

WOMEN'S HOME AND MAGAZINE PAGE

JOSEPH AND MOSES INTRODUCE CANADA

Twin Babies Establish Relations For Polish Parents With New Country.

Ting-a-ling-ling.
The nurse was out on the floor almost before she had her eyes open, and reached for the pesky alarm clock to stifle its noisy racketing under the pillows.
Ting-a-ling-ling.
She realized that it was still dark, and that the startling, if familiar noise, was coming from the telephone.
"Hello."

Dr. S. wanted to know if the Victorian Order nurse would be ready in five minutes to go with him to a Polish family on the outskirts of the city.
"Yes, sir," she answered briskly. "Righto," said the doctor man. "I'll call and pick you up."

Now, how in the world could mortal woman get all dressed ready for the street and for sick room service in five minutes?
The V. O. S. nurse is the feminine equivalent for a fireman when it comes to speed and efficiency in donning uniform and grooming herself for the fray. In five minutes she was dressed, clothed in her clear thinking mind, and had remembered to pick up a layette to carry along in case of the almost inevitable emergency.

Nurse wouldn't like to swear upon the witness stand that the doctor kept within speed regulations in getting to that tiny house on the edge of the city where an anxious family awaited the arrival of medical skill. If not religious, the light at least was very, very dim in the stuffy room of the patient, who was located in the midst of mounds and heaps and fluffy piles of pillows and feather ticks, a feather tick over her, in spite of the oppressively warm night.

Unexpected Angel.
According to experience of the Victorian Order, no matter how poor the Polish family, there are always plenty of feathers, and usually the bed and surroundings are satisfactorily clean. If they are not clean at the time members of the family or friends are ready and willing to use all the elbow grease needed to make things shining after the nurse has dropped a cheerful suggestion.

The sick room in this case was so tiny nurse and doctor were obliged to work over the patient in relays. Presently there were heard the lyric voices of Joseph and Moses, sturdy, well-developed little specimens of newly-arrived Canadian-Polish babyhood, and then the room was crowded indeed. What a blessing nurse

Her Two Children Had Diarrhoea Terribly Bad

Anyone suffering from bowel complaints such as diarrhoea, dysentery, colic, cholera, cholera morbus, cholera infantum, or any other looseness of the bowels, will find that Dr. Fowler's Extract of Wild Strawberry will give quicker and more permanent relief than any other remedy on the market today.

Mrs. Roy Keith, Charlton, Ont., writes:—"I am writing to tell you what Dr. Fowler's Extract of Wild Strawberry did for me. Last summer my children had diarrhoea, terribly bad, and they became vomit and pass a great deal of blood. I tried every remedy we could think of, but finally bought a bottle of Dr. Fowler's Extract of Wild Strawberry, and about one half of it stopped the diarrhoea altogether. I have told several others about it, and I would not be without it in the house, as I can truthfully say it saved the lives of my two children."

Price, 50c a bottle; put up only by The T. Milburn Co., Limited, Toronto, Ont.—Adv.

SURE WAY TO GET RID OF BLACKHEADS

There is one simple, safe and sure way that never fails to get rid of blackheads, that is to dissolve them. To do this, use two ounces of peroxide powder from any drug store—sprinkle a little on a hot wet sponge—rub over the blackheads, and wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little blackheads, no matter where they are, simply dissolve and disappear, leaving the parts without any mark whatever. Blackheads are simply a mixture of dust and dirt and secretions from the body that form in the pores of the skin—pinching and squeezing only cause irritation, make large pores, and do not get them out after they become hard. The peroxide powder and the water simply dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition. Anybody troubled with these unsightly blemishes should certainly try this simple method.—Adv.

Frogs' Legs Are Delicious!

They are a delicacy that delights the palate of most people.
We are now serving some of special quality. Try them.

Wong's
454 Richmond Street,
Where Appetite Meets Satisfaction.

DON'T THROW YOUR OLD CARPETS AWAY!

REVERSIBLE "VELVETEX" RUGS
Send for Velvetex Leaflet.
Canada Rug Co., London, Ont.

MISTRESS OF MYSTERY STORIES!



ISABEL OSTRANDER

Has achieved the greatest mystery story of the year in the baffling, bewildering, brilliant tale of terror.

"The Tattooed Arm"

Printed for the first time as a serial in The London Advertiser, starting Wednesday, July 13.

**YOU MUST NOT MISS
THE FIRST CHAPTER!**

had taken along that extra layette for the unexpected angel, even if there was a name already made for him!

Joseph and Moses were soon snug and comfortable, and all ready for the inspection of a proud daddy, a much-excited grandfather and grandmother, and procession of admiring uncles and aunts, who didn't appear to mind in the least staying up at night to welcome new relatives.

The only one who did not enthuse was the last person in the world expected to display such an attitude, the wan little mother among her pillows and feather beds.

"Take them away," she wailed plaintively in her broken English. "No want. Want Rachel and Rebecca. No want Moses and Joseph. So tired."

And the wise nurse didn't stop to argue or point out the merits of the wee first born sons. She did the bidding of their apparently unappreciative mother who preferred girls.

What Holds Them Together?
She knew that after a restoring sleep might love would awaken and assert itself.

Regular visits followed from the Victorian Order nurse, whose mission of instruction, as well as bedside nursing, began with the first strenuous night. Grandmother, aunts and in time the young mother shook their heads over the strange garments of the simple layette, the loose little articles of clothing all hung from the shoulders, with never a tight, uncomfortable band. It was a wonder the precious Moses and Joseph didn't fly to pieces with such a lack of proper bandaging. Such was the respect for science and the style of wardrobe was carefully adhered to, and the methods employed for bathing and general care most painstakingly followed.

"Remember," warned the nurse on each visit, "remember to keep dirt away from the mouths and eyes of the babies, and don't forget to swat the flies."

Every visit she noted an improvement in the wee men who are going to grow up to be Canadian citizens. Each week there has been a slight gain, each week little mother grows stronger, prouder, more interested in carrying out the instructions of the nurse in caring for the precious twins. Mother is willing to work for, sacrifice for, and even fight for Moses and Joseph if occasion arises. And the girl mother has learned more about Canada in the past six weeks than in all the two years before that she has been here. Daddy also is inclined to think much more of Canada and Canadian citizenship, daddy who was facing hard times with only three days' work a week just at the critical juncture when Joseph and Moses brought new happiness as well as responsibility into the little Polish home on the outskirts of the city.

And grandmother and all the aunts have a new insight into the way things are done in Canada, even if they can't speak the language very well yet.

Grab Your Swatter Here Comes Nurse!

Sometimes the nurses of the Victorian Order and other visiting nurses are discouraged. They wonder if the instruction they give bears fruit after all. The other day a Victorian Order Nurse arrived at a home to which she had been called by a doctor to give a treatment. To her amazement and delight, she found everything in readiness for her. "You evidently have had a Victorian Order nurse here before," she said. "Oh, yes," came the prompt answer from the mistress of the household, "and every time I see them coming, I open the windows and swats out the flies."

Personals

Miss Clara Horton is at the Muskoka Assembly.

Miss Bella Smith of Chicago is the guest of Mrs. Fred Landon, 15 Bruce street.

Mrs. McNorgan is spending a short visit in Chatham, the guest of Miss Sterling.

Col. Lyne-Evans and Mrs. Evans have taken a cottage at Goderich for a month.

Mr. and Mrs. E. C. Mitchell and family are spending the summer near Kingston.

Mrs. W. A. Green and three daughters of Montreal are in town for a few weeks.

Mr. and Mrs. James B. Kennedy and family of Erie, Pa., are visiting relatives in the city.

Mr. and Mrs. W. B. Scandrett of St. George street have gone to visit relatives in Montreal.

Miss Marion Meaden is spending her vacation with Mr. and Mrs. James T. Meaden, Hamilton.

Miss Lucy McMechan has returned home after an enjoyable fortnight at the Muskoka Assembly.

Mrs. F. C. Wanless and son Kenneth, 74 Byron avenue, are visiting in Chatham and Detroit.

Messrs. Gayford Rush, Archie Tisdale and H. Ball are on a motor trip to Ottawa and Montreal.

Mrs. Becher, Mrs. A. Becher and small sons, John and Alex., are at Scarborough Beach, Maine.

Miss Vera Osgood and Miss Betty Dale are spending two weeks' vacation at Lake of Bays, Muskoka.

Following their motor trip to Montreal, Lieut. Col. C. H. Hill and Mrs. Hill are taking the Saguenay trip.

Mr. and Mrs. George T. Brown have returned home after spending a fortnight at Beaumaris, Muskoka.

Mrs. W. E. Saunders, Miss Annie Saunders and little Nora Petherston are staying at the Bigwin Inn, Muskoka.

Mrs. James Taylor of Woodstock has returned home after spending several weeks with her son, Mr. Garrett Taylor.

Miss Ada Pickering of the V. O. N. is spending staff has returned to the city after spending part of her holidays in Detroit.

Mr. Frank Green of New York is spending a holiday in the city visiting his mother, Mrs. Thomas Green, Cartwright street.

Dr. George Hale is leaving for a holiday at Metis, Quebec, where he will join his mother, Mrs. Jeffrey Hale, and sister, Mrs. Hensley.

Miss Ann Rowat of Manhattan Hospital, N. Y., is spending her holidays in the city with her parents, Mr. and Mrs. T. A. Rowat, Cartwright street.

Miss Jo Irwin, 1205 Dundas street, has left for New York City, where she will be a guest with Mr. and Mrs. Edward Knobloch for the following two weeks.

T. F. Kingmill, jun., has purchased the home of the late Mrs. John Green, 525 Ridout street, and will take up his residence there in the autumn.

Major (Dr.) W. Cronyn and Mrs. Leslie Lillie and little daughter Daphne of Niagara Falls will accompany Mr. and Mrs. F. P. Betts to Spain next month.

Miss Irene Kelly of Glenora, and Misses Mary and Florence Johnson of Vancouver, are spending their holidays with their cousin, Mrs. C. P. Welter of Middlemarch.

Mr. Andrew Templeton of Detroit has returned home after a brief visit to his mother, Mrs. Janet L. Templeton, and his sister, Mrs. Rowland Munro, 101 Waterloo street.

Mr. J. J. Donohue of Sarnia is visiting his relatives in the city over the week-end. While in town he is staying at the home of Mrs. Catharine Pethick, 80 Stanley street.

Master John French, who has been visiting Mr. and Mrs. A. O. Hunt, accompanied by Master Philip Hunt, who will be his guest for a few weeks.

Dr. A. E. Marty of Toronto, formerly of St. Thomas, is spending part of her vacation in Europe, after which she will go to Muskoka, where she has purchased a site for a summer home.

Mrs. Charles R. Hunt was in town for a couple of days the end of last week to meet her brother, Mr. Keith Handyside, of Montreal, who has accompanied her back to her summer cottage at Goderich.

Mrs. Janet L. Templeton left Monday to visit her daughter, Mrs. James L. Walton in Marquette, Mich. Her son, Wm. Love Templeton, accompanied her; also her grand-daughter, Dorothy Margaret Munro.

Mr. and Mrs. W. Trebilcock and private secretary of New York, who are on a motor trip through the country, have stopped over in the city for a little visit, and are the guests of Mr. Trebilcock's sister, Mrs. H. J. Brown, 746 Dundas street.

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at the Ivey summer home, Ahmic Lake, Magnatwan, where they have as their guests Mrs. Reginald Green and small son, of Paris, France. Mrs. D. E. Robertson of Toronto (formerly Pauline Ivey) and Dr. Robertson are going up for the month of August.

Mr. George White has arrived in the city from Vancouver for the first visit in some years, and with Mrs. White and children, who preceded him by a couple of weeks, is staying at the White home, 331 Dundas street, while Miss White and Mr. E. A. White have taken up their residence at the farm in London Township for the summer.

Mr. Adam Smith is spending this week in Muskoka, the guest of Prof. H. W. Auden and Mrs. Auden at their summer home at Gordon Bay. He goes on from there to join a house party of young people, which his uncle and aunt, Col. William Hendrie and Mrs. Hendrie, are entertaining on their houseboat on the French River.

Apart from appreciation of the educational and artistic value of the course to be presented by the Dominion Chautauqua, opening in London Friday evening, the London L. O. D. E. is hoping to realize a substantial sum for work that lies very near to the hearts of the members. Sharing in the responsibility of presenting the Chautauqua in London, the order is looking forward to augmenting the fund which will provide aid in emergency for returned soldiers and their families next winter. Last year a large amount of such service was rendered the families of returned men in need owing to unemployment and illness.

The Waukeeta Club, including several London girls, has taken a cottage for the next fortnight at Stag Island, and already an advance guard has gone down to get everything in readiness. The roll will be complete early this week and a very jolly outing is anticipated. The name of the cottage, "Noddy-Dun-Foolin'" is in itself provocative of the spirit of merriment. The members of the club, a social organization, which has arranged many happy affairs in the past winter, are Miss Mildred Erskine, president; Miss Rose Bull, secretary; and Misses Tilly Davidson, Neil Davidson, Lillian Erskine, Carolyn Baker, Jean McNeil, Lolo McLeish, Isabel McLeish, Phyllis Quick, Mary Beattie, Gladys Hynd, Zetta Chown, Irene Chown, Mary-Martin, Ann Kidner and Beulah Bailey.

The midsummer special meeting of the Campbell Becher Chapter, L. O. D. E., held Monday evening took the form of a happy social event, a welcome home for the regent, Mrs. F. J. Greenaway, who has just returned after representing the Municipal Chapter, L. O. D. E., at the annual meeting of the National Chapter in Vancouver, and also a farewell for the popular second vice-regent, Mrs. Ralph Slater, who is leaving for California. Mrs. J. E. Wylie entertained the members at high tea at 7 o'clock in her inviting home, Waterloo street north, doubly attractive adorned with roses and snapdragons. The guests were seated at pretty tables decorated with vases of the flowers. The hostess was assisted by Misses Alma Nichols (Strathroy), Doris Huffman, Marion Tanton and the daughter of the house, Miss Velma.

Serious business followed, with plans with regard to the "little sisters," whom the chapter is seeing through secondary education, and also for activities in connection with the Western Fair and other important matters. Of outstanding interest was a comprehensive and breezy report by Mrs. Greenaway of the National Chapter convention in Vancouver. During the evening an address of appreciation was read to Mrs. Slater.

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Cold Chocolate Bread Pudding

1 cup soft stale bread crumbs ¼ cup of sugar
1 pint of hot milk ¼ teaspoon of salt
2 squares of chocolate 2 eggs
¼ teaspoon vanilla

POUR the milk over the bread crumbs and let stand half an hour. Add the yolks of the eggs beaten with the sugar, salt, and chocolate melted over hot water.

Lightly add the stiffly-beaten whites of the eggs and turn into a buttered baking dish. Set dish in a pan of hot water and then bake in a moderate oven until firm.

Serve cold with stiffly beaten cream or plain sweet cream.

Cynthia Grey's Mail-Box

Has Flannelette Flags.
Dear Miss Grey, I saw in the column yesterday that "A Real Lancashire Lass" would like flannelette flags, blocks for her friend's quilts. I have five of them about 5x9 inches, and if they would be of any use to her she is welcome to them. She may get my address from the Mail-Box.

Has anyone a white peony root or colored phlox root that I could get in exchange for white phlox or red or pink peony?
I am enclosing a mite for the S. C. H. with best wishes for the success of the fund.

P. S.—A friend who is staying with me is sending \$1 for the S. C. H. A Real Lancashire Lass will be

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Mr. and Mrs. Richard Ivey and children and Miss Isabel Ivey are

delighted to hear that you have some flags for her friend. Your name is on the family list, Spookendyke, and if anyone has peony roots to exchange she may have your address. Many thanks for your hospital mite, also for the generous mite from your friend. It was lovely of her to send it.

Another Pitiful Case.
Dear Miss Grey,—It is about six months since I wrote to you last, but I was out visiting this morning, and I went into see a mother of five children and here she was, hardly able to be out of bed, trying to make over some things, as she expects another baby any day. That will be her second day in three years. If any of our ladies have anything that would help out it will be greatly appreciated, as the poor woman is a T.B. case, and the father a disabled soldier, and five children now depending on them. I do hope someone will have something to help them. I have enclosed their address unknown to them. I am.

ANOTHER OF YOUR HARD-UPS.
I will inclose my mite, as I have a few recipes to send you tomorrow.

Don't you think if the local branch of the G. W. V. A. were notified they would assist this family? It seems too bad if the father is a returned man that nothing is being done to help them. I am sure, too, if women's organizations in the churches knew of the case they would be willing to help them in every way.

Sends Thanks.
Dear Miss Grey,—Received very much to S. N. Tennessee for one of the songs. I saw in the paper a riddle which is: "What goes in the stable on its head?" I think it is a nail in a horse shoe. We are having lovely weather just now, aren't we? What is my writing like? Has it the right slant?

BUD.
Your hand isn't quite formed yet. Bud. Will have to be careful and do not allow your writing to become careless, as it is inclined that way now.

ADVERTISER PATTERNS
A Favorite Dress for the Little Girl.
4002—The pretty collar is not the only attraction on this dainty frock. The full skirt with becoming tucks, and the cool, comfortable sleeve will please the little wearer. Dotted challis is here shown with ribbon trimming. The design would be very attractive in embroidered Swiss with binding or piping in a color.

The pattern is cut in four sizes, 4, 6, 8 and 10 years. A 6-year size will require 3½ yards of 36-inch material. Pattern mailed to any address on receipt of 15 cents in silver or stamps. Address all pattern orders to Pattern Department.

Name

Town

Provinces

Age (if child's or misses' pattern).....

Measurement: Bust..... Waist.....

CAUTION: Be careful to inclose the above illustration and send size of pattern wanted. When the pattern is bust measure, you need mark only 35, 44 or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.