

Sufferers From Piles



Pyramid Pile Treatment gives quick relief, stops itching, bleeding or protruding piles, hemorrhoids and such rectal troubles. In the privacy of your own home. No box at all druggists. A single box often cures. Take no substitute. Free sample for trial with booklet mailed free in plain wrapper. If you send us coupon below.

FREE SAMPLE COUPON
PYRAMID PILE COMPANY.
 665 Pyramid Bldg., Marshall, Mich.
 Kindly send me a Free sample of Pyramid Pile Treatment, in plain wrapper.
 Name.....
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GIRLS! TRY IT! HAVE THICK, WAVY, BEAUTIFUL HAIR

Every particle of dandruff disappears and hair stops coming out.

Draw a moist cloth through hair and double its beauty at once.

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Dandrin" hair cleanse. Just try this—moisten a cloth with a little Dandrin and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt, and excessive oil, and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Dandrin dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes, but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely invest a few cents in a bottle of Dandrin's Dandrin at any drug store or toilet counter, and just try it.

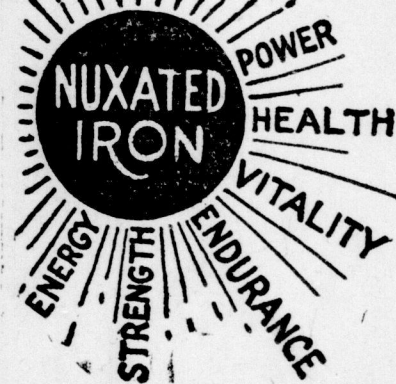
Save your hair! Beautify it! You will say this was the best money you ever spent.

DANDRUFFY HEADS BECOME HAIRLESS

If you want plenty of thick, beautiful, glossy, silky hair, do by all means get rid of dandruff, for it will starve your hair and ruin it. It has been proven that it doesn't do much good to try to brush or wash it out. The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning, most, if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it.

You will find, too, that all itching and digging of the scalp will stop, and your hair will look and feel a hundred times better. You can get liquid arvon at any drug store. It is inexpensive and four ounces is all you will need, no matter how much dandruff you have. This simple remedy never fails. Adv.



Nuxated Iron increases strength and endurance of delicate, nervous, run-down people in two weeks' time in many instances. It has been used and endorsed by such men as Hon. Leslie M. Shaw, former Secretary of the Treasury and Ex-Governor of Ohio; Former United States Senator and Vice-Presidential Nominee Charles A. Tamm; General John L. Glenn (Retired), the drummer boy of Shiloh, who was sergeant in the U. S. Army when only 12 years of age; also United States Judge G. W. Atkinson of the Court of Claims of Washington, and others. Ask your doctor or druggist about it. Buy.

"CASCARETS" SET YOUR LIVER AND BOWELS RIGHT

They're Fine! Don't Remain Bilious, Sick, Headachy and Constipated.

Best for Colds, Bad Breath, Sour Stomach—Children, Love Them.

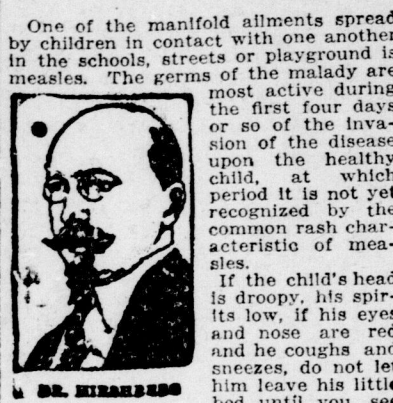
Get a 10-cent box now. Be cheerful! Clean up inside tonight and feel fine. Take Cascarets to loosen your liver and clean the bowels and stop headaches, a bad cold, biliousness, offensive breath, coated tongue, yellowness, sour stomach and gases. Tonight take Cascarets and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Wake up feeling grand—everybody's doing it. Cascarets best laxative for children also.

Secrets of Health and Happiness

Measles Best Treated Simply ---Under Your Doctor's Care

By DR. LEONARD KEENE HIRSHBERG.

A. B., M. A., M. D. (Johns Hopkins University.)



One of the manifold ailments spread by children in contact with one another in the schools, streets or playground is measles. The germs of the disease during the first four days or so of the invasion of the disease upon the healthy child, at which period it is not yet recognized by the common rash characteristic of measles.

If the child's head is drooping, his spirit low, if his eyes are red and watery, if he coughs and sneezes, do not let him go to school. If the child's head is drooping, his spirit low, if his eyes are red and watery, if he coughs and sneezes, do not let him go to school.

Measles is not very dangerous from the standpoint of the fever it brings with it, but the exhibitions of coughing and sneezing may result in serious complications. If the bronchial tubes, situated deeply in the chest, become affected, the child's condition may become prolonged and serious. Parents must also be careful of the child's condition, since at this period the child has been left especially susceptible to other ailments. A condition predisposed to other ailments that seem so often to hover in the air. The child, however, for once, if latent in the child before the recent measles, may develop into a strong active child.

There seems to be practically no way of treating measles except by simple means. Confine the child to his bed and keep the room well ventilated. In the day time, if the child's eyes are sore, keep the room dark. Do not make the child absolutely isolated or alone. If the mother does, that the child with measles must be deprived of air. Air is absolutely essential for cure. If you must darken the room, find a means whereby you do not sacrifice one bit of fresh air.

Some Diet Hints.

Feed the sick child very light diet, with milk predominating. Do not give him raw milk unless you are absolutely sure that it has been pasteurized.

Otherwise boil it, and serve it cool. Give him a bit of broth once in a while. You will find that he also enjoys a dish of cream every now and then. If you see to it that he eats this slowly it will give him pleasure and help him to eat, however, he tends to gulp it down in lumps, prevent him from doing it, as that may cool his internal tubes and suddenly and cause trouble. Plenty of sweat should be induced. A very large part of the diet of the sick child.

If the child's rash does not seem to come out soon enough, warm drinks and hot baths will bring it out. Always be sure that the child's digestive tubes are active and free.

If no extraordinary peculiarities are exhibited, and proper care of the child is taken, measles will go as readily as it came, and the child will not have lost in health. It is well, however, to suit the physician early in order to make sure that the malady is only in its mild form.

Answers to Health Questions

A. L. W.: Q.—Please tell me how to reduce my weight.

A.—You must not get more than eight hours' sleep out of the 24; keep the intestines active and get daily outdoor exercise. You should reduce the amount of sugars, starches and oils which are taken into the body. Food laxatives, such as uncooked bran and prunes, help in the reducing process. Drink plenty of water, and eat between meals. Do not eat any bread, except gluten, and have this toasted.

L. K.: Q.—Will you please give me something to remove superfluous hair from my upper lip.

A.—What do you advise for a greasy skin?

3. Please tell me what to do to reduce my arms above and below the elbow.

A.—Remember that there is no such thing as a free lunch. About twice a week, or when you need it, a little of the following may be tried:

Calcium sulphide 2 parts
 Zinc oxide 1 part
 Starch 1 part

When you are ready to use this, make a paste with water and apply to the parts. Let it remain on the skin for a short time, and then wipe off gently with a soft cloth.

2. Use a little of the following for your greasy skin:

Rosewater 1 pint
 Glycerine 4 ounces

3. The arm above the elbow is large, not usually from fat, but from muscular development, and it is very foolish to try to reduce it.

Dr. Hirschberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice in individual cases. When the subject is not of general interest letters will be answered personally if a stamped and addressed envelope is inclosed. Address all inquiries to Dr. L. K. Hirschberg, in care of this office.

ADELE GARRISON'S NEW REVELATIONS OF A WIFE

What Happened When Madge and Edith Faced Each Other.

The first effect of Edith Fairfax's passionate adoration and revelation upon me was a quick revision of the tender, loving feeling I'd had for her.

So it was true, after all! Her journey had been to see Dicky—Dicky of whose very address I was uncertain. I had been flamed up again within me, and must have been visible upon my face, for I saw the girl shrink back as if my hand had been raised for a blow.

The sight of her evident fear brought me back to my senses with a rush, and what I feared was true—something which my returning sanity and common sense doubted. I would gain nothing by frightening her.

So I schooled my voice and face to betray no emotion of a momentary kindness.

Don't let us misunderstand each other, Miss Fairfax. I said quietly.

"You don't need to be afraid of me or to shrink from me. I am not angry at you." I paused, the falsehood to my soul with the sophistry that my nearest neighbor had indeed fed—"I am only anxious to find out from you certain things which it is necessary for many reasons to know for me to know."

There was a flashing change in her face—relief predominated, but there was also quick, furtive glancing of her eyes, as if I have observed in many girl pupils undergoing a quizzing concerning some forbidden subject. I at once interpreted it to mean that there were some things concerning Dicky which she would not tell me.

When she answered me her voice held a calm dignity instead of the passionate protest of a moment before.

"I shall be very glad, Mrs. Graham, to answer any question I can—without betraying a confidence."

The inference that she held confidences of my husband's from which I was barred upon my enforced calm—dictated a speech worthy of a shrew: "It is no secret to me, Miss Fairfax. I said scathingly, 'that my husband and you care for each other, and it is scarcely necessary for you to flaunt the fact that there are confidences between you that you don't care to reveal to me.'"

"No Wider Your Husband's?"

I regretted the speech as soon as it had left my lips, but not so poignantly as I did a moment later when the girl had insulted sprang to her feet, and with the hot color dyed her proud, sensitive face, flamed out at me royally: "Oh! Oh!" she choked. "How can you say such cruel, disgusting, vulgar things to me? No woman would ever band—"

She stopped, panic-stricken, and the color ebbed out of her face, leaving her deadly pale. I watched her with almost an uncanny fascination. What was the rest of the sentence which she had left unfinished concerning Dicky?

And then I saw transformation made. As if by magic the shyness, the timidity, the girliness of Edith Fairfax seemed to slip from her, leaving a calm, poised woman of the world, who looked out at me from searching, appraising, judging eyes.

"Please forgive me," she said with sincerity, but there was only dignity, no abasement in her contrition. "I should not have spoken to you in that manner, but—"

"Neither should I have spoken as I did," I finished for her. "I trust you will accept my apologies." She inclined her head in grave assent, but there was something in the expression of her eyes that disabused me of my fancied read renunciation, judgment, warning in her dark depths.

"I Love Him Truly."

"Mrs. Graham," she said after a little pause, "I want you to do me the honor of believing that what I am going to say to you is the exact truth."

She looked at me expectantly. "I do believe it," I returned with unexpected earnestness, and knew that I meant the assertion.

"Then let me assure you now," she went on, "that your husband does not care for me at all in the way you think. That he believes me to be a true friend who has been able to serve him in two or three emergencies who he intends ready to serve him. I am sure. That I care for him deeply, honestly, you have a fully upon my part, thank God!"

"It is my prayer that he will never know—and yet—and yet—"

He broke into tears all the more bitter because unshed. "I love him more truly than you do."

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THE NEWEST NEGLIGEEES



Charming Adaptations of Chinese Modes Seen

"Chinese fashion" suggests a loose, flowing kimono to most of us. But the typical indoor frock of the Chinese lady is a thing of beauty, with which few are familiar. Straight of line from neck to hem, it has a wide, flowing collar, a distinctive cut and fit that make it a graceful and charming wrap. There is a slight adaptation of the idea in the first negligee illustrated here. Although it is loose-flowing and comfortable, it has a strong, distinctly marked line from shoulder to ankle that gives it a graceful and dignified contrast to the usual flowing negligee. This costume is of mauve Chinese silk, bordered with bands of old blue satin that contrast beautifully. This silk is worn over a slip of mauve chiffon, and over the slip a sleeve and skirt is draped this mauve chiffon.

More ornate and loose-flowing is the second negligee illustrated, which suggests the straight line of the Chinese model. This frock is of shirred yellow satin, with a wide, flowing collar and a distinctive cut and fit that make it a graceful and charming wrap. There is a slight adaptation of the idea in the first negligee illustrated here. Although it is loose-flowing and comfortable, it has a strong, distinctly marked line from shoulder to ankle that gives it a graceful and dignified contrast to the usual flowing negligee. This costume is of mauve Chinese silk, bordered with bands of old blue satin that contrast beautifully. This silk is worn over a slip of mauve chiffon, and over the slip a sleeve and skirt is draped this mauve chiffon.

An unusual color scheme distinguishes this frock. With a background of yellow chiffon, the trimming used is a contrast in wide-banded ribbon of brown and other autumn tints. Such a negligee is especially becoming to a blonde, or a person with auburn or golden brown hair.

That the Hittites were in constant communication with other nations is shown by the fact that Egyptian Pharaohs and Assyrian kings, and Greek terra cotta figures are found in the tombs of different periods. Bronze daggers and jewelry are fairly common, and a safety pin, 3,000 years old, that would still work, is said to have been found.

There's a definite tendency toward the loose-hanging costume these days. And this doesn't mean the "semi-fitted" styles. Loose blouses of the Russian or smock type are all the rage, and now fashion orders that the suit coat also is to be loose-fitting for the young or slim.

Although considered a typical young girl style, the loose-fitting box coat has the advantage of giving youthful lines to those not so blessed. For the box coat is invariably the same on the slim figure, regardless of the imperfections which nature may have left there. It is a graceful silhouette, graceful and attractive.

There's another advantage about the box coat costume. It can be severely trimmed, nevertheless it still maintains a youthful simplicity which could not be attained by other styles. The box coat is used. Only coat and skirt are shown in the illustration, but the costume is really three-piece. In the original illustration, a blouse of old blue chiffon is worn with the skirt.

Brown duvetyne is the material used in this box coat suit, and the trimming is in pink fur, brown wool embroidery and a touch of Chinese blue.

The skirt is scant, and has a deep border of brown wool embroidery. This same border appears on the bottom of the jacket and around the sleeves. This suit is for early fall wear—consequently the three-quarter-length sleeves are appropriate. These sleeves are quite full, and the soft blue chiffon of the blouse is exposed for a few inches below the elbow to the wrist.

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