

SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont. — "I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion." — Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont. — "I heard your medicine highly praised, and a year ago I began taking them for falling of womb and ovarian trouble. My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous something that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated. I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial." — Mrs. STREPHEN J. MARTIN, Chesterville, Ontario, Canada.

Guide-Advocate

Watford, Ont.
PUBLISHED EVERY FRIDAY.
Subscription—\$1.00 per annum in advance. \$1.50 in advance to the United States.
ADVERTISING RATES.
Space One Year Half Year 3 Months
One column \$65 \$35 \$22
Half column 35 20 12
One-fourth column 22 15 7
Shorter periods 12 cents per remaining inch.
Advertisements will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.
LOCAL ADVERTISING.—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Also charges 14 lines to the inch.
BUSINESS CARDS.—One inch and under, per year \$5.00.
AUCTIONEER CARDS.—\$5.00 a year.
LOCALS.—10c. per line each insertion. Minimum charge 25 cents.
Advertisements without specific directions will be inserted till forbid and charged accordingly.
HARRIS & CO., PROPRIETORS

Guide-Advocate

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WATFORD, MARCH 19, 1915.

NOTE AND COMMENT

Germany is to get some of the medicine she prescribed but so far has failed to successfully administer to Britain.

The marksmanship of the German bomb-droppers is improving. Out of four people killed in a French village only three were absolutely unconnected with warfare. The fourth was a military tailor.

We are coming into great days, perhaps the days of all days, of our Empire. These times may belittle if they do not extinguish the events of a century or more ago. Democracy and public rights and social uplift for the many may be at hand. A page of new history is to be written in a new and more impressive way.

In a word, the Americans see us actively and voluntarily participating in a titanic struggle in which the destinies of the world are being decided, a struggle in which their own share is confined to the important but not inherently honorable part of selling foodstuffs and supplies to any belligerent who can come and get them. And they are so good fellows not to entertain a new and gratifying respect for us accordingly. Let us strive to be worthy of it.

I can think of nothing better for Canada to do after the war than to make more and more her settled, permanent policy, both Greater and More Economical Production, and to push its practice in all fields of industrial activity, but more especial-

ly in the basic industry of agriculture, the one field in which notably our possibilities of expansion are unlimited.—Stratford Herald.

And the telegraph and cable lines. How Britain has been able to censor almost everything she wished to on almost every sea. No news got out about the situation in South Africa until the British Government was ready to give it out. A great American company may own most of the cables—on sufferance—but England works them as suits her purpose. To speak to all the world in a flash, to hold back from all the world, if she wills is the latest and greatest result of maritime supremacy.

The war includes all manners and conditions of men: white and dark, yellow and bronzed; East Indians, Japs, Caucasians, Turks, Arabs, Latins, Germans, Greeks, English, Irish, Scotch, Canadians, Australasians; Mohammedans, Christians (Protestants, Catholic Greek), Buddhists, Shintos. Two of the rulers engaged are spiritual heads as well: czar and sultan. Cold climates and warm climates are involved: Russia wants Constantinople and the Black Sea for warm sea ports, instead of the frozen ones in the Baltic, and on the Siberian shores of the Pacific. It includes the area of the old world of history and pre-Christian times: Greece Italy, Babylon, Persia, the land of the Jews, Egypt, etc. It goes everywhere, almost to all the seats of great empires, of great movements, where humanity made its struggles of the past. And it is maritime in every sense and in its broadest sense!

Great Britain has invested more money in this country than in any other country in the world, outside of the United States. The sum total is no less than \$2,800,000,000, being equal to \$400 for every man, woman and child. This money has gone largely to provide railway and other facilities for carrying on our business. It is loaned money, and bears one hundred and twenty millions of dollars interest annually. That interest must be met. It can be met only by exporting surplus products. There is a ready market for all the farm products we can produce over and above our own requirements. A twenty per cent. increase in farm production will cover our interest payments and maintain the country's credit. This is one answer to the question, Why is it necessary that Canada at this particular time should increase the output of the farm?

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is constitutional remedial. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free. F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Canada Forging Ahead

Cleveland Plaindealer: While Europe is at war, and while Canada is proving her loyalty both by protestations and by the despatch of volunteers, the people of the Dominion are not altogether forgetting that peace is the important phase of life. Peace will come, some time, and will last longer than war has lasted. Some of the European nations will be crushed beyond hope of speedy recovery, and must labor patiently through two generations or more to re-establish themselves on a peace basis. But Canada will suffer no such calamity. She is now, in the midst of war, pushing straight ahead with the greater work of peace. New regions in the far northwest are even now being opened to settlement. The men who are going into these new regions to establish homes have little thought for Europe's war. In the remoteness of northern Alberta they cannot be affected by the alternating victories and defeats in Flanders and Poland. To them the building of a comfortable home for their children, and the solid establish-

WHEN BUYING YEAST INSIST ON HAVING THIS PACKAGE



DECLINE SUBSTITUTES

ment of a fresh new agricultural community, are matters of far more importance. They are looking toward the future, and decline to be confused by the noise and clamor of to-day.

The Granary Door

An English trader has remarked that every shot fired in the Dardanelles which hits a Turkish fort, hits at the same time the Chicago wheat pit. There are eighty million bushels of spare wheat locked up in Russia which she will not sell to the enemy, and which she cannot sell to the Allies because she cannot make delivery. The day Constantinople falls this wheat will come on the market with a rush, in trade for munitions of war. Before the war began December wheat in Winnipeg was selling at eighty to eighty-one cents at bushel. Two weeks after the war was declared wheat had gone up to ninety-eight cents a bushel, making an advance of eighteen cents. A fortnight later December wheat in Winnipeg was selling at a hundred and twelve cents a bushel, making a second advance of fourteen cents. This was on August thirtieth, so that one month of war has raised the price of wheat thirty-two cents on the bushel. It was on this day that the May option in Winnipeg opened. While the December wheat was selling at \$1.12, May wheat opened at \$1.18. During the next four months, of September, October, November and December, wheat fluctuated up and down in small variations, showing only a slight tendency to rise, and toward the end of December was selling at \$1.45, but January brought a new movement to the wheat market. On January 10th it was selling at \$1.37, on January 24th at \$1.44, and a fortnight later, on February 9th, had risen to \$1.63. At that time there was a regular furor to buy wheat. Clerks and business men were running from their offices to the local corn exchange or to the telegraph offices, with small orders for wheat. It was so high, and it was persistently going up that they seemed to think it must go up forever. But just when the astute manipulators had largely unloaded on the more unsophisticated gamblers, the crash came. The British and French navy started to storm the Dardanelles, and had instantaneous successes with the forts at its mouth. For the first time since the war began wheat made a decided drop. By February 28 it was down eight points, to a hundred and fifty-five, by March 4 it had gone down another ten points, to a hundred and forty-five, while to-day it is selling at one dollar and twenty-five cents. This is a clear indication that the business world, which is generally prescient in its opinions, believes that Constantinople is about to fall.

Miller's Worm Powders were devised to promptly relieve children who suffer from the ravages of worms. It is a simple preparation warranted to destroy stomachic and intestinal worms without shock or injury to the most sensitive system. They act thoroughly and painlessly, and though in some cases they may cause vomiting, that is an indication of their powerful action and not of any nauseating property.

Wyoming, March 11.—Francis McKinley, youngest son of Mrs. James McKinley, 2nd line, who has been attending university in Toronto, has enlisted for service in the third overseas contingent.

Strathroy, March 11.—Fred Billings, the bank clerk who is charged with the theft of \$1005, has not been traced beyond Detroit. A reward of \$50 has been offered for his arrest, and descriptions have been widely circulated. The death occurred this afternoon of Mrs. F. L. Harrison, in her 80th year. Edward Harrison, of London, is a son.

"Rough on Rats" clears out Rats, Mice, etc. Don't Die in the House. 15c. and 25c. at Drug and Country Stores. m12-246

Harken! Mr. Builder

A—Dollar—A—Minute. It's pretty fair earning. Perhaps you think it's a little high. But if you will give a few minutes to the study of our offer you will get mighty good returns for your time.

We are specializing this year on YORK FRAMES, SASH and FINISH. These will compete favorably with your polished furniture. We have bought heavily in lumber and shingles when they were at their very lowest figures. We will give our customers the benefit of this. We prefer to have a large turnover with small-profits to a small turnover with large profits. Our Mr. Daniels is an expert in all kinds of factory work. It will be to your advantage to see us before letting your contract.

WATFORD PLANING MILLS

ESTABLISHED 1870. G. CHAMBERS

Sugar-Making Supplies

- IX Buckets.....\$15.00 per 100
 - Grimm Spouts.....\$ 2.75 "
 - Eureka Spouts.....\$.85 "
 - Tapping Braces.....\$.50 each
 - Tapping Bits.....\$.20 each
 - 22 Gauge Seamless Pans, 5 ft.....\$5.00
- STORAGE AND GATHERING TANKS MADE TO ORDER

N. B. HOWDEN ESTATE

Nothing But the Best

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents For MASON & RISCH
PIANOS, GRAMAPHONES,
STRING INSTRUMENTS,
SHEET MUSIC, EDISON
RECORDS, &c., and all kinds
of repairs.

NEW AND SECOND HAND
SEWING MACHINES
AND ALL SUPPLIES

Our Prices are right, as low as is consistent with reliable goods

HARPER BROS.

PHONE 31.
FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of
INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.
CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Chopping and Rolling Done While You Wait
PHONE 39

We Do All Kinds of Printing

AT THE GUIDE-ADVOCATE

DODDS'

Spring is here, and with it rather than a back-breaking

Low Bros.' H. S. Ltd



Half pint. 20c. Pint. 35c. Quart. 65c.



Let us teach you to grain in 5 minutes.

ALL KINDS OF VARNISH PAINTS, POLISHES, Etc., etc.

Cereal Crops on the Export Farms

Cereal production has an important position in the the Experimental Farms since inception some twenty-eight ago. By selection, the best of grains for Canadian use have been brought to light breeding many important so been produced. Pioneer new early sort possessing merits gives promise of an important place in northern The results in 1914, with other sorts of wheat, as well and barley at the Central Farm sixteen Branch Farms and two Sub-stations are in Bulletin No. 81 of the Ext Farm Series. This pamphlet is available at the Stations Branch, Department culture, Ottawa.

A Change Of Sentin

New York Life is a h paper, but it takes a most view of the Great War. Its has been cast on the side Allies, and its comment both judicious and judicial. cogent signs of a change in American sentiment, from argues that the Potsdam cau the wane, and that the by Americans are reading the s astuteness, and, in consequ veering about in their vie "When England came i war it meant," says Life, " many well knew, that would be cut off from the t ine world, and could only o overwhelming military suc Europe before her own r gave out. She has not bee effect an overwhelming suc applications of the theory o fulness" in warfare have s any friend she might have r her people now lack bread. not surprising that the Kai less and less conspicuous, our fellow citizens of Gen ivation hereabouts begin to emphasis on the facts that citizens of the United Stat And, further, as a Mor change notes, the absolute ing of German diplomacy it has disgusted the friends Allies in that country. The Americans know enough small" when self-interest that kind of a tune.

Mitchell, March 11.—Robe well-known resident of Hil ship, died Wednesday night a of kicks from his horse as he ing to the animal in the stable him down, tramping and str

CASTOR

For Infants and Child
The Kind You Have Always
Bears the
Signature of *Castor*