

ANNOUNCEMENT

TODAY, for the first time here, the new medicinal preparation—"ASAYA-NEURALL"—is offered for sale, and may be obtained from the undersigned.

"ASAYA-NEURALL" represents the latest conclusions of medical research in the effort to supply the nervous organization of the body with the elements required to restore normal nervous health in a form capable of being assimilated by the weakest digestive organs.

As is well known, every effort of the mind and every movement of a muscle uses up a part of the tissues of the nervous system, the waste products of which have been found by chemical examination of the excretions to consist largely of mineral phosphates.

In health, when the nervous forces are not over-exerted, certain foods, such as fish, eggs, milk, etc., supply sufficient of the phosphatic principle to restore this loss.

But when a person, young or old, through over-work, worry, intense excitement, grief, alcoholic or other excesses, over-exerts the nerve powers, accelerating the using up of nerve tissue and the consequent loss of the phosphatic principle past the power of recuperation by the ordinary channels of the food, the condition of nervous exhaustion results.

These facts have long been known, and physicians have for years endeavored to aid the system to regain its normal supply of the vital phosphatic element by the giving of phosphorus compounds of many kinds.

The preparation—"ASAYA-NEURALL"—may be described briefly, as the latest advance in the art of phosphatic medication, suitably prepared for general public use. In it phosphorus is supplied in practically the same form as it exists in the human system, thus enabling this nerve building element to be easily assimilated even by those whose digestive powers have been so weakened by disease as to make it impossible for them to retain and assimilate phosphorus preparations of any other kind. It is a safe, home remedy, immeasurably superior to any previous compound for similar purposes, and should be taken by persons suffering from

**NERVOUS EXHAUSTION
NERVOUS DEBILITY**

**NERVOUS PROSTRATION
HYSTERIA INSOMNIA**

For the nervous despondency frequently experienced by women when recovering from child-birth and for all conditions of nervous derangement resulting from the causes named above.

"ASAYA-NEURALL" checks the night sweats due to extreme nervous debility, and, under the physician's direction, will be found of great service as a reconstructive tonic in the treatment of wasting and debilitating diseases, especially Consumption, where it is of prime importance to maintain the nervous strength, and during the convalescence from acute diseases, such as Pneumonia, La Grippe, etc.

FREE TRIAL SAMPLE OFFERED.—BENEFICIAL EFFECTS ALMOST IMMEDIATELY EVIDENT.

The first effect of this preparation is the lifting of the feeling of depression and the awakening to a more lively interest in things about us. Ability to sleep returns, the digestive powers are roused, the appetite improves, and a general feeling of rejuvenation and renewal of energy is felt. The beneficial effects are evident almost at the first dose. Not due, however, to false stimulation, as in alcoholic preparations, but to real feeding of the under-nourished nerve tissues, while the time to stop taking this preparation is as evident as is the time to stop at meal time, that is, when the nerves have been fed until their normal condition returns and a buoyant feeling of nervous health replaces the depression previously experienced.

SPECIAL NOTICE. Any adult person may, within ten days from the date when this notice appears, obtain a liberal sized free sample bottle of "ASAYA-NEURALL," quite sufficient to definitely establish the value of this preparation in their case, by filling in the coupon below and presenting same to the undersigned. "ASAYA-NEURALL" is regularly sold in large bottles at \$1.50 each. One bottle, taken three times a day according to directions, affords treatment for about forty days, all that is usually required for ordinary derangements of the nervous system.

"ASAYA-NEURALL" is prepared solely by the DAVIS & LAWRENCE CO., Manufacturing Chemists, of New York, Montreal and Shanghai, and may be obtained locally from

COUPON FOR FREE SAMPLE

Cut out, fill in, and present to the dealer named

DEAR SIR,—Kindly deliver to

(Name) (Street Address)

One Sample of "Asaya-Neurall," as advertised, and oblige,
DAVIS & LAWRENCE CO., MONTREAL.

M. CONNORS.

A Visit to Sunny Italy.

Letter From Mr. W. A. Thorburn.

(Continued.)

On the evening of Nov. 24th we all received an appropriate souvenir of the voyage in the form of a dainty menu card with a picture of the "Canopic" at Naples on the outside and, as this was our last dinner on board, the orchestra furnished fitting selections, such as Auld Lang Syne, etc. We also had a ball which made everyone feel good; the starboard side of the promenade deck being turned into a temporary ballroom and nicely decorated with flags and colored electric bulbs. By the way, one of the British sailors on this ship is quite a genius, he can draw excellently in freehand, and also paints in water colours and oils. He showed me a very nice piece of work it is. We had some interesting yarns together between times. We arrived at Naples at 10 a.m. on Thursday, Nov. 25, after a good passage of 11 days, 3 hrs. and 54 minutes according to the ship's official log. Here are a few remarks culled from it:—

November 14th, Distance Travelled, 325 miles, smooth to rough head sea; 15th, 322 miles, overcast and cloudy, rough head sea; 16th, 354 miles, cloudy weather, heavy N. E. swell; 17th, 354 miles, moderate gale, with rough following sea; 20th, 254 miles, confused to rough following sea; 21st, 363 miles, strong breeze, rough following sea; 21st, 363 miles, strong

breeze, rough following sea; 366 miles to Gibraltar; 23rd, 296 miles, fine weather; 24th, 346 miles, fine weather; 339 miles to Naples. Total distance, 4,039 miles.

I must say the passengers on the "Canopic" were a nice lot of people, and if any of them should happen to read this account of the trip they will doubtless remember the pleasant times we had on board. At Naples we all parted, each to go on his and her way; perhaps some of use may meet again, perhaps not. About one of the first things I noticed in Naples were

Some Cusks of Codfish

on a cart marked A. Goodridge & Son (that is, the casks were marked with that firm's brand, not the cart); they had, of course, come from Newfoundland. I was only in Naples about a day and a half, as it was necessary to come back on the S. S. "Berlin," but I would have enjoyed spending a month in Italy. Having secured a competent, licensed guide and interpreter, (which I would strongly advise anyone visiting Italy for the first time to do; only care should be exercised in securing a guide who is bona fide) he and I started out to make the best possible use of my limited time. We went through the King's Palace which is occupied by the King of Italy when he is in Naples, and it is a fine building and has a large courtyard. Within there are many costly tapestries and handsome paintings, and the ballroom is really magnificent.

With Very Fine Candelabra

suspended from the ceiling in the centre of the room; the floor is literally as smooth as glass and all that could be desired by the most exacting de-

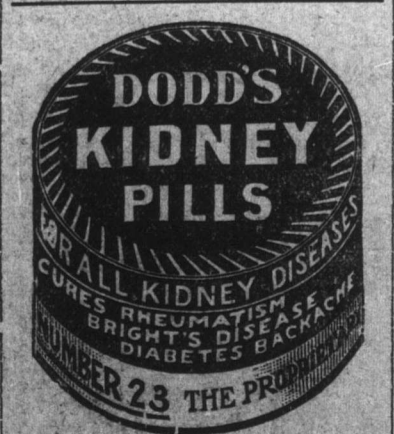
votee of Terpsichore. The dining room is also exceedingly fine, as are the various reception rooms, etc. There is also a private chapel with tapestries and paintings representing the crucifixion, Christ in the Temple, and many other Biblical subjects. The altar in this chapel is a piece of high-class work, and the exquisite inlaid work in gold, silver, precious stones, marble, ivory and wood seen all over the Palace simply beggars description. We saw the underground passage through which the Royal party can go when they so desire, to the public theatre which is conveniently situated nearby, and we were through the King's small private theatre where theatricals are given at which his privileged friends attend. We were also out on the roof garden of the Palace from which altitude a beautiful

View of the Bay of Naples, the city, and Mount Vesuvius and the surrounding mountains is obtained. There are roof gardens and roof gardens, but this one must not be compared to the roof gardens of, for instance, New York City; it is in an elegant class by itself. I saw many nice buildings in Naples including the Court House, Municipio, or Municipal Building, Theatres, Churches, Statues, Fountains, etc. There are some strong serviceable looking bicycles here made from imported English, French and German fittings. My guide informed me that should the tires get cut by

a piece of glass the air would rush out of them and they would then have to be mended. To one who has ridden bicycles of a variety of makes for twelve years, this was intensely interesting information.

The population of Naples is 600,000 a great many of whom are very poor and pitifully ignorant. Most of the Streets are About Thirty Feet Wide and paved with lava blocks from Mount Vesuvius. Vesuvius, the grim old sleepless sentinel, looks like an enormous bell, and when I saw it, it was covered on the sides with snow; it is liable to discharge liquid lava at almost any time, and only three years ago there was a discharge which caused some loss of life, and at that time the ashes from the volcano were three feet high in Naples. Each eruption lowers the altitude of this enormous cone; the last upheaval lowering the height by 225 feet. This city has electric street cars that run on broad gauge tracks four feet wide. The water supply comes from Mount Cerino, and excellent water it is. Carriages, when meeting, always keep to the right, the same "rule of the road" as in American cities, and diametrically opposite to driving rules in British cities. There are quite a few taximeter cabs, the rate being about

A Franc and a Half (30 Cents) an hour. One sees oxen teams, and teams of an ox and a donkey yoked together and, in the streets of Naples, you can gaze on these oxen teams, electric cars, automobiles, bicycles and taxicabs all in the same street at the same time thus illustrating the ancient and the modern with a vengeance. I witnessed a curious funeral procession here, about five o'clock in the afternoon, in which the corpse was carried on the shoulders of men dressed in long white sheets with holes cut in the sheets for the eyes, nose and mouth, which made them look like so many ghosts; it was rather a gruesome spectacle and looked quite weird wending its difficult way through the lighted streets crowded with busy people. In bright contrast to this I observed, in an-



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Cures Cold in One Day, Grip in 2 Days
on every
Bottle 25c

other part of the city, a company of Bersaglieri, or Italian sharpshooters, their picturesque uniforms and plumed head-dress showing up quite artistically in the glare

Of the Electric Arc Lamps.

Anyone visiting Italy at this time of the year should take plenty of warm clothing with them for the weather in sunny Italy is quite cold at this season. The collage in Naples is France, centimes, lire, etc. Five centimes is one cent. One franc is one hundred centimes, or twenty cents. One lire is the same as one franc. After patronizing an entertainment at which some two-hundred people, mostly men, were treated to singing, dancing and athletic feats, my guide and I had an "after theatre supper" in one of the best restaurants in the city, and I arrived back at my hotel, at midnight. Some of the Neapolitan women are very pretty and you can rest assured that they know it, too. On Friday morning we started, by electric car, for the ruined city of Pompeii, but did not break any records as our speed was not greater than

Thirteen Miles Per Hour.

The track is narrow gauge, three feet wide, and the first class cars are quite comfortable. At the time of the last disturbance of Vesuvius the track on which we ran was completely submerged by molten lava, and the solidified lava is now piled high on each side of the right of way. For part of the distance between Naples and Pompeii steam cars run alongside the electric cars, and on other sections the both styles of car run on the same track. There are a number of vineyards along this route and in these work the poor peasants at the rate of three francs (60 cents) a day. Approaching Pompeii we see Mount Somma, somewhat behind Mount Vesuvius, which volcano has been extinct since 79 A.D. We entered the unearthed remains of Pompeii at 11 a.m., and an indescribable feeling takes possession of one as they walk its streets and amidst its ruins. They are still excavating the ruins and

This is the Third Time

the city has been uncovered, as eruptions from grim, old Vesuvius have thrice covered it up. Pompeii was overwhelmed in 79 A.D., the original cause of the city's destruction being an earthquake followed by a discharge from Vesuvius which buried the stricken place under tons of ashes. We walked through the principal streets and beheld the remains of public fountains, old lead water pipes, and the ruined houses on the walls of which are still to be seen paintings representing myths and historical subjects, and I noticed quite a few artists busy reproducing these mural decorations. The principal forms of architecture in Pompeii are the Doric, Ionic, and Corinthian, and I am convinced after seeing the masonry in this ancient city, that with all our up-to-date methods we cannot erect buildings which would stand the test these have done. Truly, we have a lot to learn. We passed under the two triumphal arches erected respectively

In Honour of Caligula,

who was Emperor of Rome from 37 to 41 A.D., and who was supposed to be mad; and Nero who was Emperor of Rome from 54 to 68 A.D., and who was infamous for his cruelties. (I will not guarantee that these dates are correct, but it is an incontrovertible fact that Caligula and Nero were Roman Emperors). These Emperors passed through these arches which are in a fairly good state of preservation to-day and, in imagination, I could see the populace loudly acclaiming and doing homage to, as in duty bound, those men who had made themselves known far and wide. Other exceedingly interesting things that the guide pointed out were:—1. The statue of Diana, which has a hole in the back of its head, through which a priest used to speak and thus give the impression to a credulous populace that Diana uttered oracles. The priest was concealed in

A Niche Behind the Statue.

2. The amphitheatre, which was a colossal building that could seat 12,000 people. It is built in the form of an ellipse, the dimensions of the major axis, or long diameter, being 139 meters (about 456 feet), and that of the minor axis, or short diameter, 121 meters (about 396 feet). This building was divided into two sections, one for tragic performances and the other for comedy. 3. The Temple of Justice, a large building supported by many pillars, and underneath which are the dungeons where prisoners were kept awaiting trial; these dungeons were certainly gloomy places, as I found when I had descended into them. 4. The Museum in Pompeii, in which are some remains of the victims of the terrible catastrophe that overtook this once beautiful city, and in this museum are many casts representing the attitudes in which the victims were found, some peaceful, some horribly contorted.

(To be continued.)

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