

frequently impaired the usefulness of men in all professions, are largely due to abnormal physical conditions. His mercurial temperament destroyed the influence of the brilliant Irving. As a result of his saturnine temperament the profound Carlyle became morose and censorious. Men of sanguine temperament rush to the opposite extreme, and, seeing everything through glasses of roseate hues, can see nothing in all the world that calls for reform; while men of phlegmatic temperament cannot themselves be inspired, and are, therefore, wholly incapable of inspiring their fellowmen.

Our attitude towards our work is often determined by our environment, which would at times have less influence over us if our health always were as it ought to be. "The minister looked out upon the garden where so many holy thoughts had visited him, but his heart now sank like lead, for the garden was desolate. Of all its beauty there remained but one rose, clinging to its stalk, drenched and faded. He had no heart for work, and crept to bed, broken and dispirited." Now the real cause of Carmichael's ennui was probably not in the garden, but in himself. On the morrow he climbed to the moor, where, in sympathetic touch with nature and his fellowmen, he forgot himself and his imaginary woes, his dismal forebodings and morose broodings ceased, and he returned to the manse, his heart brimful of hope and love and peace and joy.

There are real lions enough in the way in which every missionary must go. He is not called upon to yield to ignominious defeat from imaginary lions, which are, as a rule, nothing more than the phantasms excited by a disordered liver, or other refractory organ.

Mental equipment is essential. The moral influence of the pastor is often determined by his people's respect for his mental calibre. And this is true, also, of the missionary. In our Canadian Northwest the average intelligence of the people is high, and intelligent men are justifiable in their appreciation of the high mental attainments of their missionaries.

And in the Foreign Field, also, the missionary finds ample