

How Thin People Can Get Fat, Free.

**Startling Effect of New Discovery
Which Puts Flesh on Thin People,
Increases Weight and Per-
fects The Figure.**

**Prove It By Sending Coupon Below for a
50c. Package, Free.**

A remarkable scientific treatment has been found which increases the weight of scrawny or thin people, puts flesh on those who have been thin for years, whether from disease or from natural tendency; on those who by heavy eating, dieting or other methods, have in vain tried to get fat; on those who feel well but can't get fat, and on those who don't feel well and stay thin. The new treatment, called Protone, is a



**Protone, the Remarkable Tissue Builder
Builds Up Cases Like This In
Remarkably Quick Time.**

powerful inducer of nutrition, increases cell-growth, makes perfect the assimilation of food, increases the number of red blood-corpuscles, and as a necessary result builds up muscle and solid, healthy flesh, and rounds out the figure. For women who can never appear stylish with anything they wear because of their thinness, this remarkable discovery solves the problem. An addition even of 10 or 20 pounds of flesh, together with ruddy cheeks, works wonders in personal appearance. As a beauty maker for the figure, it probably cannot be surpassed. It will cost you nothing to prove the remarkable effects of this treatment. No dieting or eating of particular kinds of food are necessary. The treatment is absolutely non-injurious to the most delicate system. The Protone Company, 340 Protone Bldg., Detroit, Mich., will send to anyone who sends name and address, a free 50c. package of Protone (with full instructions) to prove that it does the work. They will also send you their book on "Why You Are Thin," free of charge, giving facts which will probably astonish you. Send coupon below to-day with your name and address.

FREE PROTONE COUPON

The Protone Company, 340 Protone Bldg.
Detroit, Mich.

I want to put on more flesh, so please send me a free 50c. package of your remarkable, scientific discovery, Protone, all charges prepaid, together with your free book telling me why I am thin. As an evidence of good faith, I enclose ten cents to help cover postage and packing.

Name

Street

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Print fix in hypo, wash in water, quick, easy, beautiful tones.

100 Glossy Post Paid or 50 Matt of each \$1.75
To any address in Canada.

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The only concise book on the delicate subjects of Love, Marriage, Parentage, Health and Disease. Contains 240 pages, fully illustrated. Gives advice necessary to every man and woman; imparts information you would hesitate to ask a doctor; was 25c. reduced to 10c. to introduce. Sent by mail. M. HILL PUB. CO., 129 A.E. 28th St. N. Y. City.

FASHIONS AND PATTERNS

The Western Home Monthly will send any pattern mentioned below on receipt of 10c.
Order by number stating size wanted.
Address Pattern Department, The Western Home Monthly, Winnipeg, Man.

A Handsome Street Suit.

Directoire coats are among the smartest of all things for the coming season and are to be noted made from Ottoman silk and from satin with skirts of cloth quite as well as from material to match, making an entire suit. This one is adapted to both treatments but in this case is made of London smoke satin and worn with a skirt of broadcloth. The big characteristic revers, the high military collar, the cuffs and the pocket-laps are trimmed with soutache but other-



A Handsome Street Suit.

wise the coat is quite plain. The skirt is made in five gores and can be cut with the high waist line or finished with a belt as liked. In this case it is lined throughout with thin silk and no stitching is visible, that treatment making one of the features of the incoming season. Skirts worn over separate foundations and with stitched hems, will, however, continue their vogue and this one is adapted to both treatments. All the fashionable suiting materials are appropriate for this design. The skirt can be made either in walking or round length and the longer skirts will be much noted for dressy costumes.

For the medium size will be required, for the coat 5½ yards 27, 3½ yards 44 or 2½ yards 52 inches wide with ¾ yard of silk or velvet for revers and trimming; for the skirt 7 yards 27 or 44 or 5½ yards 52 inches wide for broadcloth or other material with up and down but if there should be no figure nor nap 5½ yards 27, 4½ yards either 44 or 52 inches wide will suffice.

The coat pattern 6125 is cut in sizes for a 34, 36, 38, 40 and 42 inch bust measure; the skirt pattern 5929 is cut in sizes for a 22, 24, 26, 28, 30 and 32 inch waist measure.

A Simple Gown and a Girlish Frock.

A practical, plain woolen skirt to be worn with odd waists is one that no wise woman allows herself to be without. Here is a model made after the latest style that can be finished either with the high waist line or with a belt and made either in walking or in round length, while with it can be worn any contrasting blouse or shirt waist. In this instance the skirt is made of one of the novelty wool fabrics with trimming of buttons and the blouse is of soft finished satin in matching color, satin making one of the notable materials of the autumn for the handsome blouse. But taffeta also is a standby, fine flannels are much in vogue and washable materials are worn by many women throughout the entire year while the model suits one and all. In this instance it is embroidered but it can be left plain or banding or applique can be made to take the place of the embroidery if the latter involves too great an amount of labor. The eight gores skirt is made with a box plait in the back and with a front gore that is laid over onto the side gores to give a box plait effect.

For the medium size will be required, for the blouse 3½ yards of material 24, 3½ yards 32 or 2½ yards 44 inches wide; for the skirt 9½ yards 24, 7½ yards 32 or 4½ yards 44 inches wide if there is no up or down; 12 yards 24, 10½ yards 32 or 5 yards 44 inches wide will be need-

ed, however, if there is any figure or nap. The blouse pattern 6088 is cut in sizes for a 32, 34, 36, 38, 40 and 42 inch bust measure; the skirt pattern 6089 is cut in sizes for a 22, 24, 26, 28 and 30 inch waist measure.

The girl's dress shows one of the pretty checked wool materials that will be so much worn with trimming of velvet ribbon. It is simple and girlish yet attractive withal. The blouse and the sleeves are cut in one but there are plaits over the shoulders that allow effective use of banding and the skirt is nine gores with two plaits at each seam. Cashmere, henrietta cloth, light weight serge, the novelty mixtures and all materials of the sort are appropriate with trimming or any banding that may be liked. But if a very plain dress is wanted the skirt can be finished with the stitched hem only and the banding can be omitted.

For a girl of sixteen years of age the blouse will require 3 yards of material 27, 2 yards 44 inches wide; the skirt 7½ yards 27, 4½ yards 44 if there is no up and down, otherwise 9½ yards 27, 5½ yards 44 inches wide will be needed with 2½ yards of velvet ribbon to trim the entire dress. The blouse pattern 6115 and the skirt pattern 6104 are cut in sizes for girls of 14 and 16 years of age.

One of the New Plaids.

Plaid materials are exceptionally attractive this autumn, many of them being shown in variations of one color with occasional threads in contrast to brighten the whole. This one shows one such in shades of blue with threads of tan color and is trimmed with bands of dark blue silk and buttons while the chemisette and undersleeves are of all-over lace. The blouse is one of the few which open at the left of the front and the skirt is trimmed over the



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