

Health and Strength.

color and spirits lost. It is a great

and girls show symptoms of nervous

door exercise and plenty of sleep are

necessary to combat the nervous wear

of school life. But it is still more im-

portant that parents should pay strict

supply. Keep this rich and red by

giving Dr. Williams' Pink Pills ac-

cording to directions and the boy or

girl will be sturdy and fit for school.

The value of Dr. Williams' Pink Pills

in cases of this kind is shown by the

statement of Mrs. Pearl G. Harrington,

Kingsville, Ont., who says:-"I have

often felt that I should write you and

let you know what Dr. Williams' Pink

Pills did for me. At the age of thir-

teen I was afflicted with St. Vitus

was given medical treatment but it

growing worse. Then a friend ad-vised my mother to give me Dr. Wil-

the happiest results, as the pills com-

pletely cured me and I was again able

to take up my studies and attend

school. Again about three years ago

I was attacked with nervous prostra-

tion and once more took Dr. Williams'

Pink Pills, and after using five boxes was fully restored. I cannot praise

these pills too highly as I believe they

will cure any case of St. Vitus dance,

You can safely give Dr. Williams'

Pink Pills to the most delicate child,

or take them yourself with equally

good results when you need a blood

dealers in medicine, or will be sent by mail, post paid, at 50 cents a box or

six boxes for \$2.50 by The Dr. Wil-liams' Medicine Co., Brockville, Ont.

Hindu Children Mechanics.

their precocity. Many of them are

skilful workmen at an age when the

the alphabet. A boy of seven may be

a skilful wood-carver, while some of

the handsomest rugs are woven by

Minard's Liniment Cures Distempor.

When Black is White.

earth you call that white pig "Ink?" Farmer—"Because he's always run-

Visitor-"I'd like to know why

children not yet in their teens.

ning from the pen."

children of other nations are learning

Hindu children are remarkable for

These pills are sold by all

or restore anyone who is weak, ner-

vous or run down.

tonic

that I had to be taken from school.

dance.

The trouble became so severe

I

attention to the school child's blood

WHO WANDER ABOUT IN ASIA MINOR.

Miserable Groups of Many **Races Whose Chief Problem** is How to Live At All.

Any one of a thousand groups of migrating people in Turkey would, if seen in Canada, set the nation to talk-These nomadic peoples survive dispersion, hunger, cold and raggedness that baffle the belief of Occident-With no shelter except an improvised tent and no bed except the ground, and so little food that it would arouse the Humane Society if offered to animals, they survive winter after winter-in diminishing numbers, it is true, despite the fact that babies are born to these homeless wanderers. Now they have entered upon another win-

This is not a "relief" article, says an Eastern traveller. I am merely chronicling the fact that groups of refugees from somewhere else may be found encamped outside of most of the cities and towns in Turkey. They are not the local poor. They are strangers, driven out by some one of several conditions-sometimes political, sometimes racial, sometimes religious sometimes economic. In Macedonia I saw Greek refugees from Turkey; in Western Anatolia are a hundred thousand Turkish refugees from Macedonia Armenians have been scattered incommon Eastern Asia Minor, Arabia and the Caucasus: Syrians have moved up and down their own land. No people has a monopoly of misery, although the Armenians have been the worst sufferers.

Vagabonds of Vengeance.

Usually reprisals or long smouldering enmities have sent these people away from their homes into vagabond-Often the homes themselves age have been destroyed-the completest destruction that I personally have witne-sed was in the Caucasus and Kurdstan, where Syrian and Kurdish villages were utterly wiped out. Often, as in the case of the Armenians, massacre has accompanied deportation.

Orientals are gregarious. Villages hold together a thousand miles away from the old home. They encamp under the lee of ruined buildings, or in tents made from scraps of rags and carpets. Incredible toilsomeness alone could create these tents, some of which have no single piece of goods as much as two feet square. Of household supplies they have usually some sort of cooking dish; the family eat from a common pot.

Children, unwashed and sometimes entirely naked, rummage for food like wild animals. They discover strange edibles. Of facilities for washing and sanitation there are none, and the camps I have visited have been in an indescribable mess.

Repairs as Well as Repatriation. Impoverished as it is, the Near East faces a huge task of reparation and rehabilitation. It is not enough to send people back to their homes; the must be built anew for the homes people. This means not only houses and furnishings, but also looms and farming utensils and live stock. The Amercian relief workers have done much in this respect: but the task is herculean.

In the matter of transportation the British and French officials have been diligent and efficient. Any day along the Bagdad Railway one may see ca loads or trainloads of orphans and refugees being carried back to their old homes. Throughout Syria the devastation of war is still apparent. It will take millions of dollars to replace the railway stations and round houses and repair shops that have been destroyed by British airplanes during the flight of the Turks. Practically every station from Damascus to Aleppo is a wreck. In this war-torn region much of the machinery of civilization will have to be repaired.

Study Methods of Successful Neighbors.

farming which you and I ought to recognize and use to better advantage, Needs Rich, Red Blood to Regain and that is the fact that we are not learning as much from the people and things right around us as we should Many children start school in exearn

cellent health, but after a short time No individual is very original. The home work, examinations, hurried nan who appears to be most original thousands of other mothers say. They meals and crowded school rooms cause is, for the most part, merely applying have found by trial that the Tablets heir blood to become weak and thin deas which he has picked up here and always do just what is claimed for their nerves over wrought and their there. Few of us ever originate any- them. The Tablets are a mild but thing out and out. We merely go a thorough laxative which regulate the bowels and sweeten the stomach and mistake to let matters drift when boys seen or heard about. How often have thus banish indigestion, constipation, ness or weak blood. They are al-most sure to fall victims of St. Vitus you heard the expression, "and that colic, colds, etc. They are sold by suggested an idea to me!" medicine dealers or by mail at 25 dance, or drift into debility that leads to other troubles. Regular meals, out-

I have spent most of my life studying about farming. I have carried on Medicine Co., Brockville, Ont. line after line of experiments trying to solve important problems, and I have

a few times succeeded in solving them in this way. But I have come firmly them out in a practical way.

I have found that most of the practical problems which experimenters are working their lives away trying to in your song?" solve have already been solved by some farmer, and that these experi-menters could save a lot of time and in 'b' in moosic? It only goes up ter bother if they would go round and see what the farmers have already found out, and publish this. There is always a large group of farmers who was given medical treatment but it would profit highly by such informa-did not help me, in fact I was steadily tion.-J. S. C.

Straw for the Wheat.

liams' Pink Pills, which she did, with We have always depended upon snow to protect the winter wheat crop from sudden weather changes. Snow from sudden weather changes. Snow is, of course, a very efficient covering for all winter growing crops, includ-ing rye, alfalfa, clovers, etc., but it frequently happens that when the covering is most needed the snow is not there. Progressive farmers have learned out of practical experience that a very light covering of strawy manure or straw is of the graatest manure or straw is of the greatest value to these winter crops when the snow is off the ground. This straw stays after the spring opens and protects the plants against the excessive action of freezing and thawing on the root system. Neither is the time required for the application of the straw wasted since the fertilizing element contained therein and the effect upon the physical condition of the soil are just as apparent as if the material had been applied to any other crop and at a time of the year when labor may be more urgently required at seasonable work.

Legs and Necks.

Naturalists assure us that, with a few exceptions, there is a marked equality betweer. the lengths of the necks and of the legs of both birds and quadrupeds. Whether they be long or whether they be short is determined, it seems, chiefly by the manner in which the animal feeds.

Crocodiles, lizards and fish have virtually no necks. Fowls that feed in the water also offer an example of this correspondence between the members, with the exception of swans and geese

NOTHING TO EQUAL There is one outstanding thing BABY'S OWN TABLETS

> Mrs. Alfred Naud, Natagan River, Que., writes :- "I do not think there is any other medicine to equal Baby's Own Tablets for little ones. I have used them for my baby and would use nothing else." What Mrs. Naud says medicine dealers or by mail at 25 cents a box from The Dr. Williams'

Putting the "H" in Music.

"The 'orn of the 'unter is 'eard on the 'ill," sang the little boy at the to the conclusion that the best way to Ragged School treat. But somehow study farm problems is to study them his version of that line in "Kathleen on farms of the men who have worked Mavourneen" jarfed on the nerves of the teacher.

"My little man," she said kindly, "why don't you put a few more aitches

G."

I was cured of Rheumatic Gout b MINARD'S LINIMENT. Halifax. ANDREW KING. I was cured of Acute Bronchitis by

MINARD'S LINIMENT LT.-COL. C. CREWE READ.

Sussex. I was cured of Acute Rheumatism y MINARD'S LINIMENT. Markham, Ont. C. S. BILLING. Lakefield, Que., Oct. 9, 1907.

Length of Seven Rivers of Canada.

Mackenzie (with Peace, 1,085) 2,525 miles; St. Lawrence (without Ottawa, 685) 1,900 miles: Nelson (with South Saskatchewan, 1,205, but without North Saskatchewan, 760) 1,660 miles; Churchill, 1,000 miles; Fraser, 695 miles; Yukon (in Canada) 655 miles: Columbia (in Canada), 465 miles.

Minar.'s Liniment Cures Garget in Cows

When Sugar Cost \$2.38.

Sugar once sold as high as \$2.38 a bound, but this was in the earlier days of its production (from 1351 to

It had fallen to 38 cents by Give way before the pene-1800 and in the United States the average price of refining sugar from 1845 to 1855 was \$4.38 for 100 pounds; on February 21, 1895, it sold for \$4.93

So do those rheumatic twinges and the loin-aches of lumbago, the nerve-inflammation of neuritis, the wry neck, the joint wrench, the ligament sprain, the muscle strain, and the throbbing

The ease of applying, the quickness of relief, the positive results, the cleanliness, and the economy of Sloan's Liniment make it universally preferred. Made in Canada. 85c, 70c, \$1.40.





Classified Advertisements.

AGENTS WANTED. PORTRAIT AGENTS WANTING good prints and finishes lowest prices on frames ask for catalogue. United Art Co., 4 Brunswick Ave., To-ronto.

MISCELLANEOUS

NEWSPAPER, WEEKLY, IN BRUCE County, Splendid opportunity, Write Box T. Wilson Publishing Co., Limited 13 Adelaide St. W., Toronto.

Pioneer Dog Bemedies

DOG DISEASES

and How to Feed Mailed Free to any Ad-dress by the Author. E. Olay Glover Co., Da. 118 West 31st Street New York, U.S.A.

PIMPLES ITCHED

AND BURNED

FaceWasBadlyDisfigured.

Cuticura Soap and

Ointment Healed.

"Small red pimples and black-heads began on my face and my face was badly disfigured. Some of the pimples fes-tered while others scaled over and there were places where the pimples user

voter and there were places where the pimples were in blotches. They used to itch and burn terribly. "I saw an advertise-ment for Cuticura and I tried them. They stopped the itching and burn-ing and I used four cakes of Soap and three boxes of Ointment which healed me." (Signed) Miss V. A. Hayne, Stormont, N. S., Dec. 26, '18.

Seap. 25c. Ointment 25 and 50c. Sold throughout the Dominion. Canadian Depot Lymana, Limited, St. Paul St., Montreal.

CHILD'S LAXATIVE

Look at tongue! Remove poi-sons from little stomach,

liver and bowels

"SYRUP OF FIGS"

Rabbits, though a great agricultural nisfortune to Australia and New Zealand, fetch to those commonwealths a considerable annual revenue rery from the sale of their pelts. The latter furnish the bulk of the commercial material for felt hats, and are largely

used for fashionable furs. CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Beilman Medical Co., Limited, Collingwood, Ont. There is hardly any fur in the market that is not imitated by the skillful preparation of rabbit skins, the art having attained so high a perfection that they are made to counterfeit even seal, otter and ermine.

MONEY ORDERS. When ordering goods by mail send

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,600. Will so for \$1,200 on quick saile. Box \$3. Wilson Publishing Co., Ltd., Toronto. Dominion Express Money Order.

Potatoes cooked in dry heat as hak ng, roasting and steaming in their ackets should be served as soon as they are done to prevent them from becoming soggy. If they must stand a while, prick the skins when the potatoes are done.

"DANDERINE" PUTS

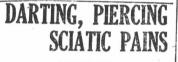
BEAUTY IN HAIR

Girls! A mass of long, thick, gleamy tresses



double its beauty. You can have lots of long, thick, strong, lustrous hair. Don't let it stay lifeless. thin, scraggly or fading. Bring back its color, vigor and vitality.

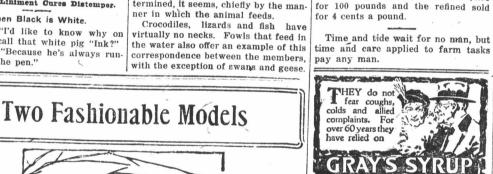
Get a 35-cent bottle of delightful "Danderine" at any drug or toilet counter to freshen your scalp; check dandruff and falling hair. Your hair needs this stimulating tonic: then its life, color, brightness and abundance will return-Hurry!



trating effects of Sloan's Liniment



Accept "California" Syrup of Figs only-look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose 30 BROPS COLICIES on each bottle. Give it without fear. Nother! You must say "California."



1400).

No Smyrna Figs This Year. Unknown to the outside world, because of the strict censorship, conditions in and around Smyrna have been so unsettled that many of the ordinary activities of the population have been suspended. The famous Smyrna fig crop was neglected last summer, be-cause of the fighting, and there will be no figs for export his year.

In this Smyrna region there has been especial distress among the



No. 9237—Ladies' Overblouse. Price, length, 2% yds. 36 ins. wide, or 1¼ 25 cents. To be worn over a skirt; yds. 54 ins. wide. Width around bottom 1½ yds. with or without four-piece tunic and

No. 9216-Girl's Dress. Price, 20 trimming-straps. Cut in 8 sizes, 34, cents. Kimono sleeves; with or withbeen especial distress among the Turkish refugees. They fied from the Greeks in Macedonia; now they and the villagers also have had to fiee again from Greek troops, this time westward toward Constantinople and Brousa. The interallied commission has dealt with the situation, and is re-moving the difficulty. Women property owners in Italy mow number in excess of 1,000,000. trimming-straps. Cut in 8 sizes, 34, cents. Kimono sleeves; with or with-cents. Kimono sleeves; withou straing-band. Cut in No. 9138-Ladies' Two-Piece Skirt: Size 8 requires, 32 ins. wide; or 1% yds. 40 ins. wide; 32 ins. wide; or 1% yds. 40 ins. wide; 32 ins. wide; or 1% yds. 40 ins. wide; These patterns may be obtained from your local McCall cealer, or from the McCall Co., 70 Bond St., Wide, or 1% yds. 54 ins. wide; 87-inch

Montreal D. WATSON & CO., New Yor C. S. DON'T WHIP! Stop Lashing Your Bowels with Harsh Cathartics but take "Cascarets." Everyone must occasionally give to the bowels some regular help or else suffer from constipation, bilious at-tacks, stomach disorders, and sick headache. But do not whip the bowels into activity with harsh cathartics. What the liver and bowels need is gentle and natural tonic, one that can constantly be used without harm. The gentlest liver and bowel tonic is "Cascarets." They put the liver to work and cleanse the colon and bowels of all waste, toxins and poisons, "without griping, - they never

RED SPRUCE GUM

for prompt results. With the lowered

strength and vitality of age they realize more than ever before the importance

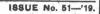
of having Gray's Syrup on hand for

They always buy the Large Size

mel, Salts, Oil, or Purgatives. Twenty-five million boxes of Casca rets are sold each year. They work while you sleep. Cascarets cost so little too.

ED. 7.

sicken or inconvenience you like Calo-



ONLY TABLETS MARKED **"BAYER"** ARE ASPIRIN Not Aspirin at All without the "Bayer Cross" 5 Y ER

The name "Bayer" on Aspirin is like 14 Karat on gold. It positively identifies the only genuine Aspirin,— the Aspirin prescribed by physicians for over nineteen years and now made in Canada. Always buy an unbroken package Always buy an unbroken package

There is only one Aspirin-"Bayer"-Teu must say "Be Aspirin is the trade mark (registered in Canada) of Bayer Manufacture aceticacidester of Salicylicacid. While it is well known that Aspirin ma manufacture, to asmirt the public against imitations, the Tablets of Bayer will be stamped with their general trade mark, the "Bayer Cross."