

## WOMEN OF MIDDLE AGE

Need Help to Pass the Crisis Safely—Proof that Lydia E. Pinkham's Vegetable Compound Can be Relied Upon.

Urbana, Ill.—"During Change of Life, in addition to its annoying symptoms, I had an attack of grippe which lasted all winter and left me in a weakened condition. I felt at times that I would never be well again. I read of Lydia E. Pinkham's Vegetable Compound and what it did for women passing through the Change of Life, so I told my doctor I would try it. I soon began to gain in strength and the annoying symptoms disappeared and your Vegetable Compound has made me a well, strong woman so I do all my own housework. I cannot recommend Lydia E. Pinkham's Vegetable Compound too highly to women passing through the Change of Life."

Mrs. FRANK HENSON, 1316 S. Orchard St., Urbana, Ill.

Women who suffer from nervousness, "heat flashes," backache, headaches and "the blues" should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.



**THE PRIMARY CAUSE**

of most sickness is neglect of the liver. Constipation follows. The poisonous matter which should pass out of the body spreads through the system. That is the cause of sick headaches, sour stomach and biliousness and these troubles are sure indications that the liver needs attention.

**THE CURE FOR ALL LIVER ILLS IS Hawker's Little Liver Pills**

SMALL, EASY TO TAKE. SUGAR COATED.

HON. H. A. McKEOWN, Chief Justice, New Brunswick Supreme Court, says:

"I find Hawker's Little Liver Pills an excellent liver regulator, and we are receiving similar testimonials in every mail."

Sold by all Druggists and General stores at 25c. None genuine without the Company's name.

**HAWKER'S NERVE AND STOMACH TONIC. THE GREAT INVIGORATOR. BUILDS UP THE SYSTEM.**

**HAWKER'S TONIC AND CHERRY BALM.** IS A SAFE AND SPEEDY CURE FOR ALL COUGHS AND COLDS.

THE CANADIAN DRUG CO., Limited, ST. JOHN, N. B.

### Help Your Digestion

When acid-distressed, relieve the indigestion with

**KI-MOINS**

Dissolve easily on tongue—as pleasant to take as candy. Keep your stomach sweet, try KI-MOINS.

MADE BY SCOTT & BOWNE, MAKERS OF SCOTT'S EMULSION.

## What Are You Doing For The Returned Man

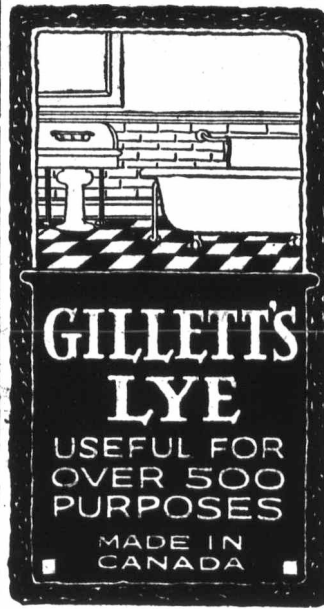
The discharged soldier demands a job for the future and has no desire to wander along in the same old rut. Life in the Army has broadened his views; that is why the different employment agencies of the Government are having trouble to place the returned man in a decent job; a place where he can earn a living wage and at the same time learn a trade. He has no taste for his former trade or calling and feels now is the time to decide. A year or two in the Army has opened his eyes and this, you will agree, is a good sign. What we are looking forward to is a better citizen for Canada and now is the time for the employers to step in and assist the different Government organizations to this end.

The Department of Soldier's Civil Re-Establishment has done splendid work in fitting the returned man in the niches and grooves of civil life. Although they are doing all they can for these men, what they need is the co-operation of employers. Take the case of Smith for instance who before enlisting occupied a mediocre position in a local warehouse and earned about fourteen dollars a week; had four years service overseas; rose to the rank of sergeant and had one or two decorations. This man acquired a new confidence in himself and in his ability. Just after his return he met the boss who had employed him before the war and who said as he shook him by the hand, "You can have your old job back again." "You don't think that I am going back to that again? No, I am worth more than that." There wasn't any future in it for him. There had been opportunities for him in the Army. HE HAD GRASPED THEM; now that he was home he did not want to get back to the old style of living. He wanted something to fight for a job with a future and the chance to learn a trade.

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### HOW TO GIVE HIM THE CHANCE

There are a number of American firms who are employing such a returned man; running a training school in connection with their works and at the same time paying him a living wage. A large number of American manufacturing plants have installed such schools and investigators from the Government Re-employment Bureau report that they have increased the average working output of the unskilled laborer from thirty five per cent efficiency to as high as sixty and sixty five per cent. Increase in a worker's efficiency means increased production which in those times of great demand means more business and prosperity when such things are needed. Only by increased production can the cost of living be reduced in the opinion of many students of that question. The increased output is not, however, the greatest benefit that springs from the enhanced efficiency of the workman. The big aim is for the worker himself. By increasing a man's efficiency you increase his own estimation of himself. Consequently, proponents of this scheme advance its claims as a remedy for the ills springing from the present industrial restlessness. What our returned man is looking for is a chance. He might be a laborer but what he wants is the opportunity to give it to him, TRY HIM OUT, and should he be a failure I am sure he will be the first to admit it and make way for a better man. But you will find that if he is the man who is struggling to get out of that you will not be able to keep him there. TRY IT FOR AN EXPERIMENT, and do not forget, employers, that the Information and Service Branch of the Department of Sold-



### 10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Biliousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascares. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.

Civil Re-Establishment has that man's application on file. Call and ask to see the Representative in person.

## A. C. McKay Drops Dead

The residents of Irma and district were shocked to hear of the sudden death of one of their old time and highly respected citizens last Saturday night. Mr. McKay was in town most of the afternoon Saturday and had appeared to be in better health than usual. He had tea with his daughter, Mrs. G. A. Tripp and some friends and went over to the station with the intention of going to visit some friends and spend a few days. Just before the train arrived he went out on the platform and sat down on some cream cans. As the train approached Mr. Wilberham went to load the cans and noticed that he appeared to be sleeping, but after trying to arouse him, some men carried him into the station and summoned Dr. McGregor who pronounced him dead. The funeral was held on Monday afternoon from the home of Mr. G. A. Tripp, Rev. C. G. Hockin conducting the services, interment in the Irma cemetery. The casket was covered with flowers, a large concourse of friends followed the remains to their last resting place. The late Mr. McKay was born on Sept. 27th, 1843 at Nelson on the Miramichi River. Married Diana Bateman in 1873. Moved to Harcourt N. B. in 1883, and was connected with the Millers Tanning Extract Co. for 26 years, coming to Irma in 1909 where he has made his home ever since. Mr. McKay was a widower his wife having predeceased him to the great beyond 35 years ago, leaving a family of four: Mrs. G. A. Tripp and Mrs. R. S. Smallwood of Irma, Mrs. C. R. Thompson, of Everett, Mass., and Mr. J. Clifford McKay of Irma. He also leaves two sisters, Mrs. M. J. Moore of Truckee, California, and Mrs. Malcolm Amos of Lower Darby N. B. and two brothers, Wm McKay of Winnipeg and John McKay of Berlin, N. H.

Copied from the Irma Times of Jan 16, 1920

## EGYPT

### FASCINATING FAR-AWAY EGYPT

WITH ITS CARAVANS AND CAMELS AND ITS PICTURESQUE ARAB TRADERS INSISTS ON BEING REGULARLY SUPPLIED WITH

# "SALADA"

### FATHER KNEW—PERHAPS.

"Father, who was Shylock?" asked the small boy.

"Goodness, boy!" exclaimed the father. "You attend the finest Sunday School in the district and don't know who Shylock was? Go and read your Bible, sir!"

Tom—You don't really imagine that girls actually propose sometimes, do you?

Dick—Well, all I know is that this is Leap Year and some girls are getting married who never got married before.

### A Dyspepsia Cure

M.D. advises: "Persons who suffer from severe indigestion and constipation can cure themselves by taking fifteen to thirty drops of Extract of Roots after each meal and at bedtime. This remedy is known as Mother Seigel's Carative Syrup in the drug trade." Get the genuine. 50c. and \$1.00 Bottles.

Look Carefully over the List Below and

## We are sure you will be Interested in our Special Offers DURING the MONTH of FEBRUARY

## FURNITURE DEPARTMENT

Writing Desks  
Morris Chairs  
Jardiniere Stands  
Pedestals  
Music Cabinets  
China Cabinets  
Hall Seats  
Hall Mirrors  
Umbrella Stands  
Rocking Chairs  
Card Tables  
Tea Trays  
Buffets  
Library Tables  
Sectional Book Cases  
Work Baskets

And many other Suitable Gifts too numerous to mention.

## Winter Goods DEPARTMENT

Sleighs and Robes  
Ladies' Muskrat Jackets  
Ladies' Fur Lined Coats  
Men's Fur Lined Coats  
Men's Coon Coats  
Sets of Furs  
Sleighs  
Horse Rugs

Just unloaded two cars of  
**Brockville Sleighs**  
which include the latest designs with Auto Seats and fore doors. For finish and workmanship these sleighs cannot be excelled. Call and see our exhibit and get our prices.

THE HOUSE OF EASY PAYMENTS

# THE LOUNSBURY COMPANY, LIMITED

NEWCASTLE N. B.

We wish to thank our many Patrons in Newcastle and Lyttleton for their patronage during 1919, and solicit a continuance of same during 1920.

Wishing all a Happy and Prosperous New Year.

LEROY WHITE