PREFACE

THIS book is intended to appeal to all women who are anxious to be initiated into the special work of maternity nursing, in the belief that it will fill a distinct want.

Pupil midwives are well provided with many excellent books; but, in my capacity as matron of a training-school, I find that these are not really suitable for the use of a monthly nurse, for they tend to puzzle her as to where to draw the line between her own duties and those of a midwife.

Yet, while she realizes her own special status as distinguished from that of the doctor or the midwife, it is essential that she should understand a certain amount of midwifery, so that she may act intelligently in emergency.

There is also an urgent call for instruction in "district work," which work, with its constant tax on the ingenuity and resources of a nurse, is

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