

High Constable of Quebec

After Suffering For 10 Years With Pain In The Back He Was Completely Cured By "Fruit-a-tives."

"Fruit-a-tives" cures diseased and irritated kidneys when all other treatment fails.

The proof that "Fruit-a-tives" is the greatest kidney cure known to science is demonstrated by these tablets removing all pain in the back—making the kidneys healthy—and curing chronic constipation.

St. Hyacinthe, P.Q., June 10th, 1905.

I have much pleasure in testifying to the great good which "Fruit-a-tives" have done me. I was a constant sufferer from severe constipation and severe pain in the back for the last ten years. I tried many kinds of pills and tablets and physician's medicines but the relief was only temporary. Not long ago



I tried "Fruit-a-tives" and now I am entirely well, no pain, no constipation and my stomach and bowels act naturally. I cannot say enough in praise of "Fruit-a-tives"—they are a grand medicine, mild as fruit in their action and easy to take.

(Signed)
H. MARCHESSAULT,
High Constable.

Do you know that every drop of blood in your body goes to the kidneys to get rid of some of the impurities?

When the bowels don't move regularly, the blood takes up poisons in the bowels and carries them to the kidneys. Then the kidneys get overworked—inflamed. Then comes the pain in the back—headaches—constant desire to urinate—nervousness—sleeplessness.

"Fruit-a-tives" acts directly on the Kidneys—cleans, heals and strengthens them—makes the liver give up more bile to move the bowels regularly—and stimulates the glands of the skin to increased action. These rid the system of all poisons and every trace of Kidney Disease disappears.

Fruit-a-tives have cured hundreds of cases of Kidney Disease by stimulating and healing the Kidneys.
At all druggists or sent postpaid on receipt of price—
50c. a box or 6 boxes for \$2.50



\$1.00 FRAME PICTURE for 5c
"Talk for It"



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WHEN WRITING ADVERTISERS PLEASE MENTION THE WESTERN HOME MONTHLY.

Embroideries for the Home.

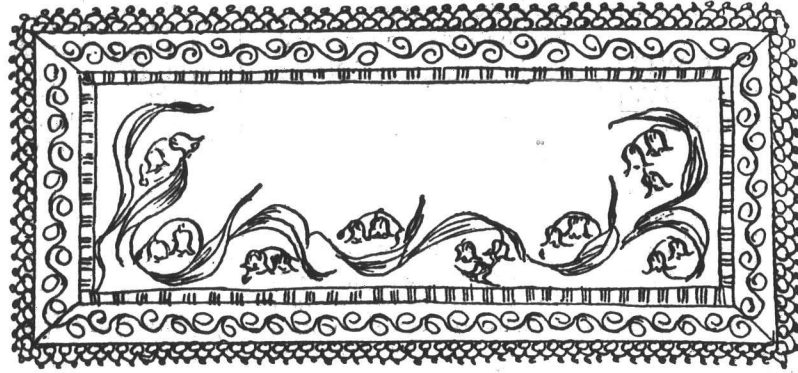
A Bolting-Cloth Scarf.

A fascinating bureau scarf can be made of a foundation of bolting cloth. The material should first be cut the desired size. The model indicated is made of very fine linen, the edge being ornamented with a double row of hemstitching. At each corner threads are pulled to form a square like that in drawn work. As a center decoration is an irregular wreath of

fumed. Around the edge of the case is a pure white silk cord.

An Embroidered Pincushion.

The long, narrow pincushion is the accepted style. The example shown is made of white Belgian linen embroidered with yellow roses. Both flowers and leaves are worked solid in all their natural colors, while the stems are



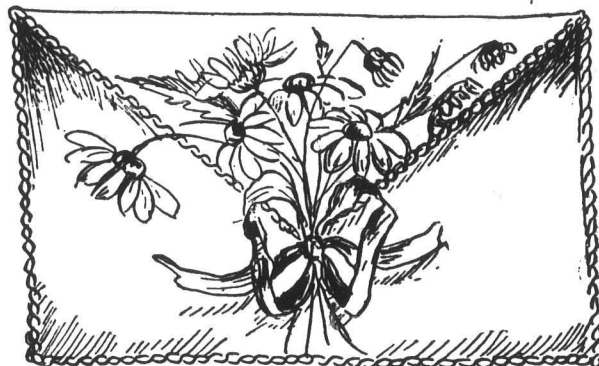
A BOLTING-CLOTH SCARF

violets with their leaves and unopened blossoms, which are embroidered in all the tones of the natural for the center, then embroidered in lilies of the valley, the blossoms white, with the long leaves in bright and medium shades of blue greens. Round all sides is a border of white ribbon one inch and a quarter in width, which in turn is embroidered in scroll designs of Japanese gold thread. Covering the seam and connecting the two is a lace beading, through which is run a narrow ribbon of pale olive green. At a finish is a crochet edge, fine and deli-

worked in brown. Around the edge of the cushion is a frill of delicate lace, headed by a beading through which yellow satin ribbon is run. This same pincushion looks well in an embroidery of daisies, violets or chrysanthemums.

A Toilet Bag.

Toilet bags always fill a need for handkerchiefs, laces and small collars, when soiled. The model shows one made of strips of ribbon, some bro-



A HANDKERCHIEF CASE

cate in quality, of any pattern preferred. When the scarf is completed it should be lined with an India silk of palest green. The size may be adapted to suit any bureau or dressing-table, as the design lends itself easily to changes.

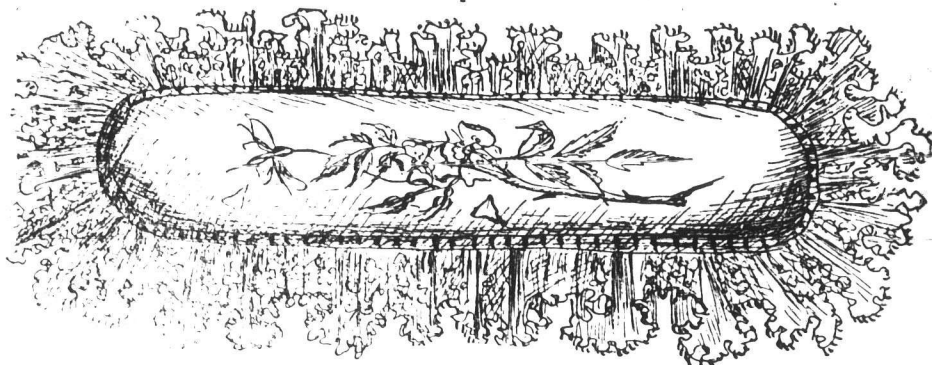
A Handkerchief Case.

This dainty handkerchief case is made of Japanese linen, which is silky in appearance, but of a sufficiently transparent nature to allow a delicate tint of silk for the lining. The daisies indicated are embroidered in their own white tones, with yellow centers, the leaves in olive greens. The ribbon can be either embroidered solid in pale yellow or be genuine ribbon applied on the linen. The entire case can be lined with pale-blue Liberty satin, which in turn is wadded and per-



A TOILET BAG

together by fancy stitches in gold-colored silks to form a strip three quarters of a yard in length. This strip is then made into a bag and



AN EMBROIDERED PINCUSHION