JAN. 9, 1917

QUALITEE INFERIEURE

Thousands Owe Health And Strength To "Fruit-a-tives"

"FRUIT-A-TIVES", the marvellous relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuralgia, Chronic Headaches, Chronic Constipation and Indigestion, "Fruit-five," has given by the control of the Consultation and Hangeston,
a-tives" has given unusually effective
results. By its cleansing, healing
powers on the eliminating organs,
"Fruit-a-tives" tones up and invigorates the whole system

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruita-tives Limited, Ottawa.

COST OF CLEARING LAND BY TWO METHODS.

(Experimental Farms Note.)

When time is no object, the best way to clear land from timber growth is to let nature and live stock assist. When the growth is removed and the brush burned off clean, which, with most growths, may be made a profitable operation by the sale of the timber and fire-wood, clover and grass seed may be sown, and, while cattle and sheep are pasturing and eating down the sprouts, the stumps will slowly but surely decay, and their removal becomes an easy operation. This process will require from six to ten years before clearing can be completed.

At the Experimental Station, Fred. the growth is removed and the brush

be completed.

At the Experimental Station, Fredericton, N.B., where it was desired to bring the land into cultivation at the earliest possible moment, two plans of stump removal have been tried, and herewith are given figures of the relative cost on land from which an average tree growth had been removed. The two methods employed were, stump pulling by power, and removal by dynamite.

A stump puller of the dram and least follows:

dynamite.

A stump puller of the drum and long lever type was employed, giving a lifting power of 25 tons with an ordinary team. With one hundred and twenty stumps, 10 inches and over, to the acre, and seventy-two smaller stumps, it required an average of twenty minutes with a team and driver and two men to remove each of the large stumps and 5 minutes to remove each of the smaller ones. The 120 stumps required 40

ones. The 120 stumps required 40 hours, and the smaller ones 6 hours.

The relative cost, therefore, stood as follows. Where Power machiners used, cost per acre was:

Where explosives were used, the co 150 lbs. Stumping powder

@ \$14.90	\$22	32	
500 feet Fuse @60c	3	00	
300 Caps @ \$1.00	3	00	
40 hrs. Labor of Dynamite			
operator @ 23c	9	20	
40 hrs. Team and driver			
@ 32c	12	80	
80 hrs. helpers @ 18c	14	40	
60 hrs. Labor piling @ 18c.	10	80	
40 hrs. Labor burning @ 18c	7	20	
	689	75	

while, where the land was free from stone, and stumps were small and comparatively few, the land was made ready for the plough at a cost of less than \$40.00 per acre.

May we talk a little here on a ques

tion that interests a very wide constituency of readers, says an exchange.

stituency of readers, says an exchange.

Every same Canadian, male and female should be interested in the local newspaper especially. It is well called the "home paper." A live-wire editor recently wrote this paragraph: Do your city papers say anything in regard to your locality? Do they contain notices of your schools, lodges, churches and hundreds of local matters of interest which your home paper publishes? Not an item. Do they say a word about you or yours, or a word calculated to draw the attention to your town and aid your enterprises? Not a line. And yet there are men who take contracted views in this matter, who think that unless they are getting as many square inches of reading matter in their home paper, they are not getting the worth of their money. Take the city paper if you want one, but don't show such a lack of wis4om as to crowd out the local paper from your home. from your home.

Obit - Mr. Adem Young.

Mr. Adam Young passed away this (Thursday) morning at the residence of this son-in-law, Mr. S. Brydges, 12th line of Ramsay. The late Mr. Young was a tailor by trade, and conducted business in Almonte for a number of years afterwards going to the west. ousiness in Amonte for a number of years, afterwards going to the west. But since the weight of years began to tell heavily he has spent the time quietly such members of his family.—

OARD OF EDUCATION.

The regular January meeting of the Board of Education was held on Tuesday evening with the following members present: Messrs. N. M. Riddell, chairman, C. McIntosh, Jas. Richards, W. J. Muirhead, G. A. Cornell, T. B. Caswell, G. M. Warren and J. W. Patterson.

A communication was received

been set up. The new furnaces were apparently giving very good results. The art cabinets have been received and are ready to be

been received and are ready to be placed in position.

Mr. Robertson, for the public schools, reported the caretaking fairly well done, although the caretaker had complained because he could not get into some rooms until a late hour owing to some teachers remaining after hours with pupils. He asked the Board to take steps on this matter. Almost ten dollars had been collected in the schools for the Sick Children's Hospital, Toronto. He reported that for the fourth time the Entrance Board had decided to promote pupils to the high school on the principal's certificate. He also reported that some pupils were will-ing to do farm work in order to al-

follows: PUBLIC SCHOOL N. D. McCallum, postage and express Mississippi Hotel, board of men....... HIGH SCHOOL

motion dealing with insurance on the school property prepared for some time but had hesitated presenting it as he wanted the mem-bers of the Board to give the mat-

matter to a head he gave notice of a motion for next meeting increasing the insurance on the central school property from \$12,000 to \$18,000 and on the high school from \$8,000 to \$12, 000. This only meant an annual increase in premiums from \$78.70 to \$104,00 He contended the small advance in cost and increased protection were fully warranted by statistics which he presented bearing on the case.

A report from the Penny Bank

was read by the secretary
In discussing Mr. Robertson's report the members all agreed that the matter of the caretaker getting access to the rooms was entirely in the principal's hands to deal with as he thought best.

The matter of the purchase of

the minimum equipment for the On other areas, where were heavy public school again came up, the boulders and small stones, the cost of clearing ran up to \$186.00 per acre, while, where the land was free from in the school, which several mempublic school again came up, the bers of the Board thought an altogether unnecessary expense.

Finally it was moved by Mr. Richards, seconded by Mr. Muirhead, that the minimum equipment for the public school, as requested, be purchased with the exception of the clocks.—Carried.

In the meantime Chairman Rid-dell will interview Inspector Froats

on the clock question. Mr. Richards reported that the caretaker of the central school had asked for an increase in salary or a reduction of work. He finds it impossible to live on his present salary and devote his whole time to the duties of caretaking His present salary is \$400 00 The request was discussed and Mr. Richards volunteered to interview the caretaker and learn what salary he would con

sider adequate.

The Board then adjourned.

It is Worry that Kills

It is werry that Kills.

The great advances in public health work have, says a medical writer in New York Outlook, done much to reduce the acute or infectious diseases, such as typhoid, diphtheria, smallpox, even tuberculosis; but the middle-aged man is dying more rapidly that ever of degenerative diseases, the result of worry and strain. Cancer, diabetes, apoplexy, organic heart disease, diseases of the arteries, cirrhosis of the liver, and Bright's disease — these seven causes account for more than one-half of the deaths after the age of forty.

Children Cry FOR FLETCHER'S CASTORIA

During the past few years the Ottawa Winter Fair has made remarkable progress and last year was an excellent record in both quality of exhibits and entries, in all departments. The poultry department created a record for number of entries as did also the wheen and spine departments.

Warren and J. W. Patterson.

A communication was received from Mr. A. R. G. Peden, town clerk, notifying the Board of the election of Mr. Patterson to fill the unexpired term of Mr. C. H. Abbott. Mr. Patterson was cordially welcomed by the chairman on behalf of the Board.

A number of applications from teachers were received and as there was no vacancy at present they were placed on tyle.

Mr. E. J. Wethey, reporting for the high school, stated that the new static machine, ordered some time ago; had arrived but had not yet been set up. The new furnaces

"BRIGHT PROSPECTS FOR OTTAWA Poultry Association, which will be winter FAIR" beld on the evening of Jan. 18th.

held on the evening of Jan. 18th. Entries for the Ottawa Winter Fair close on Jan. 5th, and all re quests for information should be ad-dressed to W D, Jackson, Secretary, Ottawa.

A Mountain of a Man

In the ruined village of Pervyse, writes Mr. George Adam in his book. "Behind the scenes at the Front." was able faintly to appreciate the calm, was able faintly to appreciate the calm, genial bravery that has made of General Grosetti a popular hero in the French army. General Grosetti is a man of almost phenomenal girth, and he has a strong objection to walking or standing. There are countless aneedotes about his behavior under fire. On one occasion he and his staff, while examining a nices of the country were seen by the

with the expectation and reasonable able assurance that the Ottawa Winder Fair this year will be a record one, the management are putting forth every effort to adequately provide for the comfort and convenience for the the winder Fair buildings to be the best in Canada and the very last word in the way of equipment and conveniences for their comfort. An excellent dining-room will be ably operated ander the supervision of the management and visitors will be able to obtain wholesome meals at moderate prices.

An excellent programme of lectures has been arranged for, dealing with the "prospects for bree ding, in Canada at the present time, of the various classes of live stock. As a result of conditions that have arisen out of the swar, there is a great future for pure bred live stock breeders in Canada it is very important they the breeding prospects should be discussed at this time. The various classes of the most prominent live stockmen in Canada.

During the week of the Winter Fair a number of important meetings will be held, including the annual meeting of the Eastern Ontario Seed Growers' Assoc, which will be held in the Winter Fair building on Tuesday night, Jan. 16th., also the annual meeting of the Eastern Ontario as they passed on toward the firing line.

"Nothing But Leaves'

Not Tea Leaves intermixed with Dust. Dirt and Stems but all Virgin Leaves

has the reputation of being the cleanest. and most perfect tea sold. SEALED PACKETS O BLACK, GREEN OR MIXED.

The total assessment of Toronto is

Infantile paralysis has almost disap-eared from Ontario. Three Teuton planes were brought down by the Russians.

Eleven persons were killed by a rail-oad accident in Scotland.

Parisians began the new year by studying the new taxes imposed.

Germany is now arresting and de-porting Belgians engaged in relief work.

The Scandinavian nations sent a not to Washington upholding President Wilson's peace move.

Private Clifford Sherwood has been sentenced to twelve years in a German prison for refusing to assist in making

Enlistments in Canada to the end of 1916 totalled 385,955, more than half that number having been enrolled dur-

Railway traffic managers conferred with the Dominion Railway Commis-sion with reference to co-operation in relieving traffic congestion.

Toronto's big hotel will be called the Devonshire. It will be 14 stories high, contain 600 guest rooms, have a roof garden and cost \$4,000,000.

The chartered banks of Canada have provided a further credit of \$50,000,000 in cooperation with the Dominion Government, to assist G.eat Britain in financing munitions orders in Canada, making a total credit so far of \$250,000,-000.

In a private sitting-rom at the hotel sat a party of merrymakers. Suddenly there came a knock at the door, and see

announced:

"The compliments of Mr. Blank, the author, who is in the next room, the he says you are making so much notice that he cannot write."

"He can't write ch!" said and said

"He can't write, eh?" said one of the brightest of the party. "Why, talk him that everybody who has read lits book knows that."

"Out of Sight, Out of Mind."

At a recent political convention, two
if the delegates were discussing the
eligious affiliations of prominent states
men, when one of them, a Raptine,
observed to the other, who was a
Methodist.

Methodist:

"I understand that William Jennings
Bryan has turned Baptist."

"What?" exclaimed the Methodist

"Why, that can't be!"

"Yes, it ia," persisted the Baptist.

"No, sir," continued the Methodist;

"it can't be true. To become a Baptist one must be entirely immersed."

"Yes, that is very true; but what that the down with it?"

"Simply this," returned the Methodist: "Mr. Bryan would never consens to disappear from public view as long as that"

Over 100 persons rescued from United States ships attacked by Herman raiders reached New York.



WONDER · BOOK EATON'S BARGAINS OF

E VERYONE posted in present-day values should revel in the many wonderful bargains to be found on all the pages of our Semi-Annual Sale Catalogue. A splendid assortment of sultable goods, selected specially for our Mail Order customers, are offered at prices having so much real value that many will be disappointed who do not immediately secure some of these extraordinary offerings.

Prices are soaring upward every day on almost all commodities. Our buyers, anticipating a great advance, bought very heavily before the raise in prices, and we are now giving you the advantage of their good judgment in offering these goods at prices that would be splendid values ordinarily, but are now really wonderful bargains.

We strongly advise that you consider your present and future wants, and buy now. Many lines will be quickly snapped up, and cannot again be duplicated at anywhere near these exceptional bargain prices.

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ORDER EARLY WHEN THE VARIETY IS BEST