CAT'S PAW CUSHION RUBBER HEELS

Wear longer than the ordinary rubber heels because of the canvas friction plug.

50¢ A PAIR PUT ON

6

Interest Paid on the Date at Your Local Bank

No bother; no waiting for your interest. Simply call at your bank, present your coupon, and the interest is paid over the counter in cash.
No tales of woe from the mortgagor who can't pay. No foreclosure proceedings and loss of time; and no lawyers fees to eat up your earnings. Just call for your interest; it is cheerfully paid every six months.

5% Mortgage Corporation Debentures

are issued in sums of $100 and upwards for a period of time to suit the purchaser. Nothing so simple or so safe. Thousands of people have invested their savings in these debentures without the loss of a dollar invested.

$100 invested at 5% doubles itself in 14 years.
$100 saved at 3% takes 23½ years to do the same thing.

Write for Booklet entitled "Profits from Savings."

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BRITISHERS MAKE RAID AND CAPTURE BULGARS

PARIS, June 26.—The French official statement from Macedonia says:

"Eastern theatre, June 25.—Quite intense cannonading on both sides took place in the region of the Vardar and the Cerna Bend, where a strong Bulgarian reconnaissance, which attempted to enter our trenches, was dispersed with rifles and grenades. The British troops carried out to the east of Lake Doiran a successful raid, in which they made about a dozen Bulgarians prisoners."

BULGARS HAVE UPPER HAND.

BERLIN, June 26.—The German official statement says:

"Macedonian war theatre—Conditions are unchanged. In forefield engagements the Bulgarians retained the upper hand."

FIG SEN
TAKE ONE AT NIGHT MAKES YOU FEEL RIGHT
10¢ Royal Quality Stores 25¢

Miller's Worm Powders
Contain No Narcotics
WHEN your child is restless, peevish, sleepless, or when convulsions threaten, it indicates the ravages of worms and that the little one's strength is being sapped and undermined. Miller's Worm Powders act promptly at the root of the trouble and restore the digestive organs to a healthy condition. Price 25 cents. At your dealers or mailed direct on receipt of price.
Northrop & Lyman Co., Ltd.
Dept. E. W., Toronto

Kaiser Anxious To Please 'Old Fritz' in Elysian Fields

Urges Troops on Western Front Not to Let Loose Their Hold.

AMSTERDAM, June 26.—Emperor William on June 21 in reviewing troops on the western front made a speech in which, according to a Berlin telegram today, he said:

"I express to the troops gathered here my fullest appreciation of their conduct and my firm confidence that they as hitherto, whenever they may be employed, will, trusting in God, do their duty and succeed in gaining the peace for the fatherland which we need for its development."

In conclusion the emperor is quoted as saying:

"I am especially delighted to be able once more to congratulate the well-tried dragoon regiment of Bayreuth of Hohenfriedeberg fame. When in the late summer of 1916 I sent the Borecki squadron to Rumania, I gave it on the way my order to maintain at all costs the old tradition wherever it might be and to gain fresh laurels if possible. The regiment fulfilled the expectations of its supreme war lord and accomplished deeds which will please "Old Fritz" up there in the Elysian fields. May it keep this up. We shall not let loose our hold until a happy peace is granted."

THIN PEOPLE CAN NOW INCREASE WEIGHT

From 15 to 40 Pounds in 60 Days—Easy and Simple and Perfectly Safe—Just Try It.

All this "eat and grow thin" talk going the rounds nowadays is a merry joke to the thousands of thin, underweight, undeveloped men and women who eat three good, square, hearty meals a day yet cannot put a single pound of healthy, stay-there fat between their skin and bones. Reliable information on how to "eat and grow fat" is what they are seeking for their meals don't seem to do them a bit of good.

Due to recent important discoveries in food chemistry it is at last possible to scientifically turn the fats in the food into fat on the body, and most any thin man or woman can by following this easy system readily and quickly add from 15 to 40 pounds of healthy flesh to their weight. This new flesh-making force is known to physicians and druggists as Saltogyn and the way it increases the weight of thin people is remarkable. Through its regenerative, reconstructive powers Saltogyn gently but firmly induces the stomach and intestines to literally soak up the fattening elements of food and pass them right into the blood, where they are carried to every starved, broken-down cell and tissue of the body. Saltogyn is not a medicine but a real flesh food and a few grains should be mixed with the food at each meal and thoroughly chewed before swallowing. Notice how quickly after taking the cheeks begin to fill out and rolls of firm, healthy flesh are deposited over the entire body, covering each bony angle and projecting point.

Saltogyn is both pleasant to take and harmless and inexpensive as well. A ten days' supply can be obtained here in London from Standard Drug stores and leading druggists everywhere under an absolute guarantee of an increase in weight or money back.

NOTE.—While because of its nutritive action on the nerve cells Saltogyn has been very widely prescribed in nervous troubles and particularly for nervous indigestion, it should not be used for such purpose over five days at a time unless the patient is also willing to increase at least ten pounds in weight.

LEADING PHYSICIANS INDORSE
ABBEY Effervescent SALTS

WOULD YOU LIKE GOOD HAIR? Cuticura Soap and Ointment will help you realize this ambition. Samples of each free with 32-page book. Address "Cuticura," Dept. S, Boston.

Well-Known Ontario Woman Speaks.

Welland, Ont.—"I am most pleased to say that Dr. Pierce's Favorite Prescription has proved itself a first-class remedy. I was run down, weak and played-out, and needed a woman's tonic. I have just finished using one bottle. I feel much stronger and better. Can eat better and am less nervous. You may say that 'Favorite Prescription' is just the medicine for tired-out, worn-out women. It does wonders for them."—Mrs. George Flanigan, E. Main and State streets, Welland, Ont.

THIS PRESCRIPTION IS FOR YOU.

If you suffer from hot flashes or dizziness, fainting spells, hysteria, headache, or nervousness you are not beyond relief.

Dr. Pierce's Favorite Prescription is directed to the real cause and promptly removes the disease, and thereby brings comfort in the place of prolonged misery.

It has been sold by druggists for nearly 50 years, in fluid form, at $1.00 per bottle, giving general satisfaction. It can now be had in sugar-coated tablet form. Sold by all medicine dealers or trial box by mail on receipt of 50 cents in stamps.

Every sick woman may consult us by letter, absolutely without charge.

Write without fear as without fee, to Faculty of the Invalids' Hotel, Dr. V. M. Pierce, President, 663 Main street, Buffalo, N. Y.

Dr. Pierce's Pellets are unequaled as a Liver Pill. Smallest, easiest to take. One tiny, sugar-coated pellet a dose. Cure Sick Headache, Bilious Headache, Dizziness, Constipation, Indigestion, Bilious Attacks, and all derangement of the Liver, Stomach and Bowels.

TIGHT MEASURES OF PROHIBITION SUITS AMERICAN SENATORS

Sub-Committee Has Rewritten Food Control Bill.

MAY PASS THIS WEEK

Will Allow President to Permit Manufacture at His Discretion.

WASHINGTON, June 26.—The administration food control bill passed by the House was re-written today by a Senate agriculture sub-committee so as to give President Wilson the power and responsibility of deciding whether the nation shall be "bone dry" during the war and to place iron and steel and many other products, in addition to food and fuel, under Government control. These and other changes are so satisfactory to many senators who have been opposing the original draft of the legislation that both advocates and opponents tonight predicted passage in the Senate by Saturday.

As a substitute for the House prohibition sections, which, without qualification, forbid the manufacture of foodstuffs into liquor, the sub-committee adopted provisions which would prohibit manufacture during the war of all intoxicating beverages, and empower the president to commandeer existing supplies of distilled spirits, but would authorize the executive in his discretion to permit manufacture of malted, fermented and vinous beverages and fix their alcoholic content.

Opponents Converted.

As re-written, the sub-committee draft will be considered tomorrow by the agriculture committee and probably will be reported at once for Senate discussion without material change.

Senators Gore, Smith of Georgia and others prominent in the bitter fight against the legislation have announced their support for the redrafted measure.

For the House prohibition plan the sub-committee substitute provides:

"That from and after thirty days from the date of the approval of this act it shall be unlawful for any person, firm or corporation to use in the manufacture of any intoxicating liquors for beverage purposes any perishable or non-perishable feeds, foods or food materials.

President Can Rule.

"Whenever the president shall find it unnecessary to conserve the perishable products named, he is empowered to permit the use of such products in the manufacture of vinous liquors.

"Whenever, in the judgment of the president, the public interest would be subserved, thereby, he is empowered to permit the limited use of the materials mentioned in the manufacture of malt or fermented liquors and to prescribe the alcoholic content thereof."

Another section adopted would authorize the president to take over any or all distilled spirits now in bond, upon payment of a reasonable and just price to distillers, for re-distillation into alcohol for war, industrial or other non-beverage purposes.

BRITAIN WILL NOT TAKE REPRISALS OF THE PRUSSIAN KIND

Former Chairman of Air Board Replies to Query.

MILITARY RAIDS WILL DO

Air Service Is Doing Untold Damage Behind Enemy's Lines.

LONDON, June 26.—No intention of yielding to the widespread demands for reprisals on German towns for the German air raids on England was shown in a debate on the subject today in the House of Commons. The question having been raised by Lord Stratchie, Baron Sydenham, former chairman of the air board, deprecated the policy of reprisals. He said he felt sure that in future years the British would be thankful they had not lowered themselves to the level of the Germans. Furthermore, it was not generally realized that bombing reprisals of a military nature were a systematic and a daily occurrence behind the German lines. He invited the government to tell the country something about these operations.

Not to imitate Brutality.

In behalf of the government, the Earl of Derby, Minister of War, expressed belief that the whole country would associate itself with the suggestion that England should not try to imitate German brutality. He added on the authority of the head of the air-craft service in France, that for every bomb the Germans dropped behind the British lines the British dropped a hundred behind the German lines. This bombing, he said, had a solely military object and the government considered that nothing should be done to tie the hands of the military authorities in the employment of the air-craft at their disposal in the best way to bring the war to a successful conclusion.

Baron Montagu said it was absolute humbug to talk of London being an undefended town, and he declared that the Germans had a perfect right to raid it. He contended that the system of air defence was at fault. What was wanted was an independent air board under a strong and single central control.

Enemy Flooding Plain Between Avion and Lens

Germans Fighting for Lens Like a Wolf in a Corner.

[By Staff Correspondent of the Associated Press.]

BRITISH HEADQUARTERS IN FRANCE, June 26.—Realizing his danger, the German commander is fighting for Lens like a wolf in a corner. Lens gone means that a large sector will have to be abandoned. So, inside a salient somewhere resembling the shape of a dog's head, the Germans are hanging on till the last hope goes glimmering.

The Canadians took La Coulotte this morning at 7, their patrols pushing on eastward towards Avion, while other British troops advanced down the eastern slope of Hill 65.

Plains Are Flooded.

The Germans have extended the floods with water from the River Souchez until the plain between Avion and Lens is well covered. The mill city on the western fringe of Lens has been razed by order of the German higher command, so that the machine guns may have a clean sweep at the British as they approach. Lens itself is a mass of ruins. The walls still stand, but the city is roofless.

Whole rows of houses have been levelled, that the field guns may obtain wider ranges. The entire city has been converted into a German fortress, in which each ruined house is a machine gun emplacement, and every cellar and sub-cellar a refuge.

Take Every Advantage.

For weeks the British refrained from shelling Lens, but the German taking advantage of the sentiment, brought their guns into the town, razed houses about the gunpits, and then blazed away safely. Recently, therefore, the British guns have trained their sights on the gun positions hidden in the mining capital. The German losses in the Lens salient are heavy, and new drafts are constantly demanded. Prisoners say that they had been promised peace definitely by September.

NORWAY IS ABLAZE WITH INDIGNATION OVER GERMAN PLOTS

Ton of Explosives Found in All Shapes.

CHRISTIANIA, Norway, June 26. — Discovery of the German plot to destroy Norwegian steamers by explosion, unearthed late last week, has appalled the whole nation. The newspapers demand publication of all the facts in the case and of the steps which are being taken to bring the matter to the attention of the German Government.

In all, a ton of explosives has been discovered, concealed in artificial lumps of coal, which presumably were to be placed in ships' bunkers, and in bombs fitted with the most ingenious mechanism.

It has developed that a trunk full of explosives was brought to Christiania in February by a courier of the German foreign office, whose official seal was on the trunk. The trunk was addressed to the German embassy here, and, according to international usage, it was admitted without examination.

After the discovery of the explosives the German embassy declared the trunk was destined for Finland, but no explanation was given as to why it had remained here so long.

The explosives were found in all manner of articles, including glass vials, fountain pens, pencils, cigarettes and tobacco.

At the examination of Aron Rautenfels, a German citizen, and others arrested in connection with the case, it was admitted that explosives were also to have been placed in steamers bound for America.

INCENDIARY SUSPECTED IN BAD WINDSOR FIRE

Home of Friendless Threatened by Blaze, Which Destroys Coal Yard.

WINDSOR, June 26.—Fire thought to be of incendiary origin completely destroyed the extensive feed sheds and coalyard of Louis Kaplan on Wyandotte street east at 11 o'clock tonight, entailing a loss estimated at $4,000.

The Home of the Friendless, which adjoins the Kaplan buildings, was threatened by flying embers and Matron Morphy had a strenuous time with a dozen or more aged inmates, whom she roused from bed and sent out into the streets fully dressed, as it was feared the institution would go. Good work by the firemen kept the fire from extending outside the Kaplan block.

CANADIAN CASUALTIES

Infantry.

Missing—437588 A. C. Toward, Edmonton, Alta.

Gas Poisoning—902431 B. Swain, Canso, N.S.; 193034 S. C. Crosbie, Hamilton, Ont.; 104628 W. Young, Saltcoats, Sask.; 474252 S. N. Gooden, Beckenham, Sask.; 706137 F. Aldous, England; 420173 A. A. Bacon, Vancouver; 222763 P. McKenzie, North Sydney, N.S.; 902018 R. E. Spencer, Londonderry, N.S.; 878344 J. J. Campbell, Baddeck, N.S.; 223311 J. Hudgins, Aylesford, N.S.

Wounded—539173 C. A. Folster, West Selkirk, Man.; 132627 J. Hanna, 482 Delorimer, Montreal; 432021 B. G. Hadcock, Salford Ont.; 101105 T. E. Lunan, Campbell's Bay, Que.; 234441 J. Smith, Mortlach, Sask.; 829512 G. L. Tetlock, Lundar, Man.; 472109 H. Wilson, England; 234011 B. R. Rice, England; 235189 A. Thompson, Shoal Lake, Man.; 794196 P. F. Knudson, Denmark; 775366 J. M. Paton, 245 St. Clarens avenue, Toronto; 102772 T. Walsh, Ireland; 102765 H. R. Graham, England; 907717 L. Olson, Cushing, Wis.; 841917 W. Bull, Lachute, Que.; 454111 D. Paquette, Ottawa; 68941 D. Stewart, Vernon River, P. E. I.; 770106 F. W. Smith, 6058 Esplanade, Montreal; 458476 S. Pullett, Lachine, Que.; 457667 W. Markell, 141 Charron street, Montreal; 177385 J. Twohey, 47 Devienne street, Montreal; 457446 C. Ness, Scotland; 145408 E. Bithell, England; 760353 P. L. Bennett, England; 102133 H. Quarmby, Victoria, B.C.; 180039 R. H. Ely, Victoria; 102210 Major J. R. Allan, Medicine Hat; 907103 J. Harrington, England; 160780 A. Parks, Ireland; 101524 A. E. Robertson, England; 704108 H. Scales, England; 184234 R. Sigman, Benton, Alta.; 184072 A. Anderson, Gadsby, Alta.; 208273 C. Geller, Chicago, Ill.; 417953 D. Dovhaniuk, Russia; 703678 J. Glennie, Vancouver; 102737 J. Kerr, Marksboro, N. J.; 102768 W. Johncox, Vancouver; 907988 W. McDonnell, Dundalk, Ont.; 234574 W. J. Butler, Winnipeg; 418860 G. Doyle, 293 Booth avenue, Toronto; 133260 G. McCart, 253 Highbernia road, St. Charles, Montreal; 448037 J. Brown, 457 Sanguinet street, Montreal; 228808 T. D. Purves, Scotland; 223121 D. W. Cameron, Westville, N. S.; 901603 A. W. Perry, Hants Port, N. S.; 223474 S. Brook, Craigmyle, Alta.; 1000584 L. A. Basler, Rapid City, Man.; 802006 F. Warren, England; 703004 C. A. Charlton, Calgary; 474127 A. N. Banfield, Davidson, Sask.; 887165 W. Wilkins, England; 669686 A. G. Houghton, 248 Berkeley street, Toronto; 127581 J. A. Ronson, Wallaceburg, Ont.; 138736 T. D. Marsden, England; 164168 L. C. Plogg, Maden, Ont.; 164033 T. Billings, Paris, Ont.; 1634444 J. A. Stapley, 43 Gowen avenue, Toronto; 171428 H. Baldwin, 2 Whitby avenue, Toronto; Lieut. G. R. Parsons, Wolfeville, N. S.; Lieut. N. M. Cosby, 151 St. George street, Toronto; 220503 F. Locke, England; 799712 M. C. Dunn, 90 Winchester street, Toronto; 27037 W. Bennett, Cupid, Newfoundland; 800246 A. Donaldson, 9 Gerrard Place, Toronto; 406684 R. O. Buchanan, Waterdown, Ont.; 192656 T. J. Billany, England; 799362 J. W. McKay, Scotland; 495993 L. H. Pocock, England; 969904 W. Nightingale, 2 Cobourg avenue, Toronto; 1032309 W. G. Keepin, Fortune Bay, Newfoundland; 164536 H. Halstead, St. Catharines, Ont.; 163738 A. V. Jones, England; 171446 W. Craig, 249 Erie Terrace, Toronto; 136010 E. Doddrell, England; 829818 W. Lamoiski, Poland; 192068 C. Carr, Rathwell, Man.; 231945 F. Kennedy, Winnipeg, Man.; 115657 G. E. Haight, Ninga, Man.; 623123 W. Webb, England; 904926 P. Mattison, Plummer, Minn.; 237588 L. T. P. Preddy, Rochester, N. Y.; 163439 E. J. Snell, England; 437393 W. H. Edwards, England; 237425 G. H. Halligan, 35 Essex avenue, Toronto; 2108349 J. J. Simpson, Amherst, N. S.; 811918 W. F. Waters, Excelsior, Alta; 715346 N. W. Jackson, Aylesford, N. S.

Wounded and Shell Shock—213034 P. E. H. Ringrose, Kingsville, Ont..

Shell Shock 830630 A. Rousseau, Keewatin, Ont.

Previously Wounded, Now Not Wounded—748946 A. S. Cloutier, Cookshire, Que.

Previously Missing, Now Not Missing—74315 T. Jackson, Regina, Sask.

Toronto, June 26.—Federal and prov. Lieut. E. G. Lester, Seattle, Wash.; 475244 C. Wood, Winnipeg; 408195 D. Roberts, England; 105666 C. Keeping, England.

Mounted Rifles.

Presumed to Have Died—415289 A. Horton, Canso, N.S.; 415187 E. Hill, Sydney, N.S.

Died of Wounds—727325 E. Payne, England.

Wounded and Missing; Believed Killed—157100 L. N. Kelsey, 25 Earnscliffe avenue, Toronto.

Gas Poisoning—291821 N. J. Higgins, Melita, Man.; 171513 J. McKnight, 815 Erie Terrace, Toronto; 415634 I. Walker, Weymouth, N.S.; 106417 J. McDonald, Markdale, Ont.; 291971 J. H. Harrison, Killarney, Man.

Ill—195944 G. B. Seaborn, Coe Hills, Ont.; 2323457 E. F. Shaw, Peachland, B.C.

Wounded and Gassed—709783 W. Bolster, Gibson, N.B.

Wounded—748897 L. P. Ewens, Sherbrooke, Que.; 445239 J. A. Adams, Matapedia, Que.; 111300 G. McDonald, Moncton, N.B.; 63907 G. G. Wand, 2436 St. Urbain street, Montreal; 709870 W. Estabrook, Fredericton, N.B.; 709633 H. Horncastle, Fredericton, N. B.; 709738 W. B. Stinson, Dumbarton, N. B.; 110418 J. McQuade, Scotland; 688097 J. Coombs, Vancouver; 633765 A. Derouchie, Maxville, Ont.; 202063 R. Wilson, Maple, Ont.; 838549 W. J. McGirr; Durham, Ont.; 838015 F. H. Bellamy, Flesherton, Ont.; 838804 R. J. Watterson, Markdale, Ont.; 405533 C. Bramwell, England; 709681 H. B. McLean, Chipman, N.B.; 748215 F. Rathburn, Bury, Que.; 910954 F. J. Stevens, Hazelcliffe, Sask.; 649278 H. S. Quinn, Charlton, Ont.

Artillery.

Killed In Action—303073 S. Vokes, Hanson, Mass.

Wounded—83619 R. S. Monro, England; Major Arthur G. Peake, Charlottetown, P.E.I.; 85947 D. Ferguson, Glace Bay, N.S.; Lieut. W. J. H. Ellwood, England; 476795 G. Haddock, Ireland; 304146 E. Wellwood, Peterboro, Ont.; 6291 W. C. Cameron, 444 Gerrard street, Toronto; 5867 G. Nursey, England; 5914 R. F. Parking, England; 794230 O. Jenzen, Denmark; 793341 B. E. King, Nixon Settlement, N.B.

Services.

Killed Accidentally—636848 E. McCall, St. Clarence avenue, Toronto.

Wounded—233313 C. J. Marlott, Meridian, Miss.; 1102086 F. King, Bradford, Ont.; 1102047 E. E. Kightley, England; 1102154 L. Linteau, Loretteville, Que.; 1042804 F. E. Barnett, England; 1102499 G. Brew, Ottawa; 835207 W. Day, Camden East, Ont.; 34702 E. Johnson, Winnipeg; 447860 A. Burnham, England.

Engineers.

Wounded—Lieut. J. B. Thom, Crown Trust Company, Montreal.

Medical Services.

Wounded—516309 H. W. Johnson, Victoria; 463649 A. McLeod Morton, South Africa.

Infantry.

Killed in Action — 145246 H. Guy, Schreiber, Ont.

Cancel Report Wounded—4044880 J. Topp, 147 Balmoral avenue, Toronto.

Died of Wounds—814284 F. J. Eveleigh, Campbellford; Lieut. P. R. Sawtell, Calgary.

Prisoner of War—160211 A. McDonald, Calgary.

Presumed Dead—A6403 A. M. Fraser, West St. John, N. B.

Killed in Action—403233 J. Welch, Toronto.

Prisoner of War—228433 J. L. Johnson, 996 Dovercourt road, Toronto; 189387 J. M. Kelly, West Lorne, Ont.; 164397 J. Later, Dundas, Ont.; 788617 I. L. McLean, Boulton, Ont.; 210664 J. McLeish, Welland; 210676 A. Ness, Niagara Falls, Ont.; 787136 W. Roffey, Lanark, Ont.; 787054 J. Scott, McDonald's Corners, Ont.; 805649 D. Sutherland, Port Hope.

Presumed Dead—432657 F. Comley, Jarrow, Alta.; 109114 A. Coleman, Toronto; 400766 R. Corcoran, Mount Brydges, Ont.

Prisoner of War—805615 W. R. Willan, Blackstock, Ont.; 228105 J. Woodgate, 30 Hallam street, Toronto.

Presumed Dead—622004 W. H. Hughes, Winnipeg; 160195 G. F. Hesleton, Calgary.

Died While Prisoner of War—Lieut. H. F. Lewis, New York, N.Y.; Lieut. J. Ledler, Calgary; Capt. J. D. Stuart, Vancouver.

Died—Major F. C. Wolfenden, Richmond, Ont.

Killed In Action—163922 C. R. Smalbeck, 170 Dundas street, Toronto.

Presumed Dead—61794 O. Lapointe, Sherbrooke; 448140 J. Lanciot, Three Rivers, Que.; 160687 D. Labelle, 1530 Chabot street, Montreal; 120813 O. Goderre, 11 Demers street, Mile End, Montreal; 622670 J. Morrison, Sewell, Man.; 623139 W. F. Burns, Winnipeg; 424344 W. T. Morris, Brandon; 424437 G. R. Morgan, Brandon; 413111 W. J. Campbell, Clydesdale, Ont.; 446565 H. M. Carmichael, Kenora.

Died of Wounds—163593 A. Hillard, Toronto.

Presumed Dead—412381 W. Hills, Cobourg; A211 G. Hesford, Windsor; A44601 H. A. Steeves, Sussex, N. B.; 193592 H. R. Agassiz, 136 Silver Birch avenue, Toronto, 447603 C. G. Reed, Olds, Alta.; 437165 S. Sewell, Edmonton; 124686 H. North, St. Thomas, Ont.; 59083 C. Bourher, 886 Bordeaux street, Montreal; 142538 P. O'Hara, Barrie, Ont.; 61975 A. Labranche, Thedford Mines; 144104 H. Laframce, Ottawa; 163649 L. M. McGregor, 99 Essex street, Toronto.

DRINKING TEA UPSET NERVES

Mr. Burroughs Compares Canadian Customs With Those in Old Land, and Tells How Nerves Were Set Right.

Orillia, Ont., April 12.—"How to be well and strong?" is the question many are asking at this time of year, and in this letter you will find the answer.

It tells something of the blood-forming, nerve-invigorating influence of Dr. Chase's Nerve Food, the great restorative which is causing so much talk here just now.

Nature's way of curing disease is by building up the vitality of the body, and this is exactly what Dr. Chase's Nerve Food does. The blood is made rich and red, and it nourishes the exhausted nerves back to health and vigor.

The experience of Mr. Burroughs as described in this letter is similar to that of hundreds of others in this community who have recently put this well-known food cure to the test.

Mr. George Burroughs, 23 Peter street, Orillia, Ont., writes: "A few years ago, after coming out to this country from England, the change of customs seemed to have some effect on me. In the old country the habit of drinking strong tea was prevalent, and after arriving here I suffered very much from nervousness. If I put my arm down on the table it would shake very noticeably, and while performing my work I would easily tire, and want to sit down and rest. A friend recommended Dr. Chase's Nerve Food, so I secured some and took a treatment. It built me up and made me strong and healthy. I have not had a trace of the nervousness since. I have used Dr. Chase's Ointment also, and find that it heals the skin very quickly. In fact, I find all of Dr. Chase's medicines good."

Dr. Chase's Nerve Food, 50 cents a box, a full treatment of 6 boxes for $2.50, at all dealers, or Edmanson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

Gillette

Are You Using the Razor Chosen by the Allied Armies?

ONLY proven efficiency survives in this war. Men, weapons and equipment must make good beyond question—or go to the scrap heap. A year's active service is a sterner test than a decade of peace!

Beyond all question the Gillette has proved itself the Razor of the Great War—in all the Allied Armies, on all the Fronts. Gillette Razors and Blades have gone Overseas in a steady stream from Canada and the United States—by thousands, by hundreds of thousands and by millions!

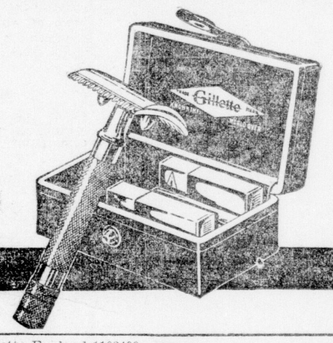
Compact enough for the lightest kit—always keen—always ready for instant action—the Gillette has served with the fighting men everywhere. On the firing lines its clean, smooth, refreshing shave is relished as a bit of home comfort in the wilderness.

To you—the man in Canada—the Gillette Safety Razor offers just the same advantages that have won such favor Overseas. There is not a man living with a beard to shave who cannot shave better with a Gillette—if he will use it correctly, with a light grip and the sliding, angle stroke. If there is a man who is not enthusiastic over the Gillette, it is probably because he has not caught this simple knack of using it.

If you already have a Gillette Safety Razor yourself, you'll appreciate how much some lad you know Overseas would enjoy one as a gift from you. 253

Standard Sets, "Bulldogs" and "Aristocrats" cost $5.00 — Pocket Editions $5.00 to $6.00—Combination Sets $6.50 up.

At Drug, Jewelry and Hardware Stores.



Gillette Safety Razor Co. of Canada, Limited,
Office and Factory:
Gillette Bldg., Montreal.

NO STROPPING NO HONING

HAD BOILS FOR SIX MONTHS

B. B. B. DROVE THEM AWAY

When the blood becomes impure the very first symptoms which manifest themselves are a breaking out of various forms of skin trouble such as boils, pimples, sores, etc., and to get rid of these troubles you must cleanse the blood thoroughly with a good blood remedy.

The best blood cleansing remedy on the market today is Burdock Blood Bitters.

Thousands of people from one end of Canada to the other have used it during the past forty years, and have nothing but words of praise for its cleansing properties.

Mr. Rufus Beers, Upper Main River, N. B., writes: "I want to say a few words about your medicine, Burdock Blood Bitters. I had boils for over six months and sometimes was so bad I could not work. I tried lots of cures, but nothing would drive them away for good until I took B. B. B. In a short time I was all better. It is a dandy medicine. I keep it in the house all the time."

Burdock Blood Bitters is manufactured only by The T. Milburn Company, Limited, Toronto, Ont., but so well and favorably is it known that there are many imitations on the market. See that our name appears on the wrapper.

Dyspepsia Man's Greatest Enemy

Is Most Prevalent of All Present-Day Diseases, Declares L. T. Cooper—Victims Are Whimsical and Melancholy, and Suffer Great Mental Depression—Disease Can Be Cured, He Says.

Explaining the record-breaking purchase of Tanlac by the Standard Drug Stores and Lyman Bros. Company, Limited, Toronto, and the leading wholesale and retail druggists throughout the United States, Mr. E. C. Harris, representing the Canadian distributor of Tanlac, stated last night that the hundreds of questions now being asked all over London make it imperative that some explanation be made to satisfy public interest.

Speaking of Tanlac, he said: "Thousands of the prominent people—in fact, people representing all walks of life—in the larger cities of the country, where the celebrated medicine has been accomplishing such remarkable results, are even more enthusiastic over Tanlac than Mr. Cooper himself.

"In explanation of this, it should be stated that Tanlac is believed to be the first actually direct specific for catarrhal inflammation of the mucous membranes and the complications which follow them.

"Catarrh of the stomach is one of the most frequent causes of dyspepsia and catarrhal inflammation of the nose and throat leads to inevitable complications, such as kidney and liver affections, rheumatism, etc.

"Show me a man whose eyes are inflamed, whose sense of smell and hearing is affected, and I will show you a man who is suffering from catarrh. Frequently the lungs become involved by the extension of the catarrhal inflammation or germs to the lung substance. Specialists concede this, but it has remained for Tanlac, the new formula, to provide the remedy, as has been so conclusively and convincingly proven by the hundreds of thousands who have been relieved by its use."

At this point Mr. Harris quoted from one of Mr. Cooper's recent lectures, in which he said:

"Of all the distressing conditions that afflict humanity, catarrh of the stomach, or what is more commonly known as chronic dyspepsia, is probably the most prevalent. This most universal malady has baffled the medical profession for years, and the most skilled specialists have been unable to cope with it successfully.

"Hours might be consumed in describing the sufferings, mental and physical, of the sufferers of chronic dyspepsia and their failure to heretofore get relief. A morbid, unreal, whimsical and melancholy condition of the mind, aside from the nervousness and physical suffering, is the usual condition of the average dyspeptic, and life seems scarcely worth the living.

"Dyspepsia, or indigestion, as the case may be, is caused by the taking of too much food, or unsuitable food, and the mucous membrane of the stomach becomes irritated, and there is set up an acute or subacute gastric catarrhal condition which prevents the proper digestion of the food.

"This food is apt to ferment and decompose, and as a result the familiar distressing symptoms of dyspepsia may arise. In mild cases there is nothing more than an uncomfortable feeling in the stomach, with a certain amount of depression, headache, loss of appetite, perhaps belching or gas and occasional vomiting. There may be also accompanying intestinal symptoms, such as pains in the back, colic, etc. There may be only the familiar heartburn, due to the inflammation of the stomach from excessive gases of fermentation or putrefaction.

"In the most severe cases—those that last over a day or two—the symptoms enumerated may be much more intense. The distress may be marked and the general constitutional symptoms more evident. When this stage is reached the loss of appetite, the mental depression and the general uncomfortable feeling in the stomach are much more pronounced. This is particularly true in acute gastritis.

"It frequently occurs from continued errors in diet that this condition becomes chronic, and the symptoms persist for an indefinite period; the appetite is very apt to be varied, although at times very good. Heartburn is frequent, if not constant, the stomach is painful on pressure; the tongue is coated, there is a bad taste in the mouth, and there are changes in the amount of salivary secretion.

"Most cases of dyspepsia can be cured if the diet is properly looked after and with the proper treatment. Proper eating and the proper amount of food are the most important features in the treatment. Most people eat too fast and eat too much.

"There is not a single portion of the body that is not benefited by the helpful action of Tanlac, which begins its work by stimulating the digestive and assimilative organs, thereby enriching the blood and invigorating the whole system. Next, it enables a weak, worn-out stomach to thoroughly digest the food, promoting the assimilation of the nourishing products to be converted into blood, bone and muscle."

Tanlac is now sold in London by the Standard Drug Stores.