

Mr. William Mair, sen., Mr. and Mrs. N. R. Mair and two children and Mr. L. Cassidy motored to Arkona Sun-ay, where they will be the guests of r. Will. McAdam.

The Misses Norma Springett, Marjory Springett, Reta Carrothers and Mar-jory Carrothers, Hazel Stone and Elva Adams are spending a two weeks' holi-day at Fairport Lodge, Port Stanley.

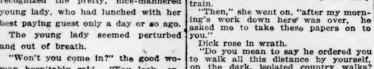
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ngersol

Cream Cheese

HE richness, the purity, the flavor always measure up to the "Ingersoll" high standard.

"Can be used in a hundred different ways"



"Spreads like butter"

A Dainty, Charming Frock. Pattern 3616 is illustrated here. It is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches, bust measure. A 38-inch size will require 5% yards of 44-inch ma-terial. The width of the skirt at the

WESTERN ONTARIO

WOMEN'S ACTIVITIES

Address News For This Column The Editor of Woman's Page.

FLORENCE W. I. HOLD MEETING.

The August meeting of the Women's Institute was held at the home of Mrs. E. F. Hall with a good attendance of members and visitors. Mrs. MacRob-ert had charge of the meeting. Among other things it was decided to donate \$10 for prizes at the fall fair. After the business had been transacted readings were given by Mrs. Sarney and Miss Kathleen Webster. The September meeting will be held at the horfie of Mrs. MacRobert, when the Inwood branch will put on the pro-grame.

The August meeting of the Women's

will require 5% yards of 44-inch ma-terial. The width of the skirt at the foot is 2¼ yards. The yoke band and cascades may be omitted. Embroidered crepe or duvetyn, printed georgette or crepe, taffeta, linen, voile, pongee, gingham, organdy, etamine and crepe de chine are attractive for this style.

Town

A pattern of this illustration mailed to any address on receipt of 15c in silver or stamps.

3616

Name on its way to you, and thank you for gift for hospital.

Haven't seen my letter in print, but I don't care about the letter if only you

Measurement: Bust Waist

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is that was very sour need only mark 38, 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and i han be in a skirt, give waist and pentern measure. When misses' or child's pattern, write only the figure appresenting the age. it is not necessary to write "inches" or "years." Patterns cannot reach you in less than one weat from the date of applicatio

thanking you in advance, I remain as before. GOLDEN GLOW. P. S.-Find inclosed dime for S. C. H.--G. G. Ans .- Am sorry, Golden Glow, but the songs you ask for have been sent

Dear Miss Grey,-This is my secand letter to the Mail-Box. I enjoy the letters very much. I saw in to-day's paper where Country Lass. No. 5, vould like to correspond with some on about her age (12). I would like to correspond with her if she will write first. My address is with Miss Grey. I am inclosing a mite for S. C. H

out. Many thanks for hospital mite.

Ans .- Thank you very much, Peony, for hospital mite.

Dear Miss Grey,-Here I come, to Please open the door and let me in. I saw in Saturday's paper where Dippy offered Lady Washington slips. Would offered Lady Washington slips. Would you please send her the inclosed en-velope, as I would like some? I would like to correspond with some girls about 16, who are fond of sports, such as dancing, swimming or skating. I will leave my address with Miss Grey. I am inclosing mite for S. C. H. If anyone would like crocheting done, would like to do some in spare time.

think I had better hop off now, as I must take the men a drink and then some apples to grandmother. PEGGY O'NEIL. can we make clear to ourselves just

Ans .- The letter inclosed has been forvarded. Thank you for hospital gift.

bear Miss Grey,—It is some time since you heard from me, as I was studying for entrance, but now that I have passed with honors, I have more time for writing. This has been a beautiful summer, and the holidays are quickly passing. I intend to go on to

quickly passing. I intend to go on to high school, so I feel my time in my country home is short. Will you please send me your stocking foot nations. send me your stocking-foot pattern, and is to base it on a three-year average. I would be much obliged to you? In-We may exceed a given amount in any (Copyright, 1921, by the Metropolitan one year wisely, provided we use the Newspaper Service.)

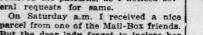
closed you will find 10c for Sick Chil-dren's Hospital. GOLDIE.

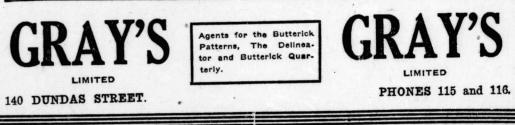
dren's Hospital. GOLDIE. Ans.—We congratulate you on your success, and hope you will find high school very interesting in spite of the necessity of leaving home. Pattern is

Dear Miss Grey,-Did you receive the romper patterns I sent to the Mail-Box?

Age (if child's or misses' pattern) received the patterns, as I noticed sev

On Saturday a.m. I received a nice parcel from one of the Mail-Box friends. But the dear lady forgot to inclose her





ECONOMICS HOME THE MRS. ELIZABETH KENT, MacDONALD COLLEGE.

buy.

99

TEA

articles bought long enough to justify THE DRESS BUDGET



Only by working out a dress budget

8-11

661

drink.

it and average the actual expenditure A cheap hat one season, another the next, may often cost more money that a dearer, but better, hat worn two years, and, perhaps with slight altera-tion, longer. Thus over the three-year period we may save money by spending more in the first place. But to exceed our allowance to buy a garment that will not go more than one season, is really to make a bad mistake.

Very few people have any clear idea of what they ought to spend for clothes. One good way to find out is to look back over what we have spent, estimate how well it has served our purpose, and make our new estimate on the basis of our own experience, not on anybody else's.



for over 75 years has relied upon Gouraud's Oriental Cream to keep the skin and complex-ion in perfect condition through the stress of the season's activities.



HORLICK'S Malted Milk For Invalids nourishing and digestible dist.

Contains rich milk and malted grain extract. A powder soluble in water,

Every woman

will love

We must consider what sort of clothes our own kind of life calls for in busi ness and social matters, as church what we are spending for clothes, and afternoon or evening affairs, theatre noons. Compare our list of what w