can do in a given time. Do that well, but if not eradicated, will be fatal to the success don't attempt to run the whole church or cover the whole earth.

V. HUMILIATION. - The fifth grace is the grace of humiliation. If you desire to teach a class successfully, you must

- 1. Get Down .- You must get down to the level of the dullest member of the class, and get down to the drudgery of the most unattractive work connected with the calling. All scholars are not bright, so you must not shoot over their heads. All kinds of Sundayschool work cannot be performed in your Sunday clothes; nevertheless, do not neglect it. It is the drudgery that pays best. But you must also
- 2. Bow Down .- You must surrender yourself, you must feel your own unworthiness, you must submit to God's way and time and place, you must await his pleasure and his blessing. You may sow, you may perhaps reap; perhaps you may not reap your own sowing,—to that you must bow submissively, and trust your Father in heaven. But beyond this you must
- 3. Kneel Down .-- Paul may plant, Apollos may water, but God alone giveth the increase. For that we must pray. Do you know the power of prayer, of personal prayer, of combined prayer? If not, then put it to the test. Whole classes have been prayed into the kingdom. Why not your class?

VI. ELIMINATION .-- The sixth grace is the grace of elimination. The question what to do is frequently decided by what ought not to Therefore, be done.

- 1. Leave Out .- Every lesson contains much more than there is time to teach, much that it is desirable for the teacher to know, but which is not absolutely necessary to communicate to the scholar (at that time.) This is the teacher's reserve power. Wo to the teacher who tells all he or she knows! You must get full of the lesson, but don't try to get it all into the scholars.
- 2. Drive Out.—In every teacher and in every scholar there is much that is foreign to the cultivation of a Christian life. For instance, there is a sleepy-Sunday-morning feeling, a very-interesting-book feeling, a think-I-am too-old-for-the-Sunday-school feeling, a wouldlike-to-go-coasting or boating or skating or driving or swimming or visiting feeling, which J. A. Haddock, in S. S. Times.

of your Sunday-school class.

3. Dig Out.—The teacher is mainly interested in what the scholar knows, not only about the lesson, but about other things. How will the teacher find this out? Dig for it. Dig out of the scholar all you can about the lesson, and reject what is non-essential; apply what is precious. Dig out of the scholar all you can about the thoughts, tastes. labors, ambitions, hopes, and fears, of his or her life, and then, with you better knowledge and wider experience, help that scholar to get rid of the dross.

VII. RESIGNATION.—The seventh and last grace is the grace of resignation. I presume you are all endowed with that, and do not need to cultivate it. Whatever may have been done or left undone, whatever the sins of omission or commission may have been, this "city of refuge" is always left for the Sunday-School teacher, "-" I will resign." Why do teachers resign?

- 1. Too Slow .- They cannot keep the pace. Age creeps on. Many teachers have worked while it was yet day, and have done their duty, and are honorably placed on the retired list. But people who are not old, and not honorably retired, resign because they cannot keep the pace. If they will not progress, and will not allow the school to progress, then they should have the grace to resign.
- 2. Too Quick .- They do not control their tempers. Sunday-school teachers sometimes allow the "sun to go down on their wrath," and then they resign. Do you wonder at it? We are not all angels; few of us desire to be, as we hope for something better. But we are all liable to "lose our temper," and because the pastor or the superintendent or a teacher or a scholar said something or did something, or did not say something or did not do something, we get angry, and then we quit. Folly!
- 3. Too Lazy .-- They will not do the work Some people are too indolent to be in the Sunday-school. They won't study, they won't teach, they won't sing, they won't pray, they won't work, they won't take any responsibility, they won't be punctual, they won't visit; but they will occasionally resign,-that is easy; and to that kind of a teacher who concludes to resign the superintendent should say Amen .-