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IS THE CHOICEST TEA GROWN ON THE ISLAND OF CEYLON—clean, whole leaves—with the delightful flavor of the fresh leaves brought to your table by the sealed lead packages.

BLACK, GREEN OR MIXED

## Farm Women's Clubs

### INTRODUCTION

So many Women Grain Growers' Associations have come into being since the convention in February that we feel that some space must be set aside for their reports and for those of other women's organizations. Therefore, it is our intention, as soon as the number of reports justifies it, to turn the Sunshine Department into a Women's Club Department.

In this section we will print the reports of the Women's Auxiliaries to the Grain Growers, Home Economics Societies, Homemakers' Clubs and Women's Institutes. You can help, if you will, to make this department a great success by sending in regular reports of your work, and whenever a particularly useful paper is given at your meetings I would be glad if you would send it to me and allow me to summarize it for this department.

You will find below an announcement from Miss Stocking, provincial secretary of the Women Grain Growers, and several reports from these farm women's organizations.

FRANCIS MARION BEYNON.

### A MESSAGE TO THE W.G.G.A.

The splendid reports of W.G.G.A. meetings that are being sent to the provincial secretary will probably be an encouragement to other local Associations.

It will be wise for secretaries to correspond with one another, thereby gaining information to assist in the working of their local clubs, and also interlinking the Associations into a more compactly organized body.

The executive committee, at its meeting in March, strongly favored active assistance in the Banish the Bar campaign, and members are urged to do all they can to aid the work.

Petition forms asking that a referendum to abolish the bar be submitted to the people, which in this particular case includes women, have been sent to the W.G.G. secretary, and may be obtained from her upon request.

Members of the Women's Auxiliaries should keep in touch with the men's local Association. It is said that visits from the women cause the men to have more interesting meetings.

Two members of the Netherhill Association, Mr. Pewtress and Mr. Bowington, expressed their interest in the Saskatchewan Women Grain Growers in a most tangible and pleasing manner by giving three dollars to Mrs. Thompson, woman director for District 13, to add to the provincial funds.

Do not neglect to send reports of club meetings to the provincial secretary.

ERMA STOCKING.

Delisle, Sask.

### AVONDALE W.G.G.A.

The Avondale Women Grain Growers' Society met on March 13, at the schoolhouse, with fourteen members in attendance.

A very instructive and interesting paper on gardening was read by our president, Mrs. A. M. Crofford, which was followed by a short program of readings and recitations.

The gentlemen Grain Growers were also present, and a hearty repast of sandwiches, cakes and pies, followed by tea, was served, after which we adjourned.

MYRTLE R. NODWELL,  
Secretary.

The following program has been arranged for a few months:—

April—Farm Bookkeeping.  
May—Values of Different Foods.  
June—General Cooking.  
July—Preserving Fruit.

Names of officers of the Avondale Women Grain Growers' Society:—President, Mrs. A. M. Crofford; vice-president, Mrs. A. Currie; secretary, Myrtle R. Nodwell; treasurer, Ada F. Rutledge; directors, Mrs. Colbourne, Mrs. E. Frey, Mrs. Martin, Mrs. J. Shillington, Mrs. Little, Mrs. Welwood.

### HOME NURSING AND BABIES

Dear Miss Stocking:—The ladies of the Kamantha Women Grain Growers

met at Mrs. J. H. Devine's home on Thursday afternoon, April 2. After dispensing with a few items of business, a most practical and interesting program was given. Mrs. Butler gave a useful address on "Home Nursing," in which she emphasized the use of the thermometer. Mrs. Butler said that fever might be prevented by keeping a pail of cold water under the bed, changing it every morning. She gave some practical recipes, which I will send in separately.

Miss Bell then gave an interesting address on "Getting the Best Out of Farm Life," in which she emphasized organization and co-operation, making use of the schoolhouses as social centres, and a school library. Pleasure in the home and health matters were also emphasized. This interesting paper was followed by a practical address from Mrs. Jno. Moar, on the "Care of the Baby." "Babies," says Mrs. Moar, "should be well born, and the life of baby depends largely upon the mental condition of its mother." In closing, Mrs. Moar remarked that mothers should never forget to pray without ceasing for their babies.

### Mrs. Butler's Remedies

For Colds.—One pound of flax, one quart water, slice of lemon (no white), one ounce liquorice. Steep five hours. This is beneficial to babies as well as grown-ups.

Sore Throat.—Toast bread real brown, boil in vinegar, make a poultice of and apply to throat. Then apply olive or camphor oil in morning.

### Officers

President, Mrs. Thos. Benson; vice-president, Mrs. Jno. Moar; secretary, Miss Nan Hobkirk; treasurer, Mrs. G. W. Booth; directors, Mrs. Jno. Potts, Mrs. Thos. Marshall, Mrs. Wm. Lewis, Mrs. Geo. Butler, Mrs. Dan Bell, Mrs. Jno. Milburn.

NAN HOBKIRK,  
Secretary.



A VARIETY OF GARMENTS THAT CAN EASILY BE MADE BY THE HOME DRESSMAKER

8085—Fancy Blouse, 34 to 40 bust. With long or short sleeves.

8065—Blouse in Russian Style, 34 to 42 bust. With long or three-quarter sleeves.

7842—Fancy Blouse with or without Tunic, 34 to 42 bust. With low V-necked or high neck. To be worn over any skirt.

7671—Two-Piece Skirt, 22 to 30 waist. With high or natural waist line, with or without circular flounce that gives tunic effect.

8067—Two-Piece Skirt for Misses and Small women, 16 and 18 years.

8079—Three-Piece Skirt, 22 to 32 waist. With high or natural waist line.

The above patterns will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.

Note.—Everyone sending in for patterns is requested to send the number of pattern and the size. This is absolutely necessary to insure satisfactory service.