

Regina goes to war minus top guns

by Mark Spector

David meets Goliath this weekend at the Varsity Arena as the University of Regina Cougars make their first visit to the U of A since the merge of the Greater Plains Athletic Conference with the CWUAA. Alberta has not played the Regina club for over four years.

The Cougars are the Rodney Dangerfields of this league. A young and inexperienced team, they have stayed close in several contests but can't quite finish off.

"Of our 14 losses six have been by only one goal," laments rookie head coach Al Murray. He has also had to deal with a season long injury to last year's second leading scorer for the Cougars, Brent Hogan.

Golden Bears are on the track

by Mark Spector

The Golden Bear Invitational track meet runs this weekend in the Butterdome and only two teams from west of Ontario will be missing from the field — the University of Manitoba and UVic.

Both the UofA's mens and womens track teams will compete against teams from UBC, the U. of Calgary, the U. of Lethbridge, the U. of Saskatchewan, and various club teams in the two day meet which begins Friday at 6:00 p.m.

Last season the Bears team finished seventh in Canada and are even stronger this year. They are led by sprinter David Lee Pont and middle distance runners Kent Timanson, Angus McDonald, Brian Monaghan, and Carl Bessai.

The Pandas were CIAU champs in 1985 and remain strong.

"Our biggest challenge should come from UBC, they are a very tough team this year," admits mens' coach Al Weicker. "As for the women, well no one has predicted because no one really has a clue how strong their competition is going to be."

The University of Alberta will be hosting the CIAU Nationals in March and this meet should provide some qualifying times good enough to earn spots in the final meet.

In order to qualify, an athlete has to do one of two things: finish first in a Canada West meet (or second in one that the U. of Manitoba is present at, as they have no true conference); or gain a qualifying time above the standard set by the CIAU at the start of the year.

The Golden Bear Invitational runs from 6:00 p.m. on Friday and continues at 3:00 p.m. on Saturday. Admission is free.

"That guy is probably the one player that has made the difference in a lot of those close ones," commented Murray. Hogan has just lately begun skating since he dislocated his shoulder in the preseason.

That's not the whole of the injury situation, however, as Louis Lemire, "Our top offensive defenseman," according to Murray, separated a shoulder in an 8-3 loss to Brandon on January 10th. And just last weekend, the second leading scorer in Canada West, Rick Nasheim, stretched some knee ligaments and is questionable for this weekend.

"He'll definitely make the trip with us but we're still not sure if the knee will have come around by game time." Ironically, Nasheim hurt the knee in Friday's 4-3 loss to Calgary. The next night with their leading scorer out of the lineup the Cougars finally scored some goals, downing the Dinos 7-2.

"Our biggest problem this year has been the first period. We always seem to come out two or three goals down, then manage to play even hockey throughout the rest of the game. In the Calgary game with Rick gone, we finished the first period up three to nothing. You figure it out," questioned a perplexed Al Murray.

Nasheim is in his fifth and final year with the Cougars. The 5'10", 180 lbs center set a GPAC scoring record in the final year of the league's existence last season with 26 goals in 24 games. Previous to that he spent three years in tier one with Spokane Chiefs and the Regina Pats.

As for the Golden Bears, they are setting an amazing pace at 16-2.

considering the amount of injuries that they have had. So far this year they have had five major knee surgeries, and at the moment the injury situation reads like this: Steve Cousins (broken hand), out for 10 days; Sid Cranston (torn knee ligaments), could begin skating in 10 days or so; Denis Leclair (broken ankle), hopeful for playoffs in first week of March; Stacey Wakabayashi (torn knee ligaments), has begun skating, at least two weeks away; Bill Ansell (shoulder), should return to action his weekend.

Bear Facts — The Cougars will go with **Dean Shaw** in the nets Friday, **Jim Appleby** on Saturday. The tandem is sixth in Goals Against with a 5.72 average. . . Regina has the fifth best powerplay (24.3) in the league but is second only to Alberta in penalty killing (77.7). Alberta boosted their average to 83.2, shutting down Saskatchewan last weekend eight straight times. . . Bears' coach **Clare Drake** has abandoned the two goalie system lately, playing **Darren Turner** in the last four games. **John Krill** will play one game this weekend, however. The Alberta pair is second in GAA (3.72), behind only the **U of S Huskies** (3.61) . . . Regina leads the league in penalty minutes by a bunch. The Cougars have 254 penalties for 787 minutes. **Manitoba** is next (239-700), and the Bears are third (223-598). . . Both games go at 7:30 Friday and Saturday. **CJSR-88.5 FM** will broadcast Friday's matchup beginning at 7:15. They will skip Saturday night's game, however, in order to do live hoop out of the **U of S** at 7:20.

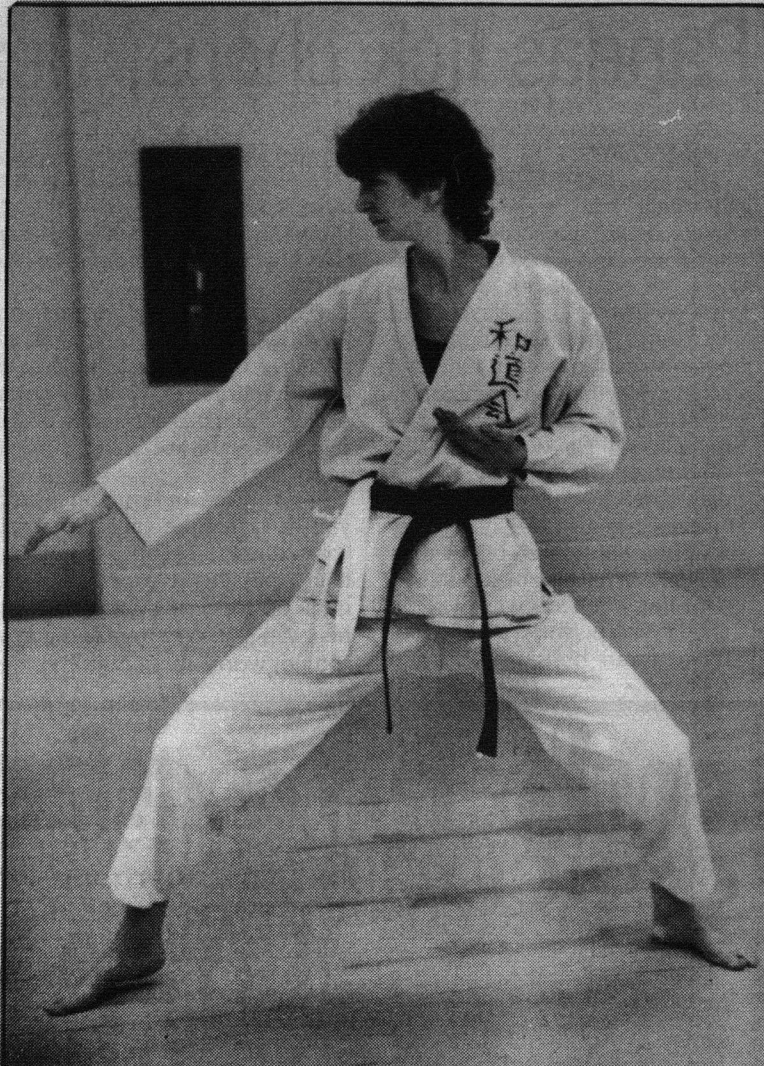


photo Diane Hoy

Karate Wars!

There's a battle for space amongst martial arts clubs at the UofA. Campus rec. will decide on Friday.

by Ashram Mustapha

What's the difference between Wado-Ryu, Akido, and Goju-Kai Karate? The average person probably wouldn't have a clue, but anyone involved with these clubs on campus could probably write books on the subject.

Presently, members from a new Students' Union club, the Goju-Kai, are again seeking additional status as a Campus Recreation club. The members are appealing a past decision not allowing them to be recognized by Campus Recreation.

John Priegert, of the Goju-Kai Karate club said, "We were led to believe that since we were a sports club, we could become a Campus Rec club."

The Goju-Kai club trains from six to eight pm on Mondays and Wednesdays at Dinwoodie's and room 142SUB. Expanding the club's affiliation to Campus Rec. would better accommodate the new and expanding club.

The use of rooms in SUB for training are not as suitable as the

Ph. Ed. facilities. If the Goju-Kai became a Campus Rec. club, they would have access to the Ph. Ed. facilities.

However, if the Goju-Kai Club became recognized by Campus Recreation, the club would be competing with the Wado-Ryu karate for already limited time and space. The Wado-Ryu karate club on campus is the only club of its kind in the Edmonton area, unlike the Goju-Kai club which does some of its training downtown.

Kirk MacDonald, president of the Wado-Ryu karate club remarks, "Space is already tight in the Ph. Ed. building. Last year they (the Goju-Kai Club), and two others were refused status by Campus Rec." MacDonald wonders why the Goju-Kai club is being re-considered by Campus Rec. amidst a time shortage crisis for the use of Ph. Ed facilities.

If today's administrative decision is to reject the Goju-Kai club, the club will still remain an SU club.

Gymnasts host Manitoba

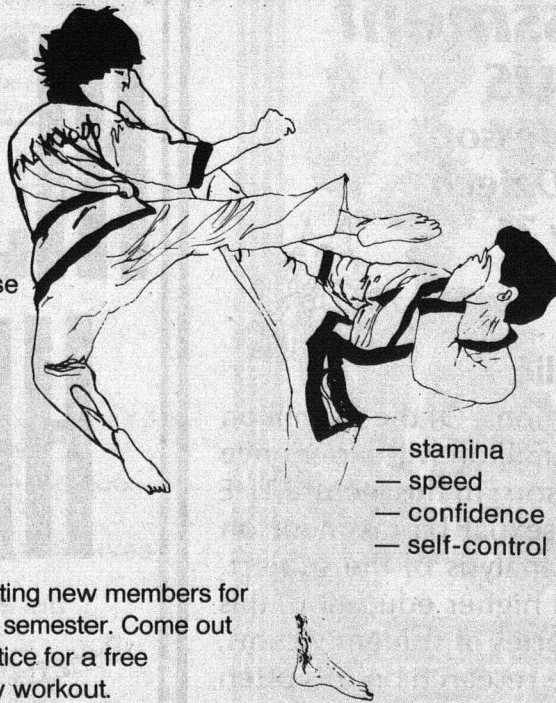
On Sunday, January 26, the Panda gymnasts will host their annual "Klondike Invitational" in the Butterdome at 11:00 a.m. This year's competition will feature the University of Manitoba and their top gymnast, Janet Black, who was last year's silver medalist in the CIAU Nationals. The Pandas will definitely be challenged by Manitoba, the third straight Canada West opponent whom they have faced this season.

To date the gymnasts are undefeated in team competition, and the depth of the squad has been very evident. For example, in last weekend's victory over UBC, the Pandas had only two girls (Heidi Ross and Shelley Spaner) competing from last year's national cham-

pionship squad. Michelle Graham, Tracy Frith, Diane Patterson and Donna Spaner all contributed scoring routines in Vancouver. As well, Diane and Donna both accumulated qualifying scores for this year's nationals.

With only three weeks left before the Canada West Championships the gymnasts will be using this competition as a tune-up, and as another chance to obtain and improve qualifying scores. The coaches have been especially stressing balance beam work, as the entire team has been shaky on that event thus far this season. The Klondike Invitational is the gymnast's last home meet of the 1986 season, and they invite all interested spectators to attend.

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