

Hotel apartments are located in most major cities. They provide a bedroom, kitchen, living room and cleaning service, and can be rented for variable periods of time extending from a day to a year.

Hotels, motels and other similar establishments provide soap and towels at no additional cost. Business services, such as secretarial, copy and fax services, and car rental, may be offered by hotels, airlines or travel bureaus. Information on accommodation and approximate costs is provided at travel agencies, automobile clubs or Canadian embassies and consulates.

In larger cities, advanced reservations should be made through a travel agent. As well, reservations are recommended for all major resorts. Further reservations can be made in Canada by using services provided by major hotel chains. Major chains frequently employ multilingual personnel.

Electric Current

Electricity in Canada is supplied at an alternating current of 110 volts. The frequency of Canadian electricity is 60 Hz. An electrical adapter is required to use appliances such as shavers and hair dryers made for use outside North America. Adapters can be purchased at electric supply stores.

Laundry and Dry Cleaning

Laundry and dry cleaning services are good, quick and relatively inexpensive. Hotels offer same-day service (excluding weekends) for dry cleaning, pressing or laundering. These services can be found in hotels by requesting "valet service" or "laundry service". Dry cleaning and laundry facilities are listed in the yellow pages, and self-serve laundromats are available at a reasonable cost.

Telegrams

Telegrams or "Teleposts" should be telephoned to CN/CP Telecommunications for transmission. The addresses and telephone numbers of a CN/CP Telecommunications office can be found in local telephone directories. In Newfoundland and Labrador, telegrams should be sent through Terra Nova Tel.

Tipping

Tips or service charges are not usually added to a bill in Canada. In general, a tip of 10 to 15 percent of the total amount is given. This applies to waiters, waitresses, barbers, hairdressers, and taxi drivers. Bellhops, doormen, and redcaps (porters) at hotels, airports, and railway stations are generally tipped \$1.00 per item of luggage.

Transportation

Canada has a transportation infrastructure that is one of the world's most sophisticated. It includes an elaborate road system, well-developed bus, rail and air services, as well as trucking and maritime shipping. International airports are located in Vancouver, Edmonton, Calgary, Regina, Winnipeg, Toronto, Ottawa, Montreal, Halifax, and Gander. Schedules for arrival and departure can be obtained through a travel agent. Services provided at most of these airports include: foreign exchange, coin-operated lockers, telephones, duty-free shops, restaurants, newsstands, bookstores, drugstores and shopping concourses. Many of these airports have hotels located nearby.

Canada's vast size has made it imperative that air transportation be used to link the country together. The major cities are all served by regular commercial air carriers and even remote regions are served by smaller local carriers and special charters. Air fares vary depending on the carrier, time of year, and special circumstances such as seat sales or travel packages. As an example, however, two-way economy-class travel between Toronto and Montreal costs approximately \$500. An economy-class round trip between Vancouver on the west coast and Halifax on the east coast costs roughly \$2,000.

All of Canada's international airports offer bus, taxi or limousine service as a means of transportation. As well, many major car rental firms have outlets located at airports. Many rental cars now come equipped with cellular phones, which are operated by credit card. Rates regarding transportation services to major city centres are generally advertised in the terminal.

Travel agencies or a Canadian embassy or consulate should be consulted for information concerning travel within Canada. Addresses and telephone numbers of airlines, railways, steamship lines, bus lines and car rental offices are listed in the yellow pages.