebec, son of George and Jean Warren, graduated with an honours degree in political science. Mr. Warren was on the Dean's List of 1981 and 1982.

Lord Beaverbrook Scholarships in Law are available to students entering the first year of the law program at UNB and are renewable for the second and third years of the program.

*The Brunswickan would like to express our appreciation to BEAVER FOODS LTD. for all their help in making our Christmas party a great success!*

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