

Battle Creek Health Foods



GRANOLA

Is a thoroughly cooked and partially digested Cereal Food prepared from the choicest grains so combined as to constitute a perfect food, containing all the elements of nutrition in due proportion. It is presented in a finely granular form ready for immediate use, requiring only to be softened with a little milk, water or broth.

GRANOSE

Since their first production Granose Flakes and Biscuit have been used at the Battle Creek Sanitarium (the largest and most successful establishment of the sort in the world) for the relief of indigestion and constipation. They are the most nourishing of all foods and are so natural that they produce a normal action of the stomach and the bowels, and by this means relieve both indigestion and constipation.

CARAMEL CEREAL

Is a cereal substitute for tea and coffee which has for years been manufactured for the use of the Battle Creek Sanitarium. Its delicious fragrance and captivating flavor have won thousands from the use of those nerve-destroying and dyspepsia-producing beverages—tea and coffee.

MANUFACTURED BY

**THE BATTLE CREEK SANITARIUM HEALTH FOOD COMPANY,
LONDON, ONT.**

we direct your attention to
Dr. A. R. Pyne's analysis of our



This article is made in Germany from the finest grapes in the world. It is absolutely free from alcohol and consequently *for use by the sick* will prove of double the value to the ordinary goods purchased. Our Grape Wine Vinegar has been awarded the following gold medals: Cologne, Germany, 1889; Chicago, U.S., 1893; Stockholm, Sweden, 1897; Berlin, Germany, 1896; and at Florence, Italy, in 1898 the Royal Academy of Science Green Ribbon and Star.

We ask medical men to give this magnificent preparation a trial, feeling sure that once used it will be always used.

For sale by **W. H. SEYLER & CO.**, Sole Canadian Agents, Room 100, Board of Trade, Toronto, and the leading wholesale grocers and druggists.

Concentrated Grape Wine Vinegar

It will prove to you that it is *the Purest of the Pure*:

This is to Certify that on analysis of above vinegar I found it a purely CONCENTRATED WINE VINEGAR, made from the grape fruit. *Free from mineral acids, metallic substance, and alcohol.* After dilution with pure water will prove a wholesome and palatable commodity either for table use or pickling purposes. A very important thing not to be lost sight of in using this article is that cleanliness is insured by procuring this vinegar in the concentrated form.

(Signed) DR. A. R. PYNE, M.D.

Dominion Analyst.

Toronto, Sept. 1st, 1897.