it is what God has done which is the proof of what is in the heart of God, and through faith I set to my seal that God is true. Then, sealed by the gift of the Spirit, I rejoice in His goodness, and the fruits of the new life manifest to others that this life is there.

Moreover. " they that are Christ's have crucified the flesh with its affections and lusts." They have not got to die: Christ died for us, and He who died being our life, we hold ourselves for dead, crucified with Him. as though we ourselves had died upon the cross, since it was for us He suffered. Possessing another life, I do not own the flesh as "I," but as sin which dwelleth in me, which I hold to be crucified. The faithful Christian realizes this continually. God declares us to be dead with Christ : He looks upon us thus (Col. iii. 3). Faith, accepting God's declaration with thankfulness, holds the flesh, the old man, to be dead (Rom. vi.), and through the Spirit, if he is faithful, he applies the cross in a practical way to the flesh, so that it may not act (2 Cor. iv.); besides this, God in His government sends that which is needful to test the Christian, and to effect this.

The apostle adds the exhortation, "If we live in the Spirit, let us also walk in the Spirit. Let us not be desirous of vain glory, provoking one another, envying one another." The law nourishes rather than destroys vain glory, for the law makes us think of self. When rightly applied, it is most