

THE BLOOD IS THE STREAM OF LIFE

Pure Blood Is Absolutely Necessary To Health

"FRUIT-A-TIVES" PURIFIES

These Wonderful Tablets, Made of Fruit Juices, Are The Best of All Tonics To Purify And Enrich The Blood.

Pure, rich blood can flow only in a clean body. Now, a clean body is one in which the waste matter is regularly and naturally eliminated from the system. The blood cannot be pure when the skin action is weak, when the stomach does not digest the food properly, when the bowels do not move regularly, when the kidneys are strained or overworked.

Pure blood is the result of perfect health and harmony of stomach, liver, bowels, kidneys and skin.

"Fruit-a-tives", by their wonderful action on all these organs, keeps the whole system as clean as Nature intended our bodies to be clean.

"Fruit-a-tives" tones up, invigorates, strengthens, purifies, cleans and gives pure, rich, clean blood that is, in truth, the stream of life.

"Fruit-a-tives" is sold by all dealers at 50c. a box, 6 for \$2.50 trial size 25c. or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

COUNTY OF LAMBTON

Treasurer's Notice as to Lands Liable for Sale for Taxes A. D. 1914

TAKE NOTICE that the list of lands in the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County has been prepared by me and that copies thereof may be had in the office of the County Treasurer.

And further take notice that the list of lands liable for sale as aforesaid is now being published in the Ontario Gazette in the issues thereof bearing date the 27th day of June A. D. 1914, and the 4th, 11th and 18th days of July A. D. 1914.

And further take notice that in default of payment of the taxes in arrear upon the lands specified in said list together with the costs chargeable thereon as set forth in the said list so being published in the Ontario Gazette before the day fixed for the sale of such lands being the 1st day of October A. D. 1914, the said lands will be sold for taxes pursuant to the terms of the advertising in the Ontario Gazette.

And further take notice that this publication is made pursuant to Assessment Act, 4 Edward VII, Chap. 23 and Amendments.

Dated at Sarnia this 22nd day of June A. D. 1914.

HENRY INGRAM, Treasurer of Lambton.

One Missing

The following story is credited to Senator Shaforth, told while discussing the currency bill and its misreading:

The superintendent of a Sunday school related to the children the text, "Arise, and take the young child and flee into Egypt."

Then the superintendent showed a large picture illustrating this text in bright colors.

"Isn't the picture fine?" he said. "Here is the mother. Here is the young child. There's Egypt in the distance. Isn't it fine?"

The children, however, looked disappointed, and finally a little boy piped out: "Teacher, where's the flea?"

Use Miller's Worm Powders and the battle against worms is won. These powders correct the morbid conditions of the stomach which nourish worms, and these destructive parasites cannot exist after they come in contact with the medicine. The worms are digested by the powders and are speedily evacuated with other refuse from the bowels. Soundness is imparted to the organs and the health of the child steadily improves.

An inspiring incident occurred in the recent census of West Williams to raise funds for the Canadian Women's Hospital Ship. In one home a little chap bravely emptied the contents of his bank into the hands of the collector, saying "It is for my country." Britain needs no bulwarks with sons like this.

Drives Asthma Like Magic. The immediate help from Dr. J. D. Kellogg's Asthma Remedy seems like magic. Nevertheless it is only a natural remedy used in a natural way. The smoke or vapor, reaching the most remote passage of the affected tubes, brushes aside the trouble and opens a way for fresh air to enter. It is sold by dealers throughout the land.

It is quite often the case that there is more to a slender girl than a plump one.

THE SUMMER COIFFURE.

Its Beauty Depends on a Fastidious Care of the Hair.

The hair is apt to become dusty and matted in very little time during the hot weather unless it is carefully treated. The reason is apparent. The scalp perspires more freely than any other part of the body. During the hot weather all rats, switches, curls and puffs should be put into storage. The present style of hairdressing has no need of false hair anyway.

Even if the style called for much and elaborately dressed hair it would be foolish to follow fashion's call, at least during summer months, for there is nothing quite so harmful to the head as false hair in hot weather. It is very heating, causing incessant perspiration; then it shuts out all air which might reach the scalp under ordinary circumstances.

A woman should never omit the nightly brushing and airing. Before



ATTRACTIVE HEADDRESSES.

retting she should let down her hair and sit in the open windows where the wind can blow away every vestige of the odor of perspiration. Ten minutes' airing is not too much and can be easily spared.

Once every week during the hot weather the hair should be shampooed. If the scalp is inclined to be oily it may be necessary to give the head a dry shampoo during the week. A massage with orris root will work wonders. The orris root should be well rubbed into the scalp so that every bit of oil and moisture is absorbed. Then the powder is all brushed out, leaving the hair as fluffy as after a washing.

The tango cap of knotted gold cord illustrated here is worn over a sheer foundation. The bandeau of tulle caught by the pearl ornaments is also an attractive ornament for evening wear.

Moire Shopping Bags.

White moire bags bound in gilt have an outside handkerchief pocket. Both black and white moire shopping bags are fitted with vanity fixings and have a small double purse and single strap handle. Fancy silk bags now may carry a bottle of rare perfume. Shopping bags of silk Roman stripes have a center of shirred black satin or moire.

Hungarian Ware.

The new Hungarian ware with its vivid colors is effective with willow furniture. This ware is made by the peasants. It is of nondescript color, not white nor yellow. The garish decorations are of flowers and garlands in pinks and greens.

CULINARY KNKS.

It is said beef may be kept for months if immersed in sour milk. The lactic acid in the milk kills the germs of putrefaction.

When boiling green peas add a lettuce leaf and a tablespoonful of sugar. They will retain their color and have a much better flavor.

Peas may be cooked in the pods. Wash them and drop them in hot salt-

ed water. When the peas cook the pods will burst open, the peas be released and the pods rise to the top of the water.

No matter how much dripping is used, fish when being fried is very apt to stick to the pan bottom. To prevent this, before using your pan put a tablespoonful of dry salt into it and rub well all over with grease proof paper.

To make sure whether bread dough has risen sufficiently for baking press the finger in the dough. If the hole remains the dough is in proper condition; if the dough rises and fills the indentation this shows that it is in a condition to continue rising.

ELBA AND ST. HELENA.

Napoleon's Comio Opera Empire and His Grim Island Prison.

An "empire" eighteen miles in length and twelve miles in extreme width, such is the Mediterranean Isle of Elba, to which Napoleon was consigned by the victorious allies and where he received the homage of his new subjects. Elba, long a place of pilgrimage for tourists from all nations, lives chiefly in the memories of that ten months of comic opera, when the man who had all but mastered Europe aped his vanished royalty and, like a child with a new toy, issued foolish decrees which began, "Napoleon, emperor, sovereign of Elba, to his people."

Utterly devoid of a sense of humor the emperor must have been to take his new position so seriously. It was a huge joke that the powers played upon the Corsican by permitting him to retain the title of emperor and awarding him a "kingdom" that placed him on the same footing with the sultan of Sulu and the king of the Camal Islands.

If Napoleon had remained there he would doubtless have become what his enemies intended he should become—an object of derision, the butt of the world's sneers and jeers. But he did not stay, and the glory of the "hundred days," the brave carnage of Waterloo, the culminating tragedy of St. Helena, restored Napoleon to a place among the world's heroes.

St. Helena was grim and terrible. There humanity pictures Napoleon "with his hands crossed behind him, gazing out upon the sad and solemn sea"—a caged lion, feared by all the world. Elba was trifling, pitiful, petty, insignificant, and there Napoleon was a caged monkey to be laughed at.—New York World.

A Caustic Critic.

The Paris critic Martin once only had taken his chocolate in a place other than the Cafe Foy, and he then found it not good. This happened at the Regence, and the young woman at the desk, to whom he expressed his displeasure, said: "You are the only one to complain. All of the gentlemen of the court who come here find it good."

"They also say, perhaps, that you are pretty," he replied slowly.

How to Win Beauty.

Full of good common sense is the suggestion in the Journal of the American Medical association on how to be beautiful. "For giving the face a good color," the expert says, "get one pot of rouge and one rabbit's foot. Bury them two miles from home and walk out and back once a day to see if they are still there."

Careless Mistress.

"Mary, why didn't you sound the dinner gong?"

"Please, 'm, I couldn't find it."

"Why, there it is lying on the hall table!"

"Please, 'm, you said this morning that was the breakfast gong."—London Sketch.

Compensation.

"I must have an iron bedstead," declared a tourist at an inn.

"Sir," answered Boniface, "I am sorry there ain't a single iron bedstead in the 'ouse. But you will find the mattresses very nice and 'ard, sir!"—London Tit-Bits.

Real Trouble.

Knicker—What is the matter with Jones? Bocker—He has made so many excuses for being out late that now he has to make excuses for being home early.—Woman's Home Companion.

It is sometimes expedient to forget what you know.—Syrus.

"What is your idea of heaven?"

"I imagine it to be a place where a man won't be pestered to death by fool questions."

The villain dropped her o'er the cliff.

The hero cried, "Twill kill her!" So he plunged head first into space—To make a "movies" thriller.—Spokane Spokesman-Review.

"Faint heart never won fair lady."

"I detest that proverb." "Why so?" "I consider it a slap at us brunettes."—Kansas City Journal.



THE change may be critical and cause untold suffering in after-life. The modern young woman is often a "bundle of nerves"—"high strung"—fainting spells—emotional—frequently blue and dissatisfied with life. Such girls should be helped over this distressing stage in life—by a woman's tonic and nervine—that has proven successful for over 40 years.

Dr. Pierce's Favorite Prescription

is a keen enemy to the physical weaknesses of woman. A medicine prepared by regular graduated physician of unusual experience in treating woman's ailments—carefully adapted to work in harmony with the most delicate feminine constitution.

It is now obtainable in liquid or sugar-coated tablet form at the drug store—or send 50 one-cent tablets for a trial box, to Buffalo.

Every woman may write fully and confidentially to Dr. Pierce and his staff of physicians and Specialists at the Invalids' Hotel and Surgical Institute, Buffalo, N. Y., and may be sure that her case will receive careful, conscientious, confidential consideration, and that experienced medical advice will be given to her free.



DR. PIERCE'S PLEASANT PELLETS regulate and invigorate stomach, liver and bowels. Sugar coated, tiny granules easy to take as candy.

Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba, wheat
 FIVE ROSE do do do
 ROYAL HOUSEHOLD do do do
 HORTON do do do
 HARVEST QUEEN, 2nd Pat. from Man. wheat
 GOLD DUST do do do
 RED ROSE, High Grade Blended Flour
 NEW ERA, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.
 MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chopping and Rolling Done While You Wait PHONE 39

Fall Fair Dates

Strathroy.....September 21-22-23
 Petrolia..... 23-24-25
 Sarnia..... 28-29
 Forest.....October 1-2
 Watford..... 5-6
 Brigidon..... 5-6
 Wyoming..... 7-8
 Alvinston..... 8-9

A. D. HONE & SON Painters, Decorators

Good Work. Prompt Attention. Reasonable Prices. Estimates Furnished. Satisfaction Guaranteed

A. D. Hone : Clarence Hone
 RESIDENCE : ST. CLAIR ST. WATFORD

Clerk's Advertisement of Court in Newspaper

NOTICE IS HEREBY GIVEN that a Court will be held, pursuant to The Ontario Voters' Lists Act, by His Honour, the Judge of the County Court of the County of Lambton, at the Town Hall, Warwick Village

Monday, 28th day of Sept., 1914

at three o'clock, p. m., to hear and determine complaints of errors and omissions in the Voters' List of the Municipality of the Township of Warwick for 1914.

N. HERBERT, Clerk of the Municipality of the Township of Warwick

Dated the 5th day of Sept., 1914.

There is not such a cry for higher education as there is for just common, ordinary common sense.

Children Cry FOR FLETCHER'S CASTORIA

More aches and pains can be your experience if you Chamberlain's Tablets cure headache by removing the cause—the symptom cure for ailments, a bottle, or by mail, 25c.

F. H. B., M. D. England Ont. Mercha one block east of M. D. Ont. formerly occup 1 St. East GN. M. D.; ONT. GENERAL HOSPITAL Ont. formerly occup L.

ICKS, Y. L. D. & BOVA Post graduate Ontario and Forensic Ed to preserve the profession, MAIN and 3rd Thursday

DEN D. S. of Dental St. University of Approved Application to Ontario Kelly's Surgery WATFORD

ES. 17 C.O.F. meetings the 4th of each month at 8 o'clock. Room over F's store, Main Watford. With, C. R. F. Miller, F. Sec.

YEARS' EXPERIENCE TS DE MARKS RIGHTS & C. description may be had from the Commission on Patents and Inventions, 110 Co. receive the Canadian. Largest etc. Terms for paid. Sold by New York, Ontario, D. C.

LIST E AND Star \$1 85 pre- 1 85 1 85 1 65 2 00 1 40 1 85 1 85 2 35 2 50 4 00 4 00 4 75 4 00 4 00 3 00 4 00 4 00 3 00

TY S RIA