



FREE!

The Late Prof. Basil Manly, of the South Baptist Seminary, Louisville, Ky., says of the Aerial Medication: "I can cordially recommend its use." Write for a fac-simile of his letter.

Rev. W. E. Penn, the noted evangelist of Eureka Springs, Ark., says: "I was cured of Catarrhal Deafness in 1886, by the use of the Aerial Medication, and it has proved to be a permanent cure. I recommend this treatment wherever I go, and know of many cases of Catarrh and Lung trouble that have been cured by its use."



"ST. AUGUSTINE" Sacramental Wine.

The REV. DR. COCHRANE writes:— BRANTFORD, May 23rd, 1895 Messrs. J. S. Hamilton & Co. GENTLEMEN.—The St. Augustine Wine used in my own church on sacramental occasions, as well as in many other churches, I have always heard spoken of in the highest terms and is admirably suited for the purpose.

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WOMAN AND HER DISEASES.

Paine's Celery Compound Peculiarly Adapted to Regulate the System and give Her Strength.

A Paragraph of Truth from a Medical Journal.

The following paragraph from a medical journal published on this continent, demands our serious attention. It reads thus: "It is safe to say that more than one-half the revenue of the physicians of the world is derived from the treatment of females."

Why is it that the editor makes such a statement in his editorial in regard to the sufferings of women? Because the spirit of the times effect them as much as it does the men more, for their nervous systems are more delicate and sensitive.

After school-days what comes? Are not the duties of women as wearing as those of men? Even more. Social, household, often business cares, must be assumed, which all lead a hand in bringing those delicate nerves into an irritated, weakened, unstrung condition.

Paine's Celery Compound, that great medical discovery, should be used. Soon your nerves will be strong and vigorous, and the nutrition, digestion, and especially womanly functions will be natural and regular.



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HEALTH AND HOUSEHOLD HINTS.

In making layer cakes grease the jelly tins and dust some flour over them. This prevents sticking.

How much more happy and comfortable the baby will be if the laundress is not allowed to put starch into its clothes.

Rounds of felt placed between the different pieces of a dinner set keep them from becoming scratched more effectually than do pieces of tissue paper.

If the seams of a new tin pail or pan are well greased with fresh lard or sweet oil, and the pail set on a stove shelf or other warm place for twenty-four hours before it is washed, it will not rust afterward.

When a ham or a large piece of meat is boiled for slicing cold, use plenty of water and let the meat stand in it until cold, for by so doing the meat will reabsorb much of the nutriment which has been drawn out during the boiling process.

A simple way to remove grease spots from wall paper caused by the head resting against the walls is to hold a piece of clean blotting paper over the spot and press a moderately warm flat iron over it. Repeat the operation until all the grease is out.

A cleaning fluid for men's clothes that the housewife will find valuable consists of one pint of deodorized benzine, one-half drachm sulphuric ether, one-half drachm chloroform, one drachm alcohol, and a very little good cologne. If it is used for cleansing coat collars and outside garments, apply with an old piece of soft black silk. For neckties—and it can be used on those of light colors as well as black—apply with a piece of white silk.

White Fruit Cake.—Two cups of sugar, two-thirds cup of butter, one cup of sweet milk, three cups of flour, two teaspoons of baking powder, whites of four eggs, one cup of stoned raisins.

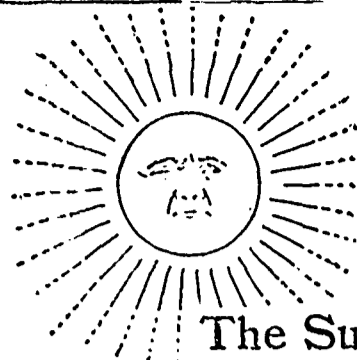
Spice Cake.—One cup of sugar, half cup of butter, three eggs, one teaspoon of soda dissolved in half cup of sour milk, one and a half cups of flour, one teaspoon each of cinnamon, cloves and nutmeg.

Ginger Pears.—Ginger pears are a delicious sweetmeat. Use a hard pear, peel, core and cut the fruit into very thin slices. For eight pounds of fruit after it has been sliced use the same quantity of sugar, the juice of four lemons, one pint of water, and half a pound of sugar root, sliced thin. Cut the lemon rinds into as long and thin strips as possible. Place all together in a preserving kettle and boil slowly for an hour.

Chicken Loaf.—Boil the chicken until you can easily remove the bones. Then take a common bread tin buttered, put in a layer of the dark meat, season with salt and pepper; a layer of the skin of the chicken, then a layer of the white meat seasoned the same as the dark. Proceed in this way until the pan is nearly full, using the skin between layers. Take a little of the broth from the boiling, make a rich gravy and pour over all. Bake until brown, to be sliced and eaten cold.

Grape Jelly.—Grapes are one of the best fruits that we have for jellies. Wild grapes are considered by many as even better than the cultivated fruit. To make jelly, stem the grapes carefully and wash well. Put them in a preserving kettle, cover and heat slowly. Stir frequently and cook until the fruit is well broken and has boiled. Take from the fire and squeeze through a jelly bag. Measure the juice into a porcelain kettle and set upon the stove to boil. For each pint of juice allow one pound of granulated sugar, and while the juice is boiling place the sugar on the pans and put in the oven, stirring often. When the juice has boiled steadily twenty minutes, add the hot sugar and stir rapidly until it dissolves. It will make a hissing sound as it falls in and melts quickly. Let the jelly boil up once and take from the stove. Have the glasses heated by standing them in hot water and pour the liquid jelly into them. When it is perfectly cold cover the glasses. Jelly of two colors and different flavors may be made with the same grapes by separating the pulp and skin of the grapes and corking each one by itself. One will be purple and the other amber.

Hot weather proves depressing to those whose blood is poor. Such people should enrich their blood with Hood's Sarsaparilla.



The Sun

for bleaching clothes; Pearl line for washing them. Just remember that. You can't change any colors with Pearl line, but if you want the brightness and freshness and newness brought back, then you want Pearl line. The ease, the safety, the economy, the saving of time and of things washed—these are not the only points that recommend Pearl line. The work is done better, all through. Bright women, who have proved this for themselves, have used hundreds of millions of packages. Beware of imitations. 421 JAMES PYLE, N.Y.



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