Mrs. Sheldon Spent \$1900 for Treatment Without Benefit. Finally Made Well by Lydia E. Pinkham's Vegetable Compound.

Englewood, Ili.—"While going through the Change of Life I suffered with headaches, nervousness, flashes of heat, and I suffered so much I did not know what I was doing at times. I spent \$1900 on doctors and not one did me any good. One day a lady called at my house and said day a lady called at my house and said she had been as sick

she had been as sick as I was at one time, and Lydia E. Pinkham's Ve get able Compound made her well, so I took it and now I am just as well as I ever was. I cannot understand why women don't see how much pain and suffering they would escape by taking your medicine. I cannot praise it enough for it saved my life and kept me from the Insane Hospital.'—Mrs. E. SHELDON, 5657 S. Halsted St., Englewood, Ill.

Physicians undoubtedly did their best, battled with this case steadily and could do no more, but often the most scientific treatment is surpassed by the medicinal properties of the good old fashioned roots and herbs contained in Lydia E. Pinkham's Vegetable Compound.

If any complication exists it

If any complication exists it pays to write the Lydia E. Pink-ham Medicine Co., Lynn, Mass., for special free advice.

## Guide-Adnocate

Watford, Ont.

PUBLISHED EVERY FRIDAY Subscription \$1.50 per annum in advance. \$2.0 in advance to the United States

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#### Guide-Adopocale HARRIS & CO. PROPRIETORS

WATFORD, JUNE 15, 1917

## NOTE AND COMMENT

Japanese troops may be sent to Russia to save the situation. Having given Russia a lesson once before, the Japs should be able to teach her a few things now.

A New York inventor clames to have produced an explosive ten thousand times more powerful than dynamite, or almost as powerful as the little powder which, dropped in a pail of water, takes the place of gasoline in the motor industry.

Put an end to gambling in grain by closing the exchanges, open the barns, granaries, elevators and cold storage plants, and the present fictitious and totally unnecessary price of food stuffs will drop to the level of normal supply and demand. These are strenuous war times and hoarders of food stuffs and the manipulators of food prices should be sat on.-Ex.

Stanley Wilkinson, a Leamington young man, has perfected an electric iceless, non-fluid refrigerator, which has solved the problem in a simple manner of the preservation of foodstuffs. The method is perfectly sanitary and clean. So highly is Mr. Wilkinson's invention thought of that he has sold his rights for\$50,000 and royalties to Detroit capitalities. It will probably be a year before the refrigerator is plased on the market. He still retains the right to manufacture in Canada, and expects in the near future to begin operations in Leamington.

Peter McArthur, the well known farmer contributor to the daily press, 'It strikes me that the chief cause of the misunderstanding between city and country people is tween city and country people is ance. It is better to know nothing than due to the fact that country people to know what isn't true,

think that all city people are rich or at least highly paid, while the city people think that all farmers are prosperous. Both are wrong. The percentage of prosperous farmers in the country is just about the same as the cities. Both city and country are mostly made up of struggling people who are just folks. If they understand each other better they would get together and right many wrongs from which both suffer."

The Ontario Department of Highways is not issuing a booklet this year containing the names and license number of automobile owners in the Province. This announcement was made Tuesday by W. A. McLean, Deputy Minister of Highways, who stated that in the past these books had been used by constables and police in looking up the names of auto owners when they want to summon them. Many transfers had often happened that the wrong man was summoned. In order to avoid such mistakes the books will not be issued this year, and any person desiring to know the owner of any autmobile will be able to get the information from the department at once by telephone or mail. The lists in other years, Mr. McLean stated, had contained between 30,000 and 40,000 names, but this year the names of automible owners in Ontario would probably number 70,000, notwithstanding the war and high cost of living.

Catarrh Deafness Cannot Be Cured by local applications, as they cannot reach the the diseased portion of the ear. There is only one way so cutre catarrhal deafness, and that is, by a constitutional remedy. Catarrh deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rum-bling sound or imperfect hearing, and bling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Cure acts thru the blood on the mucous surface of the system.

We will give One Hundred Dollars for

We will give One Hundred Dollars for any case of Catarrh Deafiness that cannot be cured by Hall's Catarrh Cure. Circulars free. All Druggists, 75c.
F. J. CHENEY-& Co., Toledo O.

## Sunday Autoing

The Banner does not wish to be understood as attempting to read any sermon to automobilists, but this journal is strongly of the opinion that there is altogether too much purely pleasure motoring on the Sabbath day. We do not take the position that it is wrong for an autoists to take his car out on Sunday. He has the same right to take a spin that the man who owns or hires a horse and buggy has to go for a drive. Either form of pleasure or recreation, if any choose to put it that way, may be very beneficial. At the same time either should not be allowed to interfere with the real purpose of the Lord's Day. While the automobilist is quite within his rights if he wishes to go for a jaunt, he should not allow this to interfere with his church duties or the attendance of himself and family at church services. If he does not neglect these matters little fault can be found with him for spending a couple of hours motoring. Unfortunatly there are many autoists who are not content with a reasonable use of their cars on the Sabbath. They look forward to Sunday as a day almost wholly devoted to selfish pleasure and in dulgence. They spend practically the entire day with their cars, giving little or no time or thought to the churches, religious matters or the quiet hour that the leisure of the Sabbath allows busy week day men and women for helpful reading and meditation. Motorists of this class are guilty of downright desecration. They are also encouraginga practice which is bound to be attended with grave results from a religious standpoint, should it become general .-Orangeville Banner.

Pills That Have Benefited Thousands. Known far and near as a sure remedy in the treatment of indigestion and all derangements of the stomach, liver and kidneys, Parmelee's Vegetable Pills have brought relief to thousands when other specifics have failed. Innumerable testimonial can be produced to establish the truth of this assertion. Once tried they will be found superior to all other pills in treatment of the ailments for which they are prescribed.

Whoever says little has little to answer

Error is a great deal worse than ignor

## TAUGHT BY A WORM.

Lowly Creature Suggested the First Submarine Tun

The first great under water tunnel was built beneath the Thames at Lon-don by Sir Mark Isambard Brunel. Brunel was one of the most prolific inventors of his time, and he was a pio-neer in many lines, but the Thames tunnel is his greatest memorial.

It was a worm which suggested to

Brunel the possibility of a tunnel under the Thames. While passing through a dockyard he noticed a piece of ship timber perforated by a destructive worm—the Teredo Navalis. Brunel studied the worm's mode of operation in boring into the wood, and this suggested to his mind the construction of cast iron shield which should bore like an auger by means of strong hydraulic screws, and as rapidly as the earth was cut away bricklayers should be at hand to replace it with apparch.

The work on the Thames tunnel commenced in 1825, and after many vicis situdes and accidents it was completed in 1843, when Brunel was knighted by Queen Victoria. Brunel was also the first to make shoes by machinery, and he devised machines for knitting, nailmaking, ruling paper and making wooden boxes. In his youth Brunel spent several years in America, designed and built a theater in New York and planned fortifications for the city.

### SHUTTING UP THE SHOP.

No Brightly Lighted Show Windows at Night In South America.

It is rather surprising to the foreigner visiting South American countries for the first time to find most of the best and prettiest shops almost hermetically sealed at night. If the building is of the older style of construction the heavy shutters are closed and locked by iron bars; if a more modern building the flexible sliding doors and windows are completely drawn, and the passer-by can see nothing within the shop.

All is darkness save the light of the street lamps. No brilliantly lighted windows help to add cheer and bright ness to the street. In European and American cities the average merchant is willing to spend

money freely for nightly display of his wares and merchandise. He realizes and appreciates the publicity. The evening crowds upon our streets are highly entertained and even instructed by window displays of the busy streets. Herein lies the difference, for, as a rule, the South American streets, busy and attractive during the day, are quite the reverse at night. Even in some of the larger cities the old custom of hermetically sealing the shop at

## night prevails.

Suspended Animation. As we descend in the scale of animal life we find that what kills the higher animals does not injure the lower. Cut a polyp in two and you have two living polyps instead of one dead polyp. Break off a lobster's claw and another will grow. You may, it has been said, freeze a fly, but you cannot freeze it to death. There are infusoria called "wheel animalcules." These rotifers have many curious qualities, among which is that of suspending animation for an indefinite period without ceasing to live. Colonies of rotifers may be desiccated and rendered apparently lifeless, and in this condition they may be kept for months and years and possibly centuries. A single drop of water will restore them to life, and the wheel bearers will instantly resume their functional activity precisely at the point where it was broken off.

## Hopeless Inquiry. A stranger was questioning Helen,

trying to get her to say her father's first name

"What does your mother call your papa?"

"She calls him my daddy." "Yes, but when she wants to speak

to him what does she say?" "She says, '659, please,' " was Helen's reply.
"I don't mean when she calls him

at the office. When she tells him to get up in the morning what does she

"She says to be ready in about four

hat is

## Yet your best horse is just as liable to develop a Spavin, Ringbone, Splint, Curb or lameness as your poorest! **KENDALL'S**

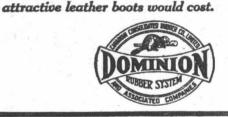
SPAVIN CURE on't take chances with your horses. Keep a tile of Kendall'shandy, \$1—6 for \$5. Our book reatise on the Horse'' free at druggists' or Dr. B. J. KENDALL CO., Enosburg Falls, Vt. 119



are the most complete line of summer footwear ever made. The Fleet Foot trademark goes on shoes for every summer need—for work and play—for men, women and children.

SUMMER SHOES

Ask your dealer to show you the Fleet Foot lineyou'll find exactly what you want-and the prices are a half, a third and even less, than equally

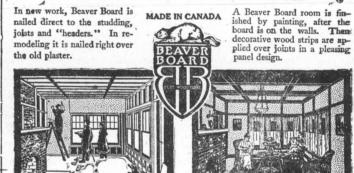


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When you build your new cottage or bungalow or fix up the old one-even if it's nothing more than a job in the attic-it will pay you to look into Beaver Board.

If you want better walls and ceilings-warmer in winter, cooler in summer, sanitary, durable, beautiful in their decorative effects and free from cracks-nothing will satisfy you so well as the original, pure-woodfibre Beaver Board.

Be sure it's Beaver Board. Look for the Beaver trade-mark on the back of every panel.



G. CHAMBERS EST.

# SpringHouse-cleaning Days

These days are near at hand, and no doubt you will be adding a few pieces of Furniture to your home. Perhaps it will be some Chairs, a Table, a Buffett, a Bedroom Suite, a Spring and Mattress, or something for your parlor.

When you are making these purchases be sure to come to this store and see our Complete Stock, bought before the advance inp rices.

Agents for Mason & Risch Pianos, Gramaphones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines

#### HARPER BROS.

PHONE 31.

FINE FURNITURE

MUSICAL INSTRUMENTS

Guide-Advocate Want Ads. Get Quick Results

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ine was \$290 States fixed