

CHATS WITH YOUNG MEN

KEEP YOUR WORD
Sentiment is the corner-stone of human relations. It sways public opinion, it dominates business and trade, it places individuals in high position and pulls down those guilty of double dealing.

THE FOOD OF THE MIND
The mind feeds upon what it thinks about just as our bodies feed upon whatever is taken into them. Impure food will poison the body, so will impure thoughts poison the mind.

ONLY A SMILE
How many of us, I wonder, realize the true worth of a smile? Do we ever stop to consider the beautiful meaning of the word itself? Ah, very seldom, for it we really knew and appreciated the value of one smile of love, of hope, of sympathy or encouragement, we would frown and grumble less, and try to make our little world brighter and happier.

OUR BOYS AND GIRLS
THE HOLY HOUR
"Sing at the Holy Hour," said Mary Bradley, in excuse for leaving a little Protestant neighbor.

AN IRISH SHRINE
ST. PATRICK'S CHURCH, STATIONS AND HOLY WELL IN CLEENISH
Quite recently I visited the old church at Holywell (Belcoo) in company with Mrs. Green, the eminent Irish historian. We were charmed with the place and its plainly evident associations.

ARCHBISHOP GLENNON AND SEX HYGIENE TEACHING
Archbishop Glennon of St. Louis, while in Milwaukee for the convention of the American Federation of Catholic Societies, expressed himself as strongly opposed to the introduction in school curricula of sex hygiene.

Na-Dru-Co Headache Wafers
certainly do make short work of headaches. 25¢ per box.

Na-Dru-Co Laxatives
are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses.

KITCHEN WINS
DISH-PANS COLANDERS ETC KEPT DAZZLING BRIGHT & CLEAN BY Old Dutch Cleanser
Full directions on Large Silver-Can.

learned from experience that it was not well to interfere with the performance of the exercises. From that time forward she was left quite free to practice the devotion, and it is said that her great zeal caused her to promote the practice in her own community and among all others whom she could influence.

Father de la Columbiere was the first great apostle—after Blessed Margaret Mary—of devotion to the Sacred Heart, and it was a brother-religious of his who was the instrument of God's Providence in making known to the world the devotion of the Holy Hour. When in 1828, the Jesuits came back to their home in Paray-le-Monial, from which the Revolution had driven them, the Superior of the house was Father Debrosse.

There is much more to learn about the Holy Hour but Uncle Jack has told you enough for this time. Perhaps you will tell him about the Holy Hour in your parish. And here are some lines that Mary and her friends in the choir may have said many times without thinking that the hymns and prayers are comforting to the dear Sacred Heart in the Holy Hour.

AN HOUR WITH THREE
" My heart is tired, so tired to night, How endless seems the strife! Day after day the restlessness Of all this weary life!

WHAT THE CHURCH DID FOR ONE CONVERT
Many of our readers either know or have read of Rev. John Handly, C. S. P., one of the most faithful missionaries preachers in the great Paulist Order, and will be interested in his own personal account of his conversion, recently published in the San Francisco Monitor.

PROTESTANTIZING CATHOLIC BOOKS
Making over Catholic books to suit Protestant readers is a bit of disingenuousness (to put it mildly) of which not a few of our separated brethren are guilty.

When we sing our own praise we must supply the encore.
Don't worry about growing old. Keep up with the age and look ahead, even if old Father Time is staring you in the face. Be young in your feelings, and the rest will take care of itself.

JUST PUBLISHED
Handy Manual of Baptismal Rites
De Sacramento Baptismi
RITE ADMINISTRANDI EX RITUALI ROMANO

When we sing our own praise we must supply the encore.
Don't worry about growing old. Keep up with the age and look ahead, even if old Father Time is staring you in the face. Be young in your feelings, and the rest will take care of itself.

When we sing our own praise we must supply the encore.
Don't worry about growing old. Keep up with the age and look ahead, even if old Father Time is staring you in the face. Be young in your feelings, and the rest will take care of itself.

ROYAL YEAST CAKES
THE INCREASED NUTRITIOUS VALUE OF BREAD MADE IN THE HOME WITH ROYAL YEAST CAKES SHOULD BE SUFFICIENT INCENTIVE TO THE CAREFUL HOUSEWIFE TO GIVE THIS IMPORTANT FOOD ITEM THE ATTENTION TO WHICH IT IS JUSTLY ENTITLED.

PROTESTANTIZING CATHOLIC BOOKS
Making over Catholic books to suit Protestant readers is a bit of disingenuousness (to put it mildly) of which not a few of our separated brethren are guilty.

Na-Dru-Co Headache Wafers
certainly do make short work of headaches. 25¢ per box.

Na-Dru-Co Laxatives
are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses.

KITCHEN WINS
DISH-PANS COLANDERS ETC KEPT DAZZLING BRIGHT & CLEAN BY Old Dutch Cleanser
Full directions on Large Silver-Can.

ABSORBINE
Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, Muscles or Bruises. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone. Horse can be used. \$2 a bottle delivered.

This Washer Must Pay for Itself.
A MAN tried to sell me a horse once. He said it was a fine horse and had nothing the matter with it. I wanted a fine horse. But, I didn't know a thing about horses much. And I didn't know how many were well either.

Na-Dru-Co Headache Wafers
certainly do make short work of headaches. 25¢ per box.

Na-Dru-Co Laxatives
are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses.

KITCHEN WINS
DISH-PANS COLANDERS ETC KEPT DAZZLING BRIGHT & CLEAN BY Old Dutch Cleanser
Full directions on Large Silver-Can.

ABSORBINE
Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, Muscles or Bruises. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone. Horse can be used. \$2 a bottle delivered.

This Washer Must Pay for Itself.
A MAN tried to sell me a horse once. He said it was a fine horse and had nothing the matter with it. I wanted a fine horse. But, I didn't know a thing about horses much. And I didn't know how many were well either.

Na-Dru-Co Headache Wafers
certainly do make short work of headaches. 25¢ per box.

Na-Dru-Co Laxatives
are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses.

KITCHEN WINS
DISH-PANS COLANDERS ETC KEPT DAZZLING BRIGHT & CLEAN BY Old Dutch Cleanser
Full directions on Large Silver-Can.

ABSORBINE
Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, Muscles or Bruises. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone. Horse can be used. \$2 a bottle delivered.

This Washer Must Pay for Itself.
A MAN tried to sell me a horse once. He said it was a fine horse and had nothing the matter with it. I wanted a fine horse. But, I didn't know a thing about horses much. And I didn't know how many were well either.

Na-Dru-Co Headache Wafers
certainly do make short work of headaches. 25¢ per box.

Na-Dru-Co Laxatives
are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses.

KITCHEN WINS
DISH-PANS COLANDERS ETC KEPT DAZZLING BRIGHT & CLEAN BY Old Dutch Cleanser
Full directions on Large Silver-Can.

ABSORBINE
Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, Muscles or Bruises. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone. Horse can be used. \$2 a bottle delivered.

This Washer Must Pay for Itself.
A MAN tried to sell me a horse once. He said it was a fine horse and had nothing the matter with it. I wanted a fine horse. But, I didn't know a thing about horses much. And I didn't know how many were well either.

Na-Dru-Co Headache Wafers
certainly do make short work of headaches. 25¢ per box.

Na-Dru-Co Laxatives
are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses.

KITCHEN WINS
DISH-PANS COLANDERS ETC KEPT DAZZLING BRIGHT & CLEAN BY Old Dutch Cleanser
Full directions on Large Silver-Can.

This Outfit Was Made for You
THERE was a time when all farmers hitched up every other morning—part of the year every morning—and took their milk to the creamery. Today many of them use cream separators, because they find more advantages, fewer difficulties, and much profit in the modern way.